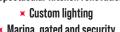


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**VOLUME 135, No. 3** 

THURSDAY, MARCH 20, 2025

35 CENTS



Representative Garcia and BHCC Early College Program students and teachers in the House of Representatives chamber at the State House.

## Garcia welcomes early college students to the State House

Special to the Record

A group of Chelsea High School students currently enrolled in the Early Col-

State Representative Judith García at the State House last week during their Advocacy Day.

lege Program at Bunker Hill dents thanked Representa- periences, providing them Community College visited tive Garcia for her support with the skills, confidence,

of much needed funding and shared powerful personal stories about how the Early College Program has trans-During their visit, stu- formed their academic exand college credits needed to jumpstart their futures. Many expressed how the program has not only made higher education more ac-

See GARCIA Page 2

## 250th anniversary of the Battle of Chelsea Creek: Explore Chelsea's rich history at the Governor Bellingham Cary House this spring

Special to the Record

The Governor Bellingham Carv House recently announced a series of open houses, along with historical programming, this spring as the city celebrates the 250th anniversary of the Battle of Chelsea Creek.

This series of events is held in partnership with the City of Chelsea and made possible by a Massachusetts Office of Travel and Tourism grant.

The Governor Bellingham Cary House and the acreage surrounding it at 34 Parker St. have been witness to over 350 years of American history. From the beginning of European settlement in the early 17th century, when it was a bountiful place full of natu-

ral resources to the 21st century, bustling city that now exists, it has evolved and survived.

The Cary family and their extended household lived here from the 1760s until the beginning of the 20th century. Their home, known lovingly as "the Retreat", was a bucolic oasis remembered fondly by both family and friends alike.

At the start of America's War of Independence, and most notably during the Siege of Boston from April 19, 1775 to March 17, 1776, the property was used by the newly formed Continental Army as they assisted refugees escaping Boston via the Winnisimmet Ferry, engaged in surveillance of

See CHELSEA CREEK Page 2

## Jeffrey Bowen does it again!



The record \$937,000 listing at Admirals Hill.

Special to the Record

Chelsea By The Sea has a record sale price of \$937,000 for an Admirals Hill townhouse.

Real estate agent Jeffrey Bowen has always been one of Chelsea's biggest boosters when it comes to promoting all the City has to offer.

A fixture at community events known for his generosity to local groups, Bowen is celebrating a personal and citywide milestone in his profession with the sale of a townhouse on Admirals Hill for the record price of \$937,000.

"I'm very excited to be part of the continuing resurgence of the Chelsea real estate market," said Bowen humbly. "They call Admirals Hill the hidden jewel of

Boston/Chelsea, and I certainly agree that it's a wonderful neighborhood. It's a gated and secure community on the waterfront with parks, trees, tennis courts, pools, manicured lawns, lush trees, sunlight, and beautiful views of the Boston city skyline."

Never one to rest on his professional accolades, Bowen is taking another step in advancing Chelsea with the undertaking of a major documentary about the city's past, present, and future. Bowen encourages local filmmakers and historians to contact him about contributing to the project.

Knowing Bowen's flair for the dramatic and attention to detail, the documentary will be a top-notch, original film that will make Chelsea proud.

## **School committee** hosts public hearing on FY26 budget

By Adam Swift

The school committee held a public hearing on the district's proposed FY2026 budget of approximately \$151 million last week.

Between additional funding from the city, and over \$1 million in cuts that Superintendent of Schools Dr. Almi Abeyta said will have a minimal impact on students in the classrooms; the district was able to close an initial \$3.4 million budget shortfall.

"That is hard to close when you have \$3.4 million," said school district finance director Billie Jo Turner. "The superintendent worked closely with the city to get them to commit to \$2.1 million above the minimum (required to be provided to the budget by the city) to offset this deficit, which brought us down

to \$1.2 million."

Turner outlined those cuts to the budget and the district level.

Both Turner and Abeyta said the goal was to make cuts that did not impact classroom learning and teaching positions. A number of cuts were made to trim some professional development contracts, and some others were positions that were either currently empty or had gone unfilled.

"The factors that are influencing this budget for Fiscal Year 2026 are that ESSER (Covid relief) funds have ended and the Student Opportunity Act dollars, which we are extremely grateful for, there is not a significant increase from this year to the coming year," said Abeyta.

In addition, the district

See BUDGET Page 3

## City announces new four-day work week for downtown Broadway Project

Special to the Record

City Manager Fidel Maltez recently announced that construction for the Downtown Broadway Project will no longer take place on Fridays as the project contractors will transition to a fourday work week, working 10 hours each day instead of the previous 8 hours, five days per week. The contractors will work from 7 a.m to 5 p.m., Monday through Thursday.

The change went into effect this week.

Maltez said he advocated for this change to provide the Chelsea community with a three-day break from construction and to make accessing Broadway busi-

See PROJECT Page 3

## STACEY SMITH NAMED THIS YEAR'S BLACK EXCELLENCE AWARD RECIPIENT



Stacey Smith with her father, Dennis, is shown with her award.

Special to the Record

Representative Judith Garcia is proud to announce that Stacey Smith has been named the recipient of this year's Black Excellence Award for the 11th Suffolk District. This prestigious honor recognizes Black leaders, trailblazers, and changemakers who continue to uplift and contribute to the district.

See SMITH Page 3



For the latest news in Chelsea that you need to know, check chelsearecord.com

## News in Brief

#### CITY ANNOUNCES CHANGES TO TRAFFIC PATTERNS ON CLINTON STREET TO

In response to input gathered from the public, the City of Chelsea announced that beginning March 31, drivers will no longer be able to enter Clinton Street from Broadway or Eastern Avenue.

This change aims to improve safety and reduce congestion in the area. "Do Not Enter" signage will be in place to inform drivers, according to city officials.

The city's Traffic and Parking Commission approved these changes, which were made with the help of public input gathered during community meetings for Upper Broadway Improvements.

Part of Clinton Street will soon become one-way, allowing traffic to flow from east to west, specifically from Eastern Avenue to Eastern Avenue Auto Body. The rest of the street will remain two-way to preserve existing parking and functional use of Clinton Street for its businesses and residents.

The decision to improve the intersection occurred through the MassDOT design process. The change will improve its functionality and safety. Chelsea departments, such as Chelsea Public Schools, Fire, and Police, have agreed to execute the change.

If you have any questions or concerns, please email bcares@chelseama.gov or call (617) 466-4192.

#### CITY ACCEPTING NOMINEES FOR ALL CHELSEA AWARDS GALA

The City of Chelsea is inviting the community to save the date and participate in nominating recipients for the 2025 All Chelsea Awards Gala, which will take place on June 26.

This Gala will honor Chelsea residents, businesses, and organizations who have demonstrated exceptional dedication to improving the lives, welfare and general well being of Chelsea residents.

Chelsea residents are encouraged to nominate those who have distinguished themselves by improving the lives of local residents and/or by enhancing the city's overall civic standards, from July 2024 to June 2025. Nominations are not valid unless a reason is provided for why the nominee deserves recognition. All nominations must

be submitted by April 20.

"We now, more than ever, believe it is really important to find joy in difficult times for our residents and our businesses," said City Manager Fidel Maltez.

With the gala and the awards, Maltez said the city is intentionally creating another event to draw in commerce for the city, while also celebrating the achievements of the city and its people.

"Last year's gala was a huge success and a celebration of Chelsea," Maltez

With the civic awards, which will be announced at this year's gala, Maltez the city is looking to celebrate the folks who contribute to the community every day.

The City of Chelsea Civic Standards: The City of Chelsea values active community participation, social justice, and neighborliness. Chelsea's civic standards encourage residents to engage in public service, volunteer, and promote awareness and equality that result in a greater sense of community.

The city invites residents to nominate any individual, business, or organization who exemplify these standards for recognition at our upcoming awards ceremony.

To nominate a Chelsea community member, visit www.chelseama.gov/gala.

## State grant will help with infrastructure improvements near Market Basket

By Adam Swift

Chelsea was one of 10 communities in the state recently awarded money for being in compliance with the MBTA Communities Act, which calls for the creation of new multifamily housing districts in communities with or adjacent to MBTA transportation.

The Healey administration established the MBTA Communities Catalyst Fund competitive grant awards to support activities related to housing creation, from improving or expanding critical infrastructure, to funding the acquisition of land for new development.

For Fiscal Year 2025, Chelsea received \$1 million of the \$8.7 million handed out to fully compliant communities in the state. According to the Healey administration, the state funds will help unlock as many as 2,300 new housing units in the state and help lower prices.

In Chelsea, the grant money will be used to help design water and sewer improvements to serve its 3A district near the Market Basket Plaza and support planned housing development projects.

"We are very excited to receive this grant; it is a substantial award," said City Manager Fidel Maltez. "Chelsea fully embraced the entire MBTA Communities process, and Chelsea took it as an opportunity for revisions for the area around Market Basket, especially for housing units."

Maltez said the city has been having conversations with Market Basket about the future buildout of the property, with opportunities for additional retail and business space as well as housing.

But to make that kind of development possible, there is a great need for improved infrastructure, especially for water, sewers, and roadways, Maltez said. The state grant will allow the city to begin the process of upgrading the water and sewer infrastructure around Spruce and Second streets, which Maltez said will be the nexus of future development in the area.

"The MBTA Communities Law is already paving the way for new housing

for Massachusetts residents, and today we are proud to award the first round of MBTA Community Catalyst Funds in support of cities and towns that are working hard to bring down housing costs for their residents," said Governor Maura Healey. "From the start, our administration has been committed to working closely with communities to not only come into compliance with the law, but to also provide resources to help them turn their plans into reality. These funds will be crucial for supporting housing creation and infrastructure upgrades so that we can make housing more affordable across the state."

Housing and Livable Communities Secretary Ed Augustus said the Catalyst Fund is another state funding source to help communities jumpstart housing production.

"Increasing the supply of housing helps lower costs for all residents and these grant awards give our communities a hand as they work to build the housing they need," Augustus said.

## Garcia // CONTINUED FROM PAGE 1

*massport* 

has also empowered them to excel as scholars and leaders in their community.

Representative García welcomed the students and reflected on the transformative impact of early college opportunities. As a former participant in the Early College Program at Chelsea High School, she spoke about how the experience

cessible and affordable but helped shape her academic has also empowered them to and professional journey.

"Being part of the Early College Program when I was a student at Chelsea High School was instrumental to my success," said Rep. García. "It allowed me to save money on college tuition and gave me a head start on my career. Seeing these students take advantage of this opportu-

nity makes me incredibly proud."

The visit underscored the importance of continued investment in early college initiatives, ensuring that more students—regardless of background—can benefit from the life-changing opportunities these programs provide.

# SCHOLARSHIP OPPORTUNITIES



Massport is currently accepting applications for the following Scholarships:

- DEBORAH HADDEN GRAY MEMORIAL SCHOLARSHIP
- DONNA RAUSEO MEMORIAL SCHOLARSHIP
- LOWELL L. RICHARDS III MEMORIAL SCHOLARSHIP
- THOMAS J. BUTLER MEMORIAL SCHOLARSHIP
- STEM SCHOLARSHIP

Scholarship applications must be received by Massport no later than 5:00 p.m. on Friday, April 25, 2025.

For more information on these scholarships, including application checklist and criteria please visit www.massport.com/community/scholarships-and-internships

## Chelsea Creek // CONTINUED FROM PAGE 1

British ships, and defended Chelsea during a pivotal moment in the Revolution.

The open houses and talks at the Cary House begin on Thursday, April 17 at 6 p.m. with artist Max Pro. The Chelsea artist will explore personal and cultural ties between Chelsea and the Caribbean in a compelling presentation on the history of Cuba. The Cary family, whose historic home serves as the backdrop for this event, lived in Chelsea while also overseeing plantations in Grenada and other Caribbean islands. Their story is intertwined with the contradictions of colonial trade and enslavement within the aspirations for freedom and prosperity that shaped the American dream. This talk highlights contemporary immigrant experiences between these two regions.

Max Corona, also known as Max Pro, was born and raised in Chelsea, where his family has deep roots, with his grandparents having migrated from Cuba. Max's artistic journey began at the

age of four when he first watched his mother draw a flower. From there, his art continued to grow, and his creative journey expanded.

On Thursday, April 26, from 11 a.m. to 2 p.m., there will be an open house and Cuban History display by Max Pro. There will also be an open house on Sunday, May 4 from 11 a.m. to 3 p.m. on Cary Square Day.

On Saturday, May 10, from 11 a.m. to 2 p.m. there will be an open house and talk on the Battle of Chelsea Creek. On that date, there will be a historical presentation on the Battle of Chelsea Creek, presented by Robert Allison, Professor at Suffolk University, and Jeff Pearlman, at 11:30 a.m. Allison is a Professor of History, Language and Global Culture at Suffolk University. He is one of the the coordinators of The Revolution 250 Advisory Group that is overseeing commemorations across Massachusetts of the American Revolution. He is the author of numerous publications including books on The Boston Tea Party (2007), The Boston Massacre (2006), and A Short History of Boston (20040).

Pearlman is a city historian in Revere and a member of the Revere Society for Cultural and Historical Preservation as well as the Colonial Society of Massachusetts. Pearlman is currently an adjunct professor at Salem State University. He previously taught public school in Revere for 36 years.

Future events include: Thursday, May 15, 6-8pm

Letters from Chelsea and the Siege of Boston, with a presentation by Mimi Graney at 6:30 p.m.

Saturday, May 24, 11 a.m. to 3 p.m., open house on the 250th anniversary of the Battle of Chelsea Creek.

Saturday, June 7, 11 a.m. to 3 p.m., Curator's Choice Day

Saturday, June 12, 6 p.m. to 8 p.m., open house.

Saturday, June 21, 11 a.m. to 2 p.m., Strawberry Festival

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## Your opinions, please

The Record welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151. Letters may also be e-mailed to

stephen.quigley@reverejournal.com.

Letters must be signed.

We reserve the right to edit for length and content.

## DiDomenico re-appointed Senate Assistant Majority Leader

Special to the Record

The Senate President recently re-appointed Senator Sal DiDomenico to her leadership team as Assistant Majority Leader for the 2025-2026 Legislative Session. This will mark the fourth consecutive legislative session that DiDomenico will serve in that leadership position. DiDomenico was also appointed Chair of the Bills in the Third Reading Committee, Vice Chair of the Ethics Committee, and member of the Education Committee, Labor and Workforce Development Committee, Personnel and Administration Committee, and State Administration



Senator Sal DiDomenico

and Regulatory Oversight Committee.

As Assistant Majority Leader, Senator DiDomenico will continue to be an active participant in setting the agenda for the upcoming session, and he will work with his colleagues to

advance legislation to the Senate floor for legislative action in his role as Chair of Bills in the Third Reading.

"I am honored to continue working alongside Senate President Karen Spilka on her leadership team as Assistant Majority Leader and as Chair of Bills in the Third Reading Committee," said State Senator Sal DiDomenico. "I want to thank President Spilka, for her trust, confidence, and friendship. I look forward to working with all my colleagues this session to move the Commonwealth forward and ensure that my constituents and residents in every corner of the state get what they need and deserve."

## Neighbors questions Grandview Rd.

By Adam Swift

Residents in the Grandview Road neighborhood raised concerns about the potential construction of a two-family duplex home at 18 Grandview Road during last week's Zoning Board of Appeals meeting.

Elmer Castillo is looking to build the duplex next to the home he owns on the adjacent property he owns at 24 Grandview Road.

The proposal requires several special permits and variances from the ZBA for lot size, frontage side yard setback, combined side yard setback, front yard setback, and off-street parking as well as maximum requirement for lot coverage.

Several nearby residents raised concerns about the impact the project would have on traffic and parking in the neighborhood, stormwater runoff and its proximity to neighboring homes.

Rebecca Edmondson-Korom, the attorney representing the property owner, said the lot at 18 Grandview has been vacant since its creation by a subdivision plan in 1988.

She said nothing is changing to the existing house at 24 Grandview.

building proposal at ZBA meeting

The proposal calls for the creation of two three-bedroom, 2-1/2 bath units with underground tandem park-

There is a 35-foot proposed curb cut to access the lot and the parking, according to Edmondson-Korom.

"I have some concerns with the property built so close to our property with privacy, noise, losing sunlight on that side of my house, and I also have concerns about parking, even though it is off-street," said abutter Valerie Green.

Although the parking is not on the street, Green noted that the street is very narrow and it could create issues when residents are backing out of 18 Grandview. She added that there will also be a loss of two parking spaces on the street as a result of the curb cut.

In addition Green said there are already issues with sewer runoff on the street, and that additional development would only add to it.

A petition from 26 residents from Grandview and the surrounding area also raised a number of the same concerns.

District 1 City Councilor

Todd Taylor spoke in support of the residents who voiced their concerns.

"Looking at this ... it seems like a pretty heavy lift for this," said Taylor. "There are a lot of things that need to be granted, especially the lot size."

The project goes before the Planning Board for a recommendation on March 25 and is back before the ZBA for a potential vote on April 8.

The ZBA also held an initial public hearing on a proposal for 82-84 Marlboro St. at its meeting last week. The applicant, Carolina Linares, is seeking to add two new three-bedroom units to the existing two units at the address by adding two additional stories on the existing footprint of the building.

ZBA members did question why there was a request to add two floors instead of just one additional floor for a three-unit building. Linares noted that a four-story project would still fall just under the height restriction in the zoning district.

That project will also be before the ZBA on March 25 and back before the ZBA on April 8.

## Budget // CONTINUED FROM PAGE 1

saw a decrease in enrollment by 60 students over the past year, which affects the amount of state aid the district receives. Abeyta said the district also has the annual battle of addressing inflation and increased salaries, benefits, healthcare costs, and special education

Chapter 70 state aid covers about 80 percent of the total cost of the school budget, with the remainder funded mainly through the city, as well as grants.

Just to address those costs and maintain the services in the current budget, the district was faced with an \$11.5 million increase for the coming year, Turner ly."

During the budget process, Abeyta said the administration has held public outreach sessions and met with staff, the school committee, and the Chelsea Teachers' Union to discuss and address budget needs.

"I want to thank Dr. Abeyta and the entire school committee team for the budget process," said Chelsea Teachers' Union President and Browne Middle School special education teacher Kathryn Anderson. "This has been really an unprecedented year; there has been a lot of difficulty both within our district and national-

Anderson thanked Turner and Abeya for having conversations about how the potential budget cuts would have the lowest impact on students and staff.

"There was clearly an effort to prioritize student-facing services and a focus on keeping people in front of our kids," she said.

The school committee will be meeting on the budget again this Thursday, March 20 and is expected to vote on the final figure at its March 27 meeting, where it will then go before the city council as part of the overall city budget.

## Project // CONTINUED FROM PAGE 1 nesses easier.

"We recognize Downtown Broadway Construction Project is a major disruption to this area and is creating a lot of impacts," said Maltez. "We believe this new, four-day work week will bring much relief to our Broadway business owners and our residents by giving them a long weekend without disruption. I'd like to thank our project contractor, Albanese, for their flexibility, and the Chamber of Commerce, for their partnership in our efforts to support our businesses during this period."

Moving forward, every Thursday afternoon, the contractor will clean the area, move as much equipment out of the right-of-way as is feasible, with larger equipment such as excavators, trench boxes, and road plates parked closely together, to leave as many parking spaces open as possible, according to city officials. This will allow the Broadway businesses to operate without any construction disruptions on Friday.

Saturday, and Sunday.

In the event the project contractor loses a day of work due to severe weather. construction will take place on the Friday of that week to make up for the lost day and ensure the project remains on schedule.

This new schedule will remain in effect for the remainder of the project. By the end of March, Broadway between Fourth and Fifth Street will be completed, and work will move towards Margolis Pharmacy and City Hall.

At last week's city council meeting, Maltez also responded to a number of council orders that were submitted last month by District 7 Councilor Manuel Teshe looking to minimize the impact of the Downtown Broadway project. Teshe noted that many local businesses have taken a major financial hit during the course of the work.

In response to one council order, Maltez said the city has made positive connections with two local businesses to help make

Plant the Seeds

of Success

parking more available for special events.

"We have also reached out to Chelsea District Court to request use of the parking lot for overnight parking of residents," said Maltez. "Unfortunately, the District Court shared concerns with residents not removing their vehicles in the morning and disrupting start time of the court. We will continue to engage them to see if this issue can be resolved."

Maltez said the city has also reached out to the state to request that the parking lot on 5th Street and Arlington be made available for resident parking.

Maltez said the city could also make available \$100,000 in free cash to assist the Chamber of Commerce in its work during the downtown project. The council will take up the financial order in its ways and means subcommittee.

In addition, Maltez requested the city council approve expanding the city's storefront improvement program with another \$100,000 from free cash.

## Smith // CONTINUED FROM PAGE 1

One of Stacey's most impactful contributions is her successful advocacy to restore Walnut Street's name, which had been changed to Arlington Street Extension following the Great Chelsea Fire of 1973. Through extensive research, she uncovered the history of once-thriving neighborhood—home to families, small businesses, and restaurants, including some owned by her relatives that was transformed into

an industrial zone due to urban renewal efforts. Motivated by this discovery, she worked alongside local government officials, who listened to her concerns and voted unanimously to reinstate the street's original

"True history appreciates every voice, intertwining a parallel narrative where all stories are seen, heard, and learned from is long overdue," said Smith.

Representative Judith Garcia praised Stacey's leadership and commitment to historical justice, stating:

"Stacey Smith exemplifies the power of community-driven advocacy. Her dedication to uplifting Chelsea's history and ensuring that all voices are recognized is truly inspiring. By reclaiming Walnut Street, she has reclaimed a piece of our city's identity. I am honored to celebrate her as this year's Black Excellence Award recipient."

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Lochiatto, Debroah

Red Coat Declaration Of T Cen, Jonathan Ipince, Rodrigo Haley, Kellin Tan, Victor E

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## Chelsea Record

PRESIDENT: Stephen Quigley EDITOR IN CHIEF: Cary Shuman

## WE HAVE LOST THE **BATTLE TO STOP CLIMATE CHANGE;** WE NEED TO SAVE OURSELVES

We recently saw a chart that was incredibly depressing: Even though the amount of greenhouse gas emissions (GGE) by the United States has decreased by about 15% since 2000, the rest of the world has increased its GGE by

Right now, the U.S. contributes only an estimated 13% of the total greenhouse gases world-wide into the atmosphere. (By contrast, in 1950 we accounted for 40%.) So even if the U.S. were to become carbon-neutral tomorrow, it would barely make a dent in the ever-increasing world output of GGE. In 1950, total greenhouse emissions in the world (excluding the U.S.) were 3.6 billion tons. But today, the world (excluding the U.S.) spews about 31 billion tons of greenhouse gases into the atmosphere.

In other words, we in the U.S. can reduce our individual and collective carbon footprints, but it won't make one bit of difference to stave off the looming effects of climate change.

So as a practical matter, what does this mean? In general, we should continue to do everything we can to make our air, water, and environment cleaner because these measures will reduce pollution and improve our health.

But we need to be very strategic about how we spend our resources on these projects because, as we noted, no matter what we do, they are not going to do anything to stop the inevitability of climate change.

Rather, we need to devote most of our attention and resources to minimizing the effects of the climate change catastrophe that we are facing by spending money on resilience measures. For example: Instead of creating bicycle lanes that very few people ever will use, we should use those tax dollars to harden our critical infrastructure to protect against the effects of bigger and more frequent storms, floods, drought, wildfires, and sea-level rise.

California has spent billions of dollars on climate-change initiatives -- but its biggest city proved wholly incapable of fighting a fire, with tragic consequences.

Climate change is here and it's only going to get worse. We need to stop fighting what already is a lost cause and instead spend our scarce resources on preparations for the climate catastrophe that already is here -- and getting worse.

## ARE AMERICANS LOSING THEIR APPETITE FOR JUNK FOOD?

PepsiCo, the international food conglomerate, reported last month that the company's North American snacks business, which makes Doritos, Cheetos, and Lay's potato chips, saw a 3% dip (pun intended) in sales volume in the quarter ended Dec. 28.

Smuckers, which owns the Hostess brand that makes the iconic Twinkies, also reported a decline in the volume of its products sold in 2024.

We don't think it is a coincidence that Americans have been consuming less junk food ever since the FDA approved the use of the GLP-1 drugs made by pharmaceutical giants Eli Lilly (Zepbound ) and Novo Nordisk (Wegovy).

These drugs (under their other brand names, Mouniaro and Ozempic) initially were approved to treat diabetes. But it soon became clear that in addition to treating that disease, there was another big benefit: Patients were losing significant amounts of weight.

It has only been a couple of years since these drugs were approved for weight loss, but it would appear that our nation's non-stop, upward trend of ever-increasing obesity finally has been reversed. According to recently-released statistics, the obesity rate in the United States decreased for the first time in over a decade, from 46% in 2022 to 45.6% in 2023.

Users of these drugs report a suppression of their appetite and a decrease in their cravings for junk foods of all kinds, not just Doritos and Twinkies. (We also would note that users of GLP-1 drugs report a decrease in many other forms of addictive behavior, including gambling, drugs, and alco-

We hasten to point out that a direct link between the GLP-1 drugs and the national reduction in weight has not been shown, but the trends, in our view, are unmistakable. To paraphrase Bob Dylan, we don't need a double-blind study to tell us which way the obesity trend will be heading with the widespread adoption of the GLP-1 drugs.

As we wrote in this space a few weeks ago, we believe that GLP-1 drugs, which are incredibly expensive, should be covered by health insurance so that they can become affordable for all Americans, not just the wealthy.

Obesity is the leading cause of a multitude of diseases in this country and not making the GLP-1 drugs affordable for all Americans is penny-wise and pound-foolish (pun intended).

# Forum

## GUEST OP-ED

## An open letter to the Massachusetts Port Authority Board

Dear Editor,

The following letter was submitted to the Massport Board members.

Dear Massport Board Members,

AIR, Inc., Mother's Out Front, GreenRoots, Friends of Belle Isle Marsh, and other member organizations of the Logan Community Clean Air Coalition wish to endorse Massport's proposal to institute rational ground access fees and improve transit options to Logan.

Logan is one of a growing number of airports, like Seattle, Los Angeles, Newark, and others, that are drowning under excessive roadway and curb congestion caused by unregulated private vehicle access. Not only does this congestion degrade the airport's performance, it also burdens the residents of adjacent communities with excess air pollution. The fact is: private passenger car vehicular access to Logan has severe costs and the fees Massport charges for access to Logan's curbs should reflect those costs.

But how would increasing ground access fees help? Realistic fees for access to the terminal curbs will help if at the same time Massport couples them with giving travelers a far better way to get to Logan.

And how can Massport do

The first half of the answer comes from Switzerland, where post offices, bus and train stations have offered airport baggage handling for decades. Swiss travelers' luggage is scanned at bus and train stations and gets checked-through to their flights and final destinations. The technology that makes this possible means that we can add baggage checking services anywhere.

The other half of the answer comes from Philadelphia, where American Airlines is offering 'land flights' between Allentown PA and Atlantic City, and Philadelphia International Airport (PHL). Travelers can book their travel out of the smaller local airports using the normal American Airlines reservation system online. On the day of travel, they head to their local airport, where they check their bags normally, and clear TSA security as usual. Then, instead of boarding an aircraft for the 50 mile trip to PHL, they board a high quality bus on the secure side of TSA at those outlying airports and are dropped right at their gate in PHL.

These aren't the kind of buses that take you to the local mall. They are luxury coaches set up with seating and amenities that meet modern aircraft comfort standards -a cross between an aircraft cabin and a bus. They're outfitted with first class width, leather airline style seating, WiFi, overhead storage bins, onboard entertainment, power outlets, and onboard restrooms,

just like an airplane.

If the Swiss can check luggage at bus stations, and TSA can allow ground access links between facilities, Massport can reimagine its Logan Express system as a series of state of the art, full service, world-class remote airport terminals which provide land flights between them and Logan. Land flight service could even be expanded to replace air travel routes for trips under 150- 200 miles, saving airlines considerable expense and dramatically reducing greenhouse gas emissions.

Of course Massport would need to be trusted to do this properly. But new Massport CEO Rich Davey has a legitimate transit background and he's been publicly talking about this sort of idea. There's no doubt that this system would work, nor is there any question that it would be wildly popular. So we need to get behind this.

It's not hard to imagine how much smoother getting through Logan would be if Boston's cramped and crowded airport were streamlined by moving a bunch of baggage handling, curb congestion, and security screening activity off-site.

It's also not hard to imagine how much less stressful traveling out of Logan would be if you could just take an Uber to the Framingham or Braintree Logan Remote Terminal, -or if you could drive your own car to the well-lit, secure and affordable parking garage attached directly to the heated and air conditioned 'New Woburn or Danvers Logan Remote' and check your



A view of the inside of the buses used for 'land flights.'

bags and clear security, right there. You then would not need to drag your luggage in and out of your ride, and through the terminal, like a beast of burden.

The more you think about it, the better this idea sounds, and the less an outrageous price hike for a service you no longer want to use actually matters. Now imagine that these airplane buses could fly right through the barbary of Boston's regional standstill traffic on high speed bus-only dedicated bus lanes, cutting your trip time in half.

Increasing existing ground access fees is part of a policy that can drive up use of true HOV/Transit options. But it could also cause an uptick in private pick-up and drop-off activity. So if Massport wants to use pricing increases to drive down congestion, they'll need to prepare an effective curb activity monitoring program and prepare for implementation of an airport roadway or curb access fee.

Massport has a choice of how to implement these changes. We urge the Port Authority to move forward with this fee proposal, but to do it by first offering the traveling public significant relief from the stress and frustration of getting to Logan by investing in immediate improvements to the pricing, comfort and convenience of its existing transit options.

If we still need to argue over these proposed fee hikes, the conversation needs to recognize that the cost of leaving things the way they are is too high. Forbes reported that traffic

congestion cost Boston over \$4 billion in economic losses in 2019 and local airport adjacent communities pay a far steeper price in chronic disease driven by air pollu-

Economically, increasing ground transport efficiency will improve, not damage economic productivity. Metropolitan London's gross domestic product rose by 52% in the 20 years since the city instituted its congestion charge. London's congestion charge has actually been well accepted, and has measurably reduced traffic and pollution. If Massport and the state's eight regional transit authorities' can colocate their bus services with Logan Remote Terminals, the economic and mobility benefits would be signifi-

urge Massport's Board to seize this opportunity to embrace true environmental and transportation leadership and ignore the scare tactics and industry-funded ad campaigns. Ride App drivers will not lose business; they will simply change destinations and save time by avoiding trips into the congested core of the city. The time saved will allow these drivers to take more fares.

The future can be scary, but the future can also be bright. We need to give Massport a chance to give us a better option.

Sincerely,

AIR. Inc., Mother's Out Front, GreenRoots, Friends of Belle Isle Marsh, and members of the Logan Community **Clean Air Coalition** 

## **SUBSCRIPTION INFORMATION**

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## RECORD

stephen.quigley@reverejournal.com

Advertising and Marketing

> **Director of Marketing** Debra DiGregorio

deb@reverejournal.com

**Assistant Marketing** 

**Directors** 

Maureen DiBella

Ellen Bertino

Copy Editing, Layout Scott Yates

**Editorial** 

Reporters,

Regular Contributors

Cary Shuman

(Cary@lynnjournal.com)

Advertising

**Business Accounts** Executive Judy Russi

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# DiDomenico, Neville present school funding solutions to the legislature

Special to the Record

Senator Sal DiDomenico hosted a legislative briefing on March 4 to educate state representatives, senators, and staffers on the ways high inflation has harmed school budgets and bills that could address funding shortfalls, featuring testimony from Chelsea School Committee member Dr. Sarah Neville as well as other school committee members and policy analysts from across the region.

Current law ensures that state funding for public schools keeps pace with inflation, but only up to 4.5%. As a result, when inflation rose to 7% in 2022, and to 8% in 2023, state education funding was only inflated by 4.5% both years due to this cap.

"Chelsea was the municipality that was most affected by this inflation cap out of the whole state," said Neville. "The inflation cap took \$7.6 million from Chelsea Public Schools, which amounts to \$1,200 per student. And this isn't a onetime loss: if it weren't for the inflation cap, our school budget would have had \$7.6 million in additional funding in 2025, \$7.6 million more in 2026, \$7.6 million more in 2027, and so on. We had to cut \$2 million from our budget this year, but if it weren't for the inflation cap, we wouldn't be cutting, we'd be building. We would be investing essential student support services to help students who are struggling, by hiring more tutors and specialists."

"Public education is one of my top priorities," said Senator Sal DiDomenico, "and I am proud to be the lead sponsor to eliminate the inflation cap on our education funding to ensure our school districts like Chelsea get all the investments and resources they need even as costs rise higher and higher each year. I will always be an ardent advocate for our schools and teachers so our children can have the best education and childhood we can possibly provide. This cap has hurt our districts and that is why this legislation is even more critical going forward."

DiDomenico jointly hosted the briefing with Senators Pavel Payano and Robyn Kennedy to highlight the bills they have proposed to address the inflation problem. DiDomenico's bill would remove the inflation cap, so that if inflation ever soars above 4.5% again, school budgets would not suffer. Payano's and Kennedy's bills also propose ways to provide districts with the funding they lost in 2022-2023; these bills would raise Chelsea Public Schools' budget by \$7.6 million per year.

## NeighborHealth earns recognition from HRSA for quality excellence

Special to the Record

NeighborHealth, Massachusetts' largest community-based primary care health system, has been recognized by the U.S. Department of Health and Human Services' (HHS) Health Resources and Services Administration (HRSA) with four distinguished quality badges for 2024. These awards, distributed in late 2024, highlight Neighbor-Health's commitment to delivering exceptional patient care and advancing health outcomes in our communi-

The quality badges awarded to NeighborHealth include three different Community Health Quality Recognition (CHQR) badges in addition to Patient-Centered Medical Home (PCMH) recognition.

## National Quality Leader - Cancer Screening (Gold)

This coveted gold badge NeighborHealth places among an elite 1% of health centers nationwide recognized for excellence in cancer screening - underscoring the tireless efforts of NeighborHealth's clinical teams in early detection and preventive care. NeighborHealth's ability to foster close partnerships between providers, clinical and operations leaders allows them to seamlessly maintain quality teams to support preventative cancer screening.

#### Health Center Quality Leader (Silver)

NeighborHealth received silver status as a leader in

overall quality performance, demonstrating its dedication to providing high-standard, equitable healthcare services. This badge is only awarded to the top performing health centers nationwide. NeighborHealth has demonstrated commitment to holistic health care, with compassion, curiosity and empathy to receive this accolade.

#### Advancing Health Information Technology for Quality

This recognition reflects NeighborHealth's commitment to leveraging innovative health information technology to enhance patient outcomes and streamline care delivery. NeighborHealth was awarded this badge for meeting all criteria to optimize Health Information Technology services that advance telehealth, patient engagement, interoperability, and collection of social risk factors to increase access to care and advance quality of care. Neighbor-Health has implemented multiple care delivery options, including telehealth through the coordination and partnership between information technology, clinical, quality and operations.

## Patient-Centered

Medical Home
An honor, recognizing NeighborHealth's implementation of the Patient-Centered Medical Home model, emphasizing patient-focused, comprehensive and coordinated care

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## **OBITUARIES**

## Gerald "Jerry" O"Donnell

Formerly of Chelsea

Gerald "Jerry" O"Donnell of Peabody and former Chelsea Resident entered into eternal rest on Monday March 17th 2025 surrounded by family at MGH Boston

Jerry was well known in the towing industry as the owner of Jerry's, A&J and All City Towing in Chelsea as the city of Chelsea's Contract Towing vendor where he and his brother Paul would be seen responding to various calls for service assisting the Chelsea Police and stranded motorists.

Jerry was born October 21st 1957 in Everett and raised in Chelsea and attended Shurtleff School and Chelsea High and settled on Hooper Street in the 1990's, moving in 2022 to Brooksby Village in Peabody.

He was the son of the late Gertrude (Mackey) O'Donnell-Koolloian. He was preceded in death by his wife Amy (Weiner) and brother Arthur O;Donnell and survived by his son Brandon, daughter Elissa Murray and husband William both



of Peabody and brother of Chelsea Emergency Management Supervisor Paul Koolloian.

The wake will be held on Tuesday March 25th from 4 -8 pm at the Welsh Funeral Home 718 Broadway Chelsea with the funeral on Wednesday morning March 26th with the time to be determined at a later date. Burial will be at the Congregation Tifereth Israel Cemetery on Fuller Street in

Please visit the funeral home website for funeral hours.

# MassDOT Aeronautics reports successful drone medical delivery demonstrations

Special to the Record

The Massachusetts Department of Transportation (MassDOT) Aeronautics Division has announced the successful completion of flights by three companies, which conducted drone medical delivery demonstrations transporting packages of up to 10 pounds. The tests were designed to explore and assess the future use of drones, Uncrewed Aircraft Systems, (UAS) for small package delivery, especially for home-based healthcare and emergency medical response in the fu-

The Medical Delivery Demonstrations occurred between August and October of 2024. Participants' drones carried simulated payloads for at least one mile, one way, demonstrating the future potential to

transport small packages. "This medical delivery demonstration underscores the value of drones many operational needs," said Transportation Secretary and CEO Monica Tibbits-Nutt. "Drones have already proven useful in operations, including MBTA track corridor inspections, MassDOT Highway bridge inspections, overhead project evaluations, and other needs. We continue to assess the use of drones for other purposes in the future."

"This demonstration project reflects our commitment to exploring the use of drones to meet critical needs, such as the timely, cost-effective delivery of supplies and devices for health care and emergency management, across the Commonwealth," said MassDOT Aeronautics Acting Administrator Denise Garcia.

MassDOT Aeronautics already uses drones to improve transportation safety, including for infrastructure inspection and incident response, supporting Mass-DOT, the Massachusetts Bay Transportation Authority (MBTA), and the Massachusetts Emergency Management Agency (MEMA).

MassDOT Aeronautics is dedicated to making air transportation safer, cleaner, more efficient, and more economically advantageous for the people, communities, and businesses of Massachusetts. MassDOT Aeronautics employs the highest standards in safety, engineering, and financial management to regulate and promote air transportation in the Commonwealth. The Agency oversees 35 of the State's 38 public-use airports, supports economic development and job growth, reduces aviation's environmental impact, and explores the introduction of advanced aviation systems. The Agency's Drone Operations Program aims to facilitate the adoption and use of Uncrewed Aircraft Systems (UA/drones) in the Commonwealth in a manner that is safe, efficient, and cost effective.

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## William F. Pettengill

Former member/bartender of the Chelsea Irish Club and member of many other local organizations



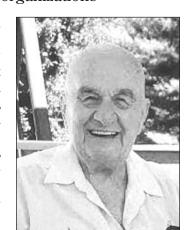
William F. Pettengill (affectionately known as Sweet Pea) of Chelsea

passed away on March 13, 2025 at the age of 85 after a long illness. He was pre-deceased by his loving wife, Mary (Pitts) Pettengill, his parents, Jim and Anna Pettengill, his brother, James and his wife, Yvonne.

He is survived by his son, Michael Walsh, his wife Nancy; his grandchildren, Connor Walsh, Taylor Walsh and her partner, Tomas Gates and soon to be great granddaughter, Ruby Elizabeth. He is also survived by his sister, Claire Ellis and her husband, Mick, his brother in law, Arthur Pitts and many cousins, nieces and nephews.

Bill was born in Malden but grew up in Everett. He went to Everett schools and attended Everett Vocational High School where he was an outstanding athlete, captain of the basketball and cross-country teams.

He proudly served his country in the US Army during the Berlin crisis. He held many jobs over the years; which included employment at Purity Supreme, U.S. Gypsum, the City of Chelsea as a trash truck driver and beloved crossing guard.



Bill was outgoing, had many friends throughout the years and most importantly, he enjoyed life. He was a former member/bartender of the Chelsea Irish Club. Also, a past member of the Chelsea Moose Club, Chelsea Masons Lodge, Chelsea Elks Lodge, the Cary Square Social Club and the Beachmont V.F.W. Post #6712.

Relatives and friends attended visiting hours in the Carafa Family Funeral Home, 389 Washington Ave., Chelsea on Wednesday, March 19 followed by a Funeral Service in the Funeral Home. Bill's Interment followed at the Massachusetts National Cemetery in Bourne.

We encourage family and friends to visit carafafuneralhome.com to offer condolences by means of the online guest book or to send a personalized sympathy card.

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## OBITUARIES

All obituaries and death notices will be at a cost of \$195.00 per paper.

Includes photo.No word Limit.

Please send to obits@reverejournal.com or call 781-485-0588

#### CHELSEA CHAMBER OF COMMERCE HOLDS INSTALLATION OF OFFICERS DINNER

Commerce held its Installation of Officers Dinner at Holiday Inn, Chelsea.

Executive Director Jennifer Hassell welcomed the many Chambers members

The Chelsea Chamber of and guests to the program. Former Chelsea City Manager Jay Ash, president and CEO of the Massachu-

setts Competitive Partner-

ship, was the guest speaker.



Michael Matrinko Jr, Cheryl Matrinko, Michael Matrinko Sr -Chelsea Chamber Honors Business of the Year / The Brown Jug.



Donna and Peter Zaksheski - Chelsea Chamber Honors Lifetime Achievement Award.



Please visit chelsearecord.com



Bruce Mauch - Chelsea Chamber Honors Legacy Award Beth McDougal and Jennifer Hassell.





**Chamber Executive Director Jennifer Hassell with Guest** Speaker Jay Ash.



Luis Romero and Mayra Molina - Chelsea Chamber Honors



Chelsea Chamber Board of Directors include Sean McNamee – Eastern Salt, Hailey Guzman – Colwen Hotel, Lauren Ellis – Bunker Hill Community College, Rena Caso - Dunkin - Everett Ave, Uri Molina - Global Partners, David Mindlin - Kraft and Hall Law, Seth Felix – East Cambridge Savings Bank, Roman Gold - Margolis Pharmacy, Beth McDougal - McDougal Architects, and Charlene Bauer – Metro Credit Union. Missing from the photo are Arthur Arsenault – Arsenault and Kline CPA, and Joe Vinard – Retired, East Cambridge Savings Bank.



Part of Chelsea's MA250 celebrations. All of our programs are free!

## Chelsea Fire edges Chelsea Police in charity basketball game at CHS

By Michael Lopez Official Scorekeeper

In a closely contested battle of Chelsea first responders (Chelsea Police Department vs Chelsea Fire Department) Chelsea Fire Chelsea Police, 47-44, for the second year in a row.

The charity basketball game, organized by Police Sgt. Star Chung and others, benefited the Chelsea Community Connection Coalition.

ment was led by head coach Firefighter Tony Martins and assistant coach Firefighter Carlos Carrasquillo.

Kevin DeJesus led the Fire Department with 12 points. Jonathan "Bird" Morel (who proposed to his girlfriend right before tip-

off) scored 7 points. Berto Gonzalez had 6 points, Fire Lieutenant John Coyne and Alex Monterrey each had 4 points, Jeff Flores and Rony Gomez each had 3 points, Danny Henriquez, Fire Captain Mike Lee, Antonio each scored 2 points.

The Chelsea Police Department contingent was guided by head coach, Captain Brian Dunn, and assistant coach Francisco Molina. Officer Luis Diaz was the leading scorer for his team with 14 points.

Tom Broman had 7 points, Mustafa Mirza had 5 points. Police Sergeant Mike Addonizio, Peter Lopez, and Richard Laft each had 4 points. Carlos DelCompare and Jonathan Perez each had 3 points.



Shown representing the police team (top row left to right) are Sgt. Star Chung, Ofc. Jonathan Maldonado, Ofc. Matt Dinicola, Sgt. Fernando Camacho, Ofc. Cristofer Sanyet, Lt. Joe Fern Jr., Det. Richard Laft, Ofc. Luis Diaz, Capt. Brian Dunn (Head Coach), Ofc. Alex Cabassa (Player), Sgt. Michael Addonizio (Player), Ofc. Rodrigo Fuentes (Injured Player..Sat Out), Ofc. Jonathan Perez (Player), Ofc. Kevin Diaz, Chief Keith Houghton, and Ofc. Joe Stutto Jr. Kneeling (bottom row left to right) are Ofc. Carlos DelCompare (Player), Ofc. Joe Campers (Player), Ofc. Marc Garcia, Ofc. Garrison Daniel (Player), Co-Response Clinician Peter Lopez (Player), Det. Tom Broman (Player), Ofc. Nelson Navarro (Player), and Ofc. Mustafa Mirza (Player).



The Chelsea Fire Department basketball team is pictured before the charity game versus the Chelsea Police Department March 8 at the Saul Nechtem Gymnasium.





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### **BRUINS** Beat by Bob Morello

## BRUINS CHANCES DIMMING RAPIDLY

Last Monday, the Bruins had an excellent opportunity to end their two-game skid versus the last-place team in the Atlantic Division, the Buffalo Sabres. While the Sabres are basement tenants in the Atlantic, they had recently earned wins over both the Vegas Golden Knights and the Edmonton Oilers. The kicker, this same team on the road, had left the ice the last eight games with a loss. Obviously, one never knows which Bruins team will show up, as was the case for the Bruins when they entered Monday night's game. The Bs were hoping to get some revenge for the 7-2 drubbing

they received from Buffalo in their initial meeting in January, but that plan failed as the final score in overtime was a 3-2 Buffalo win, on 4-on-3 power play goal from Alex Tuch with 11 seconds left in the OT. The loss extended the Bs losing streak to three games. The Bruins, for 60-minutes, had a chance to win the contest, thanks to the strong play of Joonas Korpisalo (27 saves), who got the nod in net after Jeremy Swayman had been given four straight starts, and posting a 2-2 re-

Boston came in last night against Buffalo down four points out of the wild card crucial game for the Bruins', whose playoff chances at this time are becoming slim-to-none. Boston fans are rapidly losing their patience, as indicated by the local fans serenading their team with loud choruses of boos on Saturday, indicating their frustration in the recent loss to Tampa Bay. Much was attributed to the Bruins not able to manufacture a single shot on net, in the second period of Saturday's loss to Tampa. That struggle continued as they were only able to muster 19 shots last night against Sabres' goalie Ukko-Pekka Luukkonen during almost

spot, making this another 65-minutes of play during their 3-2 overtime loss. This is a Sabres team that is rapidly heading towards their 14th consecutive season of missing the playoffs, yet they were able to do enough to come out with the win. The Bruins' now have an even .500 record (30-30-9), and headed to their first DNQ in nine years (2016).

Bruins forward Morgan Geekie, a strong candidate to earn this season's Sixth Player Award, scored his career-high 23rd goal, and also assisted on Boston's first goal by Pavel Zacha (14). Many factors played into this loss: Boston's inability to score on the power play was major, especially on the 5-on-3 chance they had. Buffalo being able to score two power play goals, with their chances, magnified this fact.

The puck is now in the Bruins end, and that means that management decisions will have to be made, and we've already seen some that were not very popular, but maybe necessary. The obvious avenues for management to explore would be, free agency, or trade and it now comes down to decisions that could easily put this team on the back burner for quite some time.

Next up for the Bruins will be the Las Vegas Golden Knights on Thursday 10:00pm, to begin a five-game road trip over 11 days, also including stops: San Jose Sharks on Saturday 10:30pm, Los Angeles Kings on Monday 9:00pm, followed by Anaheim, and ending in Detroit on March 29.



## FKO receives MGH \$300,000 grant for innovative apprenticeship

Special to the Record

For Kids Only Afterschool (FKO) is excited to have received of Mass General Brigham Community Health Impact Funds for a groundbreaking new outof-school time (OST) apprenticeship that is advancing economic mobility for low- and moderate-income residents in Chelsea, Revere, and Winthrop, Massachusetts.

This funding is part of \$3 million that has been awarded to 15 local organizations to support economic mobility and financial stability initiatives in Boston and North Suffolk County. The Phillip and Susan Ragon Building, a multi-year construction project that will result in a state-of-the-art clinical care building on the Massachusetts General Hospital campus, triggered this landmark investment through the Massachusetts Determination of Need (DoN) process.

This new grant partnership between FKO and MGH will ignite hope and opportunity for individuals across their service areas and strengthen essential programs for working families. "We are deeply grateful to MGH for believing in our vision and for becoming a vital partner in creating lasting change by empowering both OST educators and the youth they serve," said Deborah Kneeland Keegan, Co-Founder and Executive Director of FKO.

MGH's significant investment will enhance FKO's newly launched apprenticeship program, which is the first of its kind for full-time OST workers nationwide. FKO's unique model offers full-time paid positions while participants complete a formal apprenticeship recognized by the U.S. Department of Labor and registered with the Massachusetts Division of Apprentice Standards

FKO designed the apprenticeship model to help individuals build lasting careers in a field that plays a critical role in child development. It equips participants with the tools they need to succeed in high-demand roles and addresses workforce shortages while fostering a more inclusive and sustainable OST workforce by recruiting from the communities FKO serves.

In addition to full-time employment, apprentices receive fair compensation and benefits such as healthcare and paid time off, along with 2,000 hours of on-thejob learning, 150 hours of formal training, and 1:1 mentorship to support their personal professional development. Upon completion, apprentices earn a certificate and acquire valuable, marketable skills that can propel them toward longterm economic well-being and upward mobility.

Since the COVID-19 pandemic, many communities have faced more significant barriers to economic mobility, including job loss, increased housing insecurity, limited access to education and healthcare, and a widening digital divide. These challenges have made it harder for individuals to achieve financial stability and upward mobility, highlighting the urgent need for targeted interventions.

"Access to greater economic mobility is essential to advancing health equity, particularly in historically marginalized communities," said Elsie Taveras, MD, MPH, Chief Community Health and Health Equity Officer at Mass General Brigham. Taveras further emphasized that achieving financial stability and economic mobility will enable individuals to prioritize their health while building generational wealth for

"The OST apprenticeship demonstrates a profound investment in individuals by placing them on the path toward financial stability and upward mobility, while simultaneously strengthening our programs and fostering a brighter future for the youth we serve," said Kneeland Keegan.

FKO remains steadfast in its mission to deliver exceptional programming and create meaningful opportunities that uplift children, families, and the OST workforce.

For Kids Only Afterschool (FKO) is a leading provider of high-quality afterschool north of Boston. With nearly forty years of experience, FKO programs offer safe and nurturing environments where children can learn, grow, and thrive beyond regular school hours.

Mass General Brigham themselves and their com- is an integrated academic

health care system, uniting great minds to solve the hardest problems in medicine for our communities and the world. Mass General Brigham connects a full continuum of care across a system of academic medical centers, community and specialty hospitals, a health insurance plan, physician networks, community health centers, home care, and long-term care services. Mass General Brigham is a nonprofit organization committed to patient care, research, teaching, and service to the community. In addition, Mass General Brigham is one of the nation's leading biomedical research organizations with several Harvard Medical School teaching hospitals. For more information, please visit massgeneral-

## **LEGAL NOTICES**

#### **LEGAL NOTICE** Commonwealth

Of Massachusetts The Trial Court **Probate and Family** Court Suffolk Probate **And Family Court** 24 New Chardon St. Boston, MA 02114 **DIVORCE SUMMONS** BY PUBLICATION AND MAILING Docket No. SU24D0893DR Rosa Felix Plaintiff

Alonso Garcia Defendant To the Defendant: The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for irretrievable breakdown. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411.

You are hereby summoned and required to serve upon: Rosa Felix 184 Chester Ave. Apt. 1 Chelsea, MA 02150 your answer, if any, on or before 05/29/2025. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court. WITNESS, Hon. Brian J. Dunn, First Justice of said Court. Date: March 07, 2025 Stephanie L. Everett

Register of Probate

03/20/25

**LEGAL NOTICE** CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF **GUARDIAN FOR** INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, Section 5-304 Docket No. SU25P0415GD Commonwealth of Massachusetts The Trial Court Suffolk Probate and Family Court 24 New Chardon Street Boston MA, 02114 In the matter of: Lois Sullivan of: Chelsea, MA RESPONDENT Alleged Incapacitated Person To the named Respondent and all other interested persons, a petition has been filed by Mass. Dept. Of Mental Health of Westborough, MA in the above captioned matter alleging that Lois Sullivan is in need of a Guardian and requesting that Leo Sullivan of Narragansett, RI (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond. The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with

this court and may contain

authority.

a request for certain specific

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 AM on the return date of 03/26/2025. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date. IMPORTANT NOTICE The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named

WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: February 26, 2025 Stephanie Everett, Register of 3/20/25

person cannot afford a lawyer,

one may be appointed at State

expense.

**LEGAL NOTICE** Commonwealth Of Massachusetts The Trial Court Probate and Family

Court

**Suffolk Probate And Family Court** 24 New Chardon St. Boston, MA 02114 DIVORCE SUMMONS BY PUBLICATION AND MAILING Docket No. SU23D2327DR Edelmira Mendez Plaintiff

William Ernesto Mendez Defendant To the Defendant: The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for irretrievable breakdown. Grant him/her custody of the child(ran). Order a suitable amount for support of the plaintiff and minor child(ren). Prohibit defendant from imposing any restraint on plaintiff,Äôs personal liberty. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411. You are hereby summoned and required to serve upon: Edelmira Mendez 17 Beach

answer, if any, on or before 04/08/2025. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, fi any, in the office of the Register of this Court. WITNESS, Hon. Brian J. Dunn, First Justice of said Court.

Rd. Revere, MA 02151 your

Date: February 11, 2025 Stephanie L. Everett Register of Probate

03/20/25

**LEGAL NOTICE** COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT PROBATE AND FAMILY COURT Plymouth Probate **And Family Court** 52 Obery Street Suite 1130 Plymouth, MA 02360 (508)747-6204 CITATION G.L. c. 210, ? 6 Docket No. PL26A0029AD In the matter of:

Nala Roxanne

Miranda Unknown/Unnamed Father any unnamed or unknown parent and persons interested in a petition for the adoption of said child and to the Department of Children and Families of said Commonwealth. A petition has been presented to said court by: Richard Frank Young of Brockton, MA and Elizabeth Ashley Young of Brockton, MA If you object to this adoption you are entitled to the appointment of an attorney if you are an indigent person. An indigent person is defined by SJC Rule 3:10. The definition includes but is not limited to persons receiving TAFDC, EACDC, poverty related

veteran's benefits, Medicaid,

and SSL The Court will

determine if you are indigent. Contact an Assistant Judicial Case Manager or Adoption Clerk of the Court on or before

the date listed below to obtain the necessary forms. IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTTEN APPEARANCE IN SAID COURT AT: Plymouth ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00 A.M.) ON: 04/11/2025 WITNESS, Hon. Patrick W. Stanton, First Justice of this Court. Date: June 20, 2024 Matthew J. McDonough

Register of Probate 3/6/25, 3/13/25, 3/20/25

## **LEGAL NOTICE**



Re:Rancho Las Pupusas, Inc. d/b/aRancho Las Pupusas 36 Second Street Chelsea, MA Chelsea Licensing Commission, April 10, 2025 Notice is hereby given that a public hearing will be held by the Chelsea Licensing Commission on Thursday, April 10, 2025 at 6:00 p.m. at the City Council Chambers, 500 Broadway, Chelsea, MA. For a Change of Hours from Sunday-Saturday 11pm-11pm to Sunday-Saturday 11am-1am on a Liquor License application for Rancho Las Pupusas, Inc.

d//b/a Rancho Las Pupusas

at 36 Second Street, Chelsea,

that you must notify, via Certified Return Receipt mail, all abutters to the licensed CHELSEA LICENSING COMMIS-SION Naomi Libran

MA. 02150. Please be advised

Licensing Administrator 3/20/25, 3/27/25

## **LEGAL NOTICE**



In accordance with Section 6-3 (b) of the Chelsea City Charter notice is hereby given that at a Regular Meeting of the Chelsea Traffic and Parking Commission held on March 4, 2025, the Commission voted to approve the following regulations:

To adopt the amendments to the Traffic and Parking Rules and Regulations for Bicycles and Electric Scooters. COPIES OF THE ORDERS ARE AVAILABLE AT THE OFFICE OF THE CITY CLERK, CITY HALL, 500 BROAD-WAY, ROOM 209, CHELSEA, MA 02150. To post a handicap sign at 125 Grove Street. To post a handicap sign at 33

Eden Street. Jeannette Cintron White Parking Clerk

3/20/25

#### **LEGAL NOTICE** Commonwealth Of Massachusetts

The Trial Court **Probate and Family** 

Court **Suffolk Probate And Family Court** 24 New Chardon St. Boston, MA 02114 **DIVORCE SUMMONS** BY PUBLICATION AND MAILING Docket No. SU24D1209DR Hilda Chavez Sanan

Plaintiff

brigham.org.

William Perez Ramirez Defendant To the Defendant: The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce

for irretrievable breakdown. The Complaint is on file at the Court. An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current

financial status of either party. SEE Supplemental Probate Court Rule 411. You are hereby summoned and required to serve upon: Hilda Chavez Sanan 47 Grove St. Apt. 1 Chelsea, MA 02150 your answer, if any, on or before 04/18/2025. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court. WITNESS, Hon. Brian J. Dunn, First Justice of said Court. Date: March 05, 2025

Stephanie L. Everett

Register of Probate

03/20/25

## ST PET

FREE RESOURCES AND HELP ON FACEBOOK: www.Facebook.com/Groups/LostPetsNetwork

**LOST AND FOUND PETS NETWORK:** CHELSEA, EVERETT, MALDEN, REVERE

## SEND US YOUR NEWS

The Record encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at

385 Broadway, Revere, MA 02151.

We also encourage readers to e-mail news releases and photos to stephen.quigley@reverejournal.com

## Gov. Healey visits Boston Children's Hospital, highlights harm caused by cuts to NIH funding, Medicaid

Special to the Journal

On March 17, Governor Maura Healey and First Lady Joanna Lydgate visited Boston Children's Hospital, a world leader in pediatric health care, to highlight how the Trump Administration's cuts to National Institutes of Health (NIH) funding and Congressional Republicans' proposal to cut Medicaid funding would negatively impact the care that Boston Children's provides to sick children and the innovative research they conduct to save lives. The Governor and First Lady toured the Neonatal Intensive Care Unit (NICU) and Cardiac Intensive Care Unit (CICU), where they met with clinicians, patients and

"Massachusetts is proud to be home to the best health care system in the

country, and that's because of our incredible hospitals like Boston Children's that deliver lifesaving care and innovative research every day. Joanna and I greatly appreciated the opportunity to see this work in action today and to talk directly to clinicians and families about the importance of NIH and Medicaid funding," said Governor Maura Healey. "Right now, the Trump Administration and Congressional Republicans are trying to gut NIH and Medicaid funding, which would take away health care from babies, pregnant women, seniors and people with disabilities and halt clinical trials at Boston Children's and institutions across the state. These actions will have real harm on the health and wellbeing of our children and will prevent doctors and researchers from

doing their jobs."

"We were deeply inspired by the strength and optimism of the families at Children's Hospital, who remind us all what's at stake in this moment," said First Lady Joanna Lydgate. "Our children are so fortunate to live in a state with the best health care in the country and to be cared for by amazing doctors and nurses at hospitals like Boston Children's. That care is at risk right now, and we will do everything in our power to protect it."

"At Boston Children's, our mission is clear - to improve and transform the lives of children through compassionate groundbreaking research, and unwavering commitment to every child, no matter their circumstance, because we believe that care is a right, not a privilege,"

said Dr. Kevin Churchwell. Chief Executive Officer of Boston Children's Hospital. "That conviction drives our work every day."

"Nearly half of all children in Massachusetts rely on MassHealth - our state Medicaid and Children's Health Insurance Program for their health care coverage. It's critically important that their access to care continues so we can give kids the healthiest possible start in life," said Secretary of Health and Human Services Kate Walsh. "Cuts to funding for things like medical research and grants for graduate medical education at children's hospitals are really creating a no-win situation, not only impacting research teams but harming our Massachusetts economy (which is a net contributor to the federal budget), undermining the US's world leadership in medical research, and depriving patients and families of life-saving inno-

Boston Children's Hospital is dedicated to improving and advancing the health and well-being of children around the world through its life-changing work in clinical care, biomedical research, medical education and community engagement. Boston Children's is ranked the #1 pediatric hospital in the world by Newsweek and among best in the nation by U.S. News and World Report. It is home to the world's largest pediatric research enterprise. It is the primary pediatric teaching hospital for Harvard Medical School. Boston Children's treats more children with rare diseases and complex conditions than any

other hospital. Boston Children's is the leading recipient of pediatric research funding from the National Institutes of Health, with more NIH awards than any other children's hospital. They receive more than \$200 million in NIH funding per year, including \$230 million in 2024. The Trump Administration's cuts would cut that funding in half.

Congress recently passed a budget resolution that would require severe cuts to Medicaid, which approximately two million Massachusetts residents and nearly half of the children in the state rely on for health care. Approximately 46 percent of Boston Children's patients are covered by MassHealth, including 60 percent of patients with the most complex medical needs.

### CHELSEA STUDENT PARTICIPATES IN THE 17TH ANNUAL CITYWIDE SPELLING BEE

Special to the Times-Free Press

Family members, teachers, and friends were on hand to support 24 Boston youth from across the City competing in Boston's 17th annual BCYF Citywide Spelling Bee including Alexandra Amaya of Chelsea. Organized by Boston Centers for Youth & Families (BCYF), the City of Boston's largest youth and human service agency, and sponsored by the Boston Bruins Foundation, the winner, Sapna Malhota, now goes on to the Scripps National Spelling Bee in Washington D.C. in May.

"Congratulations to all of our students who worked hard and made Boston proud at this year's Bee," said Mayor Michelle Wu. "The City of Boston is honored to celebrate you. Congratulations to Sapna for this accomplishment and all of Boston will cheer you on as you represent our city in the national spelling bee in Washington D.C."

Over 3,000 young people participated in Boston public and parochial school spelling bees to qualify for the BCYF Citywide Bee. The preparation helps young people improve their spelling, broaden



their vocabulary, and build self-confidence.

"The dedication and skill displayed by our spellers today were truly inspiring, and we're immensely proud of each participant," said Marta E. Rivera, Commissioner of BCYF. "We're deeply grateful to the Boston Bruins Foundation for their ongoing partnership in bringing this enriching experience to our city's youth. We extend our sincere thanks to Yusufi Vali, Sebastian Stockman, and Kate Hennigan for their invaluable time and support as judges. We'll be enthusiastically cheering on Sapna as Families. she represents Boston at the National Bee."

Commissioner Rivera opened the speaking program and welcomed the spellers and their families. All spellers were given participation medals. The Bee was held in Rabb Hall at the Boston Public Library's Copley Branch. Judges were Head Judge: Yusufi Vali, Deputy Chief of Staff, Boston Public Schools; Pronouncer: Sebastian Stockman; Professor of English, Northeastern University; and Records Judge: Kate Hennigan, Program Manager at Boston Centers for Youth &

Sapna Malhotra, age 13, the winner of this year's Bee, won by spelling "Senecio" correctly. The second place finisher was Ruslana Roshchin, age 13, from Jamaica

Plain and coming in third was Haylee Chen, age 11 from Brighton. The Bee went 16 rounds and one final and one championship round.

The Scripps National Spelling Bee is the nation's

largest and longest-running spelling bee. This year's Boston winner will now advance to compete in the 2025 Scripps National Spelling Bee. The one and only national winner from Massachusetts was in 1939. In addition to the opportunity to advance to the National Bee, the BCYF Spelling Bee winner received the Samuel Louis Sugarman Award, a 2025 U.S. Mint Proof Set donated by Mr. Jay Sugarmann in honor of his father, a oneyear subscription to Merriam-Webster Unabridged Online, a one-year subscription to Encyclopedia Britannica Online Premium, and a trophy. Second place and third place finishers received a \$125 Amazon gift card and trophies.



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## **NEWS FROM AROUND** THE REGION

### **MADARO** APPOINTED HOUSE **CHAIR OF THE JOINT COMMITTEE** ON REVENUE

EAST BOSTON - State Representative Adrian Madaro (D-East Boston) has been appointed by Speaker Ron Mariano (D-Quincy) as the House Chair of the Joint Committee on Revenue, a key legislative committee responsible for reviewing matters related to state and local taxation, revenues, and fiscal policy.

"I am honored to take on this new role as House Chair of the Joint Committee on Revenue," said Representative Madaro. "As Massachusetts continues to navigate economic challenges and opportunities, I look forward to working collaboratively with my colleagues to advance policies that promote fiscal responsibility, economic growth, and equity in our tax system. I am grateful to Speaker Ron Mariano for entrusting me with this responsibility."

Representative Madaro has served in the Massachusetts House of Representatives since 2015, representing the 1st Suffolk District, which encompasses East Boston. Throughout his tenure, he has been a strong advocate for working families, environmental justice, and transportation infrastructure. His leadership in these areas has prepared him to take on the important task of ensuring Massachusetts maintains a fair and sustainable revenue system.

The Joint Committee on Revenue oversees legislation related to tax laws, municipal finance, and other revenue-generating measures. As House Chair, Representative Madaro will lead efforts to evaluate and advance policies ramifications of the new or-

that strengthen the state's financial foundation while ensuring that the tax system remains equitable and transparent for all residents.

Representative Madaro served as House Chair of the Joint Committee on Mental Health, Substance Use and Recovery for the past four years. During this time, he was proud to lead the Legislature's work to pass two major bills on mental and behavioral health, including substance use treatment.

#### ORDINANCE SEEKS TO REGULATE TREE CANOPY

EVERETT - The City Council unanimously approved a tree ordinance offered by Councilor-at-Large Katy Rogers at its meeting last week.

Rogers said the ordinance will essentially give Everett Arborist Jacob St. Louis "the opportunity to regulate our tree canopy to make sure it doesn't continue to decrease with future development."

Rogers said she has been working on the ordinance with the Mayor Carlo De-Maria Administration and other departments since the summer of 2024.

"The reason that we need a tree ordinance is because we have an arborist, who we hired about a year, and right now he has certain limitations in what he is able to do with his position because there are no ordinances in place in the City of Everett," explained Rogers, "It opens a lot of opportunities at a state level for grants."

Rogers subsequently noted the Healey-Driscoll Administration awarded Everett a \$150,000 grant Monday for the installation of 75 new trees in the City.

In interpretating the legal



GFB teachers (left to right) Bonnie Albert, Taylor Monson, and Jen Alioto shown with their class celebrating Read Across America this past week.

dinance for property owners, Ward 6 Councilor Peter Pientrantonio asked" If a city tree's roots were going on to my property, and I wanted to build a swimming pool, are we saying we can't do it on my own private property?"

Responded Rogers, "If you were destroying a significant tree – a 100-year old tree, for example - and you were a developer, it would be up to the discretion of the arborist to determine those issues."

Pietrantonio asked if a resident wanted to remodel his house, "would he be affected by this?"

"It's aimed to go after people who have four units or more and avoid the momand-pop, landlord situation," said Rogers.

#### PROJECT MANAGER **PROVIDES UPDATE** ON HIGH SCHOOL **PROGRESS**

REVERE - The new Revere High School project at Wonderland is on budget and on schedule, with demolition work on the site scheduled to begin later this summer, according to the owner's project manager.

Brian Dakin of the firm Leftfield gave the latest update on the project at Monday night's city council meeting.

Independent estimators from both the general contractor and the design firm both determined that the total project cost of approximately \$493 million for the new school remains unchanged. The Massachusetts School Building Authority (MSBA) will be reimbursing the city for a portion of the total cost of the project. In addition, the city authorized spending \$29.5 million for the eminent domain taking of the 30-acre plus Wonderland property in 2022.

"I'm happy to say that we have reconciled these estimates and they are on budget, in fact, they are a fraction of a percent under the target budget," said Dakin. "As a result, we have submitted the design development package (to the MSBA) on budget, nothing had to be removed and nothing was added from what was previously prepared."

The design team is currently proceeding into the 60 percent construction document phase, and Dakin said that phase will run through July. At that point, the two independent estimators will once again work to verify that the project remains on budget before actual construction begins.

"In parallel with that, we are putting site demolition out to bid in the coming weeks," said Dakin. "There is no new construction, it is simply the removal of the old clubhouse foundations and the dog track utilities under the dog track. We are going to be putting that out to bid in the coming weeks and intend to get the bid wrapped up and approved by the school building committee by April and (at the latest) by the beginning of June, we will be starting the demolition phase."

During the summer, Dakin said there will be a re-estimating of the budget. He added that the project should also be close to complete with the permitting process at that time, as well.

The project should move forward with foundation and structural steel construction beginning in August to September of this year, Dakin said.

The final construction documents should be completed by the end of the year, with the rest of the project bid off of those documents, he added.

Ward 3 Councillor Anthony Cogliandro said that since the last time Dakin was before the council, he has had a number of residents ask him about the possibility of making cuts to the project if it came in over the budget.

"My question is, why don't we do that anyway to save money," Cogliandro

Dakin said the discussion is something that could be brought up with the school building committee.

'Ultimately, we are endeavoring to deliver the project under budget," said Dakin. "Our goal is to deliver it under budget, but if we want to move the target budget down, I do think that is a discussion with the school building committee."

Cogliandro said that given the size and scope of the project, there are also concerns about the cost of maintaining the building once it is complete.

The new high school is scheduled to open in the fall of 2028.

#### **UPDATED FIRE STATION** PROJECT WEBSITE **GOES LIVE**

WINTHROP town's website with information on the proposed \$38.5 million fire station at the old middle school site on Pauline Street is active and has been updated with new information on the

project. Voters will be asked to approve a Proposition 2-1/2 debt exclusion for the project during a special election on Saturday, April 5. Polls will be open from 7 a.m. to 8 p.m. for the election, which will also include two override questions regarding the school budget.

The website is winthropfirestation.com, and there is also a link to the site on the town's website.

The website provides information on the background, rationale, considerations, and community involvement related to the project. There is information about the condition of the town's two existing fire stations, plans for the new

building, and the financial impact of the override on homeowners.

"The website is completely up and running now," said Fire Chief Scott Wiley. "The numbers are all accurate, the interactive finance page is accurate. If anybody hasn't been to it, it will tell you exactly ... there is a link to the assessor's page, you can type in your address and it will tell you your exact assessed value.

"Plug in your exact assessed value, and it will tell you not only what your annual cost for the project will be, but your quarterly cost for the project," the chief continued. "It goes on to give you an update on the debt exclusions that are coming off the rolls in the future during the lifetime of this debt exclusion."

Wiley said there is also a tab on the website for anyone who has questions about the project.

"Somebody on the firehouse committee will get back to you right away," said Wiley.

Anyone who wants to host an informational coffee hour on the project can also request that through the website, he added.

There are currently two coffee hours that are on the schedule and will be open to the public, Wiley said. One is this Thursday, March 13 at 6 p.m. in the function room at Seal Harbor 3. The second is on Tuesday. March 25 at 1 p.m. at the senior center.

At Monday's firehouse building committee meeting, Town Council President Jim Letterie reviewed the details of the question residents will be asked to consider during the special election on Saturday, April

"It's a \$38.5 million debt exclusion that we're asking for," said Letterie. "The thought is to pay this off in 25 years instead of 30, like it's a typical home mortgage, and the savings to the town by doing that is roughly \$8.4 million."

The average assessed value of a home in Winthrop today is \$697,305.

"Based on that property, this cost would be roughly \$495 a year, roughly \$135 a tax bill, a quarter," Letterie said. "This would not start, the full impact of this, that \$135 a tax quarter, would not kick in until Jan. 1 of 2028. There would be some early anticipated (bonds) that would go out ... to pay for demolition and such, but the full borrowing would not take effect until fiscal



## NEW ENGLAND FREE JACKS, MASSPORT, DELTA CELEBRATE TEAM'S NEW CHAMPIONSHIP BANNERS



Boston Logan unveiled two new championship banners in JetBlue's Terminal C. The New England Free Jacks, joined Massport and Delta.

On Thursday March 13, Boston Logan unveiled two new championship banners in JetBlue's Terminal C. The New England Free Jacks, Greater Boston's professional rugby team, joined Massport and Delta (the team's airline sponsor) to hang their championship

banners in the Celebration of Champions exhibit above the security checkpoint.

After securing back-toback Major League Rugby titles in 2023 and 2024, the Free Jacks take their place alongside other championship-winning teams in the

region. This exhibit highlights New England's rich sports culture, showcasing the achievements of its professional teams.

The team has their first home game this Saturday at Veterans Memorial Stadium starting at 2 pm.



Shown are the Free Jacks with trophies. Back row: General Manager Tom Kindley, Founder Alex Magleby, Founder Errik Anderson, co-owner Joel Bobbett, Delta representative Candice Stover, and Dave Ishihara (Massport). Front: Players Kyle Ciquera and Ben LeSage.



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### **CITY PAWS**

## Doggie Dementia

By Penny & Ed Cherubino

If you've been fortunate enough to have a life filled with wonderful companion animals, you have experienced the sadness of aging and perhaps developed your own assistive and coping mechanisms. As we provide better care for our furry friends, they live longer and experience some of the same problems of age that we humans face.

We experienced the loss of cognitive function or Canine Cognitive Dysfunction (CCD) with our second Westie, Maggie Mae. In her case, the change happened suddenly with an episode of Vestibular Syndrome. She did recover from the dizzy, sick symptoms, but she never regained her previous level of cognitive abilities.

#### **Symptoms**

The Whole Dog Journal reported that Veterinarians use the acronym DISHAAL to describe typical symptoms of CCD. The letters stand for:

- Disorientation Examples include getting lost in familiar places or becoming trapped in corners.
- Interactions—Changes in how or whether the dog interacts with its people. you protect yourself. It's a win-win situation. Always consult both your doctors

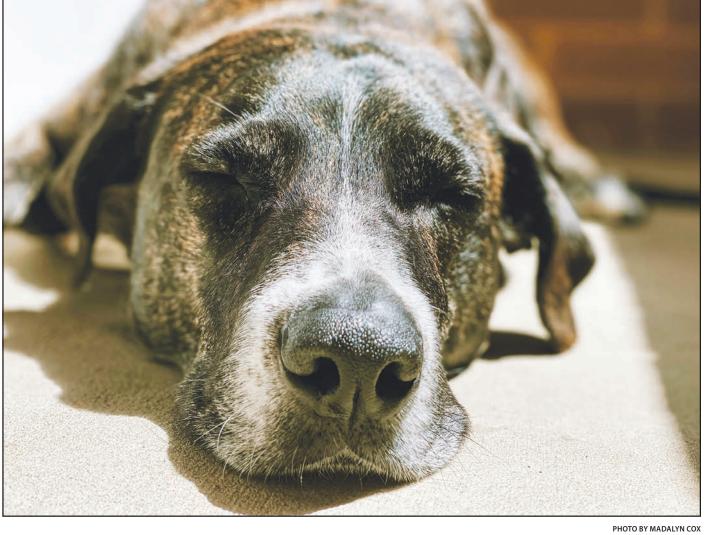
These include becoming clingy, irritable, fearful, or aggressive with strangers.

- Sleep Changes in sleep patterns or vocalizing at night.
- Housetraining Increased house-soiling or failing to go when outside.
- Activity level Decrease in exploration or play with toys or family members.
- Anxiety Increased anxiety when separated from guardians, more reactive or fearful, and pace and wander more.
- Learning/memory Decreased ability to perform tasks and learn new ones.

As with human dementia, your veterinarian will note the symptoms you report and diagnose by exclusion. A careful physical examination and bloodwork can rule out other causes for the changes you're seeing. The good news is that several FDA-approved medications can slow the disease today.

#### **Actions and Resources**

We can take steps to promote healthier aging. By increasing exercise, you protect your dog from CCD, and by doing it together, you protect yourself. It's a win-win situation. Always consult both your doctors



You can do a lot to prevent dementia in your older dog.

before starting any significant change in exercise routines.

Certified Veterinary Behaviorist Dr. Lore Haug has said, "A lot of old dogs get what I call the 'shrinking world' syndrome." "Their owners get in a rut with them; they start walking the dog less... and they don't

train the dog or teach him tricks. The dog doesn't get as much stimulation and enrichment — maybe they stop taking the dog to the dog park — and there's a significant decline in mental and physical challenges."

Loss of sensory input increases the danger of dementia in humans. That's why seniors must have their hearing tested and use hearing aids as recommended. Scientists are working on hearing aids for dogs, and corrective eye surgery for

dogs is now standard. However, as guardians, we can ensure we are aware of and provide the necessary care to prevent ear and eye infections from causing deafness and blindness.

Routines are essential to dogs suffering from CCD. Knowing what is going to happen and when can lessen anxiety. If house training is an issue, you can try more frequent walks or see if the dog can learn to use pads inside. Puppy proof your home to prevent stress when

mistakes happen.

Finally, Eileen Anderson's book Remember Me? Loving and Caring for a Dog with Canine Cognitive Dysfunction addresses the problem of dog dementia and offers sound advice to those who notice changes in an older dog's behavior.

Do you have a question or topic for City Paws? Email Penny@BostonZest. com with your request.



