



Above, Supt. of Schools Dr. Almi Abeyta cuts the ribbon at the grand opening ceremony of the newly renovated Andrew P. Quigley Library at Chelsea High School. Right, the sign outside the school library honoring former Chelsea Mayor, State Senator, and School Committee Member Andrew P. Quigley.

RIBBON-CUTTING CEREMONY COMMEMORATES OPENING OF NEW CHELSEA HIGH SCHOOL LIBRARY

Special to the Record

Adorned with new furniture, spaces for group work and quiet study, technological improvements and most importantly a treasure trove of books, the newly redesigned library at Chelsea High School was on display during a ribbon-cutting ceremony on Tuesday morning.

Students and staff were joined by local officials for a special ceremony that celebrated the completion of a months-long

project to renovate and redesign the space. The ribbon-cutting included a brief speaking program that featured Superintendent Dr. Almi G. Abeyta, City Councilor at Large Leo Robinson, School Committee member Dr. Sarah Neville and CHS Principal Obed Morales.

Construction started immediately after the 2022-23 school year ended, and was completed in the fall of 2023. Students gained access to the new

See LIBRARY Page 6



School Committee member Dr. Sarah Elizabeth Neville, City Councilor Lisa Santagate, Supt. of Schools Dr. Almi Abeyta, and Councilor-at-Large Leo Robinson.

DiDomenico supports comprehensive gun safety reform

Special to the Record

Last week, Senator Sal DiDomenico joined his Senate colleagues as they introduced Senate bill S.2572, An act to sensibly address firearm violence through effective

reform—the SAFER Act—comprehensive gun safety legislation to reform and modernize the state’s firearm laws, support the state’s public safety and public health infrastructure in mitigating gun violence, and strengthen

accountability and oversight mechanisms for illegal gun activity.

The omnibus legislation would help make residents safer—and ultimately save lives—by building on the Commonwealth’s already strong record on

gun safety and updating laws to prevent those who wish to do harm from being able to access and use deadly weapons.

This proposed legislation focuses on common

See REFORM Page 2



Senator Sal DiDomenico (right) standing with Senate colleagues, law enforcement, District Attorney Marian Ryan, and gun safety advocates during Gun Safety press conference.

Council addresses quality of life issues

By Adam Swift

At last week’s City Council meeting, District 6 Councilor Giovanni Recupero introduced several motions centered on quality of life issues in Chelsea.

One motion requested that the city manager provide the council with an update on the status of streetlights in the city, an issue he has raised on several occasions. Specifically, Recupero said he wanted to know if all the streetlights in the city have been updated to LED lighting, and if the lighting was set to the highest brightness levels.

“I’ve been getting complaints that certain parts of the city are darker than other parts of the city,” said Recupero. “I would like to know, what is the setting, is the setting the highest, and how many times do they go around to check the lights to make sure they are all working?”

Recupero said he knows the streetlight issue has been brought up in the past, but that he wanted to make sure he was looking out for the safety of Chelsea residents.

In another motion, Recupero requested that city officials make sure that public bag dispensers used by residents to remove dog waste are filled on a regular basis.

“It’s nice to have dogs, but I think it is better for (the owners) to pick up the waste,” said Recupero. “I think the city has an issue with that.”

One of the ways to address the issue is to make sure the bag dispensers located in the city are fully stocked, he said.

“It doesn’t mean that people are going to use the bags, but at least the bags should be put there,” said Recupero.

He also noted that there are other communities that have containers where dog waste can be deposited so the waste could be converted to compost, and asked if the city could explore that.

“I have no issue with dogs, dogs are great things, I have dogs,” said Recupero. “The only issue I have is stepping on it.”

District 1 Councilor Todd Taylor noted that

Grant to assist with second phase of city microgrid project

By Adam Swift

A grant from the Massachusetts Clean Energy Technology Center could help launch the second phase of the city’s microgrid project.

Last week, the City Council moved the acceptance of the \$150,000 grant to its ways and means subcommittee prior to a vote by the whole council.

“This past fall, the Massachusetts Clean Energy Technology Center notified the City that it had been awarded a \$150,000 grant,” stated City Manager Fidel Maltez in a letter to the council. “This grant will help launch the Chelsea Microgrid Phase II project that will build on the work of Phase I. The Chelsea Microgrid project is an innovative cloud-based microgrid approach, which is a relatively new and unexplored model possessing the potential to significantly benefit environmental justice (EJ) communities and their residents, without the limitations other microgrid models pose.”

Last June, the City Council approved moving forward with the first phase of the city’s microgrid project.

The project seeks to provide emergency power to ensure continuity of public services, while promoting energy resilience and reducing greenhouse gas emissions through new energy (battery) storage facilities at City Hall and the police station, coupled with solar panels on the DPW City Yard, then City Manager Ned Keefe stated at the time.

The council also approved an energy services agreement (ESA) with Ameresco, Inc. in accordance with Massachusetts General Laws and authorized a lease purchase finance agreement for the borrowing of funds in the amount of \$3,615,699 for the first phase of the microgrid project.

“The Phase II work will assess the expansion of the Phase I work by developing a list of potential facilities, selection criterion for participation, conducting IGAs, cashflow estimates for building design approaches to be net zero by 2050, and community outreach to incorporate feedback on prioritization,” stated Maltez.

moving energy resilience and reducing greenhouse gas emissions through new energy (battery) storage facilities at City Hall and the police station, coupled with solar panels on the DPW City Yard, then City Manager Ned Keefe stated at the time.

The council also approved an energy services agreement (ESA) with Ameresco, Inc. in accordance with Massachusetts General Laws and authorized a lease purchase finance agreement for the borrowing of funds in the amount of \$3,615,699 for the first phase of the microgrid project.

“The Phase II work will assess the expansion of the Phase I work by developing a list of potential facilities, selection criterion for participation, conducting IGAs, cashflow estimates for building design approaches to be net zero by 2050, and community outreach to incorporate feedback on prioritization,” stated Maltez.

FROM THE PHOTO ARCHIVES
OF ARNIE JARMAK



This coming week will mark the 46th anniversary of the Great Blizzard of 1978. This Arnie Jarmak photo from atop City Hall a few days after the storm shows Bellingham Square and Broadway filled with pedestrians. Gov. Michael Dukakis had declared a state of emergency forbidding all vehicular traffic, but that was a moot point for most people because none of the side streets had been plowed and their vehicles were buried under six feet or more of drifting snow. In the lower left of the photo can be seen the clock and temperature sign for the Broadway National Bank. In the lower right is the sign for Bellingham Hardware. Directly in the middle of the photo is Margolis's Drugstore. The white sign on the building says: "Pardon the temporary inconvenience...but...we're turning a city around -- Joel M. Pressman, Mayor." Proceeding up Broadway from Margolis's are signs for Val's Flowers, the Atlantic Bank, and Heller's Liquors. In the background is the Boston skyline. There were only a handful of skyscrapers in Boston at that time and three of them are in the photo (from left to right): One Beacon Place, the John Hancock Tower, and the Prudential Building. The Hancock still reigns as the city's tallest building, with the Pru second, but One Beacon, which was the fifth tallest in 1978, now is the 20th.

Harrison pays tribute to former CYBL standout Pedro Valentine

CYBL coach Brucie Harrison paid a special tribute to his former standout player, Pedro Valentine, who died unexpectedly last weel at the age of 43.

Harrison said Valentine was a standout on the Bucks' 1993 championship team that captured the title with a perfect 15-0 record.

"It was my pleasure to have Pedro on the Bucks' family tree," said Harrison. "I will always remember his smile, his laugh. He was a great person who lived life the way everyone should. He will always be in the Bucks Hall of Fame family just like the great Reggie Wilkerson."

Added Harrison philosophically, "I encourage people to live and enjoy what life gives you each day because you can't stop tomorrow from coming. But what you can control is how you live and enjoy your life."

Chief // CONTINUED FROM PAGE 1

there are a lot more dogs in Chelsea than there used to be, likely leading to the shortage in waste bags.

"The main point is, for those of you walking your dog, and you don't have your own bags, please go to find out where you can get the bags," said Taylor. "In Prattville we have bags at Washington Park, along Sagamore Avenue, and over by Winthrop Street. So please, pick up after your dogs; this is an ongoing problem."

In other business,

Councilor-at-Large Leo Robinson requested that there be a subcommittee on conference meeting to discuss the city's plans for Memorial Day and Veterans Day and how they will tie into the Chelsea 400 celebrations this year.

Reform // CONTINUED FROM PAGE 1

sense policies that will reduce gun crime and gun injuries in the Commonwealth, without infringing on the legal rights of responsible gun owners. It updates the state's laws to provide law enforcement agencies with the necessary support to tackle today's concerns relating to gun violence prevention and keep Massachusetts at the forefront of gun safety.

"Gun violence has wreaked havoc in communities across our state and I am always proud to support reform measures like this one that promotes public safety and responsible gun ownership," said Sal DiDomenico, Assistant Majority Leader of the Massachusetts Senate. "This commonsense proposal has secured support from gun safety advocates, law enforcement, the attorney general, and district attorneys across our state. This expansive coalition is a testament to the collaborative process we used while crafting this legislation and I look forward to voting for its passage so we can continue to lead the country in gun safety."

"There is no appropriate measure of the pain and heartbreak that gun violence has caused in our Commonwealth and across the nation," said Senate President Karen E. Spilka (D-Ashland). "Today the Senate has blazed a trail forward on gun safety. By bringing together stakeholders with a variety of viewpoints, the Senate has shown that it is possible to make changes to our gun laws that will save lives while respecting the rights of law-abiding gun owners in the state. Words cannot capture my gratitude to Majority Leader Creem for her steadfast leadership over the past several months, and to each and every stakeholder who took the time to engage with us on this important issue."

The SAFER Act was shaped and informed by extensive testimony at a November hearing of the Joint Committee on Public Safety and Homeland Security, where the public provided over four hours of testimony on more than 50 gun safety bills before the committee. It also follows months of discussions, led by Majority Leader Cynthia Stone Creem, with stakeholders and advocates with diverse perspectives on the issue.

The bill has garnered support from stakeholders around the state.

"I am thrilled to see the Senate introduce legislation that will combat the scourge of gun violence in our communities, including new tools to address ghost guns and selector switches. I appreciate the Legislature's commitment to strengthening the Commonwealth's gun laws to protect the public's safety, and we look forward to working with both the House and Senate as the process moves forward," said Attorney General Andrea Joy Campbell.

"This comprehensive bill is a much needed step to ensure that we can appropriately hold accountable those who violate our gun laws and seek to escape responsibility by exploiting loopholes," said Middlesex County District Attorney Marian Ryan. "There is no question that the time to act is now. We must have gun laws that reflect the changes in technology, the personal tragedies caused by gun violence and its shattering impact on communities. I am committed to working with my legislative partners as this bill moves forward through the legislative process."

"The filing of the Senate's gun safety bill today is an important step toward addressing the gun violence epidemic with the long-overdue urgency that it deserves," said Joe Platte, State Legislative Manager for Giffords. "We look forward to continuing to work with Senate President Spilka and Senator Creem to save lives, promote responsible gun ownership, hold the corporate gun lobby accountable, and keep the people of Massachusetts safe."

"The Massachusetts Chiefs of Police Association, which represents city, town and university police chiefs across the Commonwealth, supports the concise firearms reform bill put forth by the Senate," said Chief Eric P. Gillis, President of Massachusetts Chiefs of Police Association.

"Massachusetts has been a national leader in gun violence prevention and we're grateful to Senate President Karen Spilka, Majority Leader Cynthia Creem and our gun sense legislators who continue to modernize our laws so that they remain some of the strongest in the country," said Bobbie Dressel, a volunteer with the Massachusetts chapter of Moms Demand Action. "We know that every death caused by gun violence is preventable, and it takes forward-thinking measures and the participation of all of us to keep our communities safe. Now is the time for our lawmakers to work together and ensure that lifesaving legislation gets to Governor Healey's desk."

"This gun safety legislation is a significant step forward in protecting the public without infringing on the rights of lawful gun owners," said David Sullivan, Northwestern District Attorney. "The prohibition against ghost guns, enhancement of the red flag law, and strengthening of our assault weapons ban are critical changes necessary in keeping everyone safe. I applaud the Senate for their thoughtful gun safety legislation."

The bill includes the following gun safety policies:

- Ghost Guns. Updates the state's laws to bring Massachusetts in line with

national standards and to ensure accountability and oversight for those who own and possess unserialized and untraceable firearms.

- Assault Weapons. Codifies Massachusetts' existing prohibition on assault weapons and copies or duplicates of those weapons, to ensure that our residents are kept safe from weapons of war.

- Glock Switches and Trigger Activators. Makes it illegal to possess devices that convert semi-automatic firearms into fully automatic machine guns.

- Inspections of Gun Dealers. Ensures that gun dealers are inspected annually and allows the Massachusetts State Police to conduct those inspections if a local licensing agency does not or cannot do so.

- Red Flag Law and Extreme Risk Protection Orders (ERPO). Allows health care professionals to petition courts to remove firearms and licenses from patients who pose a risk to themselves or others. The bill also allows preemptive orders to prevent a dangerous individual from obtaining a license to carry a firearm.

- Harassment Prevention Orders. Protects survivors of harassment by requiring courts to compel the surrender of firearms by individuals who are subject to harassment protection orders who pose an immediate threat.

- Sensitive Places. Prohibits the carry of firearms in government administrative buildings, with exceptions for law enforcement officers and municipalities that choose to opt out.

- Mental Health and Gun Licensing. Ensures that firearm licensing authorities have access to certain information about an applicant's history of involuntary mental health hospitalizations due to posing a serious harm—with appropriate safeguards to guarantee privacy and due process.

- Data Collection. Creates a more robust data reporting and analysis mechanism for guns used in crimes, suicides, and attempted suicides to ensure that the Commonwealth can better target training and enforcement efforts.

- Gun Industry Accountability in Advertising. Prohibits the marketing of unlawful firearm sales to minors and allows industry actors to be held civilly liable if such marketing practices lead to an individual being harmed.

- Firing at a Dwelling. Creates a criminal charge for intentionally firing a firearm at a dwelling or other building in use.

- Community Violence Prevention. Creates a commission to analyze the allocation of state violence prevention funding and recommend changes to reduce gun violence in disproportionately impacted communities; develops a pilot program to promote gun safety awareness and firearms licensing education; and establishes a task force to make recommendations for maximizing federal funding for gun violence prevention in the most equitable way.

- Emerging Firearm Technology. Establishes a commission to study emerging firearm technology, with a particular focus on products and features that could increase safety.

The SAFER Act will be brought to the Senate floor for debate on Thursday, February 1, 2024.

San Rocco Society of Boston

SAVE THE DATE

Saturday,
March 2, 2024

JOIN US FOR A
MASQUERADE BALL
TO BENEFIT

Make-A-Wish

MASSACHUSETTS AND RHODE ISLAND

SEND US
YOUR
NEWS

The Record encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to stephen.quigley@reverejournal.com

Do You Want To
Sell Your Home?

Our Advertisers
have clients
waiting to buy!

List your property with one of the fine
realtors who advertise regularly in the...

Chelsea
RECORD

Browne School teacher named to national teaching fellowship program

By Adam Swift

A lifelong love of reading and writing is behind Hannah Kittle’s passion for teaching at the Browne Middle School.

Recently, Kittle was recognized for that passion when she was selected as one of 12 educators across the nation to join the Scholastic Teacher Fellows Cohort. Kittle will partner with the other educators to help design resources best equipped to meet teachers’ needs in the classroom.

Kittle has a decade of experience as an educator, the last five at the Browne School as a writing and ELA teacher. She said it was her mom who first instilled a love of learning in her and helped set her on the path to becoming a teacher.

“My mom was a teacher and she really instilled in me a love and a joy of reading and writing, so that was what I was really most excited about when I came to Chelsea,” said

Kittle.

Kittle said she jumped at the chance to apply for the Scholastic Teacher Fellows Cohort because it was an opportunity to work with other teachers across the country.

“What really stood out to me was the fact that I would be able to collaborate with teachers all across the United States to get ideas and feedback and new ways of learning,” said Kittle.

One thing Kittle said she is learning from the experience is how many common things are happening across education in the country, and how the teachers can bounce ideas off one another and help each other.

Most of the collaboration is done online, but Kittle said the teaching fellows will meet in New York over the summer to present the findings of their capstone projects as part of the fellowship. Kittle is working with three of the other fellows to develop professional de-



Browne Middle School writing and ELA teacher Hannah Kittle in her classroom.

COURTESY PHOTO

velopment books for new teachers.

“We are gathering data and gathering research on what new educators need as they enter the field,” said Kittle. “I am really excited about this because I think especially in Chel-

sea the teacher turnover can be pretty high, and I believe so strongly in our Chelsea Public Schools that I want every teacher who comes to Chelsea to stay,” said Kittle. “We are developing resources and ideas for new educators to help them feel successful in their first couple of years of teaching.”

While the project is geared toward new educators, Kittle said she believes it will have a positive impact on students in Chelsea and nationwide.

“If we are helping prepare new teachers, that means we are getting quality educators in any space,” she said. “If we have these kinds of professional development books, these kinds of opportunities for new teachers, that will mean the quality of education in Chelsea will only contin-

ue to grow.”

Overall as a teacher, Kittle said she hopes to see her students continue to thrive and grow as readers and writers, and encouraged students and families to take advantage of the resources available to them.

“All teachers in Chelsea have classroom libraries, so families should encourage their students to take books home from their teachers to read,” she said. “Also, the Chelsea Public Library is wonderful. I would encourage families to take their students to the local libraries as often as possible to get new books and to just spend time looking at what is available.

“Any time that a kid is reading, they are going to be smarter and grow stronger, so any kind of reading is just A-plus.”

This is the second year Scholastic has undertaken the Teacher Fellows Cohort.

“Our first class of Teacher Fellows tested lessons in their classrooms, surveyed their colleagues and students, shared pain points and successes, and worked side-by-side with our staff to design resources that would truly meet their needs in the classroom,” says Tara Welty, Senior Vice President & General Manager, Scholastic Teaching Solutions. “We cannot wait to see how this impressive next class of educators will share their diverse perspectives and experience to help us continue to meet the needs of teachers today and help us develop innovative and useful classroom resources.”

\$4M in grants awarded to combat human trafficking and other gender-based offenses

During Human Trafficking Awareness Month, the Healey-Driscoll Administration announced awards through two grant programs that will enhance enforcement and victim services for survivors of human trafficking, domestic and sexual violence, and stalking. The awards were announced today during a meeting of the Governor’s Council to Address Sexual Assault and Domestic Violence and Human Trafficking.

Suffolk County received two grants. One grant was for \$98,242 for Training and \$146,915 for Prosecution Award .

Grants totaling \$472,428.50 were awarded to six District Attorney’s Offices through the FY24 Human Trafficking Enforcement and Training Grant Program. Now in its second year, this state grant program was designed to support prosecutors’ efforts to combat human trafficking and enhance their capacity to identify, assist, and pro-

vide referral services to those most impacted.

In addition, \$3,311,842. in federal funding was awarded to 43 state, local, and nonprofit agencies through the FFY23 Violence Against Women Act (VAWA) grant program. Agencies selected through a competitive application process to receive awards in 2022 were invited to apply for continued funding. The recipients are eligible for up to two additional years of funding, which is provided through the Department of Justice (DOJ) Bureau of Justice Assistance (BJA).

The Office of Grants and Research (OGR) manages and administers both grant programs in Massachusetts. OGR program coordinators will work with grant recipients to provide reporting and programmatic assistance throughout the grant period.

“In recognition of Human Trafficking Awareness Month, we reaffirm our deep commitment to

ensuring that every person can live with dignity, respect and free from fear and abuse,” said Governor Maura Healey. “This grant funding will support survivors of domestic and sexual violence, human trafficking, and stalking by investing in programs that promote healing and justice. These grants allow professionals from diverse sectors to provide survivors with access to culturally appropriate and trauma-informed services.”

“These grants represent our ongoing commitment to ending exploitation, intimate partner violence, sexual assault, and stalking,” said Lt. Governor Kim Driscoll, chair of the Governor’s Council to Address Sexual Assault, Domestic Violence and Human Trafficking. “The grant recipients have a proven record of delivering quality services to prevent, reduce, and address these crimes and to provide victims with the

See GRANTS Page 5



By Tracy Nowicki
Director of Elder Services

Vintage Vibes

the age of 20, Woodson completed his diploma in less than two years.

Woodson worked as a teacher and a school principal before obtaining a bachelor’s degree in literature from Berea College in Kentucky. After graduating from college, he became a school supervisor in the Philippines and later traveled throughout Europe and Asia. In addition to earning a master’s degree from the University of Chicago, he became the second Black American, after W.E.B. Du Bois, to obtain a Ph.D. degree from Harvard University. He joined the faculty of Howard University, eventually serving as Dean of the College of Arts and Sciences.

After being barred from attending American Historical Association conferences despite being a dues-paying member, Woodson believed that the white-dominated historical profession had little interest in Black history. He saw African-American contributions “overlooked, ignored, and even suppressed by the writers of history textbooks and the teachers who use them.”

For Black scholars to study and preserve Black history, Woodson realized he would have to create a separate institutional structure. With funding from several philanthropic foundations, Woodson founded the Association for the Study of Negro Life and History in 1915 in Chicago, describing its mission as the scientific study of the “neglected aspects of Negro life and history.” The next year, he started the scholarly Journal of Negro History, which is published to this day under the name Journal of African American History.

Woodson’s devotion to showcasing the contributions of Black Americans bore fruit in 1926 when he launched Negro History Week in the second week of February to coincide with the birthdays of Abraham Lincoln and Frederick Douglass. Woodson’s

concept was later expanded into Black History Month.

Woodson died from a heart attack at the age of 74 in 1950. His legacy lives on every February when schools across the nation study Black American history, empowering Black Americans and educating others on the achievements of Black Americans.

Throughout the course of his life, Woodson published many books on Black history, including the A Century of Negro Migration (1918), The Education of the Negro Prior to 1861 (1919), The History of the Negro Church (1921), and The Negro in Our History (1922)."

The City of Chelsea presents a variety of presentations, recognitions, and celebrations across the community to honor Black History. At the Chelsea Senior Center, in the coming days, you will find displayed depictions of remarkable Black American leaders whose impact spans hundreds of years. Stay connected to your local CCCTV channel 9 & 22, read your local newspaper(s), and check out Chelsea’s social media accounts to find what’s happening around the City for Black History Month. Just recently, a fantastic celebration of MLK Day was hosted by the Chelsea Black Community (CBC), the People’s AME Church, and the Chelsea School Dept. Many public service officials, residents and students came together in support of this important recognition and it was a great segue way to Black History Month. A heartfelt thank you to these community partners for providing us with the opportunity to be reminded, learn, and grow together.

Until next week..... Remember, the Chelsea Senior Center serves as your “Bridge Over Troubled Waters” Simon & Garfunkel

Feel free to contact us at Tnowicki@chelseama.gov or 617-466-4377.

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Athanasi, Laura	Gomes, Josefina M	8 John St	\$1,275,000
Athanasi, Laura	Gomes, Josefina M	10 John St	\$1,275,000
Lattarulo, Andrew	Shurtleff Street Rt	33 Shurtleff St	\$1,915,000
Oconnor, Kelsey	Devon, Bruce	42 Williams St #B	\$319,000
Gutierrez, Erick A	Beeten, Leeya	48 Chestnut St	\$762,000



Buy/Sell? Lease. Residential & Commercial

TEXT OR CALL JEFFREY BOWEN
781-201-9488

eRealty
Advisors

jeff@chelsearealestate.com chelsearealestate.com



Chelsea

RECORD

PRESIDENT: Stephen Quigley
EDITOR IN CHIEF: Cary Shuman

ENVIRONMENTALISTS: PUTIN’S ‘USEFUL IDIOTS’

Vladimir Lenin used the term “useful idiots” to refer to journalists, labor leaders, and politicians in the West who extolled the virtues of Lenin’s new Communist regime in Russia as a “worker’s paradise.” They were in the vanguard of the world-wide Communist movement who tried to import Lenin’s brand of Communism into their own countries.

The reason Lenin referred to them as “useful idiots” is because they were oblivious to what actually was going on in Russia during Lenin’s (and later, Stalin’s) transformation of that nation into a Communist regime: mass starvation, authoritarianism, political executions, and use of the Siberian gulag.

In short, the “useful idiots” for Lenin and Stalin were those in the West whose fervent belief in the ideology of Communism blinded them to the reality of what actually was happening in Russia in the 1920s and 1930s.

A century later, democracy and freedom are being challenged by another Vladimir, Vladimir Putin, whose invasion of Ukraine and genocidal campaign of executions, rape, bombings of civilians, and deportation of children poses a substantial threat to Western Europe and ultimately, the United States.

Western European nations stopped purchasing natural gas from Russia -- which had a pipeline directly into Western Europe -- shortly after the invasion began in order not to finance Putin’s war machine. These countries were able to do so thanks to a combination of sacrifice (lowering their thermostats and reducing industrial energy use), switching to dirtier forms of energy (coal and oil) for their power plants, and the ramping-up of the importation of liquefied natural gas (LNG) from the United States, with the promise that even more LNG will be forthcoming from the U.S. in the future.

However, President Biden, bowing to pressure from environmental groups, last week issued a directive that imposes new environmental rules on future LNG terminals that essentially has brought to a halt the construction of new LNG export facilities in the U.S. The move has alarmed our Western European allies, who have been able to withstand their embargo on Russian natural gas because of the promise of additional LNG from America.

There is no question that climate change, fueled by the burning of fossil fuels, represents a huge risk to the future of our planet. However, the threat posed by Putin and other dictatorial regimes, such as China and Iran, pose an immediate threat to our way of life today. An article in yesterday’s New York Times highlighted the fear of Western European leaders that they will be next in line if Putin succeeds in Ukraine.

In addition, the irony of Biden’s new environmental rules for future LNG plants in the U.S. is that Europe will continue to use oil and coal, which are far worse for the environment than natural gas. In addition, if the U.S. is unable to supply natural gas to Western Europe, those countries simply will turn elsewhere.

In short, the action by Biden at the behest of environmentalists accomplishes nothing (and even is a negative) in our battle against climate change in both the short and long terms. However, what it does accomplish is this: It encourages sociopathic dictators like Putin, who want to see the Western nations divided, to continue their campaign against democracies across the globe. The “inconvenient truth” for environmentalists is that the fight against Putin and his ilk requires that America must be united with our allies, no less than we were in World War II, when the free world similarly fought against the Axis of Evil at that time. The environmentalists whose rigid ideology regarding climate change blinds them to the reality of the immediate, existential threat posed by today’s Axis of Evil are the “useful idiots” of the dictators of the 21st century.

Your opinions, please

The Record welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151. Letters may also be e-mailed to stephen.quigley@reverejournal.com. Letters must be signed. We reserve the right to edit for length and content.

SUBSCRIPTION INFORMATION

Chelsea Record is published every Thursday by the Revere -based Independent Newspaper Group. Periodical postage rates paid at Boston, MA. Subscription rates are \$30 per year in Chelsea, and \$60 per year outside the city. The Chelsea Record assumes no financial responsibility for typographical errors in advertisements, but will reprint that part of the advertisement in which the error occurs. Advertisers will please notify the management immediately of any errors that may occur. Chelsea Record, 101-680, at 385 Broadway, the Citizens Bank Building, Suite 105, Revere, MA 02151, is a weekly publication. Periodicals postage paid at Boston, MA 02110. POSTMASTER: Send address changes to Independent Newspaper Group, 385 Broadway, Suite 105, Revere, MA 02151. Subscription price in-town is \$26 and out of town is \$50.

USPS NO. 101-680

Forum

LETTER to the Editor

I ASK FOR YOUR VOTE

To the Editor,

I write to announce my candidacy for Democratic State Committeewoman for the Middlesex and Suffolk Senate District (Senator Sal DiDomenico’s district) and to ask for your vote. The seat serves Cambridge, Everett, and Chelsea.

An East Cambridge resident, I am an internationally recognized expert on democracy and former gubernatorial candidate. I am honored to serve on the boards of the Cambridge Health Alliance and Massachusetts Board of Higher Education. With children in the Cambridge Public Schools, I’ve been very involved in advancing

high quality curriculum in our schools. Last spring I was honored to be elected chair of my ward committee, Ward 2 for Cambridge Dems.

I come from people who have loved and fought for democracy for generations. As a kid I took the value of democracy for granted. But as I came into adulthood, I saw life paths diverging for myself and my cousins, and democracy got a lot more complicated for me. I’ve lost cousins to substance use disorder, incarceration, and homicide. But democracy’s not supposed to be abstractly valuable. When we embrace the ideals of freedom and equality, it’s supposed to deliver a society that makes it possible for every generation to do

a bit better than the previous one, and for whole generational cohorts to move forward together. We need to change our democracy so that democracy can deliver on its promise.

This conviction has led me into work on democracy renovation. When I ran for Governor I was taken by surprise by just how many people feel disconnected from our political institutions. I think it’s time to change that. Our party, MassDems, can lead the way. I am advocating for our party to set up a MassDems Commission on Healthy Democracy to advance the values of inclusion, engagement, and healthy competition. I seek to put “democracy” back in Democrat.

I would be honored to succeed the remarkable Lesley Phillips in this important work, and am proud to have the endorsements of Ward 6 Chair Linda Pinti, Representative Marjorie Decker, Representative Mike Connolly, Councillor Sumbul Siddiqui, Mayor Nicole LaChapelle, former MassDems Chair and State Treasurer, Steve Grossman, and others. To learn more, please visit allenfor.ma.com.

I ask for your vote for Democratic State Committeewoman to advance this work. Whether you vote by mail, vote early, or vote on Tuesday March 5th, please vote for Danielle Allen.

Danielle Allen

Bill passed to prevent abuse and exploitation

The Massachusetts House of Representatives last week passed legislation that combines several separate legislative initiatives into one bill that will help to prevent abuse and exploitation, while also enhancing protections for survivors. The legislation addresses teen sexting and image-based sexual assault, commonly referred to as “revenge porn;” expands the definition of abuse to include coercive control for the purposes of obtaining a restraining order; and extends the statute of limitations for certain domestic violence offenses from six years to 15 years.

“This legislation modernizes our criminal laws by ensuring that those who share explicit images of others without their consent face punishment, while also educating minors on the dangers of sharing explicit images of themselves rather than imposing some of the criminal justice system’s most severe consequences,” said House Speaker Ronald J. Mariano (D-Quincy). “I’m also incredibly proud of this legislation’s bolstered protections for survivors, including the added consideration of nonphysical forms of abuse for those seeking restraining orders from their abusers. I want to thank Chairman Day and the Judiciary Committee, along with each bill sponsor and all my colleagues in the House for prioritizing this vital legislation.”

“The House has heard the urgent call of survivors to enhance protections and ensure that our laws keep up with technology. But the House doesn’t just listen, we act,” said Representative Michael S. Day (D-Stoneham), House Chair of the Joint Committee on the Judiciary. “It’s critical that these reforms pass into law quickly so that victims of coercive control, adolescent sexting and revenge porn aren’t left without relief.”

Currently, minors who possess, purchase, or share explicit photos of themselves or other minors are charged with violating Massachusetts child pornography laws and are required to register as sex offenders. The legislation passed today instead authorizes commitment to the Department of Youth Services (DYS), but also al-

lows minors to be diverted to an educational program in lieu of criminal punishment. A district attorney, however, is allowed to petition the court to bring criminal charges in extreme cases.

The educational diversion program, to be created by the Attorney General in consultation with the Department of Elementary and Secondary Education (DESE), DYS, and the District Attorneys Association, would provide teenagers with information about the legal and nonlegal consequences of sexting, which would be made available to school districts. DESE should also encourage districts to implement media literacy programs in their schools as a prevention measure.

“This legislation represents a coordinated effort and a holistic approach to address an increasingly prevalent behavior and provides mechanisms to protect individuals victimized by those who threaten, intimidate, and harass the subjects of these images,” said State Representative Jeffrey N. Roy (D-Franklin), a lead sponsor of the bill. “The sexting provisions provide law enforcement officers with a middle ground that will allow them to educate kids about the consequences of their actions without ruining their lives. It will have a tremendous impact on people who have become entangled in the web and transmittal of images that can cause traumatic and lifetime harm through a diversion program that will educate them about the legal and personal consequences of this behavior.”

In addition to teen sexting, the bill addresses the nonconsensual distribution of explicit images by adults by establishing a penalty in the existing criminal harassment statute, including up to two and a half years of prison time and/or a monetary fine of up to \$10,000. The bill increases the upper limit of the fine for criminal harassment from \$1,000 to \$5,000. Under this bill, a victim may also petition the court for a harassment prevention order against a person who has violated this statute.

The bill passed today also adds coercive control to the definition of abuse. Coercive control is a non-

physical form of abuse which includes a pattern of behavior, or a single act intended to threaten, intimidate, harass, isolate, control, coerce or compel compliance of a family or household member that causes the family or household member to fear physical harm or to have a reduced sense of physical safety or autonomy. Examples of coercive control include threatening to share explicit images, regulating or monitoring a family or household member’s communications and access to services, and isolating a family or household member from friends or relatives.

“Protecting victims is the driving force behind these efforts and I am pleased we are giving prosecutors more tools to deal with these disturbing and dangerous situations. Thank you to Speaker Mariano, Chair Michlewitz, Chair Day, and the advocacy groups who recognize how important it is that we further protect victims by updating our criminal laws,” said Representative Richard M. Haggerty (D-Woburn), a lead sponsor of the bill. “By defining coercive control as abuse and closing revenge porn consent loopholes, this law protects against the severe emotional harm too often inflicted through non-physical tactics, sending a clear message that revenge porn, coercive control, and criminal harassment have no place in Massachusetts.”

“Far too often, our legal system has failed victims of domestic violence who are subjected to the unseen tortures of psychological and emotional abuse,” Representative Meghan Kilcoyne (D-Clinton), a lead sponsor of the bill. “I am so grateful that with this piece of legislation, we will be giving our law enforcement and judiciary the necessary tools to ensure those subjected to both physical and emotional abuse are protected. I am thankful to the Speaker and Chairman Day for their leadership. “With this bill, we can make sure victims of coercive abuse will no longer suffer in silence.”

The legislation passed today also extends the statute of limitations for assault and battery on a family or household member or against someone with an active protective order from six years to 15 years. This change brings the Massachusetts statute of limitations for these domestic violence offenses in line with the statute of limitations for rape, assault with intent to commit rape and sex trafficking.

“Massachusetts can and should be granting restraining orders for coercive control, but we know that for so many survivors, their emotional and psychological trauma is not given the same seriousness as physical violence. And the reality of that barrier can be deadly,” said

See BILL Page 5

CHELSEA

RECORD

ESTABLISHED 1890

stephen.quigley@reverejournal.com

Advertising and Marketing

Director of Marketing
Debra DiGregorio
deb@reverejournal.com

Assistant Marketing Directors
Maureen DiBella

Advertising
Ellen Bertino

Editorial Reporters, Regular Contributors
Cary Shuman
(Cary@lynnjournal.com)

Copy Editing, Layout
Scott Yates

Business Accounts
Executive
Judy Russi

Printer
GateHouse Media

781-485-0588 • www.chelsearecord.com

BRUINS Beat by Bob Morello

Bruins stars at NHL All-Star Weekend

NHL All-Star Weekend contests will have the All-Star Skills taking place on Friday, February 2, and the All-Star Game on Saturday, February 3, at Scotiabank Arena in Toronto. Representing the Boston Bruins will be Coach Jim Montgomery, along with David Pastrnak and Jeremy Swayman. Teams selected include global superstar Justin Bieber as the celebrity captain for Team Matthews, with Toronto Maple Leafs center Auston Matthews as captain and defenseman Morgan Rielly his assistant. Team Matthews will wear blue All-Star jerseys. Team McDavid will be led by Edmonton Oilers center Connor McDavid, with Oilers center Leon Draisaitl as his assistant and Toronto-born actor Will Arnett the celebrity captain. They will wear white jerseys. Team Hughes will be led by Devils center Jack Hughes and his brother, Vancouver Canucks defenseman Quinn Hughes with Grammy Award-winning musician Michael Bublé. They will wear red jerseys. Team MacKinnon will be led by Colorado Avalanche center Nathan

MacKinnon, with assistant and teammate Cale Makar and Canadian multiplatinum singer, songwriter and dancer Tate McRae. They will wear yellow jerseys. The 2024 NHL All-Star Skills on Friday, February 2nd at 7 p.m., has a new look with 12 NHL All-Stars competing for a \$1 million (USD) winner-take-all prize, and for the first time, this year the winning goalie in the shootout competition will receive \$100,000. The 12 NHL All-Stars in the skills competition each will compete in four of the first six events: the Fastest Skater, Hardest Shot, Stick Handling, One Timers, Passing Challenge and Accuracy Shooting. First place will be worth five points, second place four points and so on. The top eight will advance to the seventh event, the NHL Shootout. The top six will advance to the final event: the Obstacle Course, which will include all skills and worth double the points. First place is 10 points, second place eight points and so on. The All-Star Game will continue the 3-on-3 format intro-

duced in 2016. **MIKE SULLIVAN NAMED TO 2024 MEN’S BEANPOT HALL OF FAME** Former Boston University men’s ice hockey standout and current Pittsburgh Penguins head coach Mike Sullivan is the 2024 inductee into the Beanpot Hall of Fame, as announced at Monday’s Beanpot Luncheon. “To be selected to go into the Beanpot Hall of Fame is an incredible honor, especially when you consider the caliber of players that have played in the Beanpot from all four schools,” Sullivan said. “I was fortunate enough to play in the finals all four years that I was there, winning it twice – my freshman and senior years. The camaraderie around that tournament is forever etched in my memory. It meant a lot to my family, friends and extended family growing up in the Boston area. I remember having 30-plus people in my family going to watch the games. And then just the sheer competition and the games itself was an incredible experience. To be able to win it

twice and own the bragging rights of the best college team in Boston was a ton of fun. Sharing that celebration on campus at The Dugout is something that I cherish to this very day.” Sullivan won two Beanpots during his time at BU, helping the Terriers claim the trophy in 1987 and 1990. He totaled four goals and nine assists for 13 points in eight Beanpot appearances, helping BU reach the championship game all four years of his collegiate career. In 141 games as a Terrier, Sullivan scored 61 goals and added 77 assists for 138 points. He also captained the 1989-90 Beanpot-winning squad to the Frozen Four. “Mike is incredibly deserving of this honor,” former Terrier head coach Jack Parker said. “He was an important part of two Beanpot-winning teams during his time at BU, including as a senior captain. Not only was Mike a great hockey player, but also he was, and still is, a tremendous person and leader. I was lucky to coach someone like him at BU and I’m really happy he’s being recognized as a



Mike Sullivan and former BU Head Coach Jack Parker.

Beanpot Hall of Famer.” After his stellar career at BU, Sullivan went on to play 709 games in the National Hockey League with four different teams, including the Boston Bruins (1997-98). After his playing career ended, Sullivan became head coach of the Providence Bruins in the AHL before taking over as Boston’s head coach from 2003-06. The Marshfield native was named head coach of the Penguins during the 2015-16 season and began his tenure by winning two straight Stanley Cups. Sullivan is the 19th Terrier to be inducted into the Beanpot Hall of Fame and will be formally inducted during a ceremony between the consolation and championship games on Feb. 12. This is the second straight year that a former BU standout received this honor, as Matt Grzelcyk (‘16) and his father John were both inducted last year.

Library // CONTINUED FROM PAGE 1

library prior to the ribbon-cutting ceremony, and have been enjoying the new amenities during the 2023-24 school year. When you walk into the redesigned space, the Circulation Desk is immediately on your left and you are greeted with long bookshelves immediately in front of you. One corner of the library features a completely redesigned space that includes high-

top chairs at a counter-top that peers into a large window overlooking the cafeteria. A series of new windows the rest high above the furniture below combined with the view of Memorial Stadium in the back bring in more natural light than ever before, creating an incredibly welcoming space. One of the main priorities of CPS’ Strategic Vision is ensure that student

learning and instruction is supported by effective systems and school operations. The redesigned library provides students at CHS with a multitude of educational resources (digital, print and more), an area that allows both collaborative work with classmates as well as a location for quiet studying, and a space where they can be comfortable to learn.




The Chelsea Public Schools Leadership Team is pictured at the grand opening of the newly renovated Andrew P. Quigley Library at Chelsea High School. From left, are Deputy Superintendent of Schools Adam Deleidi, Executive Director of Administration and Finance Monica Lamboy, Assistant Supt. of Schools Dr. Tamara Blake-Canty, Supt. of Schools Dr. Almi Abeyta, Equity, Diversity, and Excellence Officer Dr. Aaron T. Jennings, and Communications Director Michael Sullivan.



Chelsea High School Librarian Trent Bordok and Principal Obed Morales are pictured at the ribbon-cutting event for the newly renovated school library.




Councilor-at-Large Leo Robinson presents a Certificate of Recognition to Chelsea High student Jayna Singer for singing the National Anthem at the city’s Inauguration Ceremony.



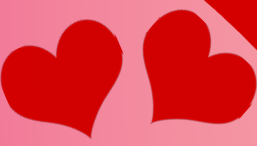
My first valentines day is coming and I can't wait to celebrate with the best mommy and daddy ..
Love Julian

Send us your Valentine Lovelines!



Happy Valentine's Day from Jax & Bella

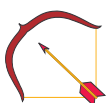
Published February 14 & 15



ALL VALENTINES WILL BE PUBLISHED IN THE EAST BOSTON TIMES FREE PRESS, REVERE JOURNAL, EVERETT INDEPENDENT, CHELSEA RECORD, WINTHROP SUN TRANSCRIPT, & CHARLESTOWN PATRIOT BRIDGE

DEADLINE: FRIDAY, FEBRUARY 9TH

Email or text to promo@reverejournal.com
(please be sure to include name and newspaper preference in emails)



Give the Gift of *Hometown News*



A year's subscription to The Revere Journal, The Chelsea Record or The Winthrop Sun-Transcript. \$30 in town or \$60 for out of town.

Name _____
Address _____
City _____ State _____ ZIP _____

Clip this and mail in or stop by the office 8:30AM - 5PM
The Independent Newspapers
385 Broadway, Suite 105
Revere, MA 02151
For more information call us at 781-485-0588

Sports

CHELSEA HIGH SCHOOL BOYS IN HOOP ACTION AGAINST REVERE

Chelsea snapped a 7-game losing streak with a 62-47 win over Revere at Chelsea High on Tuesday, January 23.

BOB MARRA PHOTOS



SURROUNDED: Abdi Mohamed looks for an escape as he is surrounded by Revere's Avi Lung (4) Josh Mercado (0) and Sean Burnett. More photos on Page 7.



PAST THE DEFENSE: Braulio Quezada Tineo fights his way past Revere's Ryan El Babor (left) and Sean Ellis.



THE LEAD GROWS: Chelsea players react as the Red Devils extend their fourth-quarter lead on the way to a 62-47 win over Revere.



GET RID OF IT: Moe Osman (22) gets a pass away in front of a leaping Avi Lung of Revere.



JUST ENOUGH: Noordin Abdi threads a pass between Revere's Josh Mercado (0) and Ryan El Babor.

CHS Roundup

OSMAN NETS 30 AS RED DEVILS COME BACK FROM 25 DOWN

The Chelsea High boys basketball team overcame a 25-point deficit early in the game to post a 68-61 victory over Greater Boston League (GBL) rival Medford last Thursday.

Although the Red Devils sliced into the Medford lead in the second period, they still trailed by 17 at halftime. However, Chelsea came out of the intermission firing on all cylinders at both ends of the floor and outscored the Mustangs by a 31-6 margin in the third period to take control of the contest.

"It all started off on defense. In that third quarter," said CHS head coach Cesar Castro. "I was really proud of the boys. They never gave up."

Sophomore Moe Osman scored a career-high 30 points to pace the Red Devils in the scoring column. Senior Abdi Mohamed hit for double-figures with 14 points and fellow senior Justin Toro reached doubles with 12 points.

Castro and his crew, who now have won two in a row, are scheduled to travel to first-place Lynn English this evening (Thursday) and to non-league opponent Brighton tomorrow (Friday) evening. They will host GBL foe Lynn Classical next Thursday.

GIRLS TRACK TOPS MALDEN, 64-35; FINISHES SEASON 5-2

The Chelsea High girls indoor track and field team handily ran away for a 64-35 triumph over Greater Boston League (GBL) rival Malden last Tuesday at the Reggie Lewis Track and Athletic Center.

Coach Cesar Hernandez's girls' squad finished their dual-meet season with a fine 5-2 record and now will compete in the GBL All-League Meet tomorrow (Friday) at the Reggie.

Leading the way for the Lady Red Devils was freshman sensation Thania Simon, who scored 15 points with a trifecta of first-place finishes: the 55 meter dash with a time of 8.03; the 300 meter dash in a clocking of 45.86; and the long jump with a flight of 15'-7.25."

Another standout performer was Gizelle Rodriguez, who blazed to victory in the 600 dash in 1:56.51 (which was 20 seconds faster than her closest Malden opponent). Gizelle also ran a leg on the winning 4 x 400 relay.

Gizelle Oliver sped to a win in the 55 meter hurdles with a time of 9.81 and also ran a leg for the winning 4 x 200 relay.

Hazel Hatleburg won the 1000 meter run with a time of 3:55.01 and anchored the 4 x 400 relay..

Lysis Henderson outran the field in the two-mile in 14:45.63 and Lamari Davis led a Lady Red Devil sweep in the shot-put with a throw of 28'-0." She was followed by teammates Kiara Ramirez (27'-9.75") and Anais Artica (25'-3").

Chelsea also won both relays. The 4 x 200 quartet of Lauren Nadow, Giselle Oliver, Faith Dunbar, and Mar cayll Louis-Jean finished in 2:09.67 (Malden's time was 2:14.60), while the 4 x 400 foursome of Gizelle Rodriguez, Meleny Rodriguez, Rosalinda Rojas, and Hazel Hatleburg came across in 4:56.44 compared to Malden's clocking of 5:05.03.

Adding three points to the Chelsea winning effort with second-place finishes were Rosalinda Rojas in the mile and Alma Alla in the two-mile.

Providing single-points with their third-place performances were: Katherine Benitez in the 1000; Mar cayll Louis-Jean in the long jump and the 300; and Reina Moreira in the two-mile.

"We had a good feeling about our girls coming away with their fifth win, so we put some girls in new events to get a feel of what we should do for the league meet," said Hernandez. "Thania Simon did her first 300 of the season and came away with a first-place finish, which

The Boston Globe
TOP PLACES TO WORK 2023
MASSACHUSETTS

FIND YOUR PLACE AT EBNHC

check us out!

EAST BOSTON NEIGHBORHOOD HEALTH CENTER

CHELSEA HIGH SCHOOL BOYS IN HOOP ACTION AGAINST REVERE

BOB MARRA PHOTOS



IT'S MINE: David Wright (5) wrestles a rebound from Revere's Ryan El Babor.



ALLEY OOP: Abdi Mohamed (2) gets a shot at the basket between Revere's Andrew Leone (left) and Ethan Day (13).



MAKE ROOM: Justin Toro tries to squeeze between the sideline and Revere's Ethan Day.



CLEARED FOR TAKEOFF: Abdi Mohamed takes to the air on his way to a basket between a handful of Revere defenders.

Round Up // CONTINUED FROM PAGE 7

was the second-best time in the GBL that night. She also had a PR in the long jump with a mark of 15'-7.25," which qualified her for the freshman long jump at Nike Indoor Nationals. Hazel (Hatleburg) did her first 1000 of the season and finished fourth overall amongst all GBL opponents. Iyssis Henderson also ran a new event, finishing her first two-mile of the season in 14:45, which was good for first against Malden and ranked second against all GBL athletes."

CHS BOYS WIN 4 X 400 RELAY TO TOP MALDEN; ARACENA SETS NEW MARK

The Chelsea High indoor track and field team won the 4 x 400 relay to earn a 50-46 victory over Greater Boston League rival Malden last Tuesday in the final dual-meet of the season at the Reggie Lewis Track and Athletic Center.

"We knew the boys'

meet was going to be really close going into it, and it did end up coming down to the 4 x 400, which the team of Luis Hidalgo, Austin Freeman, Joao Cassim, and Kyle Leong were able to bring the win to Chelsea," said CHS head coach Cesar Hernandez of the quartet, who defeated their Malden opponents by 4.5 seconds in a time of 3:58.68.

Another huge performance came from Alex Flores, who turned in a herculean effort for the Red Devils, capturing both the 1-mile and 2-mile events -- in personal record (PR) times -- to post 10 points on the Chelsea side of the scoresheet. Alex blazed to victory in the mile in a time of 4:58.31, which proved to be just a warm-up ahead of his win in the 2-mile with a clocking of 10:47.99, which was almost a minute faster than his closest Malden rival.

A number of other Red Devils also took first place in their individual events, led by Ariel Aracena, who

remained undefeated in the shot-put with a throw of 47'-10.5," which broke his own CHS record by six inches. Alejandro Zepeda captured the 600 dash with time of 1:35.60 and Gregory Ulloa won the long jump with a flight of 17'-0.75"; and

Chelsea also won the 4 x 200 relay with a four-some comprised of Zepeda, Sherwin Kim, Ulloa, and Xavier Guzman.

Scoring three points for the Red Devils with second-place finishes were: Guzman in the 600 dash; Bryan Amaya in the 1000; and Kim in the 55 hurdles.

Adding crucial third-place points in a meet in which every point mattered were: Ulloa in the 55 meter dash; Cassim in the 300 dash; Leong in the 1000 and the long jump; Ivan Irias in the mile; and Theo Joseph-Seale in the shot-put.

Hernandez and his crew now will compete in the All-GBL Meet tomorrow (Friday) evening at the Reggie.

VALENTINE'S DAY IS JUST A FEW WEEKS AWAY!

Make sure Your business is in our Valentine's Day Gift Guide — Your Local Resource for Valentine's shopping Online & In Print

2 columns x 4 inches in Color

\$100.00 Per Paper

Any 3 for \$300.00

SIZED TO SCALE

REVERE JOURNAL • CHELSEA RECORD

EVERETT INDEPENDENT

EAST BOSTON TIMES

WINTHROP SUN-TRANSCRIPT

CHARLESTOWN PATRIOT BRIDGE

RUNNING WEEKS OF FEBRUARY 7TH-8TH, 2024

CALL OR EMAIL YOUR REP. 781-485-0558

x101 DEB DIGREGORIO - DEB@REVEREJOURNAL.COM

x103 MAUREEN DIBELLA - MDIBELLA@WINTHROPTRANSCRIPT.COM

x106 SIOUX GEROW - CHARLESTOWNADS@HOTMAIL.COM



CHELSEA

Give the Gift that Comes 52 times a year!

Share in the Love with a Chelsea Record Subscription



Local News - Sports - Events

Gift Subscription Available

\$30 In Town \$60 Out of Town

Call 781-485-0588

Or Drop by our office, 385 Broadway, Revere MA

FRESH AND LOCAL

Broth to warm and heal

By Penny & Ed Cherubino

The 2023 uproar over some pasta companies discontinuing tiny star-shaped “pastina” was actually about the disappearance of a brothly, healing comfort food— pastina in broth. The Boston Globe called it “Italian penicillin.”

Penny recalls the first time she had it. She was dealing with a head cold while visiting a college friend. As soon as she arrived, the family’s matriarch hustled around in the kitchen and quickly presented her with a steaming bowl of rich chicken broth studded with tiny pasta stars. It was warm and soothing and made her feel better.

Pastina in broth has long been on our menus whenever we feel off or need a quick, soothing meal. Depending on our mood, we may add a little or a lot of grated parmesan to the bowl. Fortunately, some companies still make it, and pastina is not the only tiny pasta. Next to a jar of Prince pastina, we have alternatives like acini di pepe, orzo, and toasty fregola sarda.

Why Chicken Soup Works

Today, the medical community knows why foods like chicken soup help with respiratory illnesses. In an article for the science website The Conversation, Colby Teeman, Ph.D., assistant professor of dietetics and nutrition at the University of Dayton, discussed several factors.

Chicken is a complete protein to combat infection, and vegetables provide vitamins, minerals, and antioxidants. Adding pasta or rice provides the carbohydrates you need to recover. The water and electrolytes help with re-hydration.

Chicken soup is also rich in umami, which can increase your appetite when you may not feel like eating. He adds. “Umami may also improve nutrient digestion which can reduce gastrointestinal symptoms.” Finally, sipping and inhaling warm broth vapor can do a good job of loosening mucus.

Teeman included a precaution that not all chicken soups are the same. He highly recommended homemade or at least one that is not ultra-processed

and lacking in those essential nutritional factors that you would get from a minimally processed version.

Those who don’t eat meat can gain many of the same benefits from a rich mushroom broth filled with hearty vegetables and noodles.

World Broth Tour

We searched for dietary remedies from other cultures and found many broth-based ones. If you’re not up to making soup, you can find many options at local restaurants. Our first choice would be Vietnamese Pho. If you order this to go, you’ll receive a container of broth with the noodles, toppings, and seasonings in separate containers. You can create your bowl of soup precisely the way you want. If you’d like a hit of sriracha to clear your head, add it. If you’re looking for simple soup, build it your way.

If you’re from Thailand, you might crave the hot and sour ingredients that balance out a spicy Tom Yum soup. Koreans agree! Their Dak Gomtang soup can be served unseasoned or with a big dollop of a



A steaming bowl of Vietnamese Beef Pho is the perfect take-out meal to bring to a sick friend. (Photo: Getty Images)

spicy paste or kimchi.

Ramen or Miso soup are Japanese options, and you could enjoy a Chinese wonton or egg drop soup. Greek Avgolemono adds lemon and eggs to their comforting chicken soup.

The Irish and British have always depended on “Beef Tea,” a rich beef stock, to heal what ails them. These were once prepared in UK hospital kitchens and prescribed for digestive problems, fever, or weakness.

Consider brothly soups or plain broth when the doctor says to drink plenty of fluids. The more you add to it, the more nutri-

tion you’ll have for that important job of healing or just feeling better.

Do you have a ques-

tion or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

OBITUARIES

Marjorie Silva

She had a passion for cooking and growing peonies in her garden

Relatives and friends are most kindly invited to attend a Memorial Mass for Marjorie M. (Monteiro) Silva in St. Rose Church, 600 Broadway, Chelsea on Friday, February 9th at 11 a.m.

Marjorie passed away in the peaceful setting of her home, surrounded by her loving and caring daughter on Wednesday, January 24th. She was 101 years of age.

She was the beloved daughter of the late Antonio M. and Bertha (DeWeer) Monteiro. Marjorie was born in New Bedford and raised in New Bedford and Bridgewater where she attended local schools. She also resided for a time in Boston and Mattapan, and settled in Chelsea for many years before moving to Swampscott and was living in Lynn for the past 13 years with her daughter, Maryann.

She was married to Antonio Silva for 64 years and was passionately devoted to home and family.

She also worked for 10 years as a receptionist for the Suffolk County District Attorney’s Office, under Newman Flanagan and Ralph Martin.

In her lifetime she had a passion for cooking and growing peonies in her



garden.

Marjorie was predeceased by her husband, Antonio Silva and her sisters, Mabel Mann, Sadie Cruz, Dorothy Mendes, Edna Monteiro and Frances Pawlak.

She is lovingly survived by her devoted daughter, MaryAnn Silva of Lynn, her dear sisters, Rachel Silva, Pearl Monteiro, Gladys Fermino and Antonia Duarte. She is also survived by many loving nieces, nephews, and extended family members and friends.

Should friends desire, contributions in Marjorie’s name may be made to the Arbor Day Foundation, 211 N. 12th St., Lincoln, NE 68508. www.Arbor-DayFoundationDONATE

For directions or to send expressions of sympathy, please visit www.Welsh-FH.com.



To place a memoriam in the Chelsea Record please call 781-485-0588

TORF FUNERAL SERVICE

Pre-need planning with our price protection guarantee. Arrangements made at our facility or in the comfort of your own home

4 generations of the Torf Tradition:
Deborah Torf Golden Amy Torf Golden
Hyman J. Torf (1903-2000)
M.L. Torf (1867-1940)
Richard A. Pruneau
(617) 889-2900
(800)428-7161
www.torffuneralservice.com

Carafa Family Funeral Home Inc. 389 Washington Ave. Chelsea 617-884-4188

Amy C-Almas
William R. Carafa -
Funeral Directors
carafafuneralhome.com

ANTHONY MEMORIAL - FRANK A. WELSH & SONS FUNERAL HOME
Peter A. Zaksheski
Type III Licensed Funeral Director

718 Broadway, Chelsea – 617-889-2723 – 617-884-3259
www.ChelseaFuneralService.com

Protecting individuals with dementia from wandering during the winter season

To help families protect their loved ones with dementia from the potential dangers of wandering in cold winter areas, where frigid temperatures, snow, and ice create additional safety risks, the Alzheimer’s Foundation of America (AFA) is providing four tips dementia family caregivers can use to reduce the chances of wandering and be prepared to quickly respond to an emergency.

Wandering is a common and potentially dangerous behavior in individuals with dementia. Once the individual shows signs of wandering, they are at high-risk of wandering away or becoming lost. They can become disoriented, unable to remember how to get back home, or know how, or who, to call for help. They could leave the home without dressing appropriately.

“Wandering or getting lost can occur at any stage of Alzheimer’s disease. So there are serious risk factors that dementia family caregivers need to be mindful of, especially now in cold, windier weather areas,” said Jennifer Reeder, LCSW, AFA’s Director of Educational and Social Services. “The disease

can cause disorientation and confusion, which can lead to the person getting when they may be in search of something or someone or attempting to escape excessive stimuli. Taking steps to address the reasons why someone may leave their environment, while also having an emergency plan ready, are two major ways family caregivers can protect their loved one’s wellbeing during the winter and throughout the year.”

AFA offers these four tips to help families protect their loved ones with dementia:

Understand the causes of wandering. Walking outdoors can bring a feeling of purposefulness and pleasure to someone living with dementia, especially if they have lived an active lifestyle and enjoyed the outdoors before the onset of dementia. Identify consistent and sustainable ways to support these experiences in a safe environment, such as creating walking paths around the home with visual cue; engaging the person in simple tasks; and providing stimulating and enjoyable activities (i.e., exercise, music, crafts).

Wandering can also be

a response to excessive stimuli, triggered by the need to get away from noises and people, or an expression of an unmet need (i.e., hunger, thirst, a need to use the bathroom). Ensuring basic needs are met can reduce the chances of wandering.

Safeguard the home. Facilitate safe movement by avoiding clutter and eliminating tripping hazards. Be mindful of how objects like car keys, jackets, and purses might motivate the person to leave suddenly. Install electronic chimes or doorbells on doors so someone is alerted if the individual tries to exit. Consider utilizing a smart doorbell with an app that can notify you when someone is entering or exiting the home.

Be aware of your loved one’s patterns. Know what times of the day may be more activating than others and provide activities during those periods. Encourage healthy sleep habits to reduce the chances the person might leave in the middle of the night. If your loved one does wander, keep a record of their patterns (frequency, duration, time of day, etc.) to help guide you in the future.

OBITUARIES

All obituaries and death notices will be at a cost of \$150.00 per paper. Includes photo.No word Limit.

Please send to obits@reverejournal.com or call 781-485-0588



All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development "HUD" toll-free at 1-800-669-9777. For the M.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.

FHAP AGENCIES & OTHER STATE/ LOCAL REFERRAL AGENCIES

BOSTON FAIR HOUSING COMMISSION
One City Hall Plaza, Suite 966
Boston, MA 02201-1054
617-635-4408

CAMBRIDGE HUMAN RIGHTS COMMISSION
51 Inman Street
Cambridge, MA 02139-1732
617-349-4396

CONNECTICUT COMMISSION ON HUMAN RIGHTS & OPPORTUNITIES
21 Grand Street, 4th Floor
Hartford, CT 06106-1561
860-541-3400

MAINE HUMAN RIGHTS COMMISSION
51 State House Station
Augusta, ME 04333
207-624-6050

MASSACHUSETTS COMMISSION AGAINST DISCRIMINATION
One Ashburton Place, Room 601
Boston, MA 02108-1599
617-994-6000

RHODE ISLAND COMMISSION ON HUMAN RIGHTS
180 Westminster Street, 3rd floor
Providence, RI 02903-3768
401-222-2661/62

VERMONT HUMAN RIGHTS COMMISSION
135 State Street, Drawer 33
Montpelier, VT 05633-6301
802-828-2480

NEW HAMPSHIRE COMMISSION FOR HUMAN RIGHTS
2 Chenell Drive
Concord, NH 03301-9053
603-271-2767

NEW HAVEN COMMISSION ON EQUAL OPPORTUNITIES
200 Orange Street, Room 402
New Haven, CT 06510
203-946-8160/8165

DOC announces plan to conclude operations at MCI-Concord in the summer of 2024

The Massachusetts Department of Correction (DOC) announced its intention to conclude operations at MCI-Concord, a medium-security men’s prison. Amid the state’s lowest prison population in 35 years, the announcement reflects the Department’s ongoing efforts to enhance operational efficiency, advance cost-saving solutions, and deepen investments in programming and services.

The strategic decision to end operations at MCI-Concord and relocate its staff and population is based on a thorough assessment of decreased housing needs and the aging facility’s high maintenance costs. Furthermore, this proposal allows the Department to dispose of the property, making it available for non-correctional purposes and potential redevelopment to the benefit of the surrounding community.

Opened in 1878, MCI-Concord is the oldest men’s correctional facility

in Massachusetts. Its aging infrastructure has become too costly to maintain and requires significant investments.

The Healey-Driscoll Administration’s Fiscal Year 2025 (FY25) Budget proposes closing MCI-Concord which will result in substantial savings, including nearly \$16 million in operating costs and negating the need for \$190 million in capital projects for decarbonization, cooling, and deferred maintenance at the nearly 150-year-old facility.

“During its first year, the Healey-Driscoll Administration has worked closely with the Legislature, community partners, and advocates to invest in justice initiatives that have contributed to the lowest rates of incarceration and recidivism in decades,” said Public Safety and Security Secretary Terrence Reidy. “Strategically consolidating DOC resources makes financial sense and enables the Department to build upon the proven,

evidence-based rehabilitative programs that support successful reentry and improve outcomes. I commend Commissioner Mici and her leadership team for their continued commitment to enhancing operations while delivering effective services to those in their care.”

“This proposal underscores the Department’s commitment to responsible stewardship of taxpayer resources while ensuring the fulfillment of our rehabilitative mission,” said DOC Commissioner Carol Mici. “The strategic consolidation of resources eliminates redundancies and empowers us to enhance efficiency and ensure a more effective and impactful correctional system for our incarcerated population, the people who work there, and the community.”

MCI-Concord currently operates at 50% capacity with an incarcerated population of approximately 300. Individuals living at MCI-Concord will com-

plete a reclassification process in the coming months and be transferred to an appropriate facility.

In recent years, MCI-Concord has offered several unique programs focused on rehabilitation. These include the nationally recognized Building Responsible Adults Through Validation and Education (B.R.A.V.E) Unit for emerging adults and educational opportunities to complete advanced studies at Tufts University. These programs will continue to be operational. The Department is developing plans to transition these programs to other comparable facilities in the system.

The DOC will begin the process of transferring correctional officers and incarcerated individuals throughout this fiscal year with the expectation that this process will be complete by the summer of 2024. Once the safe transfer and closure is complete, the property will be made available for potential redevelopment.

Massachusetts has long been a leader in reducing incarceration. The most recent state-level incarceration trends from the Vera Institute show that the rate of incarceration in Massachusetts is 122% lower than the national rate. Reports from the Vera Institute for Justice found that

Massachusetts’ incarceration rate is consistently the lowest in the nation, decreasing nearly 5,000 over the past decade, resulting in a record low of nearly 6,000 incarcerated people.

Under Massachusetts law, closing a correctional facility and disposing of the property requires the approval of the state legislature. The Administration’s FY25 Budget proposes language to address this requirement.

The Department has published an FAQ to provide families and loved ones with more information about the decision to conclude operations at MCI-Concord.

• Revere • Everett • Winthrop • Lynn • East Boston • Chelsea • Charlestown



781-485-0588

Fax: 781-485-1403

Ext 102

E-Mail Your Ad To: classified@reverejournal.com

7 COMMUNITIES

More Than 100,000 Readers Each Week

REAL ESTATE

Sales • Rentals

Land • Commercial

RECRUITMENT

Professional • Medical

General • Services

• Auto Sales • Yard Sales

• Miscellaneous

HELP WANTED

DEADLINES: For classified line ads, deadlines are Monday by 4 p.m. Call 781-485-0588

LOOKING FOR Great Results? Call our classified department. Call 781-485-0588 or fax the ad to 781-485-1403

CHELSEA

Land on Chelsea Creek for Lease

Water Dependent

Industrial Uses Only

Please Contact:

Andy McLaughlin

(312) 935-2800

For Advertising Rates, Call

781-485-0588

A SHORT STORY ABOUT GROWING UP WITH AN UNFAIR ADVANTAGE.

POLIO.

As one of the last American children to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease.

But Jeffrey Galpin did more than survive polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS.

Dr. Galpin actually credits his own incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don't give up, and remember to give back. If Dr. Galpin's story inspires just one more person to make a difference, then its telling here has been well worth while.

American Academy of Orthopaedic Surgeons

AAOS 75 Years

aaos.org/75years

AAOS

CELEBRATING HUMAN HEALING

orthoinfo.org



CHELSEA HOUSING AUTHORITY

OCCUPANCY SPECIALIST

The Chelsea Housing Authority is seeking highly qualified and experienced applicants for the position of Occupancy Specialist.

General Description: The Occupancy Specialist is responsible for assisting the Occupancy Coordinator with processing, reviewing, and placing all tenant applications, for their accuracy in accordance with all Federal, State, and Public Housing Authority guidelines. Prepare all eligible applicant files for a move in date to their specific program. The Occupancy Specialist reports to the Director of Occupancy and Compliance.

Duties and Responsibilities:

- assists occupancy coordinator to conduct interviews and complete eligibility for all assigned public housing and leased housing programs.
- Provide applicant service such as Assisting in completing applications, explaining program eligibility requirements.
- Participate in hearings when necessary.
- Process department mail daily, review verification documentation for accuracy and completeness, and notify applicants of determination.
- Attend Vacancy meetings to discuss priorities for leasing vacant units.
- Responsible for assisting occupancy coordinator with processing all transfer requests and updating and maintaining the transfer list.
- Perform preliminary Screening of all state public housing, Section 8, MRVP and AHVP applicants utilizing all industry systems.
- Assist with federal updates of waiting list.
- Prepare and manage internal reports as assigned.
- Performs other related duties as required.

Qualifications and Skills: Candidate must have strong oral and written communication skills, be detail oriented and can function in a multilingual/multicultural environment, must be well-organized and accurate in data-entry. Applicant must also exercise ethical judgment in maintaining the confidentiality and integrity of sensitive information. Strong technological skills including, but not limited to, Microsoft Office are required. Fluency in Spanish is also preferred. A minimum of two years related experience is preferred, or a college Degree may be substituted for one year of relevant experience.

Starting Range:

\$52,000 and \$58,000 based on experience

(Full benefits package includes medical, dental, sick & vacation)

Interested candidates may submit resumes by email at employment@chelseaha.com, (subject line OS2024) or mail (address below) by February 9, 2024, until position is filled

The Chelsea Housing Authority is an equal opportunity employer.

Chelsea Housing Authority

Human Resource Department (OS2024)

54 Locke Street, Chelsea, MA 02150

Extend your Business's reach with Online Advertising!

Clients and Customers are just a click away!

\$300⁰⁰ per month per site



AD SIZE

in pixels

W: 160px

H: 600px

THE INDEPENDENT NEWSPAPERS

REVEREJOURNAL.COM • WINTHROPTRANSCRIPT.COM

LYNNJOURNAL.COM • EVERETTINDEPENDENT.COM

EASTIETIMES.COM • CHELSEARECORD.COM

CHARLESTOWNBRIDGE.COM • BEACONHILLTIMES.COM

NORTHENDREGIONALREVIEW.COM • THEBOSTONSUN.COM

JAMAICAPLAINGAZETTE.COM • MISSIONHILLGAZETTE.COM

Combo Rates available!

Buy any 3 sites, get 4th FREE

Call 781-485-0588 to get started!

please send in "png" format

Chelsea's Professional Service Directory

ELECTRICIAN



Residential & Commercial

Fully Licensed & Insured

KEVIN MOONEY

781-799-1862

PLASTERING

AUGUSTA PLASTERING

Interior/Exterior • Blueboard • Plastering

Jim 978-777-6611

Free Estimates

978-777-6611

PAINTING



Nick D'Agostino

Professional Painter

Cell: 617-270-3178

Fully Insured

Free Estimates

JOHN J. RECCA PAINTING

Interior/Exterior Commercial/Residential

Fully Insured

Quality Work

Reasonable Rates

Free Estimates

781-241-2454

REAL ESTATE

1 col. x 1 inch

\$60.00

For 3 Months

(\$5 Per Week)

Gina S Soldano REALTOR®

ABR®, AHWD, e-PRO®, GREEN, MRP®, PSA®, SFR®, SRES®, SRS®

Broker/Associate (857) 272-4270

Gina.Soldano@era.com

gsoldanorealtor.com



Millennium Real Estate

291 Ferry Street,

Everett, MA 02149

LANDSCAPING

RAY'S LANDSCAPING GARDENING SERVICES

Mowing - Weeding

Trimming: Bushes Shrubs

Everywhere in Front & Back Yard

New Lawn, Patios, Concrete, Brick work

Call RAY — 781-526-1181

Free Estimates!



PLUMBING

PATRIOT

Sewer & Drain Plumbing Services, LLC



24 HR. SERVICE

CALL

781-656-4884

1 col. x 1 inch

\$60.00

For 3 Months

(\$5 Per Week)

MASTER PLUMBER

LIC #10914 \$75/HR

EDWARD DILORENZO

NOT FIXED - NOT CHARGED

781-853-9108

ELEC. DRAIN CLEANING

ADVERTISE IN OUR SERVICE DIRECTORY PLEASE

CALL 781-485-0588 OR EMAIL US AT

DEB@REVEREJOURNAL.COM

PLEASE RECYCLE THIS NEWSPAPER



Malden Catholic High School welcomes Ndaba Mandela

Story & Photos by Marianne Salza

Over 800 students, board members, Xaverian brothers, previous headmasters, and local officials stood in the Malden Catholic High School (MC) gymnasium, extending their arms with conviction, as Leadership Series speaker, Ndaba Mandela, urged them to. Confidently, they repeated Mandela's affirmation in unison, "I am a leader. What I dream, I can achieve."

Like his "granddad", Nelson Mandela -- a resilient humanitarian and 1993 Nobel Peace Prize recipient -- Ndaba Mandela believes that youth are the leaders of a hopeful tomorrow. Mandela's January 24 presentation fostered inclusion, love, and equality.

"Young people need to take lead today. You are more powerful than you think you are," said Mandela, who urged students to choose a cause that speaks to their hearts. "Your parents want you to be diamonds and shine."

Mandela encouraged listeners to stand up for the marginalized, explaining that leaders allow others to become champions.

"Leaders serve their community. Be a voice for those who are voiceless," Mandela advocated. "Engage with people you want to help. God gave us two ears and one mouth for a reason: so you can listen more than you talk. The first thing you do when you want to help people is listen. Often, the people who are experiencing challenges also have solutions."

Mandela is confident that youth will lead the nation, amplifying a message of peace and equality.

"My grandfather said if a person can be taught to hate, then a person can be taught to love, because love comes more natural to the human condition," Mandela recognized. "Do not make your choices out of fear. Make your choices out of hope that you will achieve unity."

Mandela asserted that fellowship is strength. Kindness and patient attentiveness are necessary to uplift voices. "The future of this school is in diversity. There is power in diversity. We learn how to do things in a different, more efficient, and innovative way," acknowledged Mandela to the student body that is 40% diverse, including international students.

"When we have an open heart, we are able to learn and become better," expressed Mandela, who implored students to apply his grandfather's principles in their own communities. "My grandfather

had a lot of compassion. Compassion is what we need in this world."

His grandfather's wisdom and gentleness bolstered Mandela's belief that he could make a difference. Mandela encouraged students to vote and be aware of who represents them in their district so their concerns can be heard.

Ndaba Mandela was born in 1982, during the apartheid regime in South Africa. He described the system as so brutal that if a child was born from a mixed race couple, he or she would be removed and placed in a separate area of mixed race people.

Ndaba Mandela's grandfather, Nelson Mandela, was the leader of an anti-apartheid movement that brought liberation and peace to South Africa. Mandela -- who had a sense of humor and enjoyed dancing -- raised his grandson to be understanding, passionate, and genuine.

Now Mandela promotes positive change through collaboration, tolerance, and respect. He is co-founder and chairman of the African community-based foundation, Africa Rising. Mandela was involved in creating the International Day of Happiness at the United Nations. His book, "Going to the Mountain: Life Lessons from my Grandfather, Nelson Mandela," chronicles his life, telling the story of Nelson Mandela from his grandson's perspective. Mandela is presently organizing the 95th Nelson Mandela International Day on July 18, in celebration of his grandfather's birthday.

Principal Jeff Smith felt that one of the most important topics that Mandela discussed was about "dreaming big."

"It reinforced working hard, and continuing to push yourself out of your comfort zone," explained Principal Smith.

Malden Catholic President John Thornburg feels that Nelson and Ndaba Mandela's story is a new level for students, faculty, and staff to aspire for.

"His message about compassion and understanding others fits well with our school mission," noted President Thornburg.

Senior, Jackson Norales, concurs that Mandela's presentation reinforced Malden Catholic's Xaverian values of simplicity, compassion, trust, and zeal. Norales is the secretary of the National Honor Society, and the key spiritual leader of his grade's community service organization.

"When I started at MC, courage was something I



Africa Rising Co-Founder and Chairman Ndaba Mandela explaining to Malden Catholic students what it means to be a civil rights leader.



Yolandy Vargus and Sixtine Masek, Class of 2024 applauding Ndaba Mandela.



Christopher Torres, Class of 2025, extending his arms to recite, "I am a leader. What I can dream, I can achieve."

struggled with -- trust in myself that I could be a leader in this world," revealed Norales, a Malden resident. "Community and group work will lead to the most change."

Mandela's pride in his country, and his grandfather's courageousness resonated with Norales, who enjoyed learning about personal narratives, like attending soccer games.

In addition to service and charity, Norales and senior classmate Sachelle Sterlin agree that coming together as a group is one of the most vital lessons they learned from Mandela's lecture. Sterlin is a member of the African American Policy Forum, which supports human right and the expansion of racial justice and gender equality.

"We did research to promote legislation that improves the conditions in America for black women," described Sterlin, of Malden, about her Young Scholars Program internship. "The message that impacted me the most today was Mr. Mandela's message about youth being the catalyst for social change, and us picking up the movement from the older generations."



Former MC Headmaster Brother Richard Cook (far right) performed the South African and United States nation anthems with his a capella chorus, Blue of a Kind, a Melrose-based band that has been singing together for some 20 years.



Declan Kelly, with Robert Gregory, MC Boys Division Leader, addressing Ndaba Mandela.



Malden Mayor Gary Christensen presenting a citation to Ndaba Mandela in appreciation of his continued mission for social justice and equality.

4 GENERATIONS OF OWNED AND OPERATED BY THE DIGREGORIO FAMILY SINCE 1951

CAR CARE & REPAIR

BROADWAY



MOTOR SERVICE

TOM DIGREGORIO | JOHN DIGREGORIO | PAUL FLORIO



✓ Inspection Station

✓ Auto Repair

✓ Tires

NOW OFFERING CAR DETAILING CALL JOHN

88 BROADWAY, REVERE | (617) 996-8371