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CHELSEA RECORD

YOUR HOMETOWN NEWSPAPER SINCE 1890
VOLUME 121, NO. 7 **THURSDAY, APRIL 15, 2021** 35 CENTS

WELCOME TO CHELSEA



The new Community-Suffolk warehouse will house the former owners of the Boston Market Terminal, but on the Chelsea side of Market Street.

The former Boston Market Terminal (right) was built out in 1967 by Community-Suffolk and the Piazza family. The property sold in 2019 and operations recently ceased there.



The end of an era for Boston Market Terminal, but a new beginning across the street in Chelsea

By Seth Daniel

When Steven Piazza looks over the family business – which had existed at the Boston Market Terminal on Second Street in Everett since 1968 – he sees a bittersweet ending at the old facility, but a bright beginning across Market Street on the Chelsea side of the City Line.

The Boston Market Terminal sold to The Davis Companies in 2019 and has been permitted, with construction starting im-

minently, with the hopes of attracting a last-mile e-commerce tenant rather than the fruit and vegetable distributors that dominated the area for the last 50 years.

Steven Piazza, president and partner of the 80-year-old Community-Suffolk company – which has operated the Terminal since 1967 and had about six or seven tenants when they ceased operations over the last few months – said it isn't the first move the Terminal

has made over the years, and the company is trying to look on the bright side of things as they re-start by themselves.

“Boston Market Terminal was built in 1967 and 1968 and it sells wholesale produce,” he said. “It has been very successful until this past year and we sold to The Davis Companies, which is a first-class development firm,” he said. “There were probably six or seven tenants in the Terminal at the time of the sale, but all of the

businesses have been relocated into Chelsea and Everett, except American Fruit Distributors, who retired. We started in Faneuil Hall and then to D Street in South Boston and then the New England Produce Center in Chelsea. Our business was flourishing in the 1960s and there wasn't enough room at the Produce Center to go around and that's what caused the Boston Market Terminal to be built.”

See BOSTON MARKET Page 2

Council wants to look at Eminent Domain takings

By Seth Daniel

Council President Roy Avellaneda proposed that the City look at a list of vacant parcels and investigate the ability of taking those properties in order to build more affordable home-ownership opportunities.

On Monday night, Avellaneda said he knows the Council and the City have done as much as they can, but he feels like they should take the next step in looking at Eminent Domain takings.

“I think we've done everything possibly allowed to the City Council,” he said. “I would argue that we can never do enough and one way is we could do like the City did years ago and use Eminent Domain and friendly takings. They did that with One North and Chelsea Clock to create economic development. Maybe we should look at other parts of the City...I don't want to sit here and be reactionary to what's going on with private development and

don't want my advocacy to be limited to testifying before the Zoning Board and then letting the market do what it does.”

The idea of Eminent Domain takings is controversial, but it was one used often when Chelsea was climbing out of receivership and beginning to develop thousands of new units in the Everett Avenue area of the city. Now Avellaneda said perhaps bringing that back in the neighborhoods and focusing on vacant lots could be a spark for affordable home ownership opportunities. He said it may or may not be possible, but he would certainly like to investigate the possibility.

That is especially true now due to the program

initiated with the Affordable Housing Trust Fund, whereby that City Board is looking to build affordable housing on City-owned properties.

“I don't take the thought of Eminent Domain takings lightly, but maybe it takes bold, drastic action such as this to create opportunities for our residents,” she said.

Earlier in the meeting, resident and AHTF member Norieliz DeJesus said she supported the idea, and thought it could be a way for her to become a homeowner. While she said her landlord has been wonderful throughout her life in Chelsea, she also would like the stability of being able to own a home in

See COUNCIL Page 2

More critical needs

Council firmly rejects funds for Beautification Plan

By Seth Daniel

The Council voted decidedly against a nearly \$300,000 expenditure that would have funded an extensive Beautification Program concentrated in the downtown areas, noting that there were more critical needs for the money at this time.

The Council voted 2-7 in the defeat, which had been championed for some time by Councillor Naomi Zabot.

“This is something I'm very, very passionate about,” said Zabot. “In terms of the pandemic and the financial situation we're in, we are getting federal funding to fill in those gaps. According to our City Manager we are in a good place financially and the addition of even one more job in the community is helpful to the community...This money would go back to the community and we're cleaning up the streets which has become increasingly harder for the DPW to clean up. It's increasingly hard to keep streets clean and



Councillor Naomi Zabot advocated greatly for a Beautification Program at Monday night's meeting – at a cost of just under \$300,000 – but the matter was defeated 2-7.

some neighborhoods are spotless and other neighborhoods are full of litter.”

Those voting for the plan were Zabot and Yamil Rodriguez. Those voting against were Council President Roy Avellaneda and Councillors Giovanni Recupero, Melinda Vega Maldonado, Leo Robinson, Todd Taylor, Enio Lopez and Calvin Brown. Absent from the vote were Councillors Damali Vidot and Judith Garcia.

The plan, which has been discussed through

See BEAUTIFICATION Page 2

Bongiovanni said there was no 'mistake' made in zoning vote

By Seth Daniel

One week after being taken to task at the Council meeting by Council President Roy Avellaneda on a failed zoning vote, GreenRoots Director Roseann Bongiovanni said her words were twisted and there was no “mistake” made on the vote.

Avellaneda had taken Bongiovanni's advocacy against more dense development in several established neighborhoods to task on April 5, saying that he had helped her find a home with a backyard many years ago – and it was a home few in Chelsea could now afford. He said her advocacy against more development, more affordable home ownership, actually prevented Chelsea families from owning the kind of home she and her children have.

Bongiovanni said her words were twisted, and that Avellaneda just didn't understand the value of even a small patch of open space for parents with children.

“If you don't have experience raising children you probably don't under value any patch of grass,” she said. “Especially in a pandemic if you don't have experience raising children, it becomes a

whole different experience when you're in lockdown with children. They need somewhere to go – even on a tiny patch of grass. For us not to think of the long-term impacts of eliminating backyards and side yards, that's just not right. We have to realize the fact that we're developing our community to the detriment of the health of our community.”

The zoning package presented to the Council in March was lumped together in one big package, which was an issue many have pointed to. While the more controversial zoning density increases drew great attention, less controversial pieces dealing with other matters got voted down as well.

Bongiovanni said that was the “mistake” that was made.

“I feel like the mistake that happened was a procedural matter on the Council's part,” she said. “They lumped all zoning proposals in one package. That was the mistake and not community advocacy against density.”

She added that she believes her words were taken out of context by Avellaneda.

“I think Roy took out of context what I said about

See ZONING Page 2

TRASH NOTICE
Due to Patriot's Day holiday on April 19, trash will be delayed by one day.

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that you need to know, check chelsearecord.com

Northeast Voke students repair car, utilizes project for remote lessons

Staff Report

A vehicle repaired by Northeast Metro Tech’s Auto Body and Automotive Technology programs will now be driven by a local veteran, thanks to a partnership between the District and Second Chance Cars.

The car was presented to Maria Roca, of Haverhill, a 19 year National Guard veteran and single mother of three children, on Tuesday, April 6 at Northeast Metro Tech.

Those in attendance included Roca and her children, administrators, teachers, students, Second Chance Cars Director Dan Holin, Massachusetts National Guard Coordinator Gregory Sacca, students, and Wally Johnston and Jane Hotchkiss of Concord, who donated the vehicle to Second Chance Cars.

“Taking care of three young kids in a small apartment during COVID has been incredibly hard. Then my car stopped working and everything just became a lot harder,” Roca said. “When my support team from the VA and National Guard introduced me to Second Chance Cars I was excited but not sure if it was real. I’m relieved to say that we got a car—my kids are super excited and I can now go shop and get to my medical appointments.”

During the last few months, a small group of students worked with instructors to repair a Ford C-Max hybrid car for Second Chance, an innovative local nonprofit that awards affordable donated cars to working people.

“I couldn’t be happier



From left: Seniors Jason Landaverde Garcia of Chelsea, Daniel Acevedo of Melrose, and Cristofer Davis Romero of Chelsea. (Courtesy Photo Northeast Metro Tech).

to be working with Second Chance Cars,” said Instructor Paul Murphy, who oversaw administrative aspects of the project. “It gives us great satisfaction to know that our students are sharpening their automotive service skills while also contributing to a great cause.”

“It’s always an exciting opportunity for our students to work on a project that gives back to the community, and this has been no exception. We’re thrilled to have had this chance to support Second Chance Cars’ work and for the hands-on and remote learning experience it gave our students,” Superintendent David DiBarri said.

Northeast Metro Tech had begun conversations before the pandemic with Second Chance Cars to have students repair a vehicle during vocational classes.

However, student participation was temporarily delayed because Northeast Metro Tech began the year with a fully remote learning model due to the COVID-19 pandemic. Robert MacGregor, the Department Head of

Collision Repair and Refinishing, instead began repairing the Ford C-Max, which had been rear-ended, creating remote lessons and demonstrations for 16 sophomore students last fall.

“This partnership was particularly special, because not only is this car going to a well-deserving local veteran, but it also helped students learn remotely during the pandemic,” Second Chance Cars Director Holin said. “This has been an incredible collaboration, and we’re thankful to Wally and Jane for their kind donation, Northeast Metro Tech for their partnership in repairing the vehicle, Metro Credit Union for the car loan and LKQ, who donated a replacement rear door as well.”

MacGregor began working on the vehicle in October and finished this December, just before the district began its hybrid learning model, allowing students to provide hands-on help for the final steps of the work.

“The live demonstrations of the repairs I watched helped me to



From left: Sophomore students William Sagastume Gonzalez of Chelsea, Jaiden Diaz of Chelsea, Curtis Belliveau of Winthrop, Matthew McCarthy of Woburn, Andrea Hart of Revere and Nathaniel Oteri of Wakefield. (Courtesy Photo Northeast Metro Tech).

learn and understand the repair process by seeing how it gets done rather than just reading about it,” said Andrea Hart, a sophomore from Revere. “I was able to get a visual of what happens when repairing a car.”

After body repairs were finished, the car was taken to the district’s Auto Technology Department

for mechanical repairs. Automotive Technology Instructor Clune and three senior students then began making those repairs to the car. They finished their work on Jan. 22.

“I’m happy to work with Second Chance Cars and repair the Ford C-Max,” said Cristofer Davis Romero, a senior, from Chelsea. “I learned

how to repair a parking brake line. Also get to help to make sure the vehicle is safe.”

Second Chance Cars is able to operate thanks to the donations of gently used vehicles from the public. To learn more about the nonprofit and the vehicle donation process, visit www.secondchance-cars.org.



Maria Roca, administrators, teachers, students, and representatives from Second Chance Cars, the Massachusetts National Guard, Metro Credit Union gathered on Tuesday as Roca received a car from Second Chance, repaired by Northeast Metro Tech. (Courtesy Photo)

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Chelsea

RECORD

PRESIDENT: Stephen Quigley
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NUMB TO THE NUMBERS

With just about all of the states now reopening their economies, the conventional wisdom among most Americans is that the worst days of the coronavirus are behind us.

Yet the reality is that hundreds of Americans continue to die and tens of thousands more are contracting the disease each and every day.

This past Monday, April 12, for example, the New York Times -- which gets its data from Johns Hopkins University -- reported that 476 Americans died from the virus and that there were 72,286 new cases on that day.

Admittedly, these numbers pale in comparison to the 3000 Americans who were dying and the 300,000 new cases that were being reported each day at the pandemic's height this past winter.

But even these lower daily figures still are huge, rivaling the numbers that were in evidence last spring and summer.

Yet despite the ongoing tragedies of friends and family members across the country who are succumbing to the pandemic, there has been a complacency developing among most Americans about the virus.

To be sure, all of us are suffering from virus fatigue, attributable to the quarantining, restrictions, and omnipresent fear of catching the disease.

In addition, with the vaccine rollout proceeding ahead of projections, most of us believe that the worst is behind us.

And while that may be true, we still have a rough road ahead. With the announcement earlier this week that the one-and-done Johnson & Johnson vaccine is linked to serious side-effects in a tiny number of recipients, the national vaccination program will be facing a slowdown.

More ominously, the so-called United Kingdom variant of the virus now is the dominant case-type in the U.S. -- and that variant has been shown to be 60% more contagious AND 67 percent more deadly.

Even more worrisome, the variants that have been attributable to Brazil and South Africa are thought to be more resistant to vaccine-efficacy AND have been shown to reinfect persons who previously had caught the disease.

The arithmetic is this: More Americans still are dying each and every week from the coronavirus than were killed on 9/11. Let that sink in for a moment.

For those of us who like to compare the fight against COVID-19 to a war, the proper analogy to WWII is this: We may have won the war in Europe (V-E Day was on May 8), but American troops still were fighting and dying in the Pacific in epic battles on Iwo Jima and Okinawa.

To paraphrase Winston Churchill, we are not at the end of this pandemic and, in view of the huge numbers we are seeing nationwide, we may not even be at the beginning of the end.

Although we may be at the end of the beginning, it is premature to let our guard (which is to say, our masks) down.

The reality that we all must acknowledge is this: We still have a long way to go before we can declare victory over COVID-19.

Forum

GUEST OP-ED

Don't let pandemic delay advance care planning

By Catherine Duffy, NP, ACHPN

Note: This article is published in observance of National Healthcare Decisions Day.

Times of our lives may be forever defined as what happened "before the COVID-19 pandemic" and everything after that.

One thing that hasn't changed is the importance of having conversations with your family and health care professionals about your preferences for medical care if you were unable to speak for yourself.

In fact, the pandemic has only highlighted why it's so important. Patients and family members who had advance care planning discussions prior to the pandemic are prepared when faced with a serious illness or medical crisis. They're comfortable shar-

ing these discussions with healthcare professionals, as in, "IF mom gets COVID-19, and IF it is severe, she would/would not want X, Y, or Z."

Unfortunately, few families are that well prepared. Only one-third of U.S. adults have discussed or completed advance directive documents such as a health care proxy, power of attorney, or living will that help guide family members and health care professionals as to what kind of medical treatments you would or would not like to receive if you were unable to speak for yourself.

•Don't wait for a crisis
One of the biggest challenges I've seen during the pandemic is working with families who have not had any in-depth advance care planning discussions. Whether due to

COVID-19 or some other illness, their loved one's health suddenly was declining, and they had not been able to spend much time together because of the pandemic. Perhaps the patient lived in a facility with visitor restrictions or the patient limited visits out of infection concerns. The patient's decline SEEMED sudden to the family, who was not seeing it happen as they normally would over days, weeks, and months. It was hard for them to believe, and thus hard to think in that moment about the crucial need for advance care planning conversations.

Many older adults have vision, hearing, or cognitive deficits and in-depth conversations over the phone or video are difficult. And video chats are not the same as in-person

discussions. The conversation flow is different and there often are technical issues to overcome.

It is never too early to start thinking and talking about your wishes for care if your health status were to change. Choose a health care agent wisely who will be your voice when you cannot speak for yourself and have those important discussions about health care preferences before a crisis occurs.

The COVID-19 pandemic opened a lot of eyes about advance care planning. Giving guidance to your family and friends will help you get the care that you want. Your loved ones can feel confident they are voicing YOUR wishes, not their guesses!

Catherine Duffy, NP, ACHPN, is a palliative care nurse practitioner at Care Dimensions.

GUEST OP-ED

Mask wearing in America

put them on. The business owner has the freedom to require a mask. The airlines have the freedom to require masks. The religious assembly has the freedom to require you to wear a mask. People with whom you socialize may ask that you wear a mask. Of course, you are free to not patronize those businesses, forsake religious assembly and not hang out with certain people.

You are free to go maskless if you want to. However, you aren't free to be in someone else's face without a mask if they don't want you there without one. There are many places where you aren't allowed to smoke. There are some businesses that will not allow your pet. They have the freedom to refuse you service and you have the freedom to

go somewhere else. This is America.

We've all been to the funeral home around sick people. A dear friend of mine eulogized a funeral in late November. Two people were in attendance who had Covid-19. He caught the virus and was dead by mid-December. He spent his last two weeks of life isolated in intensive care. He meant well in trying to help out a family in their time of grief. It cost him his life. He had been very active and healthy.

I've spoken in churches and to groups where people would come up and shake my hand and then say, "Well, I've been sick, but I came anyway." They acted like they should have received a trophy for coming and contaminating everyone. In reality,

their actions were inconsiderate of everyone else's health.

State governments may remove mask mandates. However, keep in mind that business owners still have the right to require masks. Churches still have the right to require masks. You don't have to let anyone in your home without a mask if you choose.

We have freedom in America to make choices - all of us.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

LETTER to the Editor

MAYORS, TOWN MANAGERS URGE BAKER TO GIVE ALL ADULTS VACCINE IN 20 HARDEST-HIT COMMUNITIES

Dear Editor,
We, the undersigned mayors and municipal managers, respectfully urge Governor Baker immediately to allow all distributors of COVID-19 vaccines in the 20 most vulnerable communities in Massachusetts to offer them to all residents over 18 years of age -- or 16 in the case of Pfizer -- without any other restrictions

related to age or medical condition.

Another strategy would be to make all household members immediately eligible for vaccination when any single member of that household is eligible.

Despite initial challenges, the system set up by the Commonwealth has helped us to achieve one of the highest rates of vaccination in the country. We also appreciate that the Administration has specifically designated 20 cities and towns as being at higher risk of COVID, and deserving of additional resources, communication efforts,

and vaccines.

Even with these efforts, we still face challenges achieving an equitable distribution of vaccines. Current estimates indicate 39% of white residents in the Commonwealth have received at least one dose per capita, while only 25% of Black and 18% of Latinx residents have done so.[1]

First dose vaccination rates in the 20 communities designated by the Baker Administration as most vulnerable are running, on average, 15% (for Black residents) and 24% points (for Latinx residents) behind the statewide average for white residents. Of course, we expect that similar trends exist in among low-income populations and populations of color in many of the other cities and towns in the Commonwealth, even beyond the 20 communities designated by the Administration.

Public health data indicates we may be headed into another surge, with higher case rates among younger people (16-39 years old), most of whom

are not now eligible for vaccination under state guidelines and who represent a larger percentage of residents in the 20 municipalities. While younger people have been less likely to suffer serious complications or die from COVID, they are still at risk of serious illness and longer-term consequences. And they can transmit the disease to unvaccinated individuals.

Once again -- as in all previous surges -- infection rates are higher in vulnerable urban communities, where residents are poorer, receive lower pay, frequently face more exposure to conditions that lead to illness, and are more likely to be front line workers who are unable to work from home.

One way to counteract these trends would be to press for a faster and higher rate of vaccination in the 20 most vulnerable communities by making all residents immediately eligible for vaccinations if they are over 18 years of age (or

CHELSEA

RECORD

ESTABLISHED 1890
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GateHouse Media

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SUBSCRIPTION INFORMATION

Chelsea Record is published every Thursday by the Revere-based Independent Newspaper Group. Periodical postage rates paid at Boston, MA. Subscription rates are \$30 per year in Chelsea, and \$60 per year outside the city. The

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USPS NO. 101-680

The Thursday Fortnightly Club hosts fundraiser for Mystic Valley Elder Services' Emergency Closet

More than 75 members of The Thursday Fortnightly Club donated hundreds of needed items to Mystic Valley Elder Services' Emergency Closet and brought the items to the Brookline Bank in Medford Square. The donations were overwhelming and due to the generosity of The Thursday Fortnightly Club members, Mystic Valley Elder Services will be able to stock their Emergency Closet with the necessary items.

The Mystic Valley Elder Services' Emergency Closet provides its care managers who work with low-income older adults and adults living with disabilities a place to access new towels, new sheets, new blankets, toiletries, and large print puzzle books for their consumers who need them. Having these items in the agency immediately available can make a huge difference in someone's life and they depend solely on donations.

The Thursday Fortnightly Club has been supportive of the mission and making contributions to MVES for decades.

If you are interested in helping, you can contact the Mystic Valley Elder Services Development office at development@mves.org.



Judy Lonerган, Chairperson of the Thursday Fortnightly Club of Medford gives Dan O'Leary, CEO of Mystic Valley Elder Services, the checks and gift cards also collected from their St. Patrick's Day fundraiser.

Celebrating 100 years of service to the Medford Community, The Thursday Fortnightly Club is a philanthropic group whose mission is to provide philanthropic help to charities within our community. The women normally gather at five events during the year, with two of these events being their

major fundraisers. The women of the Thursday Fortnightly Club have been gathering and raising money since 1920. If you would like more information on the Thursday Fortnightly Club of Medford, you can visit their website at: www.thursdayfortnightly.org.



Pictured from left to right: Mark from DPW; Joseph Caira, Brookline Bank and Mystic Valley Elder Services Board Member; Steve, DPW; Judy Lonerган, Chairperson of Thursday Fortnightly; volunteers Rosemary Ardagna, Bobbi Johansen, and Tina Caruso all from Thursday Fortnightly; Jenny Vanasse, Development Director and Dan O'Leary, CEO, both of Mystic Valley Elder Services.

LOCAL STUDENTS EARN ACADEMIC HONORS

LOCAL STUDENTS NAMED TO THE DEAN'S LIST AT MCPHS UNIVERSITY

MCPHS University is pleased to announce the students who have been named to the Dean's List for the Fall 2020 semester:

* Moustafa Hussein is a native of Chelsea, and is pursuing a Bachelor of Science in Healthcare Management. Moustafa will graduate from the Boston, Massachusetts campus in 2023.

* Vanessa Villanueva-Cruz is a native of Chelsea, and is pursuing

a Bachelor of Science in Nursing. Vanessa will graduate from the Boston, Massachusetts campus in 2021.

* Sarra Guerfi is a native of Chelsea, and is pursuing a Doctor of Pharmacy. Sarra will graduate from the Boston, Massachusetts campus in 2025.

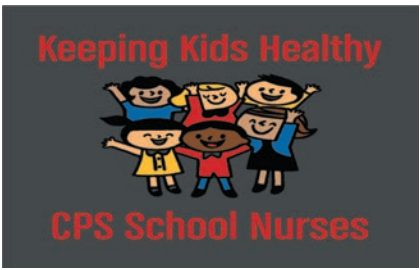
The Dean's List recognizes those students with a full-time course load who have achieved outstanding scholarship with a 3.5 GPA or higher for the academic term.

The mission of MCPHS University is to prepare graduates to advance health and serve communities worldwide through

excellence, innovation, and collaboration in teaching, practice, scholarship, and research. Founded in 1823, MCPHS University is the oldest institution of higher education in the City of Boston. In addition to the original Boston campus, the University has campuses in Worcester, Massachusetts, and Manchester, New Hampshire, as well as robust online learning options. The University currently offers more than 100 unique baccalaureate, masters, and doctoral degree programs and certificates covering a variety of health-related fields and professions.

SEND US YOUR NEWS

The Record encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. Items can also be faxed to 781-485-1403. We also encourage readers to e-mail news releases and photos to stephen.quigley@reverejournal.com



CHELSEA SCHOOL NURSES AND HEALTH STAFF WANT YOU TO BE SAFE

Symptoms	Coronavirus [†] (COVID-19) Symptoms range from mild to severe	Cold General onset of symptoms	Flu Abrupt onset of symptoms	Seasonal Allergies Abrupt onset of symptoms	Asthma Gradual or abrupt onset of symptoms
Length of Symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks	Can start quickly or last for hours or longer
Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)	Common (can be dry or wet/productive)
Wheezing	No	No**	No**	No**	Common
Shortness of Breath	Sometimes	No**	No**	No**	Common
Chest Tightness/pain	Sometimes	No**	No**	No**	Common
Rapid breathing	Sometimes	No**	No**	No**	Common
Sneezing	No	Common	No	Common	No***
Runny or stuffy nose	Rare	Common	Sometimes	Common	No***
Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)	No***
Fever	Common	Short fever period	Common	No	No
Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes	Sometimes
Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)	Rare
Body aches and pains	Sometimes	Common	Common	No	No
Diarrhea, nausea and vomiting	Sometimes	Rare	Sometimes	No	No
Chills	Sometimes	No	Sometimes	No	No
Loss of taste or smell	Sometimes	Rare	Rare	Rare	No

Your symptoms may vary. †Information is still evolving. Many people may not have symptoms. *If your quick-relief medicine is not helping your asthma symptoms, or if you are in the Red Zone on your Asthma Action Plan, call your health care provider or seek medical attention immediately. **Allergies, colds and flus can all trigger asthma which can lead to shortness of breath, chest tightness/pain and rapid breathing. COVID-19 is the only one associated with shortness of breath in its own. ***If you have allergic asthma, you may have symptoms of both asthma and allergies at the same time.

Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention. edited 8/25/20 • aafa.org/covid19

Síntomas	Coronavirus [†] (COVID-19) Los síntomas varían de leves a graves.	Resfriado Inicio gradual de los síntomas	Gripe Inicio abrupto de los síntomas	Alergias temporadas Inicio abrupto de los síntomas	Asma Inicio gradual o abrupto de los síntomas
Duración de los síntomas	7-25 días	Menos de 14 días	7-14 días	Varias semanas	Los síntomas pueden aparecer rápidamente o durar horas o más.*
Tos	Frecuente (normalmente seca)	Frecuente (leve)	Frecuente (normalmente seca)	Raro (normalmente seca a menos que desencadene asma)	Común (puede ser una tos seca o productiva)
Sibilancia	No	No**	No**	No**	Común
Falta de aire	A veces	No**	No**	No**	Común
Dolor/presión en el pecho	A veces	No**	No**	No**	Común
Respiración rápida	A veces	No**	No**	No**	Común
Estornudos	No	Frecuente	No	Frecuente	No***
Congestión o goteo nasal	Raro	Frecuente	A veces	Frecuente	No***
Dolor de garganta	A veces	Frecuente	A veces	A veces (normalmente leve)	No***
Fiebre	Frecuente	Corto período de fiebre	Frecuente	No	No
Fatiga o debilidad	A veces	A veces	Frecuente	A veces	A veces
Dolor de cabeza	A veces	Raro	Frecuente	A veces (relacionado con dolor sinusal)	Raro
Dolor corporal	A veces	Frecuente	Frecuente	No	No
Diarrea, náusea y vómitos	A veces	Raro	A veces	No	No
Escalofríos	A veces	No	A veces	No	No
Pérdida del sentido del gusto u olfato	A veces	Raro	Raro	Raro	No

Sus síntomas pueden variar. †La información sigue evolucionando. Muchas personas pueden contagiarse sin mostrar síntomas. *Si su medicamento de alivio rápido no mejora sus síntomas de asma, o si Ud. está en la Zona Roja en su Plan de Acción para el Asma, llame a su proveedor de atención médica o busque atención médica de inmediato. **Las alergias, los resfriados y la gripe pueden desencadenar asma, lo cual puede provocar falta de aire, dolor o presión en el pecho y respiración rápida. El COVID-19 es la única enfermedad en esta lista que por sí sola puede provocar la falta de aire. ***Si Ud. tiene asma alérgica, puede tener síntomas de asma y alergias a la misma vez.

Fuentes: Asthma & Allergy Foundation of America, World Health Organization, Centers for Disease Control & Prevention. edited 8/25/20 • aafa.org/covid19

SCHOOL UPDATES

DISTRICT UPDATES

•Chelsea Public Schools welcomed back some of it's Pre-K-12 students this week. Thank you to CHS Alum Roberto Soto from Day Twenty-six Events for helping bring that welcome back cheer for our faculty/staff and students at the ELC, Mary C. Burke Complex and Chelsea Opportunity Academy.

•This year has been one of uncertainty, transition, and growth for all of us. As we continue to navigate all of these changes, the need to take time and engage in our own self-care and wellness is even more important. Throughout this Spring, CPS has dedicated the second and fourth Wednesdays as Wellness Wednesdays. From 3-4 p.m. on these Wednesdays, there will be 3-4 different activities led by some of our amazingly talented colleagues to promote wellness, laugh, and build a stronger CPS community. Please take advantage of these opportunities both to engage in your own self-care and to connect/reconnect with other members of the community. Specific details will follow. We look forward to seeing you.

•Burke Complex Principals and Parent Liaisons held informational sessions last week to update parents on reopening measures for students at the complex who are returning next week.

EARLY LEARNING CENTER

•The ELC provided our students with watercolor paints, and Ms. Podol's and Ms. Jenn's students had a lot of fun painting

with their new sets.

•Mrs. Faiella & Miss Maria's class celebrated Fabulous Friday by dressing up in fancy clothes last week. Students also made bubbles out of milk by blowing into a straw and trapping the air inside of the liquid. Many noticed reflections in the bubbles.

BERKOWITZ SCHOOL UPDATES

•The Berkowitz school recently had their third live school wide online assembly. Berky, the school mascot, showed the students ways to cope with anxiety and stress. The principal, Ms. Restrepo, announced the monthly Berkowitz PAW Awards to students who showed our school core values of respect, responsibility, empathy, or determination. Students were also featured in Berkowitz Student Spotlight as they showed their talent by performing music, magic, comedy, and showing their artwork. Students ended the assembly by playing a fun trivia game.

Awardees included: Paw Award – Sofia Turcios Magana; Science Awrds – Kaitlyne Molina Espinosa and Karina Lopez Ayala.

KELLY SCHOOL UPDATES

•A SPECIAL joy came at recess time, when Ms. Campbell and Ms. Phelan's students made history by enjoying the first Kelly School Recess on the new playground. As one student reported afterward, "The playground is A-MAZING!" Thanks to Joe Cooney, Monica Lamboy, and all who have helped shepherd this long-

term project to completion so kids can enjoy a wonderful outdoor play space.

SOKOLOWSKI SCHOOL UPDATES

•Finn the Sokolowski Shark mascot had a busy day April 7 delivering pizzas to two hard-working 4th graders. Geshua and Herbert both worked hard to save their points in order to get Finn's Pizza Delivery. They earned dojo points for demonstrating classroom expectations which are Respecting Yourself, Respecting Others and Respecting the Environment. Each week, Ms. Fairman's students have the opportunity to cash in their points but these kiddos decided to save and get this big prize. Great job Geshua and Herbert.

•With the school being closed for so long and having all our new staff join us remotely, most haven't had a chance to just socialize and get to know each other. To fix that, the SEL Team hosted our Soko Virtual Happy Hour last week. We had so much fun exploring a virtual rooftop bar, sharing stories, getting to know one another, and enjoying some snacks and drinks provided by the SEL team. Shout out to the SEL team for putting our goodie bags together and making sure everyone received one, even if that meant home deliveries.

•Students and teachers just attended a schoolwide virtual field trip. During the trip to the orchestra, students watched The Boston Symphony Orchestra present this year's youth concert. A schoolwide musical celebration

was the perfect way to end our last day of full remote learning and reopen our school. A big shout-out to Ms. Wivchar for making this happen.

CHELSEA HIGH SCHOOL

•Chelsea Wellness Campaign - Teen Action Project, a paid internship sponsored by Healthy Chelsea, is a youth group focused on prevention. The group is made up of high school students working and partnering with other youth groups in the community, including Youth Food Movement and La Colaborativa Mental Health Awareness Internship. Together, they have been working on a project that focuses on increasing mental health awareness. The goal is to share stories, inspire, and lead others on taking steps to prioritizing mental wellness. Now they are excited to launch a social marketing campaign and invite the whole community to join in and supporting them.

A special thank you to our adult advisors: Yasmine Hung, Missy Valentin, Collin Macgowan, Tania Baez, Kendra Dawsey, Madina Hassan, Romie Williams, and Juliana Ison.

Follow them on Instagram: @chelsea.wellness

For additional information, contact: Yasmine Hung, Youth Prevention Coordinator, yhung1@mgh.harvard.edu

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ELC BACK IN PERSON - Rudy Medina was back at the Early Learning Center last week doing Pre-Kindergarten learning in person with many of his classmates. Many students returned to in-person learning for the first time since March 2020 – and for the youngest learners like Medina, came to school for the first time ever after a near-full year of online learning.

ing, Latinas/os/xs, or Hispanic high schoolers from Somerville and Chelsea. March and April information sessions. Starts in April. Learn more and apply at hmsc.harvard.edu/hear.

CHELSEA OPPORTUNITY ACADEMY UPDATES

•The Chelsea Opportunity Academy welcomed students and staff back and had a great ReOpening week last week. Students worked hard, attended classes, and got

to do some fun afternoon activities including painting, charades, and a soccer shootout. The Chelsea Opportunity Academy staff is so proud of the students as they work to balance work, school, and family life as they come back from remote learning. The Chelsea Opportunity Academy administration is so thankful and proud of the COA teaching and support staff team as they have worked so hard to bring students back comfortably and safely.

RMV implementing grace period for certain expired inspection stickers

Due to the nationwide system outage of motor vehicle inspection services by its vendor Applus Technologies (Applus) impacting inspection stations and motor vehicle owners, the Massachusetts Registry of Motor Vehicles (RMV) is allowing a grace period for specific motor vehicle inspection requirements outlined below. The RMV is working in close partnership with the Executive Office of Public Safety and Security (EOPSS), the Massachusetts Chiefs of Police Association (MCPA), the Massachusetts State Police (MSP) and other stakeholders to mitigate the impacts of the outage.

The RMV continues to urge Applus to safely and swiftly restore services and provide additional information on the extent of the outage's impact, which began on Tuesday, March 30. The three-phase process required to return the MA Vehicle Check program to full service that is secure and safe has been in progress. These phases are 1) Remediation (completed), 2) Restoration and System Testing (current phase), and 3) Go-Live and Post-Go-Live Support. The restoration phase, which is the current phase, involves a deliber-

ate and methodical resetting of Applus Technologies' IT environment and will take some time to restore the safety and emissions stations to testing capabilities fully. Based on recent conversations, inspections were not performed Monday, April 5, Tuesday, April 6, Wednesday, April 7, Thursday, April 8, or Friday, April 9. "The RMV shares the frustrations and disappointment with the tremendous inconvenience Applus's outage is causing and recognizes the significant impacts on customers and business owners across the Commonwealth," said Acting Registrar of Motor Vehicles Colleen Ogilvie. "The RMV remains committed to its efforts to ensure Applus makes Massachusetts a priority in quickly and safely returning the inspection program to operation."

The RMV is allowing a grace period for certain expired motor vehicle inspections. The RMV has advised law enforcement that compliance with the safety/emissions inspection requirement has not been possible since March 30, in light of the outage caused by the malware attack against Applus.

• Motor vehicles with expired inspection stickers from March 2021 ("3" sticker on windshield) should be granted until April 30, 2021, to obtain an inspection.

• Vehicles newly purchased or registered on or after Tuesday, March 23, 2021, should be granted until April 30, 2021, to obtain an inspection. Newly purchased vehicles must typically be inspected within seven (7) days of registration.

• Customers who recently had an inspection rejection and are in the 60-day free retest window will be afforded one extra day for each day Applus's system remains unavailable but should plan to facilitate their inspection as soon as possible once the system is restored and stations are online.

The RMV is taking these and other steps to mitigate the impacts of Applus's outage. Additionally, the RMV, in partnership with the Department of Environmental Protection, has formally notified Applus that it is in breach of its contract and is exploring all possible remedial measures pursuant to the terms of the contract as Applus works to restore service as expeditiously as possible.

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PEOPLE OF CHELSEA

Lee Farrington

(The following is one in a series of sneak peeks at the upcoming People of Chelsea additions by Photographer Darlene DeVita. The new work will ultimately appear on the fence of the Chelsea Public Library (CPL) this fall in a collaboration between the People of Chelsea project and the CPL.)

By Darlene DeVita

Lee Farrington was in her mid-50s and was finally able to buy a place to live. She says that she always had a soft spot for Chelsea because she had interned here as a social worker.

“I did a lot of home visits and developed a deep respect for Chelsea’s working families and people from so many different countries that lived here. I always had it in the back of my mind to live in Chelsea. But there was always that bridge. And as a social worker, I always felt I needed to be centrally located because your constantly moving around. The bridge and the traffic jams stopped me.

But, when I was ready to move, my choice came down to Framingham or Chelsea. It took me 10 seconds to make that

choice...I always knew that Chelsea would be very special. I moved into the historic Pratt School-house in Prattville.

I became fascinated with this idea that there were slaves in colonial New England in Chelsea. I had no idea. I thought we were the good guys; the abolitionists, and that the South was outrageous.

I began learning about Chelsea’s history. One of the first things I picked up was an old photograph of the last Pratt [family] house... unfortunately torn down in the early fifties. There was a shed next to it. The shed was in the forefront, and there was a little notation that the shed might have been where slaves were housed. That was really interesting to me. Then I began reading. I was lucky enough to pick up probably one of the last copies of the Cary Letters. They were put together, by a great-niece or granddaughter, or some relative, of the Cary family in the 1880s. She put together letters and oral history; it was a fascinating book. Once I got used to the old use of language, it was like reading a novel. There was a fair amount of information about a slave that lived most of her life with a family, Fanny Fair-

weather.

I found that she was buried in the Rumney Marsh burial ground. On my bucket list was always to go there. Now in this pandemic where we do more outdoor activities, I made my way there. I couldn’t find a gravestone for her, but I did find, much to my surprise, a Memorial to all the slaves and unmarked graves who were buried there. The Pratt name stood out. And I think that Cheever was part of them. We have a Cheever St. here, and Rumney Marsh was part of Chelsea. So were these were slaves who lived and enslaved in Chelsea.

Fanny’s isn’t listed among the slaves for some odd reason. I think she might’ve been one of the few enslaved people there, if perhaps the only one who had a tombstone. A couple of sources have said there was an epitaph saying she was of African descent, and it listed her approximate date of birth and death. Her tombstone is no longer there and will probably never be found. It was noted as being present in 1938, but no one knows what happened to it. It’s very sad.

They did a wonderful job of restoring the cemetery physically, and they



also continue to involve schoolchildren in it. They continue to have online tours on a regular basis of

the cemetery. They work hard to make it part of the community. There’s much to be admired for the work

of a few volunteers and their dedication, because it’s a real treasure.”

EBNHC to receive \$14.7 million in American Rescue Plan funding

By John Lynds

U.S. Congresswoman Ayanna Pressley announced last week that East Boston Neighborhood Health Center (EBNHC) could receive up to \$14.7 in grant money through the American Rescue Plan.

EBNHC has been serving patients from Eastie, Chelsea, Revere, Winthrop and the South End throughout the pandemic with increased testing and vaccination programs.

Pressley said EBNHC will join 12 other Community Health Centers in her 7th Congressional District in sharing a total of \$56,833,875 in American Rescue Plan funds.

Once all the details are ironed out EBNHC can use the funds to expand their COVID-19 vaccination and treatment services. The resources are

part of the American Rescue Plan’s investments to expand access to vaccines in historically underserved communities.

“Throughout this pandemic and well before it, our Community Health Centers (CHC) have served as a critical lifeline for our most vulnerable communities in the Massachusetts 7th and all across the Commonwealth, providing life-saving and patient-centered resources to our children, people experiencing homelessness, immigrant families and veterans,” said Pressley. “With our vaccination efforts underway, this new funding through the American Rescue Plan will go a long way toward helping our CHCs—which play a central role in working towards equitable vaccine distribution — continue their important work.”

EBNHC can use the funding to expand COVID-19 vaccinations, testing and treatment for vulnerable populations; deliver preventive and primary health care services to people at higher risk for COVID-19; and expand health centers’ operational capacity during the pandemic and beyond, including modifying and improving physical infrastructure and adding mobile units.

Pressley said she has been a steadfast champion for community-based health care programs throughout her time in Congress. She is an active member of the Congressional Community Health Centers Caucus and has advocated for increased resources for Community Health Centers before and during the COVID-19 pandemic.

Letter / Continued from page 4

16 for Pfizer).

Since these communities also contain many inter-generational households and still face relatively high infection rates, another strategy would be to make all household members eligible for vaccination if any single member of the household qualifies. Getting as many people as possible vaccinated as soon as possible is imperative to protect our residents.

We recognize that all age groups are expected to be eligible on April 19. However, we also recognize that on that date, millions of residents from throughout the Commonwealth will become eligible, forcing the more vulnerable residents of high-impact communities to compete for a limited number of appointments even as the supply of vaccines grows. Giving the lower-income and more vulnerable residents of these 20 cities and towns a head start would help to ensure earlier access

and a faster rate of vaccine uptake in communities that have already suffered an unconscionable rate of illness and loss. Even after April 19, it will be important to focus efforts on vaccinating groups at higher risk of infection, including lower-income populations and people of color, not only in the 20 communities, but broadly throughout the Commonwealth.

Already more than 40 states across America have expanded vaccine eligibility to all residents over the age of 16 or those in specific locations. Our neighboring state of Rhode Island, which continues to implement age restrictions in most of the state, eliminated age restrictions in more vulnerable postal codes weeks ago. Massachusetts should do the same in the 20 cities and towns the Administration has already designed as the most severely at risk. We feel this would help to accomplish a key Administration goal, which

we all share: to ensure that all residents of the Commonwealth, regardless of race, income, or resources, have an equal opportunity to get vaccinated at the soonest possible time.

Robert Sullivan,
Mayor of Brockton
Thomas Ambrosino,
City Manager of Chelsea
Carlo DeMaria,
Mayor of Everett
Yvonne Spicer,
Mayor of Framingham
James Fiorentini,
Mayor of Haverhill
Eileen Donoghue,
City Manager, Lowell
Thomas McGee,
Mayor of Lynn
Gary Christenson,
Mayor of Malden
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Deadline for entries will be Friday, April 30th.

Entries will be published in the May 5th, & 6th issues of the Revere Journal, Chelsea Record, Everett Independent, East Boston Times, Winthrop Sun Transcript, The Lynn Journal & The Charlestown Patriot Bridge

FRESH AND LOCAL

Stew always tastes better after a rest

By Penny & Ed Cherubino

Have you ever noticed that the stew you made over the weekend tastes much better as a Monday leftover? That may be, in part, because you didn't have to cook after a busy day, but it is also because a stew, in our opinion, is one of those dishes that is at its best after it has had a rest.

For us, the same is true of chili, braised meat, and some soups. This recommendation, like so many in the food world, has its friends and foes. After extensive testing, The Serious Eats Food Lab concluded that with these foods, it really doesn't make a difference and told readers to do whatever they wanted, rest or don't rest.

The popular no-knead bread dough recipes call on long, slow, cool fermentation to improve the flavor, texture, and some say the bread's digestibility. It also allows the baker more flexibility about when they want to bake a

loaf.

A Must for Chowder

In his book, "50 Chowders One Pot Meals, Clam, Corn & Beyond," Boston Chef Jasper White recommends the step of letting a chowder rest or "cure," as New Englanders call it. He writes, "Do not underestimate the importance of this process. It is during the resting and cooling-off period that chowder undergoes a metamorphosis, emerging with a deeper flavor and richer texture."

We find this is also true of other soups. We make a variety of soups that are combinations of vegetables with a sausage. After a day in the refrigerator, a sausage like kielbasa or chorizo will have shared its seasoning with the rest of the soup to a greater degree than when first cooked.

Short Naps

Rest time may be short or long. If you've grilled a steak, you may have learned to cover it with

foil and let it rest for five to ten minutes to allow the heat in the meat to finish cooking and for the juices to redistribute. That time will extend to 20 to 30 minutes for a large roast.

When we make quick pickles, salad dressings, or herb and yogurt sauces like riata or tzatziki, we'll make those first as we begin to cook, so they have some time for the herbs and seasonings to infuse into the liquids.

In baking, the rest times are often for totally different reasons. Cookie and pastry dough call for a time out in the refrigerator to allow the flour to be completely hydrated by the wet ingredients and let the fat, be it butter or lard, reharden for a tender or flaky result.

Food Safety First

While telling you to let your chowder cure, Chef White, a long-time restaurateur, addresses the food safety aspect of allowing food to rest. He says, "A 1-hour resting will im-



This Rhode Island clam chowder is a dish that benefits from a rest or, as Jasper White calls it, "time to cure."

prove your chowder immensely, and refrigerating overnight or longer is even better! If you decide to refrigerate your chowder, let it cool at room temperature for 30 minutes, then place it in the refrigerator uncovered. Covering can prolong the cooling process,

resulting in a warm center that is ideal for bacterial growth. Bacteria ruins the flavor and shortens the shelf life of food. Cover the chowder only after it has chilled completely."

We would add that you should always use a food thermometer to ensure that

your resting food stays out of the danger zone of 40°F to 140°F, where bacteria proliferate.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

MBTA updates programs including Five-day Flex Pass on mTicket

The MBTA this week announced updates to current fare pilots that include an extension of the Five-day Flex Pass on mTicket, as well as upcoming fare change proposals that include improvements to the Youth Pass and converting all Outer Express Bus Routes to Inner Express Bus fares. These changes help to improve reduced fare programs and simplify complex fares for both customers and operations.

"We're pleased to temporarily extend the avail-

ability of the Five-day Flex Pass, which has been a popular fare option for our Commuter Rail riders as travel patterns have adjusted and evolved during the pandemic," said MBTA General Manager Steve Poftak. "We're also excited about our upcoming fare proposals that make improvements to the Youth Pass and Express Bus Route fares. If approved by the FMCB next month, these proposals – converting all Outer Express Bus Routes to the

lower Inner Express Bus fare, and providing Youth Pass users with reduced fares on Commuter Rail, Express Bus, and ferries – will allow the MBTA to continue to meet the needs of riders through incremental fare improvements that matter now more than ever as we enter the 'new normal'."

Fare Pilot Updates

MBTA staff announced that the Five-day Flex Pass will be extended, the Lynn Zone 1A Fare Pilot will end on June 30, as

previously planned, and Quincy Center Station's Zone 1A fare designation will end June 30:

- Five-day Flex Pass: An attractive option for riders with in-person work schedules limited by the pandemic, the Five-day Flex Pass has continued to serve Commuter Rail riders with over 5,600 passes sold through March 2021. The Five-day Flex Pass will continue to be available on mTicket for 90 days following the end of the Commonwealth's state of emergency.
- Lynn Zone 1A Fare Pilot: Zone 1A fares were piloted in Lynn to relieve crowding on nearby buses and improve social distancing and safety during the COVID-19 pandemic. Based on ridership data and surveys of Lynn riders, it was found that the Lynn Zone 1A Fare Pilot has not reduced crowding on nearby bus routes. As a result, this fare pilot will end June 30, as previously announced with Lynn Station returning to a Zone 2 fare beginning July 1.
- Quincy Center Zone 1A mitigation: Zone 1A fares were temporarily accepted at Quincy Center Station in order to mitigate Red Line service impacts during both the closure of Wollaston Station and North Quincy Garage Development construction. Wollaston was

reopened in August 2019, surface parking currently provides sufficient access to North Quincy, and the North Quincy Garage is anticipated to open later in 2021. As a result, Quincy Center Station's Zone 1A fare designation will end June 30, 2021, with Quincy Center returning to a Zone 1 fare beginning July 1.

Proposed Fare Changes

MBTA Fare Transformation staff today presented two fare change proposals to be voted on by the Fiscal and Management Control Board (FMCB) on May 10, 2021, that aim to benefit nearly 2,200 current Youth Pass participants (about 4,600 pre-pandemic) and to simplify Express Bus fares:

- The Youth Pass Program is a partnership between the MBTA and participating cities and towns that offers young adults with low incomes roughly 50-percent reduced one-way fares or \$30 monthly LinkPasses on the bus and subway. MBTA staff have proposed that the Youth Pass also be valid for reduced fares on Commuter Rail, Express Bus, and ferries. Youth Pass holders are already able to purchase half-price Commuter Rail tickets through a reduced fare pilot that ends on June 30. This proposed fare change, if

approved by the FMCB, would make the Youth Pass Commuter Rail pilot a permanent policy and also provide reduced Express Bus and ferry fares effective July 1, 2021.

- MBTA staff also proposed converting all Outer Express Bus Routes (\$5.25 per trip) to Inner Bus fares (\$4.25 per trip) effective July 1. Maintaining a separate fare for a small number of Outer Express Bus Routes has become unnecessarily complicated for riders and bus operators. Due to service changes as a result of the pandemic, the MBTA is currently operating only a single Outer Express route (352/354), which is most recently serving about 100 Outer Express rides per day. The route also serves an Inner Express stop and requires a complicated procedure to avoid overcharging customers. As a result, if approved by the FMCB in May, the MBTA has proposed converting fares for Express Route 352/354 as well as any future Express Bus Routes to the Inner Express fare of \$4.25 beginning July 1.

The public is able to comment on these proposed changes at mbta.com/2021FareChanges. The Title VI analysis will be shared with FMCB and posted to mbta.com by April 26.

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The LAUGHTER begins at 6:00 when you walk thru the door at Giggles Comedy Club in Saugus. Your evening will include all-you-can-eat pizza dinner, cash bar, exciting and prized raffles, and the comedy of **Lenny Clarke** and many more!

Mystic Valley Elder Services

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Flawed COVID-19 study may be putting school workers and students at risk

Special to the Record

On April 2, members of the Massachusetts Coalition for Occupational Safety and Health’s (MassCOSH) Health Technical Committee had a letter to the editor published in the Clinical Infectious Diseases journal that rebutted findings of a study published by the journal that played a role in the Centers for Disease Control and Prevention

(CDC) changing its social distancing guidelines in public schools from 6 feet to 3 feet. The guidelines are being adopted by districts nationwide. The letter questions the methods conducted in the journal article, Effectiveness of three versus six feet of physical distancing for controlling spread of COVID-19 among primary and secondary students and staff: A retrospective, state-wide cohort

study. Authors of that article only looked at the written plans for distancing, not the actual implementation of those plans. They excluded all schools that were remote during the study period, which were most of the major cities in Massachusetts. They did include schools that were open just 5 percent of the time, which may have been much more influential on COVID-19 risk than their written distancing plans.

The Department of Elementary and Secondary Education in Massachusetts (DESE) has used this flawed study to require that schools open for full, in-person learning across the Commonwealth. The result is classrooms filled to a much higher capacity than what may be safe. Last week, even before students returned to the classroom at higher numbers, Massachusetts saw the most COVID-19 cases in schools yet, a combined 1,045 infections between students and staff. “It is critical that decisions about the return to in-person learning be based in science,” said

Jodi Sugerman-Brozan, MassCOSH Executive Director. “Unfortunately, a problematic study riddled with flaws, conducted right here in Massachusetts, has led to what is likely a dangerously high number of students returning to classrooms across the country at a time when cases are on the rise.” The return to full-in-person learning in the Commonwealth comes shortly on the heels of a DESE decision to remove all capacity limits on school buses in Massachusetts. To justify this decision, DESE claims that two things make social distancing unnecessary: the effectiveness of masks and

the high ventilation rates on a school bus. Neither the CDC nor any other leading public or occupational health experts support DESE’s position that masks or ventilation make social distancing unnecessary. Bus drivers have already been hit hard by the pandemic. In Boston, two active school bus drivers and a bus manager died of COVID-19 in April 2020. A recent study of COVID-19 deaths among Massachusetts workers found that, from March to July of last year, transportation workers lost their lives to COVID-19 at twice the rate of the average worker.

CITY PAWS

Shed those extra pandemic pounds by taking longer walks this spring

By Penny & Ed Cherubino

Many people are talking about the weight they gained over the past year. Some call it “COVID curves” or the “Quarantine 15.” It might surprise you to learn that the website Daily Paws reported that a survey in December found, “... one-third of pet owners report that their animals have gained weight during the pandemic.” The good news is that you and your pets can make losing the extra pounds a joint effort.



Both you and your dog can shed those pandemic pounds by summer with small changes, like regular weigh-ins and longer walks. (Photo by Stephen Goldberg)

Starting Point

Any major change in your routine diet and exercise, the two elements of weight loss for both humans and animals, should begin by checking in with your doctor and veterinarian. In both cases you should discuss an ideal weight goal that takes into account age and any medical conditions.

Measure and Record

You can schedule reminders for regular weight checks for the entire team and shop for any supplies you might need to reach your goals. This might include better walking or hiking shoes for the humans, more active toys for cats, a long training-leash that would let dogs run in large circles in a safe place like a beach or field, more appropriate food, and healthier snacks for everyone.

Anyone who took up baking during the pandemic may have learned the value of weighing ingredients instead of just measuring them. If you don’t have a kitchen scale, this may be an essential weight loss purchase.

We’ve weighed our Poppy’s food since she was a puppy and, as a result, she has maintained her weight at a healthy level for eight years. Ed weighs her and himself every Thursday. That helps both of them stay fit.

You should also measure out any treats. Per-

haps set up a treat jar or container that everyone knows is the pet’s daily limit. This can help get the whole family onboard for control of treat distribution.

Plan Treats

Snacks and treats add pounds quickly. First think about size. You can break up larger treats if they happen to be a favorite or switch to smaller ones. We use tiny oatmeal and fruit dog treats that are less than an inch long and very skinny. They also provide food value with very simple human food ingredients.

You can also prepare a daily supply of snacks that you and your dog can share. One of our dog’s loved carrots and was just as happy gnawing at one as she was scarfing a dog biscuit. Hard boiled eggs can be cut up and will be a nice high protein treat for dogs or cats.

You can also make home-made treats. We suggest ones based on oatmeal and yogurt which are both okay for feline or canine pals. There are plenty of recipes on the web.

Exercise More


Adding more exercise and playtime for your dog or cat will naturally add more calorie burn to their day. This is an area where you have to start slowly and work up to a higher level of exercise, a bit

more each week. While weekends would seem to be the perfect time to go all out, you might find you or your furry friend limping and exhausted by Monday.

One added benefit to increased movement is that you and your animals might sleep better.

We’ve all heard the old adage that a tired dog is a good dog. The same is true for cats. You might even find yourself in a better mood and ready for sleep after you have enjoyed an evening stroll with your dog or some quality playtime with your cat.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.



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GUTTER & YARD CLEAN UP

OBITUARIES

Mamie Lee Dell Marshall Bridges

Born on a glorious Leap Year Day, February 29, 1924

Mamie Lee Dell Marshall was born to O.B. and Annie Marshall in Dawson, Terrell County, Georgia. She was their ninth child of twelve and quickly became a favorite because of her sincere smile and ever pleasant personality.

At an early age, she came to know and love the Lord and was baptized at Rose Hill Baptist church along with her siblings. She so enjoyed going to church, and reading her Bible on a daily basis a practice that she maintained throughout her life, especially when she couldn't physically attend church. Like so many the rest of her siblings, she went to school, played with them and worked in the fields to help her family.

Her life changed when she met her forever love Jim B. Bridges. They married and remained as each other's best friend and cheerleader for 61 years until his death in November, 2011.

Early in their marriage, they migrated north to Chelsea where they resided and built their life together. Raised in a large family in the rural south, post depression, she learned to share, to love fully and unconditionally, to bring her best to the Lord and to share her beliefs in her own quiet way. She graciously opened the doors of her home to family members who needed a place to call home temporarily.

As we look back over the years, so many family members' first address up north was in the "c/o Mrs. Mamie Bridges." Always a pleasant easy going spirit, she kept a clean home, grew her green plants indoors and enjoyed her reputation as a good cook - she really "put her foot in some of everything." Had she lived in another time, you might have thought she was a numerologist because she had a thing for numbers, loved to take pictures, the one-use camera was her friend and for

a time she was a bowler.

Over the years, she became a true Red Sox fan, but of all the things she enjoyed, her daytime soap operas were her "musts" - and her day was structured to ensure she didn't miss very many episodes.

Aunt Mamie could always be counted on to call her nieces and nephews, brothers and sisters, other family and friends to keep up with news in their lives and to check on their wellbeing. And she always sent cards; she was a one-woman greeting card promoter, celebrating family and friends on their birthdays, at Easter, Mother's Day, Father's Day, Thanksgiving and Christmas.

Although seemingly limited in her means, she gave generously as though she was the only Santa Claus anyone might ever know. On Christmas morning, all the gifts would be bagged up for distributing and though she loved to see the Christmas joy, she loved even more that you opened your gifts at your house.

She was a good employee whenever and wherever she worked. She was a long term employee of Morse Shoe in Canton, working as an Assembler alongside niece Eula Ballon. And she believed in being on time even though they needed to take multiple buses and trains to get there on time. Upon her retirement, with over 30 years of service, she received numerous accolades for her personality, her work ethic and loyalty to the company.

In her retirement, she enjoyed riding around with her sister and niece, shopping, attending church and people watching. As a member of Emmanuel Baptist church, she could be seen entering church with her sister, Louise Robinson and niece, Rena Wilkerson as often as their health would allow. Having accepted Christ early in life, she was a daily Bible reader, switching to the large-

print edition favored by the seasoned saints.

With her husband's passing and as her health declined, her nephew and niece, Terry and Paula Robinson stepped in to make sure she got to her appointments, did her grocery shopping, banking and other errands as needed. Paula spent many days being her companion as she watched her favorite soap operas and especially when she met with her health care professionals and others. Aunt Mamie came to rely on the two of them to make things happen on her behalf, even to the point of looking for Terry to just take her home from the hospital without being discharged. Nephew Mikey Lopez filled in for other special assignments that also made her happy on a daily basis.

Predeceasing her were her parents and her husband, her siblings Ulysses Dublin, Walter Marshall, John D Marshall, Milton Marshall, Ed Lee Marshall, Mattie Taylor, Ida Mae Marshall, Eddie "Dune" Marshall, Josephine Daniels and Eutha Mae Robinson. Also left to cherish her memories are her Best Friend Forever and sister, Louise Robinson of Chelsea; her sisters in law, Minnie Lee Marshall of Georgia and Lois Crumbley of Illinois.

Though she had no biological children, she was mother, second mother and one of the best aunts to her many nieces and nephews left to mourn her passing who do rejoice in her transition including: Tom Dublin (Renee), Charlie Floyd, Evelyn Hicks, Carolyn Marshall, Barbara Marshall, Ed Marshall (Archie Dean), Eula Balloon (James), Ulysses Dublin, Gwendolyn Greene, Eddie Marshall (Rose), Theresa Edwards, Evelyn Decker, Walter Bonner, Jr., Ronnie Bonner (Corendis), Bonita Bonner, Caroline Bonner, Eddie Mae Marshall, Pat Marshall, James I Robinson, Mamie Robinson-Lopez (Mi-

chael), Terry Robinson, Jacqueline Perry, Margaret Robinson Williams, John Wesley Marshall, Dwayne Marshall, Douglas Marshall. Sheila Jackson (Calvin) and Joseph Darren. In addition, Shannon Marshall, Winifred Marshall, Reginal Wilkerson (Marisol), Tracey Balloon Trotman, (Reese) Chelsea Cofer, Sabriya Dublin, Autumn Lopez, Dyana Langley Robinson (Jeff), Alissia Cofer, Amber Lopez, Chantalle Robinson, Shana Cofer, James Corey Robinson, Jaime Robinson, Mikey Lopez, Chandra Robinson (Godchild), Amanda Robinson, Reginald Wilkerson II, Demetreus Wilkerson, Manny Wilkerson, Derrick Miller, Bryanna Fraser - Wilkerson, Chris Marshall, Alexxa Wilkerson, Nita Walton, N'Dea Jackson, C'Dne Jackson, Kai Jackson, Brittany Marshall, Christopher Marshall, Aaliyah Trotman, Khalil Washington, Robinson Cofer, Avi Chornock, Cherai Reese, Jamaurie Brown, Chyle Rivera, Patrick Robinson, Jaelyn Lopez, Antonio Sao, Jeilani Lopez, Orlando Lopez, Omari Lopez, Z'Andra Lopez, Michael Brown III, Mason Wilkerson, Madison Wilkerson, Zenaya Wilkerson, Albert Cofer, Melvin Ford (KB) and Rev Dr Lorraine Brown Cross.

Visitation wase held in the Emmanuel Baptist Church, 20 Hillside Avenue, Malden on Wednesday, April 14 and services concluded with interment at Holy Cross Cemetery, Malden.

Livestreaming available on the Emmanuel Baptist Church Facebook page.

Those wishing to leave a message of condolence to Mamie's family may visit www.smithfuneralhomes.com

Funeral arrangements were under the direction of the Smith Family Funeral Homes, Chelsea and Malden.

Maria Perez

Of Chelsea, formerly of Puerto Rico



Maria Perez of Chelsea, formerly of Camuy, Puerto Rico, died on April 7.

She was the devoted wife of the late Confesor Bosque; beloved mother of Mildred Ferrer and her husband, Carlos of Tewksbury, Roberto Bosque and his wife, Nancy of Lake Mary, Florida and Angel Bosque and his wife, Carrie of Malden; sister of Hortencia Hernandez and Rosa Maria Perez, both of Puerto Rico, Aurea Mendoza of Chicago, Manuel Perez, Carmen Perez, Aida Iris Perez, Rafael Perez, Gilberto Perez and Ada Perez, all of Puerto Rico and the late Dionicio Perez; cherished grandmother of Elena, Laura and Cristina Ferrer, Cecila Arce and Angela, Nicholas and Johnathan Bosque. She is

also lovingly survived by her great grandchildren Selena Ferrer, Daniel and Andres Figueroa, Archer Mesquita, Antonio and Jullian Arce and Maverick Bosque as well as by many nieces and nephews.

A Funeral Mass was celebrated in St. Rose Church, Chelsea on Monday, April 12 followed by interment at Woodlawn Cemetery, Everett.

To send a message of condolence to Maria's family, please visit www.smithfuneralhomes.com

Norma Davis

She had an unbreakable faith and devotion to God and her life's purpose was giving back to those in need

Norma (Sasso) Davis, a lifelong resident of Revere, passed away surrounded by her loving family on April 10 at the age of 89.

Born in Revere on November 8, 1931 to the late Peter and Sophie (DeMatteis), she was the beloved wife of the late Richard Davis, devoted mother of Elaine Moschella of Revere, Stephen Davis and his wife, Denise of Ohio and Nancy Maniscalco and her husband, John of Revere. She was the cherished grandmother of nine, adored great grandmother of four, dear sister of Robert Sasso, Edward Sasso and Elaine Marino, all of Revere, and was preceded in death by Lucy Savastano, Thelma Manz and Jean Sasso. She is also survived by many loving nieces and nephews.

Norma had a passion for cooking since a very young age and was happiest when serving her famous recipes to family and friends. In addition to cooking, some of Norma's pleasures included traveling, playing scrabble and cards with friends, watching Jeopardy, volunteering at the historical society, and playing in a bocce league. Norma took pride in making everyone feel welcome in her home. She adored caring for not only her own grandchildren, but many of their friends who adopted her as their grandmother as well. Norma had an unbreak-



able faith and devotion to God. Giving back to those in need was Norma's life purpose. Her generosity is well known by anyone who has met her and she held a special place in her heart for the many foundations to which she contributed.

A visitation was held at the Paul Buonfiglio & Sons-Bruno Funeral Home 128 Revere St., Revere on Wednesday, April 14. Relatives and friends are kindly invited to a Funeral Mass at St. Anthony's Church in Revere today, Thursday, April 15 at 10 a.m. (Everyone meet directly at church). Masks and social distancing are required. Interment will be in Woodlawn Cemetery.

In lieu of flowers, donations can be made in Norma's name to the Reid Landry Garrant Foundation, RLG Foundation in care of Paula Garrant, 20 Berry St, Unit 2110, North Andover, MA 01845 or at reidsrebels.com. For guest book please visit www.buonfiglio.com

Ralph Kalil

Late member of the Cary Square Associates

Ralph Kalil of Chelsea died on April 2.

A late member of the Cary Square Associates, he was the devoted husband of the late Marilyn Kalil, father of John Kalil and his wife, Lynn of Nashua, NH and Kim Torres and her husband, Edward of Revere, beloved brother of Donna McNeil and her husband, William of Chelsea, Patricia Fisher and Barbara Ashworth and her husband, Thomas, all of Florida and the late Edward Kalil and Lorretta Curran. He is also lovingly survived by many grandchildren and great grandchildren as well as many nieces and nephews.

A Celebration of Life was held in the Smith Funeral Home, Chelsea on



Tuesday, April 13. Committal Services are private. In lieu of flowers, the family suggests that memorial contributions be made to the American Cancer Society.

To send a message of condolence to Ralph's family, please visit www.smithfuneralhomes.com

Harvey Chatis

Automotive and real estate business owner

Harvey Chatis, 70, of Lynnfield, formerly of Chelsea, beloved partner of Kathy Si, died on April 7 at Lahey Hospital.

Born in Chelsea, the son of the late Israel and Mary (Kurr) Chatis, he was educated in Chelsea and was a graduate of Chelsea High School. He continued his education at the Windsor Boarding School and also attended Bentley College. Harvey was the owner of the East Boston Auto Sales and then changed to HGC Automotive, Inc. since 1975. He was also the owner of Harvey Real Estate Service, LLC. Harvey

was a devoted friend and partner and he enjoyed spending time with family and friends. He is also survived by his daughter, Michelle Gordon of Lynn and his grandchildren: Cynthia, Natlie, Maya and Juel and by many cousins and friends.

Due to the Covid -19 pandemic, private graveside services were held in the Agudath Shalom Cemetery, Everett, Contributions in Harvey's memory may be made to the Chelsea Jewish Foundation-123 Captains Row, Chelsea, MA 02151. Visit www.torffuneralservice.com for guestbook.

OBITUARIES

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News in Brief

RED CROSS
AIMING TO MAKE
MORE THAN 600
HOMES SAFER
BY MAY 8

The American Red Cross of Massachusetts is on a mission to make more than 600 homes across the state safer between now and May 8.

Volunteers will meet with residents by appointment – either virtually or socially-distanced outside their homes – to share crucial fire safety information, help create an escape plan, and practice a two-minute drill. This information is free and available to anyone who makes an appointment. In some communities, the Red Cross is working with partner fire departments to offer free smoke alarm installations when it becomes safe to do so.

“Home fires remain the most frequent disaster during COVID-19, yet most of us don’t realize we have just two minutes to safely escape,” said Holly Grant, CEO of the Red Cross of Massachusetts. “We’re still spending more time than ever inside during the pandemic, so it’s critical that we help our neighbors protect themselves from these everyday disasters.”

This effort comes as part of a larger national push to educate 100,000 people about home fire safety in high-risk communities. Here in Massachusetts, focus cities include Worcester, Brockton and Quincy, although individuals in any city or town (owner or renter) may participate.

To sign up for free home fire safety education, please visit SoundTheAlarm.org/Massachusetts. The Red Cross is also looking for additional volunteers to

train as home fire safety educators and offer this training in their own community.

The Red Cross of Massachusetts is grateful for the support of our sponsors, National Grid and Harvard Pilgrim. This effort would not be possible without the support of the focus cities, with special thanks to Mayor Joseph Petty of Worcester, Mayor Robert Sullivan of Brockton and the Quincy, Worcester and Brockton fire departments and emergency management teams.

HUD ALLOCATES
FUNDS FOR
AFFORDABLE
HOUSING

The U.S. Department of Housing and Urban Development (HUD) announced the allocation of more than \$16.9 million to Massachusetts through the nation’s Housing Trust Fund (HTF) for affordable housing, this funding is part of \$689,565,492.92 being allocated nationally. The Housing Trust Fund was launched in 2008 as an affordable housing production program that complements existing federal, state, and local efforts to increase and preserve the supply of decent, safe, and sanity affordable housing for low- and extremely low-income households, including families experiencing homelessness.

“This past year has reminded us just how important it is to have access to safe and stable housing. But too many Americans are struggling to keep or find an affordable home,” said Secretary Marcia L. Fudge “We are excited to announce this historic funding allocation, which will enable states to expand and

preserve affordable housing for our neighbors who need our support the most.”

The Housing Trust Fund is capitalized through the contributions made by Fannie Mae and Freddie Mac. This year’s allocation is a significant increase in funding from last year’s allocation of \$322,564,267.66. This program is specifically focused on housing for some of our most vulnerable populations. HUD annually allocates HTF funds by formula. A state must use at least 80 percent of each annual grant for rental housing; up to 10 percent for homeownership; and up to 10 percent for the grantee’s reasonable administrative and planning costs. HTF funds may be used for the production or preservation of affordable housing through the acquisition, new construction, reconstruction, and/or rehabilitation of non-luxury housing with suitable amenities. All HTF-assisted units will be required to have a minimum affordability period of 30 years. The Housing Trust Fund has supported the construction or rehabilitation of 775 rental units nationally since the first were allocated in 2017. There are currently 480 additional projects under construction. This year’s funding is expected to produce more than 5,400 additional affordable units.

NATIONAL
GRID REMINDS
CUSTOMERS TO
CALL 8-1-1 BEFORE
DIGGING

April is designated as National Safe Digging Month, and National Grid urges anyone who is planning on digging to call 811 to prevent serious person-

al injury, property damage and service interruptions caused by accidentally digging into electric, gas, telephone, water, sewer or cable facilities.

Nationally every nine minutes, an underground utility line is damaged because someone didn’t contact 811 before digging. Knowing where underground utility lines are buried before you dig will help protect you and your family from injury. With more people staying home and relying on their utilities to work and communicate, inconvenient outages are important to avoid.

“This year, it’s critically important to call 811 before you start digging to ensure all utility lines are marked. Even when digging only a few inches or taking on a small outdoor project, the risk of striking an underground utility is high,” said Mark Prewitt, VP Gas Pipeline Safety and Compliance. “This is a big responsibility that we all need to take a small part in. By spreading the word to call 811 we can decrease damages, service interruptions, and injury—or even save a life.”

Striking a single underground utility line can cause injury, repair costs, fines, and inconvenient outages. Every digging project, no matter how large or small, warrants contacting 811. Whether you’re planting a tree or shrub, or installing a deck or pool, every job requires a call to 811 to know what’s below before digging.

The depth of utility lines can vary for several reasons, such as erosion, previous digging projects and uneven surfaces. Utility lines need to be properly marked because even when digging only a few inches or digging in a location that’s previously been marked, the risk of

striking an underground utility line still exists. A call to 811 is the best safeguard and the first line of defense to preventing strikes on underground utility lines.

A quick phone call to 811 several days before digging connects callers to their local one call center, which notifies the appropriate utility companies of their intent to dig. Professional locators then arrive at the digging site to mark the approximate locations of underground lines with flags, spray paint or both. The service is easy to use and free of charge.

State laws mandate that 811 must be contacted a few days in advance of beginning projects that require excavation. Failure to call 811 may be punishable by fines, which in some states can be as high as \$1,000 for a first offense and \$10,000 for subsequent offenses.

National Grid works closely with local fire and police departments and, with their strong support, people are calling before they dig. Calling 811 can potentially avoid an incident that requires police and fire response.

PRESSLEY,
WARREN
APPLAUD CDC’S
DECLARATION

Congresswoman Ayanna Pressley and Sen. Elizabeth Warren released a statement last week applauding the Centers for Disease Control and Prevention’s (CDC) commitment to address centuries of structural racism and discrimination in the U.S. public health system.

In February, the lawmakers reintroduced the Anti-Racism in Public Health Act, a bicameral bill to declare structural racism a public health crisis and confront its public health impacts by creating

a National Center for Anti-Racism and a Law Enforcement Violence Prevention Program within the CDC.

“The COVID-19 pandemic, which has led to over 500,000 deaths and tens of millions infected, has made it impossible to ignore the legacy of structural racism and how it has created deep disparities in health outcomes for Black, Brown, AAPI and Indigenous communities. Black and Brown people are nearly three times more likely than white people to contract COVID-19 and one to two times more likely to die from the disease.

“As the sponsors of the Anti-Racism in Public Health Act, we welcome the actions by the CDC to acknowledge racism as a serious public health threat and to invest in health equity measures to combat these challenges. In addition to the threat of COVID-19, people of color are also disproportionately affected by chronic health conditions such as diabetes, asthma, hepatitis, and hypertension; infant mortality; maternal mortality and morbidity; and police brutality—not to mention the lasting impacts racism has on mental health for Black and Brown communities.

“We will continue pushing in Congress to pass this important legislation, and look forward to working with the CDC to tackle these challenges and ensure health equity across this nation. This is a great step in the right direction, but we must now fight to confront these forces head on so that Black and Brown communities no longer disproportionately suffer from systemic racism and inequality in our health system and beyond.”

Malden man and woman arrested
for drug and firearms conspiracy

A Malden man and woman have been arrested and charged in connection with a drug and firearms conspiracy that included multiple shootings in Chelsea, Somerville and Cambridge.

Jair Coleman, a/k/a “JC,” a/k/a “Chino,” 22, was charged by criminal complaint with one count of conspiracy to distribute and possess with intent to distribute a controlled substance; one count of conspiring to possess, use and carry firearms in furtherance of a drug trafficking conspiracy; one count of possessing a machine gun; and one count of possessing a machine gun in furtherance of a drug trafficking conspiracy. Coleman is currently in state custody and will make an initial appearance in federal court in Boston at a later date.

Christina Bernbaum, a/k/a “Tina,” 23, was charged by criminal complaint with one count of conspiracy to distribute and possess with intent to distribute a controlled substance and one count of conspiring to possess, use and carry firearms in furtherance of a drug trafficking conspiracy. Bernbaum was arrested today and will make an initial appearance in federal court this afternoon.

As alleged in the charging documents, Coleman and Bernbaum participated in a long-running conspiracy to manufacture, distribute and possess controlled substanc-

es, including in large quantities locally in the Bangor, Maine area. It is alleged that Bernbaum’s participation included conspiring to distribute controlled substances on Coleman’s behalf during his incarceration. The charging documents describe numerous recorded conversations in which the sale and distribution of controlled substances was discussed, including explicit instructions by Coleman about the manner in which to adulterate fentanyl and the prices to charge. The charging documents further describe numerous videos and images that allegedly depict Coleman and Bernbaum brandishing and holding firearms, including a suspected machine gun.

During the course of the conspiracy, Coleman allegedly committed five shootings. Four shootings took place on Nov. 11, 2019, in Chelsea and Somerville, during which homes and vehicles were allegedly riddled with gunfire. A fifth shooting took place in Cambridge in July 2020, during which it is alleged that Coleman used a machine gun to shoot into a crowd.

On Jan. 6, 2021, Coleman was arrested for operating with a suspended license, during which time a machine gun was recovered from the vehicle. Coleman is currently in state custody. It is alleged that a music video publicly posted online earlier that week depicts Coleman brandishing what

appears to be the same machine gun recovered from the vehicle on Jan. 6, 2021.

The charge of possession of a controlled substance with intent to distribute provides for a sentence of up to 20 years in prison, at least three years and up to life of supervised release and a fine of up to \$1 million. The charge of conspiring to possess, use and carry firearms in furtherance of a drug trafficking conspiracy provides for a sentence of up to life in prison because a machine gun was involved in the offense, five years of supervised release and a fine of \$250,000. The charge of possessing a machine gun provides for a sentence of up to 10 years in prison, three years of supervised release and a fine of \$250,000. The charge of possessing a machine gun during and in relation to a drug trafficking crime provides for a mandatory minimum sentence of 30 years and up to life to be served consecutively to the penalty for the underlying drug trafficking crime, five years of supervised release and a fine of \$250,000. Sentences are imposed by a federal district judge based on the U.S. Sentencing Guidelines and other statutory factors.

The details contained in the charging documents are allegations. The defendants are presumed innocent unless and until proven guilty beyond a reasonable doubt in a court of law.

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NEWS FROM AROUND THE REGION

TAKING A STAND AGAINST HATE CRIMES

EVERETT - When long-time Everett High Principal Erik Naumann walked to the podium at Wehner Park with his elderly mother – the popular and light-hearted educator was nearly moved to tears and the hate crimes inflicted on Asian Americans all over the country in the last month were clearly weighing on him.

He held his mother, Iko’s, hand tightly, and said for the first time in his life – he is worried about what might happen to her. “I’m proud to say I’m from Everett and lived in Everett most of my life 37 years as a student, educator and administrator in the Everett Public Schools,” he said. “I never thought I would have to worry about my mother walking down the street. This is my mother; her name is Iko and she’s from Okinawa. Am I concerned? Yes, a lot. My mother is my hero. She’s a human, a person and a mom. Get to know your neighbors and the people around you...Even if it’s not easy, we need to stand for all marginalized populations and step up against hate.”

MANY FAVOR TRANSPORTATION PLANS

EVERETT - A new survey unveiled this week by the Reimagine Broadway effort shows that a majority of those surveyed – those that use the bus and those that don’t – approve of the idea of having a one-seat ride from Glendale Square to downtown Boston.

In that survey, 442 people in Everett were surveyed online and on the street, and 277 used the bus primarily and 165 did not. However, 341 of them wanted to see the bus continue from Everett Square to downtown Boston in a dedicated lane. Another 312 wanted to see the dedicated bus lane continue from Everett Square to Glendale Square. New dedicated bus lanes on

Sweetser Circle and during the afternoon hours northbound on Broadway were key provisions in the Reimagine Broadway initiative launched early last fall.

The survey paves the way for the potential of a new extension of the Silver Line using dedicated bus lanes in Everett to take residents on a quick trip into jobs and amenities and unlocking the potential for more housing development along the Broadway corridor.

“Getting people from Everett to downtown Boston on a one-seat ride would be a game-changer,” said Julia Wallerice, a program manager for the Institute for Transportation & Development Policy (ITDP). “There is a value for sacrifice and not having parking on the curb. The more you recognize what you get back for that, the more you are willing to make that sacrifice. Everett will most likely be included in that (Silver Line) corridor. Everett is a great partner and is willing to build out infrastructure. Everett is on track to continue to be a leader in access and mobility...Everett is doing everything the right way.”

Reimagine Broadway is a partnership between a number of organizations like ITDP, Ad Hoc Industries, the City and the state – among others. It has become a precursor for the Silver Line Extension study that is underway right now, and that has a public meeting scheduled on April 27. For Everett, enhancing Bus Rapid Transit (BRT) facets has been a major priority for Mayor Carlo DeMaria since his Administration introduced the region’s first dedicated bus lane southbound on Broadway many years ago.

The Reimagine effort has included adding the northbound afternoon lane to Everett Square, adding a spur on Main Street off Sweetser Circle, and adding the permanent lane on Sweetser Circle. Other measures have been branding pieces that include new color schemes for bus facilities and COVID-19 safety

kits/markings (called the ‘Distance of Care’).

There’s also a part of it that includes a little fun and enjoyment for riders – all courtesy of Adrien Gill of Ad Hoc Industries, who has been intimately involved in the planning of Reimagine and previously coordinated BRT oddities such as the Flower Bomb on Everett Square bus stops two years ago.

“When you’re looking at transit, we’re also looking at overall experience to maximize the engagement we have with people,” he said. “We want to make sure BRT is accessible not just in transit circles, but also for the broader community...A lot of times people focus on getting on and getting to where they want to go quickly. The place they experience the pain is during the wait. So we focus on the wait and acknowledge it is a pain point.”

Another pain point is crowded buses, a major issue during COVID-19. However, the survey showed that after Reimagine Broadway, respondents that use the bus reported the buses were less crowded.

“They said that before they were hesitant to get on because the buses were too crowded,” said Wallerice. “They felt that after the bus lanes were in, the buses were less crowded. That’s probably because without the buses being stuck in traffic, they could run more buses up and down the corridor and reduce crowding.”

In the survey, some 42 percent reported having refused to get on a bus in Everett because it was too crowded. However, they also said they felt the buses were now less crowded with the new bus lanes. Some 231 out of those surveyed agreed buses were less crowded, and only 26 said a definant ‘no.’ Many (139) were not sure.

As for safer bus stops in COVID due to the ‘Distance of Care’ campaign and markings at the stops, 178 said they felt safer and that it had produced less crowding and more direction for people waiting for the bus and those



EGG-STRAVAGANZA EGG HUNT

Above, Mayor Carlo DeMaria and his special guest, the Easter Bunny took a photo together last Saturday morning.

Right, Maria Valverde greeted the Easter Bunny as he entered Glendale Park last Saturday morning.



walking past the stop.

The overall survey of the Reimagine Broadway measures showed 259 were satisfied, 66 were somewhat satisfied, 61 were neutral, 13 were somewhat dissatisfied, 24 were dissatisfied and 19 did not respond.

One part that gave mixed results was the Shared Street initiative. Gill said part of the overall effort was to also make feeder routes for pedestrians getting to bus stops more safe. That included slowing down vehicles and using temporary measures like parklets to change driver behaviors.

“The Shared Streets effort was mixed and some of that might have been how it was rolled out,” said Wallerice.

While people surveyed agreed with the concept of slowing down traffic on major bus stop feeder roads, they didn’t like how it was simply plopped down one day last year without a lot of notice.

Of those surveyed, in cooperation with local community groups like the Everett Haitian Community Center, the majority of those asked responded in Haitian Creole (193), with the second largest language being English (180). There were 50 that responded in Spanish and 19 in Portuguese. Some 256 responses were collected online, and 186 on the street.

The key takeaway for Wallerice and Gill was the fact that so many wanted to see an extension of the dedicated bus lanes and the potential of making the Broadway corridor a major transit corridor for quick mobility to Boston and Cambridge without a car. Some 70 percent wanted to see it extended to Glendale Square, and 77 percent wanted to see it extended to Sullivan Station or downtown Boston.

“No matter how people use the corridor, even if they don’t use the bus, the survey shows us they see the importance of the bus lane and know transit is key to this corridor in Everett,” said Wallerice. “It sets up Everett as a priority community to transit... The more that is publicly recognized and there

is buy-in of what might seem like a sacrifice... it supports the vision of a sustainable and equitable future for Everett.”

PRESSLEY VOLUNTEERS AT FOOD BANK

EAST BOSTON - As a result of the COVID-19 pandemic, as many as 25 million adults and 10 million children may not always have access to nutritious food.

The newly adopted “American Rescue Plan” is providing millions of dollars nationwide to food distribution sites that have been on the front lines combating hunger throughout the pandemic.

One of these sites, the East Boston Community Soup Kitchen (EBCSK), was forced to shift gears, and reinvent itself in the age of COVID and social distancing.

Since the start of the pandemic, EBCSK stopped serving in-person meals on Tuesdays at Our Saviour’s Lutheran Church and became a busy food distribution site for the homeless and those in need of a hot meal on Mondays and Tuesdays.

With generous support through community donations, Boston Resiliency Fund grants and now aid from the American Rescue Plan, EBCSK has been able to continue its mission in Eastie.

Last Tuesday afternoon U.S. Congresswoman Ayanna Pressley visited EBCSK to talk to volunteers and see first hand the impact the American Rescue Plan is having on a local level.

Pressley spent the afternoon not only talking with volunteers but being a volunteer herself. Pressley rolled up her sleeves and got to work helping EBCSK package meals for distribution as well as loading prepared meals that would be deprived around Eastie.

“It was great to spend time in East Boston and see firsthand how the community has stepped up to meet the needs of the community during this challenging time,” said Pressley. “Pastor John (Searles), Sandra (Nijjar), and all the staff and volunteers at the

East Boston Community Soup Kitchen have been doing incredible work to address hunger and food insecurity across Eastie, and I’m glad the American Rescue Plan will support their work by providing critical resources to help the one in six Massachusetts households—including one in three Black and Latinx households with children—who are struggling to afford food.”

“Monday and Tuesday were such fulfilling days,” said EBCSK Sandra Nijjar. “On Tuesday we had our Congresswoman Ayanna Pressley visit us and she helped distribute bags of groceries. This is how our Eastie’s community comes together in difficult times to support each other and to do all it takes to help our neighbors. Words cannot describe the immense gratitude we, our Soup Kitchen’s board of directors and our leadership team members.”

Nijjar said during Pressley’s visit EBCSK delivered bags of groceries, reserved bags of groceries for pick up, and distributed bags of groceries and boxes of food and distributed meal vouchers to folks who don’t have a place to cook.

“We are incredibly grateful to be able to help our neighbors,” said Nijjar. “Once again we had a beautiful day filled with such an amazing outpouring of food donations. We are out of words to describe our immense gratitude for so much goodness, kindness and generosity directed to us. Thank you so much for all you do to keep our Soup Kitchen alive and thriving.”

CITY OFFERS INCENTIVES FOR EMPLOYEES

EAST BOSTON - The COVID-19 pandemic has exposed many inequities in our society. From the virus predominately affecting people of color to essential workers not having the luxury of working from home -- thus jeopardizing their health and safety.

Many essential work-

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CONSTRUCTION UPDATE

Temporary Right Lane Closure on Route 1 Southbound

The Massachusetts Department of Transportation (MassDOT) announced that it will be implementing a 24/7 closure of the right lane on Route 1 southbound in the area where it passes through the Chelsea Viaduct portion of the combined Tobin Bridge/Chelsea Curves Rehabilitation Project in Chelsea and Boston. The closure began on Monday, April 12, and is scheduled to continue through Friday, May 7.

The right-lane closure will allow crews to complete construction and paving operations such as removing temporary asphalt and waterproofing, milling and paving, and striping of the roadway. The two other travel lanes on Route 1 southbound will remain open throughout the closure period during peak travel times.

Drivers should take care to pay attention to all signage and move carefully through the work zone.

Police details, lane markings, temporary barriers, traffic cones, signage, and other tools will be used to control traffic and create safe work zones.

For additional information, please see <https://www.mass.gov/tobin-bridge-chelsea-curves-rehabilitation-project>.

Sumner Tunnel Project expected to disrupt Chelsea, Tobin Bridge

The MassDOT is already preparing the community for what could be a major disruption to the streets of Chelsea and the Tobin Bridge in early 2022 when the department does a full restoration – with occasional closures – of the inbound Sumner Tunnel.

The Sumner Tunnel takes traffic from Logan Airport and Rt. 1A into Boston, and with the tunnel closed occasionally for reconstruction, much of that traffic is expected to be diverted through Chelsea and onto the Tobin Bridge.

“The Sumner Tunnel Centennial Project will create significant impacts to the community and commuters during construction,” read a statement from MassDOT. “During the meetings, MassDOT will review the construction activities and schedule, tunnel closures, traffic detours, and community impacts. Attendees will have the opportunity to ask questions and offer comments.”

MassDOT will hold meetings online this month. The first meeting will be on April 27 at 6 p.m., and the second on April 29, at 6 p.m. Look to the project website (Sumner Tunnel Centennial Project) for the Zoom links to the meetings.

Gubernatorial candidate Downing outlines his climate plans

By John Lynds

Gubernatorial Candidate, former State Senator and Boston resident Ben Downing outlined his climate plan that he’d make a priority if elected to the state’s corner office in 2022.

In his plan, the Pittsfield native said he wants to achieve 100 percent clean electricity in the Commonwealth by 2030 and 100 percent clean energy by 2040.

Downing, who became a clean energy business leader at a leading renewable energy company after leaving the Senate in 2017, unveiled his plan via his newly launched BEN TV (<https://www.facebook.com/watch/?v=305705040944045>).

Downing said the first part of his campaign’s policy agenda would be to focus on climate action.

“The Downing Climate Plan” is focused on urgency, equity, innovation, justice and jobs.

Aside from reaching 100 percent clean energy Downing said he’s also committed to requiring 50 percent of climate spending to directly benefit environmental justice communities; undertake “Restructuring 3.0” to reform utilities and modernize the grid; create a climate impact mandate across state government; and maximize the economic benefit of a clean energy economy in Massachusetts

“For years, the Massachusetts state government has approached climate change with sluggishness and delay,” said Downing during the launch of his climate agenda. “So barely two weeks after we finally saw a major climate bill signed into law, we still find ourselves behind. It’s past time we had a Governor who understands the fierce urgency of our changing climate, the disparate impact of our failures on disenfranchised communities, and the reality that if there is one resource we are flat out of, it is time. In the years ahead there is no greater priority for our state than undertaking an aggressive, all-hands-on-deck campaign to bring emissions down, reform our energy sector, maximize green jobs, build up climate resilience, and fortify communities shouldering environmental injustice.”

Downing said his climate policy plan is the first of many in his campaign.

“It’s critical to me that voters understand my vision and priorities from the start,” said Downing. “Our campaign’s policy agenda will be a living breathing effort, and we’re looking forward to sharing ideas in the months ahead, getting feedback, listening to concerns, and building out a collective vision for a fairer, stronger Massachusetts.”

Downing was a leading voice for climate action during his 10 years in the state senate. He served as Senate Chair of the Joint Committee on Telecommunications, Utilities, and Energy where he passed transformative legislation to improve energy efficiency, jumpstart renewable development, and help the state meet its carbon reduction goals.

He later served as Vice President at Nexamp and also served on the board of the Environmental League of Massachusetts.

East Cambridge Savings Bank participating in two homebuyer assistance programs

Staff Report

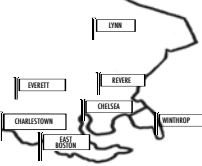
East Cambridge Savings Bank announced that it is participating in two programs facilitated by the Federal Home Loan Bank of Boston: the Housing Our Workforce (HOW) program and the Equity Builder Program (EBP). Both initiatives provide down payment, closing costs, and other homebuyer assistance to borrowers who meet certain income eligibility requirements.

The HOW program provides assistance to Federal Home Loan Bank of Boston financial institution members like East Cambridge Savings Bank to help local homebuyers earning more than 80% and up to 120% of the area median income with down payments on owner-occupied primary residences. Borrowers can receive up to \$10,000 in assistance on a first-come, first-served basis. The EBP provides grants to the Bank to assist households earning up to 80% of the area median income. Borrowers are eligible to receive up to \$15,000 in assistance on a first-come, first-served basis. Buyers must also complete a homebuyer counseling program.

“We are pleased to participate in the Housing our Workforce program and the Equity Builder Program to help community members who are seeking to purchase homes in the communities where they live and work,” said Gilda M. Nogueira, the Bank’s president and chief executive officer. “Homeownership is a key to household and community wealth, and these programs are important tools in ensuring that more individuals and families can finalize a home purchase transaction.”

Those who are thinking about the homebuying process and want to know more about these programs or down payment assistance are encouraged to contact East Cambridge Savings Bank’s community outreach officer Laura Berg at (617) 551-2421 or lorberg@ecsb.com. More information about these programs can also be found on the Bank’s website by visiting ecsb.com.

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& Ocean
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LEGAL NOTICES

LEGAL NOTICE


LEGAL NOTICE
CITY OF CHELSEA
INVITATION FOR BIDS
Renovation of the
Williams Middle School
Gym Floor
The City of Chelsea,
Massachusetts, through
its Chief Procurement
Officer, is seeking
Bids for marked "Renov-
ation of the Williams
Middle School Gym
Floor".
Invitation for Bids will
be available on or
after April 15, 2021 by
contacting Dylan Cook,
School Business Manager
at dcCook@chelseama.gov
or by visiting the
City's website at <http://www.chelseama.gov/purchasing/pages/current-bids-solicitations>.
Proposals must be sealed
and clearly marked
"Renovation of the Wil-
liams Middle School Gym
Floor" and submitted to
the Office of the Chief
Procurement Officer no
later than 2:30 PM on
April 29, 2021.
The City of Chelsea re-
serves the right to accept
any proposal, to reject
any or all proposals and
to waive minor irregulari-
ties and/or formalities as
it deems to be in the best
interest of the City.
In accordance with our
Minority Business Enter-
prise Plan, we are invit-
ing all qualified women
and minority business
firms to respond.
The City of Chelsea is
an Equal Opportunity
Employer.
This Request for Propo-
sals is in accordance with
M.G.L. Chapter 149.
Dylan Cook
School Business Manager
4/15/21


the Secretary of Energy
& Environmental Affairs,
100 Cambridge St., Suite
900, Boston, Massachu-
setts 02114, Attention:
MEPA Office, referencing
the above project.
By City of Chelsea (Pro-
ponent)

LEGAL NOTICE


RECEIVER'S SALE OF
REAL ESTATE AT PUBLIC
AUCTION
PURSUANT TO
MASSACHUSETTS
GENERAL LAWS,
c. 111, §1271
By virtue of an Orders
of the Eastern Division
of the Housing Court
Department dated
September 11, 2018
and March 3, 2021, in
Attorney General for the
Commonwealth of Mas-
sachusetts and the City
of Chelsea v. Thalwanti
Maharaj Singh, Docket
No. 18H84CV000341, in
favor of James F. Creed,
Jr., Receiver, and against
Thalwanti Maharaj Singh,
establishing a lien under
G.L. c.111, §1271 on the
real estate known as 136
Orange Street, Chelsea,
MA for the purpose of
satisfying such lien, real
estate will be sold at
public auction at 9:00AM
on the 5th day of May,
2021, on, or near, the
premises hereinafter de-
scribed, all and singular
the premises described in
a deed. To wit:
A certain parcel of land,
with the dwelling house
thereon situated at #136
Orange Street in said
Chelsea, bounded and
described as follows:
NORTHEASTERLY
on Orange Street, thirty
(30) feet;
SOUTHEASTERLY
on land now or formerly
of Levi F. Corcum, one
hundred (100) feet;
SOUTHWESTERLY
on land formerly of
Robert L. Rollins, thirty
(30) feet;
NORTHWESTERLY
on other land now or
formerly of said Corcum,
one hundred (100) feet.
Containing 3,000 square
feet of land.
Said parcel comprises
parts of lots 83 and
84 on a plan of land
belonging to the Heirs of
Joshua Carter drawn by
John Low, dated October,
1853, and recorded
with Suffolk Deeds Book
1002, Page 17, said parts
being a strip ten (10)
feet wide of lot 83 and
a strip twenty (20) feet
wide of lot 84.
TERMS OF SALE: A
deposit of Five Thousand
Dollars and 00/100
(\$5,000.00) shall be
paid by the purchaser in
cash, certified, cashier's
or bank check at the
time and place of auction
sale. The balance of the
purchase price is to be
paid in cash or by certi-
fied, cashier's or bank
check at the office of
CREED & FORMICA, 733B
Plain Street, Marshfield,
Massachusetts within
thirty (30) days from
the date of sale. The
premises may remain
under Receivership until
the property is brought
into full compliance with
the State Sanitary and
Building Codes to the
satisfaction of the City of
Chelsea. In recognition
thereof, the successful
bidder will, upon request,
and the bidder's own
risk, be authorized by
the Receiver to apply
for any and all permits
to commence such
work. Any fees and cost
incurred by the Receiver
after the sale shall be
satisfied from the sale
proceeds. Deed will be
provided to purchaser for
recording upon receipt
in full of the purchase
price. The description of
the premises contained
in said deed shall control
in the event of an error
in this publication. Other
terms to be announced at
the sale.
Dated: April 12, 2021.
James F. Creed, Jr.,
Receiver
James F. Creed, Jr., Esq.

CREED & FORMICA
733B Plain Street
Marshfield, MA 02050
(781) 834-4441
4/15/21, 4/22/21,
4/29/21

LEGAL NOTICE



LEGAL NOTICE
CITY OF CHELSEA
INVITATION FOR BIDS
Purchase of small wall
mounted air purifiers
and filters (purchase of
materials only)
The City of Chelsea,
Massachusetts, through
its Chief Procurement
Officer, is seeking
Bids for marked "Pur-
chase of small wall
mounted air purifiers
and filters (purchase of
materials only)".
Invitation for Bids will
be available on or
after April 15, 2021 by
contacting Dylan Cook,
School Business Manager
at dcCook@chelseama.gov
or by visiting the
City's website at <http://www.chelseama.gov/purchasing/pages/current-bids-solicitations>.
Proposals must be sealed
and clearly marked
"Purchase of small wall
mounted air purifiers
and filters (purchase of
materials only)" and sub-
mitted to the Office of the
Chief Procurement Officer
no later than 10:30 AM
on April 29, 2021.
The City of Chelsea re-
serves the right to accept
any proposal, to reject
any or all proposals and
to waive minor irregulari-
ties and/or formalities as
it deems to be in the best
interest of the City.
In accordance with our
Minority Business Enter-
prise Plan, we are invit-
ing all qualified women
and minority business
firms to respond.
The City of Chelsea is
an Equal Opportunity
Employer.
This Request for Propo-
sals is in accordance with
M.G.L. Chapter 30b.
Dylan Cook
School Business Manager
4/15/21

LEGAL NOTICE



LEGAL NOTICE
CITY OF CHELSEA
INVITATION FOR BIDS
Removal and Installation
of bleachers at the Wil-
liams Middle School
The City of Chelsea,
Massachusetts, through
its Chief Procurement
Officer, is seeking
Bids for marked "Remov-
al and Installation of
bleachers at the Williams
Middle School".
Invitation for Bids will
be available on or
after April 15, 2021 by
contacting Dylan Cook,
School Business Manager
at dcCook@chelseama.gov
or by visiting the
City's website at <http://www.chelseama.gov/purchasing/pages/current-bids-solicitations>.
Proposals must be sealed
and clearly marked "Re-
moval and Installation of
bleachers at the Williams
Middle School" and
submitted to the Office
of the Chief Procurement
Officer no later than 1:30
PM on April 29, 2021.
The City of Chelsea re-
serves the right to accept
any proposal, to reject
any or all proposals and
to waive minor irregulari-
ties and/or formalities as
it deems to be in the best
interest of the City.
In accordance with our
Minority Business Enter-
prise Plan, we are invit-
ing all qualified women
and minority business
firms to respond.
The City of Chelsea is
an Equal Opportunity
Employer.
This Request for Propo-
sals is in accordance with
M.G.L. Chapter 149.

Dylan Cook
School Business Manager
4/15/21

LEGAL NOTICE


Legal Notice
City of Chelsea
Public Hearing
The City of Chelsea De-
partment of Housing and
Community Development
will hold a Public Hearing
on April 29, 2021 at 5:00
p.m. via Zoom. Please
see the instructions be-
low. The purpose of this
meeting is to discuss the
updates to the Commu-
nity Preservation Plan.
The public comment and
responses will influence
the distribution of funds
from the Community
Preservation Act between
the three allowable uses:
affordable housing, open
space and recreation,
and historic preservation.
To learn more about the
Community Preservation
Plan please go to www.chelseama.gov/community-preservation-plan.
To join the meeting
please go to the follow-
ing link:
<https://zoom.us/j/92158530144?pwd=d-kxwN20wT2lC6Gk3RU-grMXZZS0V0dz09>
OR go to <https://zoom.us/j/92158530144?pwd=d-kxwN20wT2lC6Gk3RU-grMXZZS0V0dz09>
/ join by using the fol-
lowing ID and passcode:
Meeting ID: 921 5853
0144
Passcode: 099241
Staff from the Chelsea
Department of Housing
and Community Devel-
opment and members of
the Chelsea Community
Preservation Committee
will be present to hear
any and all recommen-
dations. All persons or
organizations wishing to
comment will be given
an opportunity to be
heard. You may also
submit comments in
writing to the Chelsea
Department of Housing
and Community Devel-
opment, 500 Broadway,
Room 101, Chelsea, MA
02150, Attn: CPC, or via
email to dvalentin@chelseama.gov.
Alex Train, AICP
Director Housing and
Community Development
City of Chelsea
4/15/21, 4/22/21

LEGAL NOTICE


Notificación Legal
Ciudad de Chelsea
Audience Pública
Alex Train, AICP
Director de Vivienda y
Desarrollo Comunitario
Ciudad de Chelsea
El Departamento de
Vivienda y Desarrollo
Comunitario de la ciudad
de Chelsea celebrará
una audiencia pública
el 29 de abril de 2021
a las 5:00 p.m. a través
de Zoom. Consulte las
instrucciones a contin-
uación. El propósito de
esta reunión es discutir
las actualizaciones del
Plan de Preservación de
la Comunidad. Los co-
mentarios y las respos-
tas del público influirán
en la distribución de
fondos de la Ley de
Preservación Comunitaria
para los tres usos permi-
tidos: acceso a vivienda,
espacios abiertos y rec-
reación, y preservación
histórica. Para obtener
más información sobre
el Plan de preservación
de la comunidad, visite
www.chelseama.gov/community-preservation-plan.
Para participar de la
reunión, vaya al sigui-
ente enlace:
<https://zoom.us/j/92158530144?pwd=d-kxwN20wT2lC6Gk3RU-grMXZZS0V0dz09>
O visite <https://zoom.us/j/92158530144?pwd=d-kxwN20wT2lC6Gk3RU-grMXZZS0V0dz09>
/ únase con el
siguiente ID y código de
acceso:
ID de reunión: 921 5853

0144
Código de acceso:
099241
El personal del Depar-
tamento de Vivienda y
Desarrollo Comunitario
de Chelsea y los miem-
bros del Comité de
Preservación de la Co-
munidad de Chelsea es-
tarán presentes para es-
cuchar todas y cada una
de las recomendaciones.
Todas las personas u or-
ganizaciones que deseen
comentar tendrán la
oportunidad de ser es-
cuchados. También puede
enviar comentarios por
escrito al Departamento
de Vivienda y Desarrollo
Comunitario de Chelsea,
500 Broadway, Oficina
101, Chelsea, MA 02150,
Attn: CPC, o por correo
electrónico a dvalentin@chelseama.gov.
4/15/21, 4/22/21

LEGAL NOTICE

COMMONWEALTH
OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT
CITATION GIVING
NOTICE OF
PETITION FOR
APPOINTMENT OF
A GUARDIAN FOR
INCAPACITATED
PERSON PURSUANT
TO G.L. c. 190B,
§5-304
Docket No.
SU21P0484GD
In the matter of:
Ernest Robinson
RESPONDENT
Alleged Incapacitated
Person
Of: Chelsea, MA
To the named Respon-
dent and all other
interested persons, a
petition has been filed
by Beth Israel Deaconess
Medical Ctr. Of Boston,
MA in the above cap-
tioned matter alleging
that Ernest Robinson is
in need of a Guardian
and requesting that (or
some other suitable per-
son) be appointed as
Guardian to serve With-
out Surety on the bond.
The petition asks the
court to determine
that the Respondent is
incapacitated, that the
appointment of a Guard-
ian is necessary, and that
the proposed Guardian
is appropriate. The peti-
tion is on file with this
court and may contain a
request for certain specific
authority.
You have the right to
object to this proceeding.
If you wish to do so, you
or your attorney must
file a written appearance
at this court on or before
10:00 A.M. on the return
date of 04/22/2021.
This day is NOT a hearing
date, but a deadline date
by which you have to
file the written appearance
if you object to the peti-
tion. If you fail to file the
written appearance by the
return date, action may
be taken in this matter
without further notice to
you. In addition to filing
the written appearance,
you or your attorney
must file a written affi-
davit stating the specific
facts and grounds of your
objection within 30 days
after the return date.
IMPORTANT NOTICE
The outcome of this
proceeding may limit or
completely take away the
above-named person's
right to make decisions
about personal affairs
or financial affairs or
both. The above-named
person has the right to
ask for a lawyer. Any-
one may make this request
on behalf of the above-
named person. If the
above-named person
cannot afford a lawyer,
one may be appointed at
State expense.
WITNESS, Hon. Brian J.
Dunn, First Justice of this
Court.
Date: March 11, 2021
Felix D. Arroyo,
Register of Probate
4/15/21

LEGAL NOTICE


COMMONWEALTH
OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT
Suffolk Probate
and Family Court
24 New Chardon St.
Boston, MA 02114
(617)788-8300
CITATION ON
PETITION FOR
SALE OF REAL
ESTATE BY A
PERSONAL
REPRESENTATIVE
Docket No.
SU20P1371EA
Estate of:
Frederick J.
Kalapinski
Date of Death:
06/20/2020
To all interested
persons:
A Petition for Sale of Real
Estate has been filed by:
Robert E. Kalapinski of
Mukilteo, WA requesting
that the Court authorize
the Personal Representa-
tive to sell the decedent's
real estate at a private
sale.
IMPORTANT NOTICE
You have the right to
obtain a copy of the Pe-
tition from the Petitioner
or at the Court. You have
a right to object to this
proceeding. To do so, you
or your attorney must file
a written appearance and
objection at this Court
before 10:00 a.m. on
05/17/2021.
This is NOT a hearing
date, but a deadline by
which you must file a
written appearance and
objection if you object
to this proceeding. If you
fail to file a timely
written appearance and
objection followed by an
Affidavit of Objections
within thirty (30) days
of the return date, action
may be taken without
further notice to you.
WITNESS, Hon. Brian J.
Dunn, First Justice of this
Court.
Date: April 05, 2021
Felix D. Arroyo,
Register of Probate
4/15/21

LEGAL NOTICE


COMMONWEALTH
OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT
Suffolk Probate
and Family Court
24 New Chardon St.
Boston, MA 02114
(617)788-8300
CITATION ON
PETITION FOR
FORMAL
ADJUDICATION
Docket No.
SU21P0353EA
Estate of:
John P. Connolly
Also Known as:
John P. Connolly, Jr.,
John Connolly, Jack
Connolly
Date of Death
10/22/2020
To all interested persons:
A Petition for Formal
Adjudication of Intestacy
and Appointment of
Personal Representative
has been filed by Evelyn
M. Essa of Phoenix, AZ
requesting that the Court
enter a formal Decree
and Order and for such
other relief as requested
in the Petition.
The Petitioner requests
that: Evelyn M. Essa of
Phoenix, AZ be appointed
as Personal Representa-
tive(s) of said estate to
serve Without Surety on
the bond in unsupervised
administration.
IMPORTANT NOTICE
You have the right to
obtain a copy of the Pe-
tition from the Petitioner
or at the Court. You have
a right to object to this
proceeding. To do so, you
or your attorney must
file a written appearance
and objection at this
Court before: 10:00 a.m.
on the return day of
05/20/2021.
This is NOT a hearing
date, but a deadline by
which you must file a
written appearance and
objection if you object
to this proceeding. If
you fail to file a timely

written appearance and
objection followed by an
affidavit of objections
within thirty (30) days
of the return day, action
may be taken without
further notice to you.
UNSUPERVISED AD-
MINISTRATION UNDER
THE MASSACHUSETTS
UNIFORM PROBATE CODE
(MUPC)
A Personal Representa-
tive appointed under the
MUPC in an unsupervised
administration is not
required to file an inven-
tory or annual accounts
with the Court. Persons
interested in the estate
are entitled to notice
regarding the adminis-
tration directly from the
Personal Representative
and may petition the
Court in any matter
relating to the estate,
including the distribution
of assets and expenses of
administration.
WITNESS, Hon. Brian J.
Dunn, First Justice of this
Court.
Date: April 08, 2021
Felix D. Arroyo
Register of Probate
4/15/21

LEGAL NOTICE



(LEGAL NOTICE)
CITY OF CHELSEA
INVITATION FOR BIDS
ANNUAL ROADWAY REHA-
BILITATION
The City of Chelsea,
Massachusetts, through
its Chief Procurement
Officer, is seeking sealed
bids for all labor and
materials for "Annual
Roadway Rehabilitation".
Invitation for Bids will
be available on or
after April 15, 2021 by
contacting Dylan Cook,
Chief Procurement Officer
at divanis@chelseama.gov
or by visiting the
City's website at <http://www.chelseama.gov/purchasing/pages/current-bids-solicitations>.
Bids must be sealed
and clearly marked "Annual
Roadway Rehabilitation"
and submitted to the
Purchasing Office, Room
204, no later than
12:00PM on Thursday,
April 29, 2021.
Each bid must be accom-
panied by a certified
check, issued by a
responsible bank or trust
company. Or a bid bond
duly executed by the
bidder as principal and
having as surety thereon
a surety company ap-
proved by the City, all in
the amount of 5% of the
bid payable to the "City
of Chelsea."
The City of Chelsea re-
serves the right to accept
any proposal, to reject
any or all proposals and
to waive minor irregulari-
ties and/or formalities as
it deems to be in the best
interest of the City.
To be given consider-
ation, MassDOT certifica-
tion is required.
In accordance with our
Minority Business Enter-
prise Plan, we are invit-
ing all qualified women
and minority business
firms to respond.
The City of Chelsea is
an Equal Opportunity
Employer.
This Invitation for Bids is
in accordance with M.G.L.
Chapter 30, 39M.
Dragica Ivanis
Chief Procurement Officer
4/15/21

LEGAL NOTICE


NOTICE OF INTENT TO
REQUEST A RELEASE OF
FUNDS
April 15th, 2021
City of Chelsea, c/o
Department of Housing &
Community Development
City Hall
500 Broadway, Room
101
Chelsea, MA 02150
617-466-4180
TO ALL INTERESTED
AGENCIES, GROUPS AND

PERSONS:
On or about April 27th,
2021, the City of Chelsea
Department of Housing &
Community Development
will submit a request
to the Massachusetts
Department of Housing
and Community De-
velopment (DHCD) to
release Massachusetts
Community Development
Block Grant (CDBG)
Funds (Mini-Entitlement
Program FY2020) under
Title I of the Housing and
Community Development
Act of 1974 (PL 93-383)
as amended to undertake
three projects part of the
FY2020 City of Chelsea
Mini-Entitlement Commu-
nity Development Block
Grant, consisting of:
Cherry Street Roadway
and Sidewalk Improve-
ments in the Downtown
neighborhood, Chelsea
Square Park Enhance-
ments in the Downtown
neighborhood (Census
Tract 1604.001 and
1604.002) and the Chelsea
Housing Rehabilitation
Program. On Cherry
Street, the City proposes
replacing deteriorated
sidewalks, installing
wheelchair ramps, and
repaving substandard
asphalt pavement. The
project will utilize ap-
proximately \$220,000 of
CDBG funds. In Chelsea
Square, the City proposes
refurbishing the park
by replacing wheelchair
ramps, upgrading
electrical infrastructure,
installing a surface treat-
ment on Second Street,
and installing trees. The
project will utilize ap-
proximately \$72,000 of
CDBG funds. The Chelsea
Housing Rehabilitation
Program proposes to use
approximately \$170,000
of CDBG funds to make
loans to eligible prop-
erty owners of one- to
four-unit residential
properties for housing
rehabilitation and to
make needed repairs.
The program funds are
to address violations of
the Massachusetts State
Sanitary Code, and may
also include asbestos
abatement and de-lea-
ding activities or lead
paint abatement, alone
or combined with other
work, and to remedy
other building code viola-
tions or complete related
building improvements
including, but not limited
to, plumbing and electric
system repairs, heating
system repairs or im-
provements, weatheriza-
tion, roofing and accessi-
bility modifications. The
program is estimated to
serve approximately five
(5) housing units in the
CDBG target areas (Cen-
sus Tracts 1601, 1602,
and 1605 including the
Shurtleff/Bellingham,
Addison/Orange and Mill
Hill neighborhoods).
The activities proposed
are categorically exclud-
ed under HUD regula-
tions at CFR Part 58 from
National Environmental
Policy Act (NEPA) re-
quirements. An Environ-
mental Review Record
(ERR) that documents the
environmental determi-
nations for this project is
on file at the Department
of Housing & Community
Development Office,
Chelsea City Hall, 500
Broadway, Room 101,
Chelsea, MA and may
be examined or copied
Monday, Wednesday and
Thursday from 9:00 a.m.
to 3:00 p.m., Tuesdays
9:00 a.m. to 6:00 p.m.
and Fridays, 9:00 a.m.
to 12:00 p.m. Due to
COVID-19, persons inter-
ested in viewing the files
are encouraged to call
ahead at 617-466-4180 to
make an appointment.
PUBLIC COMMENT
Any individual, group
or agency may submit
written comments on
the ERR to the Chelsea
Department of Housing
& Community Develop-
ment. Comments may be
submitted to 500 Broad-
way, Room 101, Chelsea,
MA 02150 or via email to
atrain@chelseama.gov
All comments received by
April 26th, 2021 at 3:00
P.M. will be considered
by the City of Chelsea
prior to authorizing
submission of a request
for release of funds.
RELEASE OF FUNDS
The City of Chelsea
certified to DHCD that
John DePriest, Director
of Permitting & Land Use
Planning, in his capacity
as Environmental Certi-
fying Officer for the City
of Chelsea, consents to
accept the jurisdiction
of the Federal Courts if
an action is brought to
enforce responsibilities
in relation to the envi-
ronmental review process
and that these responsi-
bilities have been satisfi-
ed. DHCD's approval of
the certification satisfies
its responsibilities under
NEPA and related laws
and authorities and
allows the City of Chelsea
to use Program funds.
OBJECTIONS TO RELEASE
OF FUNDS
DHCD will accept objec-
tions to its release of
funds and the City of
Chelsea's certification for
a period of fifteen days
following the anticipated
submission date or its
actual receipt of the
request (whichever is
later) only if they are
on one of the following
bases: (a) the certifica-
tion was not executed by
the Certifying Officer of
the City of Chelsea; (b)
the City of Chelsea has
omitted a step or failed
to make a decision or
finding required by HUD
regulations at 24 CFR
Part 58; (c) the grant
recipient or other partici-
pants in the development
process have committed
funds, incurred costs or
undertaken activities not
authorized by 24 CFR
Part 58 before approval
of a release of funds by
DHCD; or (d) another
Federal agency acting
pursuant to 40 CFR Part
1504 has submitted a
written finding that the
project is unsatisfactory
from the standpoint of
environmental quality.
Objections must be pre-
pared and submitted in
accordance with required
procedures (24 CFR Part
58, Sec. 58.76) and shall
be addressed to Massa-
chusetts Department of
Housing and Community
Development at 100
Cambridge Street, Suite
300, Boston MA 02114.
Potential objectors should
contact DHCD to verify
the actual last day of the
objection period.
John DePriest
Environmental Certifying
Officer
4/15/21

LEGAL NOTICE


CITY OF CHELSEA
PUBLIC HEARING
CAPITAL IMPROVEMENT
PROGRAM 2022-2026
In accordance with
Section 5-4 (c) of the
City Charter of the City
of Chelsea, notice is
hereby provided of a
Public Hearing to be
held on Monday, May 3,
2021 in the City Council
Chambers, City Hall,
500 Broadway, Chelsea,
Massachusetts at 7:00
P.M. regarding the City
of Chelsea Capital Im-
provement Program (CIP)
2022-2026. Examples
of CIP Projects include
roadway repairs, school
building maintenance,
major underground
utility work and open
space improvements.
A copy of the materials
are available for review
at the Chelsea City Coun-
cil Office, City Hall, 500
Broadway #306, Chelsea,
MA 02150 during City
Hall business hours.
Or email fmelara@chelseama.gov
to request materials.
Roy Avellaneda,
President Chelsea City
Council
4/15/21, 4/22/21

‘New Light: Encounters and Connections’ highlights MFA’s collection

Spanning cultures and geographies, and sometimes millennia too, “New Light: Encounters and Connections” presents more than 50 works of art from across the MFA’s collection, many of which are on view for the first time. The exhibition is organized into 21 conversations—in each, a contemporary piece that has recently joined the collection is juxtaposed with one or two objects acquired earlier in the Museum’s history.

The contemporary pieces include work by emerging as well as local or Boston-born artists—among them Dana C. Chandler, Jr., Eben Haines, Stephen Hamilton, Tomashi Jackson, Lavaughan Jenkins and Alison Croney Moses. The objects in conversation with these recent additions range from a carving of a princess from ancient Egypt to experimental miniature vases made by French ceramicist Auguste Delaherche. Placed in dialogue, these objects old and new invite visi-



IMAGE COURTESY OF THE ARTIST.
Joseph Lewis as Eze Nri (2018), Stephen Hamilton.

tors to explore an array of subjects. A portrait by Stephen Hamilton featuring weaving and dyeing techniques learned in Nigeria engages 20th-century textiles from southwestern Nigeria and Gee’s Bend, Alabama in a meditation on ancestral heritage, while encounters elsewhere address childcare, queer communities and Native resistance, among other topics. Together, these conversations reveal the potential of every ad-

dition to the collection to spark unexpected connections and new narratives.

“New Light: Encounters and Connections” is generously supported by the Callaghan Family Fund for Contemporary Exhibitions. Additional support from the Barbara Jane Anderson Fund, The Bruce and Laura Monrad Fund for Exhibitions, and the Diane Krane Family and Jonathan and Gina Krane Family Fund.

Area child in need of life-saving transplant

With the cost of a life-saving transplant often exceeding \$800,000, most transplant families are unable to shoulder that financial burden. The Children’s Organ Transplant Association (COTA) is a national 501(c)3 charity dedicated to organizing and guiding communities in raising funds for transplant-related expenses. In Newburyport, volunteers are raising funds for COTA in honor of transplant patients like local child, Heeth Atanasoff.

Heeth is the son of Molly and Todd Atanasoff. Born in 2012, Heeth was diagnosed with Aplastic Anemia. The transplant team at Tufts Medical Center in Boston, recommends a life-saving bone marrow transplant. Newburyport volunteers are raising \$100,000 for

COTA to assist with transplant-related expenses. Volunteers are needed for this COTA community campaign. Individuals and groups interested in more information should contact Community Coordinator Kerry Marshall at 978.609.0866 or kerry_marshall48@gmail.com. COTA helps transplant families avoid financial devastation. Transplant procedure costs range from \$100,000 to more than \$800,000. Once the transplant is complete, families face significant transplant-related expenses, including medication; transportation to and from the transplant center; lodging; and expenses while parents are out of work and often living with the hospitalized child far from home. These out-of-pocket expenses add up to tens

of thousands of dollars annually for transplant families with lifetime totals often exceeding \$1,000,000. In cases where a shortfall exists, COTA helps bridge the financial gap. Heeth’s family has asked for assistance from the Children’s Organ Transplant Association. One hundred percent of all funds raised for COTA in honor of patients assist with transplant-related expenses. Contributions may be sent to the Children’s Organ Transplant Association, 2501 West COTA Drive, Bloomington, Indiana, 47403. Checks should be made payable to COTA, with “In Honor of Heeths Hope” written on the memo line. Secure credit card gifts are accepted online at www.COTAforHeethsHope.com.


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at home!




Telemedicine allows health care professionals to evaluate, diagnose, and treat patients at a distance using telecommunications technology, such as a smart phone or computer. Telemedicine allows us to continue to provide high-quality care to our patients during the COVID-19 pandemic while minimizing exposures.

Telemedicine appointments are being scheduled in Pediatrics, Adult Medicine, Family Medicine, Women’s Health (OB/GYN), Behavioral Health, Neighborhood PACE, and other departments. We use certified medical interpreters during telemedicine appointments for languages other than English.

Do you need to schedule a telemedicine appointment with your primary care provider? Did you miss an appointment that needs to be rescheduled? If so, call 617-569-5800 to schedule a telemedicine appointment. This is especially important if you have a chronic or a behavioral health condition. You should be treated if needed, especially during this public health crisis. We’re here to keep you healthy!

www.ebnhc.org • 



For Advertising Rates, Call 617-884-2416

New stamp celebrates Americans love of Coffee

The U.S. Postal Service celebrates America’s love of coffee this month with the issuance of four new stamps. Whether milky, dark as night, sweetened, flavored or highly concentrated, many coffee drinks have one thing in common — they begin with espresso.

This booklet of 20 stamps features four unique designs illustrating popular espresso drinks — espresso, cappuccino, caffe latte and caffe mocha. It may be purchased at usps.com.

Capturing the inviting atmosphere of an early 20th-century café, artist Terry Allen created each digital illustration with the style of 1920s and 1930s advertising posters in mind.

The names of the espresso drinks appear in art deco-inspired lettering



above or below each enticing cup.

Art director Greg Breeding designed the stamps with original artwork by Allen.

Espresso drinking in the United States is at an all-time high. With the growing popularity of artisanal coffee shops, extensive research on the roasting and brewing process, and continued innovation in machinery to make the perfect cup, specialty coffee is better than it has ever been.

When it comes to

Just-A-Start partners with Cambridge Savings Charitable Foundation to prevent evictions

New rental assistance and affordable housing funding supports families in Metro North cities and towns: Chelsea, Revere, Everett, and Malden

Just-A-Start, a Cambridge-based community development corporation, has partnered with Cambridge Savings Charitable Foundation, the charitable arm of Cambridge Savings Bank (CSB), to support local families with emergency rental assistance and affordable housing. Cambridge Savings Charitable Foundation extended a total of \$90,000 in grants to Just-A-Start; \$50,000 was given in June 2020, and an additional \$40,000 was provided in December 2020, to assist families in Chelsea, Revere, Everett, and Malden with urgent, flexible funding to stabilize their housing.

“As the economic fallout of the pandemic continues, so many community members who have lost income are struggling to pay rent and hold on to their housing,” said Carl Nagy-Koechlin, Executive Director at Just-A-Start. “We’re proud to have doubled the number of households Just-A-Start has assisted since 2019, and we expect the need for services to increase dramatically throughout the coming months. These funds from Cambridge Savings Charitable Foundation have allowed us to quickly and flexibly provide more security and relief to these families.”

Eviction moratoriums defer rental payments for tenants but do not forgive the overall balances, so many households remain on the edge of stability with their past-due amounts growing.

Meanwhile, many contractual sources of rental assistance cannot be accessed unless an eviction proceeding is underway, currently leaving families with fewer sources of financial support.

“As a long-time partner of Just-A-Start, we have always believed in the exceptional work they do in the community to support housing accessibility,” said Wayne Patenaude, President and CEO at CSB. “Their efforts to assist the day-to-day living needs of families and to keep them in their homes during the pandemic has been so critical. It is our mission to allocate funds that support our local communities and help keep this important work going through our Charitable Foundation.”

Just-A-Start mediates in housing courts across the Metro North, and the availability of rental assistance is a crucial addition to mediation that can assist both the tenant and the landlord. These flexible, philanthropic funds have already made the difference for households at risk, helping them to avoid eviction and stay in their homes.

In one circumstance, rental assistance helped a family avoid relocating to an emergency shelter in a different town, ensuring that their daughter could finish her senior year at her high school. In another case, a tenant was about to serve as a kidney donor for a family member and if her housing had become destabilized, the hospital would have refused her as an eligible donor. Through mediation and rental assistance, now both families can maintain stable homes as they weather the pan-

demio, most Americans rely on a barista working at a coffeehouse to carefully craft their specialty drink, but at-home espresso machines are also growing in popularity. Whether a routine part of getting going in the morning or a reason to gather socially at a local café, drinking beverages made with espresso has become increasingly trendy.

Customers may purchase stamps and other philatelic products through the Postal Store at usps.com/shopstamps, by calling 844-737-7826, by mail through USA Philatelic, or at Post Office locations nationwide.

The Postal Service receives no tax dollars for operating expenses and relies on the sale of postage, products and services to fund its operations.

Tenants in Chelsea, Revere, Everett, and Malden in need of rental assistance may call Just-A-Start at 617-494-0444 to explore available options for support.

About Just-A-Start
Just-A-Start is a community development corporation dedicated to promoting equity by creating access to stable housing and building pathways to economic opportunity. Just-A-Start builds and preserves affordable housing, offers education and workforce training, and provides housing resources and services to people with low- to moderate-income in Cambridge and nearby communities. Now in its 52nd year, Just-A-Start serves approximately 3,000 individuals and families annually. For more information, please visit www.justastart.org.
Cambridge Savings Bank is a full-service banking institution with over \$5 billion in assets. As a mutual bank, CSB is committed to improving the quality of life of our employees, customers and the communities we serve. One of the oldest and largest community banks in Massachusetts, Cambridge Savings Bank offers a full line of individual and business banking services across a robust Massachusetts-based branch network and through digital banking solutions for commercial, small business and consumer customers. To learn more about how we can meet your needs, visit us at cambridgesavings.com, or better yet, come meet us to help you make the most out of your banking relationship.

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