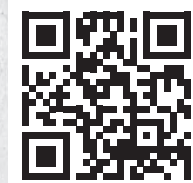


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CHELSEA RECORD

YOUR HOMETOWN NEWSPAPER SINCE 1890

VOLUME 132, No. 22

THURSDAY, JUNE 27, 2024

35 CENTS



COURTESY PHOTO

Residents are shown (above and below) taking advantage of La Colaborativa's new mobile food market.

La Colaborativa launches new "El Verdulero" mobile food program

Special to the Record

La Colaborativa, the preeminent Latina-led community organization in the Commonwealth, has been at the forefront of the fight for equitable food and nutrition access for decades. In connection with this mission, La Colaborativa is pleased to announce the launch of

See MOBIL FOOD Page 4



City manager focuses on ongoing projects

Staff Report

City Manager Fidel Maltez has placed an emphasis on communicating with residents since he took office in January. Earlier this week, Maltez recorded the latest in his series of public outreach videos to air on Chelsea Community TV. The text of his latest video, which focuses on a number of ongoing and planned projects in the city, is below:

Hello residents of Chelsea. Welcome to Our Community. My name is Fidel Maltez and I am humbled to serve as your City Manager. I am excited to celebrate six months since taking the role and returning to serve our Our Community. This has been a time of learning, listening and growing. This month I want to highlight exciting projects in our City.

Let's start with Downtown Broadway. The first phase of the Downtown Broadway Reconstruction Project has begun. I want to thank all residents and small business owners in advance for your patience and consideration as we make this investment in our downtown.

The improvements represent the biggest investment in beautification and

utility reconstruction effort in Downtown Broadway in the last three decades, with a total investment of over \$30 million, funded primarily through State and Federal grants. This project is installing over 6,000 feet of new sanitary sewer and storm drains pipes for sewer separation. We are also replacing over 1,000 feet of new water pipes to improve our local water supply system and completely remove lead service pipes. We are also installing over 3,000 feet of new conduit to expand the City's fiber optic network, which we hope will pave the way for free wifi in the downtown in the near future.

The second phase of this project, will complete the transformation of the Downtown including the reconfiguration of Bellingham Square to allow left turns from Hawthorn Street to 5th Street. We will renovate City Hall Plaza and make it more welcoming to our community. We will install traffic signals on 4th street and 3rd street, and we will fully replace all sidewalks and roadways. The project will make Downtown Broadway greener

See FOCUS Page 2

Garcia votes in favor of comprehensive opioid bill

Special to the Independent

The Massachusetts House of Representatives passed a wide-ranging opioid bill which covers the licensure of recovery coaches, makes opioid overdose reversal drugs more accessible, protects harm reduction providers, and removes barriers that new mothers in recovery face at the time they give birth.

"I am proud to support this comprehensive bill aimed at preventing opioid-related overdose deaths. This legislation represents a crucial step in addressing the opioid crisis that has devastated so many families and communities," said Representative Judith Garcia (D-Chelsea). "By expanding access to life-saving treatments, enhancing education and prevention efforts, and strengthening support systems for those affected, we are making a significant commitment to saving lives and fostering a healthier future for the loved ones of many constituents I have heard from."

"As families across Massachusetts know all too



Rep. Judith Garcia.

well, the impact of opioid addiction can be utterly devastating for the individual and for their loved ones, which is why a continued focus on combating substance use is a critical responsibility that we have as elected officials," said House Speaker Ronald J. Mariano (D-Quincy). In 2023, there were 2,125 confirmed and estimated opioid-related overdose deaths, according to the latest data published by the Department of Public Health (DPH). In 2023, there were 232 fewer confirmed and estimated

See GARCIA Page 2

DiDomenico supports bill to boost benefits, services, and promote inclusivity for veterans

Special to the Record

Senator DiDomenico recently joined his colleagues in the Massachusetts Senate to unanimously pass legislation that will

boost support for hundreds of thousands of individuals across the state who have served in the United States military, including nearly 30,000 women veterans and thousands of LGBTQ+ veterans.

The comprehensive legislative package, H.4671, An Act Honoring, Empowering and Recognizing Our Servicemembers and Veterans (HERO Act), would increase benefits for disabled veterans, bolster support for businesses that hire veterans, update the definition of a veteran, expand the scope of the Veterans Equality Review Board, and codify medical and dental benefits.

"I am proud to support this significant investment into benefits and services that will improve lives for Veterans in my district and our state who have sacrificed so much for our country," said Senator Sal DiDomenico. "The HERO Act demonstrates our support for Veterans from all

backgrounds by expanding our health care benefits and support services for service members and their families as well encouraging businesses to hire veterans across the state. I am grateful for Senate President Spilka, and Senator John Velis for bringing this essential package to the floor and moving it swiftly through the legislative process."

The Senate's legislation builds on the historic legislative package filed by the Healey-Driscoll Administration by including additional provisions which would:

Require a public school district to provide support services to a military-connected student when a parent or guardian is called to active duty.

Create a military spouse liaison to help military spouses with obtaining employment and child care, and deal with other issues facing military spouses.

Allow Gold Star Family spouses to remarry without the penalty of losing their annuity benefit.

Highlights of the Senate Bill Include:

Benefit Expansion

Expands access to Behavioral Health Treatment: Allows veterans to be reimbursed for visits to outpatient behavioral health providers.

Increases the Disabled Veteran Annuity: Increases the annual annuity for veterans with a 100% service-connected disability, surviving spouses, or Gold Star Parents from \$2,000 to \$2,500.

Increases the Vet-Hire Tax Credit: Increases to \$2,500 a tax credit for small businesses hiring chronically unemployed or low-income veterans. Eligible veterans include those receiving SNAP benefits, chronically unemployed veterans, and

See VETERANS Page 3

TRASH NOTICE

Due to the 4th of July Holiday on Thursday Trash schedule will be as follows: Monday, Tuesday Wednesday on schedule

Thursday pick up will be Friday, July 5
Friday pick up will be Saturday, July 6

INDEPENDENT Newspaper Group

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The People of Chelsea Project celebrates Chelsea's 400th in collaboration with the Chelsea Black Community

The Spencer Lofts Gallery is proud to be a part of Chelsea's 400th anniversary by announcing an exhibit of the ongoing People of Chelsea Project (PoC): photographer Darlene DeVita and writer Sarah Putnam teamed up to document the diverse and resilient community of Chelsea through intimate portraits and personal histories.

For this exhibit, DeVita and Putnam have collaborated with the CBC (Chelsea Black Community) to share stories that go back generations; in particular, to tell how the Chelsea Black Community was affected by the fire of 1973, and to bring attention to Fanny Fairweather, a woman enslaved by the Cary family in Chelsea. Personal family photographs from the Chelsea Black Community, showing life before and after the Chelsea fire, will be projected during the exhibit.

Darlene DeVita is a 20-



year Chelsea resident and freelance photographer. She began the PoC project in 2016, taking a pop-up backdrop she inherited from her late sister out on the streets to photograph her fellow Chelsea-ites. Because Chelsea is and has always been an immigrant city filled with stories that make up its layered history, she soon realized that the voices of the people she was photographing also needed to be heard. When she brought her bilingual colleague Sarah Putnam, a long-time freelance photographer and writer, into the project to help interview the



subjects and edit the text, the project became one of words and pictures. Dar and Sarah have received support from the Chelsea Cultural Council and Chelsea Heritage Grants for the project. A collaboration with the Friends of the Chelsea Public Library will digitally archive this work.

The opening of the exhibit is Monday, July 1, from 6 p.m. to 9 p.m., and

the exhibit runs through the closing reception on Sunday, Sept. 22 at 4 p.m.

The Gallery at Spencer Lofts is located between Spencer and Dudley streets, just off of Webster Ave. The gallery is handicapped accessible. Admission is free. On-street parking is available.

For more information, contact: Info@spencerloftsgallery.com

Focus// CONTINUED FROM PAGE 1

and cooler by planting all new trees.

We know that this construction project will be a major disruption to our residents, visitors and businesses. We ask for your patience and understanding as the City completes this transformational project. This is an investment for our collective future, protecting our water pipes, preventing flooding, improving walkability, and beautifying our downtown. We truly believe that this investment

will help our City thrive for years to come.

Please call 617-466-4209, use the 311 app, or email construction@chelseama.gov if you have questions or concerns regarding to this project or any other construction work around the City.

Please be reminded that the Summer Tunnel in Boston will be closed seven days a week from July 5 until August 5. During this closure, the MBTA is providing free-fares in the

five bus routes in Chelsea, Routes 111, 112, 114, 116, and 117. The Silverline SL3 will be fare-free at all stops in Chelsea. MassDot has also announced a full pack of other benefits for those who travel to Boston during the tunnel closure.

To help residents and mitigate the impact of extreme heat, the City launched our third year of the AC Unit Program. This program will help residents beat the summer heat by providing free air conditioning units to

eligible low-income households who meet the program's criteria, regardless of their immigration status. The City is providing close to 200 AC units as part of this program. Winners will be selected by a weighted lottery on Monday, July 1.

Summertime is also one of our busiest seasons for our DPW crews, making sure the streets, sidewalks, and parks are clean for the enjoyment of all residents. I'm pleased to announce that our DPW has recently hired Bladimir Hernandez as the new Park and Open Space Manager. This position was created in the FY24 Budget as part of the City's ongoing efforts to enhance and beautify Chelsea. Mr. Hernandez will also serve as the Tree Warden, a critical position for the conservation and expansion of the City's green infrastructure.

I'm also happy to announce that Lourdes Alvarez will be the City's Manager of Arts, Culture, and the Creative Economy. Ms. Alvarez will focus on supporting and building the arts in Chelsea, both cultural and physical. This position will also beautify our community, focusing on place making, programming and promoting our rich culture and heritage. Mr. Hernandez and Ms. Alvarez are both Chelsea residents, reflecting the City's intention of keeping local talent within the community.

Last, but not least, I want to take a moment to celebrate the new home for the Chelsea Opportunity Academy and the Intergenerational Literacy Program. Thanks to our City Council, the City has purchased the First Congregational Church on 26 Country Road. The funding was fully funded through American Rescue Plan Act dollars. This will be a dedicated space for two amazing programs that provide critical support to youth needing additional support to graduate from High School. These programs show our City's commitment to constantly look for creative ways to support our youth in overcoming their barriers.

See you next time on Our Community. Thank you and May god bless the City of Chelsea.

Garcia// CONTINUED FROM PAGE 1

deaths than 2022.

Recovery coaches

Recovery coaches help people with substance use needs become and stay engaged in their recovery process. The bill establishes recovery coach licensing and oversight within DPH, and mandates that all health plans cover recovery coach services without cost-sharing or prior authorization. The bill also directs the Bureau of Substance Addiction Services (BSAS) to study and report on barriers to certification, credentialing, and other employment and practice requirements for recovery coaches, and requires them to create a peer support program for recovery coaches consisting of mentorship, technical assistance on billing and employment practices, and resources.

Opioid overdose reversal drugs

The bill mandates that all health plans cover opioid overdose reversal drugs, such as naloxone, without cost-sharing or prior authorization. It also requires substance use disorder treatment facilities to educate on and dispense at least two doses of opioid overdose reversal drugs to an individual upon discharge, as well as requires hospitals to educate on and prescribe or dispense at least two doses of opioid overdose reversal drugs to an individual with a history of opioid use or opioid use disorder upon discharge.

It also requires pharmacies in areas with high incidence of overdose to maintain a continuous supply of opioid overdose reversal drugs and to report to DPH if they are unable to maintain compliance with this provision due to insufficient stock or supply.

Patient education

In an effort to prevent opioid misuse, the bill requires prescribers to be educated on pain treatment, including appropriate non-opioid alternatives to pain treatment. It also requires pharmacists to provide printed educational materials issued by DPH on non-opioid alternatives for the treatment of pain to patients prior to dispensing an opioid.

Harm reduction

The bill protects public health or harm reduction organizations and their agents who provide drug-checking services, such as needle exchange

programs, to reduce the risk of accidental overdose from civil liability or professional disciplinary action from a board of registration, as well as from being criminally charged or prosecuted for possession of drug paraphernalia, unlawful possession of controlled substances, and conspiracy to violate the Controlled Substances Act (the CSA).

It also protects individuals who seek drug-checking services on substances intended only for personal use from being criminally charged or prosecuted for possession of drug paraphernalia, unlawful possession of controlled substances, and conspiracy to violate the CSA while on the premises of a public health or harm reduction organization providing said services.

Ensuring non-discriminatory treatment

The bill clarifies DPH's authority to enforce anti-discrimination protections for people with substance use disorder who are on public health insurance. It also prohibits life insurance companies from limiting or refusing coverage to individuals solely because they obtained an opioid overdose reversal drug for themselves or others. It also prohibits discrimination on the basis of lawful possession and use of a medication for the treatment of an opioid-related substance use disorder, such as methadone or buprenorphine.

Pregnant people on medications for addiction treatment

The bill removes "physical dependence upon an addictive drug at birth" from the conditions necessitating a child abuse and neglect report, thereby exempting pregnant people taking medications prescribed by their doctor from automatic investigation by the Department of Children and Families (DCF). It requires DCF, in consultation with DPH, the Office of the Child Advocate (OCA), and stakeholders, to promulgate regulations on the care, treatment, and reporting of substance-exposed newborns (SENs).

Having passed the House of Representatives 153-0, the bill now goes to the Senate for its consideration.

Chelsea Summer Food Service Breakfast & Lunch Program Enrolled Sites and Camps

The Chelsea Public Schools is participating in the Summer Food Service Program.

Meals will be provided to all eligible children free of charge. (To be eligible to receive free meals at a residential or non-residential camp, children must meet the income guidelines for reduced-price meals in the National School Lunch Program. The income guidelines for reduced-price meals by family size are listed on the next page.) Children who are part of households that receive Supplemental Nutrition Assistance Program (SNAP, formerly foods stamps) benefits, or benefits under the Food Distribution Program on Indian Reservations (FDPIR), or Temporary Assistance to Needy Families (TANF) are automatically eligible to receive free meals.

Acceptance and participation requirements for the Program and all activities are the same for all regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service. Meals will be provided at the sites and

times as follows:

Salvation Army
258 Chestnut St
July 1 – August 16
8:00- 8:45 Breakfast
Closed to the Public
11:30- 12:30 Lunch

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through

the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or
(3) email: program.intake@usda.gov.

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Income Eligibility Guidelines

These are the income scales used by the United States Department of Agriculture to determine eligibility for reimbursement in the Summer Food Service Program

Effective July 1, 2024 through June 30, 2025

# of Household Members	Annual	Monthly	Weekly
1	23,606	1,968	454
2	31,894	2,658	614
3	40,182	3,349	773
4	48,470	4,040	933
5	56,758	4,730	1,092
6	65,046	5,421	1,251
7	73,334	6,112	1,411
8	81,622	6,802	1,570
For Each Additional person, ADD	+8,288	+691	+160

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Veterans// CONTINUED FROM PAGE 1

unemployed service-connected disabled veterans.

Increases access to the Active-Duty Buyback program: Lengthens the timeframe for veterans in public service to participate in the Active-Duty Service Buyback program and allows retroactive participation for veterans who missed the buyback opportunity. This program will enable veterans to purchase up to four years of active-duty service time toward their state retirement.

Prevents the "COLA Cliff": Ensuring that a cost-of-living adjustment in Social Security benefits will not affect veterans' eligibility for Chapter 115 benefits in the middle of the state fiscal year.

Increases Local Flexibility for Veterans Property Tax Exemptions: Creates two separate local options. The first allows municipalities to double the veteran property tax exemption without doubling all other exemption clauses. The second ties the annual property tax abatement amount to inflation, allowing exempted property tax amounts to increase with inflation.

Eliminates the Fee for Specialty License Plates for Veterans: Waives specialty license plate fees on specialty veteran license plates and creates a new woman veteran license plate decal.

Allows municipalities to increase the property tax exemption of a veteran

in exchange for volunteer services.

Commitment to Inclusivity and Greater Representation

Broadens the Chapter 115 Definition of Veteran: Aligns the state Chapter 115 program definition of a veteran with the United States Department of Veteran Affairs definition. This change allows more veterans to be eligible for annuity, Chapter 115 benefits, access to the Massachusetts Veterans Homes, and other state-provided benefits. This only applies to EOVS programs and does not affect any other agency or entity.

Expands the Scope of the Veterans Equality Review Board (VERB): Expands the scope of the Board beyond 'Don't Ask, Don't Tell' discharges to include discharges related to Military Sexual Trauma, Post-Traumatic Stress Disorder, Traumatic Brain Injury, mental health conditions, or HIV discharges.

Expands the definition of a veteran dependent: Expanding the Chapter 115 definition of "dependent" to support more dependents based on the Family Court definition.

Updates Dependent Residency Requirements to Align with Current Practices: Updating dependent residency requirements to align with current practices.

Modernization of Veterans Services

Codifies Dental Assis-

tance Benefits: Ensuring veterans receive essential dental care by codifying dental benefits for Chapter 115 recipients.

Codifies Medical Assistance Benefits: Providing consistent care to veterans by codifying medical assistance benefits.

Codifies Authority for Veterans Cemeteries: Ensuring proper management and care of veteran's cemeteries by codifying the authority for EOVS to continue administering and maintaining the state's two Memorial Veterans Cemeteries.

Modernizes statute language for inclusivity and standardization: Revise Chapters 115 and 115A to ensure gender-neutral and inclusive language while removing antiquated references.

Allows municipalities to deliver chapter 115 benefits by direct deposit.

Initiates a Study on the Use of Alternative Therapies for Veteran Mental Health Disorders: Establishing a working group to study the potential benefits of alternative therapies, such as psilocybin, in treating veterans suffering from mental health disorders.

Separate versions of the bill having been passed by the Senate and the House of Representatives; the chambers will now move to reconcile the differences before sending the bill to the Governor's desk.

PEOPLE OF CHELSEA

The following story is one in a series from the ongoing People of Chelsea project, which photographs and interviews our fellow citizens. These stories celebrate where we are now as a community as we enter the 400th year of the history of our city's founding. The entire project will be archived digitally at the Chelsea Public Library, and has initially been made possible by a grant from the Chelsea Cultural Grant. The People of Chelsea project looks forward to celebrating the 400th with all of you.



Michelle Mirthes, 2024

I want my granddaughter to know just how strong this community is, and the passion that both of her grandmothers have to lift everybody up in all different ways. I think the connection between me and

her other grandmother, Gladys Vega, is significant: my roots of having my family be here for more than 100 years, and Gladys's strong connection to the Latino community. My granddaughter, and the great-grandchildren, and great-great-grandchildren to come are going to have an amazing platform to stand on, coming from

such strong people. There are more women in power now, leading in the way I believe we were born to lead. Women tend to discriminate less. When we look at anything, any challenge, we look at it through a lens of love and how to lift somebody up, how to see past any differences.

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Chelsea Summer Food Service Breakfast & Lunch Program Open Sites 2024

Chelsea Public Schools is participating in the Summer Food Service Program. Meals will be provided to all children without charge and are the same for all children regardless of race, color, national origin, sex, age or disability, and there will be no discrimination during the meal service.

Meals will be provided at a first come, first serve basis, and must be consumed on site, times as follows:

- Mary C. Burke Complex**
300 Crescent Ave
July 1 - August 16
Breakfast 7:30-9:00, Lunch 11:15-12:45PM
- Early Learning Center**
99 Hawthorne St
July 1 - August 9
Breakfast 8:30-9:30, Lunch 11:30-12:30PM
- Voke Park**
Washington Ave
July 1 - August 16
Breakfast 8:30-9:30, Lunch 11:45-12:45PM
- Mace Development**
449 Crescent Ave

- July 1 - August 16
Breakfast 8:00-8:30, Lunch 11:30-12:00PM
Williams School
180 Walnut St
July 1 - August 9
Breakfast 8:30-9:30, Lunch 11:30-12:30PM
- Prattville Apts**
Exeter & Burma Rd
July 1 - August 16
Breakfast 8:15-8:45, Lunch 11:45-12:15PM
- Clark School**
8 Clark Ave
July 1 - August 9
Breakfast 7:30-8:30, Lunch 11:30-12:30PM
- Bellingham Hill Park**
115 Bellingham St
July 1 - August 16
Breakfast 8:30-9:00, Lunch 12:00-12:30PM
- Quigley Park**
25 Essex St
July 1 - August 16
Breakfast 9:00-9:30, Lunch 12:30-1:00PM
- Chelsea Library**
569 Broadway

July 1 - August 16
Lunch 11:30-1:00 PM
Kayem Park
Chestnut Ave & 5th St
July 1 - August 16
Lunch 11:00- 12:30 PM
In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing

or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

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- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
 - (2) fax: (202) 690-7442; or
 - (3) email: program.intake@usda.gov.
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Programa de Desayuno y Almuerzo del Servicio de Alimentos de Verano de Chelsea Sitios abiertos 2024

Las Escuelas Públicas de Chelsea están participando en el Programa de Servicio de Alimentos de Verano. Los alimentos se entregarán a todos los niños de forma gratuita y son las mismas para todos los niños independientemente de su raza, color, origen nacional, sexo, edad o discapacidad, no habrá discriminación durante el servicio de alimentos. Los alimentos se entregarán por orden de llegada y deben consumirse en el sitio, en horarios de la siguiente manera:

- Mary C. Burke Complex**
300 Crescent Ave
1 de julio - 16 de agosto
Desayuno 7:30-9:00, Almuerzo 11:15-12:45PM
- Early Learning Center**
99 Hawthorne St
1 de julio - 9 de agosto
Desayuno 8:30-9:30, Almuerzo 11:30-12:30PM
- Voke Park**
Washington Ave

- 1 de julio - 16 de agosto
Desayuno 8:30-9:30, Almuerzo 11:45-12:45PM
- Mace Development**
449 Crescent Ave
1 de julio - 16 de agosto
Desayuno 9:00-9:30, Almuerzo 12:30-1:00PM
- Williams School**
180 Walnut St
1 de julio - 16 de agosto
Desayuno 8:30-9:30, Almuerzo 11:30-12:30PM
- Prattville Apts.**
Exeter & Burma Rd
1 de julio - 16 de agosto
Desayuno 8:15-8:45, Almuerzo 11:45-12:15PM
- Clark School**
8 Clark Ave
1 de julio - 9 de Agosto
Desayuno 7:30-8:30, Almuerzo 11:30-12:30PM
- Bellingham Hill Park**
115 Bellingham St
1 de julio - 16 de agosto
Desayuno 8:30-9:00, Almuerzo 12:00-

12:30PM
Quigley Park
25 Essex St
1 de julio - 16 de agosto
Desayuno 9:00-9:30, Almuerzo 12:30-1:00PM

Chelsea Library
569 Broadway
1 de julio - 16 de agosto
Almuerzo 11:30-1:00 PM

Kayem Park
Chestnut Ave & 5th St
1 de julio - 16 de Agosto
Almuerzo 11:00- 12:30 PM
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- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
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Chelsea

RECORD

PRESIDENT: Stephen Quigley

EDITOR IN CHIEF: Cary Shuman

THREE YEARS AGO THIS WEEK, RACIAL HATRED CAME TO OUR AREA

It was three years ago this week when an unspeakable act of violence, motivated by racial hatred, befell the peaceful seaside community of Winthrop.

The tranquility of a typical, early-summer Saturday afternoon was shattered when a 28 year-old white man, a native of Wareham who had been living in Winthrop for a short time with his wife, shot two Black persons, 60 year-old Ramona Cooper, a retired Air Force veteran who only recently had moved to Winthrop, and 68 year-old David Green, a Winthrop native and retired State Trooper who was beloved in the Winthrop community, in cold blood when their paths crossed on Shirley St. near Cross St.

Thanks to the quick response of Winthrop police and the heroism of Sgt. Nicholas Bettano, the suspect was shot in the street when he refused to put down his weapons (he was armed with two handguns). It is believed that the shooter, whose belongings later were found to contain white supremacist and anti-Semitic literature, was en route to the nearby local temple and synagogue with the intent of perpetrating a mass shooting incident before he was stopped by Sgt. Bettano.

To be sure, both Ramona Cooper and David Green happened to be in the wrong place at the wrong time. However, given that the shooter did not fire his weapon at white passers-by, his intent to shoot Cooper and Green solely because they were Black is undeniable.

Those of us who live in the Boston area like to think that we are immune from the sort of bigotry-inspired acts of violence that make the headlines in other states where gun laws are non-existent. However, the Anti-Defamation League recently reported that acts of anti-Semitism have spiked in Massachusetts in the past three years, more than doubling from 2020 to 2022 and then increasing a whopping 189 percent in 2023 from 2022. The sad fact is that no place in America today is immune from the virus of prejudice.

For those of us who have called this area our home for many years, we still shudder whenever we visit Winthrop and drive down Shirley St. toward Cross St. -- the events of June 26, 2021, are just too terrible to contemplate.

However, the best way that we can honor the memories of Ramona Cooper and David Green is never to forget that tragic and horrible day and resolve to do whatever we can to end the evils of racism and all other forms of prejudice that are far too prevalent throughout our society.

NO END IN SIGHT FOR HOUSING CRISIS

Everyone on all sides of the political and economic spectrums are in agreement that there is a drastic shortage of housing in this country. But similar to the adage about the weather, though everyone is talking about it, no one is doing anything about it.

The spike in interest rates to tame inflation over the past few years has been seen as one of the chief causes of the housing shortfall. Higher interest rates lessen the demand for some goods (such as automobiles) and services, but they also serve to put a lid on the supply of both new homes (because high interest rates impact home builders) and older homes (because existing owners cannot afford to give up the low rates on their current homes).

With fewer homes on the market at a time of surging demand because of the coming of age of Millennials and the influx of immigrants, the prices for new homes and rents are continuing to increase even in the face of higher interest rates. Zillow reports that the median home price in Massachusetts is \$629,000, an increase of 8.8% in the past year -- with the median price of a home in the Boston area now almost \$1 million, an increase of 10.9% in the past year.

It is estimated that given our larger population, the U.S. has failed to meet the demand for housing of all types, both single-family homes and multi-family rentals, by more than two million units per year ever since the Great Recession, thus creating the housing crisis we have today. But with interest rates still at their highest levels in decades, new home construction will continue to fall far short of demand for the foreseeable future. Higher interest rates also will continue to have the ripple effect of keeping Baby Boomers and Gen Xers in their current homes (where they have low interest rates), thereby further decreasing the inventory of homes on the market for younger home-buyers.

In addition to high interest rates, a host of other factors -- restrictive zoning laws, supply chain issues, a shortage of construction and trade workers, and the conversion of single-family homes to short-term rentals such as Airbnb -- also are contributing to our housing shortage.

The lack of housing has two other significant impacts: The first is that it affects our economy because it reduces the mobility of the nation's workforce. Individuals no longer can just pull up stakes and leave for greener pastures (and new job opportunities) when home prices are out of reach everywhere.

The housing shortage also affects our national mood. Ever since our founding, America has been a land of opportunity. But with the American Dream now out of reach for most American families, pessimism about the future has replaced the optimism that prevailed for every previous younger generation in our society.

In short, what it comes down to is this: Our society is failing to meet the demand for shelter -- which is among the most basic of all human needs -- and no one has a solution to this ever-worsening problem.

Forum

ZONTA CLUB NEWS



Shown (left to right) are Janice Tatarka Zonta Club President, Theresa Czerepica new Zonta member.

The Zonta Club of Chelsea & North Shore recently held their monthly meeting and dinner at Antonia's Restaurant on Revere Beach. At this meeting Theresa Czerepica, a Chelsea resident, was installed as a new member by Zonta Club President, Janice Tatarka. Theresa was presented a bouquet of yellow roses and a Zonta pin after she was installed. Welcome Theresa to our club.

Mobil Food // CONTINUED FROM PAGE 1

"El Verdulero," a brand new, refrigerated food pantry on wheels, which will swiftly deliver nutritious, culturally familiar foods to areas with scant food access, limited grocery stores, and high rates of underlying health conditions in Chelsea, Everett, Revere, and East Boston.

"Due to environmental injustice, communities like Chelsea face a dearth of grocery stores and soaring food prices, forcing residents to choose paying rent or feeding their families," stated Alex Train, Chief Operating Officer. "We're grateful to our partners at the USDA for enabling the launch of El Verdulero, allowing us to foster community and improve public health by bringing culturally familiar foods directly to our community in a vibrant new mobile market truck."

Food insecurity is pervasive, especially in Environmental Justice communities. The availability, quality, and affordability of nutritious, culturally familiar foods determine whether residents experience high blood pressure, diabetes, and chronic health conditions. Magnified by climate change and deeply rooted poverty, BIPOC communities have been deprived of access. By bringing resources directly to community mem-

bers, the initiative will focus on reducing food insecurity, combating hunger, and building relationships between neighbors in "food deserts" where local residents lack access to healthy grocery options, living wages, and supplemental food resources.

"In 2024, we have more than doubled the size of our Food and Nutrition Department, guided by Gladys' vision of creating an innovative, centralized, and welcoming hub of food security resources," announced Camilo Saavedra, Director of Food and Nutrition. "El Verdulero will further our holistic approach to tackling widespread food insecurity, chronic health conditions, and environmental injustice by ensuring all residents, regardless of age, abilities, or income, have equitable access to food."

The organization will share a monthly schedule of the truck's route and hours of operation online, as well as through flyers distributed throughout the community. With the sound of salsa, merengue, and bachata, El Verdulero hopes to become an exciting weekly event that spreads joy and health in the community. The monthly schedule and distribution locations will target areas with significant

rates of food insecurity and housing insecurity.

A study last month from the Greater Boston Food Bank revealed a worrying upward trend in food insecurity rates, while over 60% of residents of Chelsea report a lack of food access.

While the state is working to provide supplemental food resources such as SNAP and WIC, 80% of recipients of these benefits shared that these resources fell short of covering their basic food needs. Moreover, the lack of equitable public transportation options, rigid work schedules, double shifts, age, and mobility limitations all play a factor in limiting access to grocery stores and traditional food pantries.

With over 35 years of community organizing experience, La Colaborativa is no stranger to ambitiously facing a crisis head-on. At the start of

the COVID-19 pandemic, the organization's executive director Gladys Vega rallied the community to donate food and began distributing food from the porch of her own home. Through extraordinary efforts, this operation was expanded into what is now a bustling 'Survival Center' that not only distributes healthy culturally-sensitive food to thousands of nearby residents every week, but also is home to a teaching kitchen, workforce development programs, youth programs, and health and nutrition initiatives.

Although these programs have been a critical lifeline for the families that access them, the organization receives scores of weekly requests for deliveries to homebound residents and food distribution in areas with no comparable food programs in their vicinity.

CHELSEA

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SATTER HOUSE EXECUTIVE DIRECTOR STEVE POST HONORED AT RETIREMENT CELEBRATION



Retiring Executive Director Steve Post and his proud family (front row), grandsons Benjamin Sebold and James Repucci, and mother, Catherine Post. Back row, from left, are daughter, Julia Post, granddaughter, Madeline Repucci, daughter, Katie Post, wife, Katie Post, guest of honor Steve Post, granddaughter, Stella Post, daughter-in-law, Vanessa Garrovillas, and son Steve Post.

Cary Shuman Photos

Jack Satter House residents, local officials, friends, and family honored Executive Director Steve Post at a retirement celebration May 30 in the Satter House dining room.

Mayor Patrick Keefe, State Rep. Jeff Turco, and Ward 5 Councilor Angela Guarino-Sawaya presented citations to Post congratulating and praising him on his outstanding 20-year tenure as executive director of the senior res-

idences located on Revere Beach Boulevard.

Post thanked the Jack Satter House residents and staff and Hebrew Senior Life administrators for their support and friendship during his time as executive director.



Rep. Jeff Turco, Mayor Patrick Keefe, Hebrew Senior Life COO Kim Brooks, retiring Executive Director Steve Post, Ward 5 Councilor Angela Guarino-Sawaya, Hebrew Senior Life President and CEO Lou Woolf, and Ward 2 Councillor Ira Novoselsky.



Rep. Jeff Turco, Ward 2 Councillor Ira Novoselsky, Ward 5 Councilor Angela Guarino-Sawaya, Satter House Tenants Association Vice President Joanne Monteforte, Mayor Patrick Keefe, Executive Director Steve Post, Tenants Association Financial Secretary Janice Gilman, and President Roxanne Aiello.



Jack Satter House residents enjoying the retirement tribute to Executive Director Steve Poste are, front row, from left, Karen LaMontagne, Mary Correia, and Margie Giambrone. Back row are Loretta Hanson and Eleanor McCarthy.



Satter House residents Rosemarie Hudson (left) and Ann Eagan (right) thanked retiring Executive Director Steve Post for creating a family environment at the Jack Satter House.



Retiring Executive Director Steve Post was admired and respected by all at the Jack Satter House, including Property Manager Yessica Batista and Dining Director Robert Crevatis, who are pictured above at the retirement celebration.



Ward 5 Councilor Angela Guarino-Sawaya and Ward 2 Councillor Ira Novoselsky present a City Council Certificate of Commendation to Steve Post at the retirement celebration held in his honor.



Rep. Jeff Turco presents a congratulatory citation from the Mass. House of Representatives to Jack Satter House Executive Director Steve Post at the retirement celebration.



Jack Satter House residents thank Steve Post for his excellent leadership as executive director at the residences located on Revere Beach Boulevard.



Director of Resident Services Rose Shapiro and Resident Services Coordinator Jill Leach present a book of special Satter House memories to retiring Executive Director Steve Post at his retirement celebration.



Satter House staff members Talor Waintrop and Jose Rivera present a gift of appreciation, a cornhole wooden platform displaying an illustration of the William Reinstein Bandstand.



Retiring Executive Director Steve Post and former Hebrew Senior Life regional director of engineering George Hawley, who helped build the Jack Satter House which opened in 1978.

Council approves allowing longer contract for trash disposal

By Adam Swift

Monday night, the city council approved an order that will give City Manager Fidel Maltez to enter into a new five-year contract with Wheelabrator of Saugus for trash disposal.

The current contract with Wheelabrator expires at the end of the calendar year.

Maltez said the city needed the council approval to negotiate a contract of more than three years.

“Our DPW Commissioner and I have met with Wheelabrator several times to negotiate a new contract,” stated Maltez. “Wheelabrator has informed the city that the longest-term contract that is being offered to cities and towns is a five-year contract. This is due to the high volatility in the trash disposal market, particu-

larly as it relates to trash disposal sites.”

Maltez said the city team has looked into alternative sites, but that all are significantly farther away than the Saugus site.

“One such alternative is Covanta in Haverhill, the trash disposal site that is used by Reading, MA,” said Maltez. “Covanta is located 40 miles away from Chelsea, and during traffic hours can take up to 1.5 hours on a one-way trip. Wheelabrator Saugus, in comparison, is seven miles from Chelsea, and can be accessed through local roads.”

Maltez requested the council vote on the five-year contract possibility at its meeting Monday night, since the council will be in recess for the summer.

“It will allow us to enter into a longer contract than what is allowed by law, which is three years,” said

Maltez.

The city has been working for the past six months to lock in a new contract with Wheelabrator, Maltez said.

“We have a contract that is in draft form, and we are negotiating the final terms of that contract,” he said. “My fear is, that given the uncertainty in the trash environment in our state, particularly with the site in Saugus, waiting until September will be too long to secure a contract.”

If for some reason that contract were to fall through, Maltez said the city will now have more time to work on a second option.

Councillor-at-Large Leo Robinson said he supported allowing for the longer contract in order to potentially avoid having trash hauled longer distances out of the city.



Executive Director Steve Post, with the Jack Satter House maintenance crew, from left, Phorn Son, Rosa Martinez, Manny Espindola, and Jose Rivera.

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Chelsea 5K Road Race

September 8
Sunday 9 am



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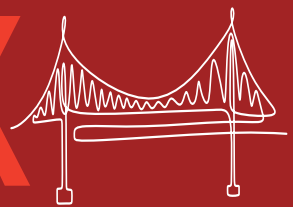


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Chelsea 5K Road Race



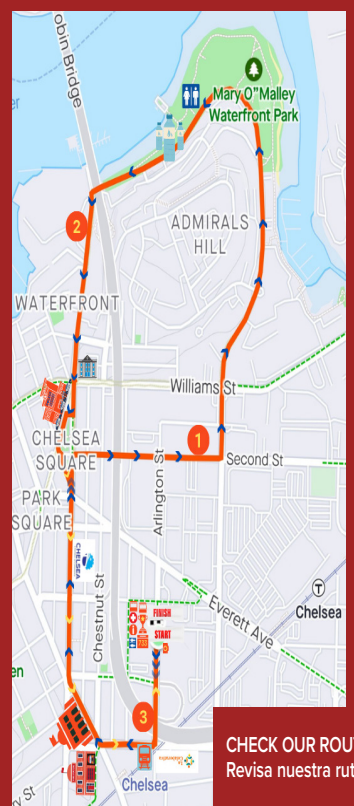
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CHELSEA HIGH SCHOOL CELEBRATES SENIOR AWARDS NIGHT

Chelsea High School celebrated its Senior Awards Night on Wednesday, June 5, in the CHS Auditorium. The awards bestowed are listed below along with the student recipients.

In addition to awards, the ceremony featured the announcements of several scholarships and the official unveiling of the Class of 2024 Valedictorian and Salutatorian.

Seals of Bilingual and Distinction were also distributed. The Massachusetts State Seal of Bilingual is an award provided by state-approved public schools and districts that

recognizes high school graduates who attain high functional and academic levels of proficiency in English and one or more other world languages by high school graduation.

The State Seal of Bilingual takes the form of an insignia that appears on the transcript and/or diploma of the graduate. The State Seal of Bilingual with Distinction recognizes

students who have exceeded the minimum requirements for the State Seal of Bilingual.

- Athletics**
 Abdullahi Mohamed - Coach Jack Niven Memorial Award
 Gizelle Rodriguez - Female Scholar Athlete
 Justin Reyes - Henry McCarthy Memorial Football Award
 Yamil Rivera - Male Scholar Athlete
 Angel Mejia - Michael Moronski Memorial Award
 Yareliz Gonzalez Falcon - Thomas Phillips Memorial Award

- Class Officer Awards**
 Jimmy Merino-Guerra - President
 Gizelle Rodriguez - Vice President
 Isra Bana - Secretary
 Camila Beato Hernandez - Historian
 Herver Alvarado Reyes - Treasurer

- English Language Arts**
 Jennifer Artiga Lemus
 Ariana Zelaya Canelas

- History**
 Javien Diaz
 Italo Pineda Cuellar

- La Vida**
 Camila Beato Hernandez
 Jeshua Calleja Guerra
 Alessandra Campos
 Aya Kohli
 Jimmy Merino-Guerra
 Vicky Ostorga
 Daniela Perez
 Italo Pineda Cuellar
 Jonathan Recincoy-Herrera
 Carolina (Ana) Rivera Castro
 Gizelle Rodriguez
 Hellen Turcios Funez
 Ariana Zelaya Canelas

- Math**
 Jesus Esquivel Flores
 David Murillo

- Multilingual Education**
 Aixsa Hernandez Lopez
 Jose Hernandez Machado

- Perseverance and Effort**
 Emanuel Mendez Flores
 Ciara White-King

- Performing Arts**
 Jeshua Calleja Guerra
 Xiomara Garcia Gallegos

- Physical Education**
 Cesar Montiguado Flores
 Jessly Umana

- Salutatorian**
 Isra Bana - Salutatorian

- Science**
 Bryana Cruz Martinez
 Bryan Santos Alvarez

- Seal of Bilingual and Seal of Distinction**
 Esloani Alarcón-Gutiérrez - Seal of Bilingual
 Fátima Andrade - Seal of Bilingual
 Ashley Barrera Moreno - Seal of Bilingual
 Jeshua Callejas Guerra - Seal of Bilingual
 Josue Castellón - Seal of Bilingual

- Andrés Cruz-Villanueva - Seal of Bilingual
 García Ever - Seal of Bilingual
 Stephanie Figueroa - Seal of Bilingual
 Sarai Galdamez Arriola - Seal of Bilingual
 Diana Hernandez Granados - Seal of Bilingual
 Jessly Umana Garmendia - Seal of Bilingual
 Marieliz Vasquez - Seal of Bilingual
 Jimmy Merino-Guerra - Seal of Bilingual
 Greandoll Oliva Velasquez - Seal of Bilingual
 Marelyn Padilla-Herrera - Seal of Bilingual
 Italo Pineda Cuellar - Seal of Bilingual
 Jonathan Recincoy-Herrera - Seal of Bilingual
 María Rendón Sánchez - Seal of Bilingual
 Lourdes Reyes - Seal of Bilingual
 Abelina Reyes Rivera - Seal of Bilingual
 Janetzy Rodriguez - Seal of Bilingual
 Claudia Rodriguez Nuñez - Seal of Bilingual
 Rosalinda Rojas - Seal of Bilingual
 Lesli Romero Chavez - Seal of Bilingual
 Armando Romero Fuentes - Seal of Bilingual
 Nayelli Romero Herrera - Seal of Bilingual
 Darily Sanchez Vargas - Seal of Bilingual
 Hellen Turcios Funez - Seal of Bilingual
 Natalia Umana - Seal of Bilingual
 Aura Zuniga y Zuniga - Seal of Bilingual
 Molina Regil Eva - Seal of Distinction
 Tatiana Palacios - Seal of Distinction
 Ariana Zelaya Canelas - Seal of Distinction

- Valedictorian**
 Gizelle Rodriguez - Valedictorian

- Visual Arts**
 Yamil Rivera
 Darily Sanchez Vargas

- World Languages**
 Ambar de Jesus Martinez
 Richard Murcia Castro

- Scholarships**
 Abraham Soares Pereira - Scholarship
 Horacio Alger - Scholarship
 Nicole Riscanevo - Scholarship
 Joseph M. Vinyard - Scholarship
 Camila Beato Hernandez - NHS Scholarships
 Jeshua Calleja Guerra - NHS Scholarships
 Marcyalla Louis Jean - NHS Scholarships
 Gizelle Rodriguez - NHS Scholarships
 Rosalinda Rojas - NHS Scholarships
 Bryan Santos Alvarez - NHS Scholarships
 Hellen Turcios Funez - NHS Scholarships
 Ariana Zelaya Canelas - NHS Scholarships
 Sean Perez-Ramos -



Class of 2024 Officers Receiving Senior Night Awards.



Camila Beato Hernandez receiving an award for her role on National Honor Society.



Flag Award recipients Sarai Galdamez Arriola and Jeshua Guerra.

- Chelsea Rotary Club - Scholarship
 Napoleon Jean Lambert - Chelsea Rotary Club - Scholarship
 Milagro Acosta Hernandez - Scholarship
 Esloani Alarcon Gutierrez - Scholarship
 Anthony Alfaro-Mendoza - Scholarship
 Yasmin Andrade Silva - Scholarship
 Jionna Arnold-Day - Scholarship
 Jeshua Calleja Guerra - Scholarship
 Josue Castellon - Scholarship
 Jayden Cruz - Scholarship
 Duane Davis Restrepo - Scholarship
 Yoselin De la Cruz Gonzalez - Scholarship
 Wendy Diaz Guzman - Scholarship
 Ruby Espinosa Chavarria - Scholarship
 Kevin Flores Chavarria - Scholarship
 Yareliz Gonzalez Falcon - Scholarship
 Kimberly Gonzalez Shaw - Scholarship
 Diana Hernandez Granados - Scholarship
 Liliana Hernandez

- Granados - Scholarship
 Emmanu-el Hernandez Ramos - Scholarship
 Napoleon Jean Lambert - Scholarship
 Stephanie Martinez - Scholarship
 Delmy Moreno - Scholarship
 Angel Natareno - Scholarship
 Marelyn Padilla-Herrera - Scholarship
 Christy Pineda - Scholarship
 Lourdas Reyes - Scholarship
 Abelina Reyes Rivera - Scholarship
 Yamil Rivera - Scholarship
 Gizelle Rodriguez - Scholarship
 Gizelle Rodriguez - Scholarship
 Armando Romero Fuentes - Scholarship




Abraham Soares Pereira Receiving the Horacio Alger Scholarship.

- Nayelli Romero Herrera - Scholarship
 Josue Salinas Pacheco - Scholarship
 Karen Tabares Ortega - Scholarship
 Natalia Umana - Scholarship
 Gina White - Scholarship
 Aura Zuniga - Scholarship




Ariana Brimley and Isabella Arango Salas receive the Knights of Columbus Scholarship in memory of Catherine E. Lanzillo.

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CHELSEA PUBLIC SCHOOLS RECOGNIZES ITS STUDENTS OF THE YEAR

On Thursday evening, June 6, Chelsea Public Schools announced its Students of the Year as the regular meeting of the Chelsea School Committee at City Hall. The evening celebrated 10 students who were selected at their schools for the positive impact they made on

their school communities this year. The following students were named Students of the Year: Yousef Albarbari (Kelly Elementary School), Hanyi Alonzo Figueroa (Chelsea Opportunity Academy), Kimberly Fuentes Chavez (Browne Middle

School), Alexa Lara Rosales (Berkowitz Elementary School), Ashly Mejia Gongora (Morris H. Seigal Clark Avenue Middle School), Aiden Pena (Chelsea Virtual Learning Academy), Gizelle Rodriguez (Chelsea High School), Janier Sevilla Matute (Sokolowski Ele-

mentary School), Daymi Tejada (Hooks Elementary School), Claudia Villeda Chacon (Wright Science & Technology Academy). Each student was introduced by teachers and staff members from each school. Chelsea Public Schools staff spoke glowingly about each individu-

al, identifying the impact they made in the classroom and with their fellow students. Students attended the event with family and friends, and were presented with awards by Superintendent Dr. Almi G. Abeyta and the School Committee.

In addition to the Students of the Year, CPS recognized Arron Chan from the Hooks School. Arron's artwork was selected as the cover for the school district's annual budget book. The evening also included a recognition of the district's retirees.



Claudia Villeda Chacon is the Wright Science and Technology Academy Student of the Year.



Daymi Tejada is the Hooks Student of the Year.



Janier Sevilla Matute is the Sokolowski Student of the Year.



Ashly Mejia Gongora is the Clark Ave Middle School Student of the Year.



Yousef Albarbari is the Kelly School Student of the Year.



Aiden Pena is the Chelsea Virtual Learning Academy Student of the Year.



Alonzo Figueroa is the Chelsea Opportunity Academy Student of the Year



Fuentes Chavez is the Browne Middle School Student of the Year



Gizelle Rodriguez is the Chelsea High School Student of the Year.



Alexa Lara Rosales is the Berkowitz Student of the Year.

OBITUARIES

NEWS IN BRIEF

Henry Tejada – Camacho

November 2, 1969 - May 29, 2024

Relatives and friends are most kindly invited to attend a memorial gathering for Henry Tejada-Camacho on Friday, June 28th from 8:45 to 10 a.m. in the Welsh Funeral Home, 718 Broadway, Chelsea, followed by a funeral procession to Woodlawn Cemetery, Everett for a graveside inurnment service.

At 54 years of age, Henry passed away suddenly and unexpectedly in his home in Cape Coral, FL on Wednesday May 29th. Born in Cali, Colombia on November 2, 1969, he was the beloved son of Josefa Camacho Diaz and the late Henry Tejada Ramirez. As a young child he came briefly to Chelsea with his family in 1976 and shortly thereafter settled in Elizabeth, NJ where he attended local schools and Kean University in Union NJ. He continued his education at Wentworth Institute in Boston furthering his studies in engineering and construction. He settled in Cape Coral, FL in 2012 and established himself operating HTC Construction Services in Florida.

Henry was passionately devoted to family and he would often return to New England to help his family in many home building and improvement projects. In his lifetime he enjoyed music, singing and dancing. He is fondly remembered as a talented craftsman devoted to his work, and as a meticulous and fashionable dresser, and personal charmer.

He is lovingly survived by his mother, Josefa



Camacho Diaz of Elizabeth, NJ; his children: Sarah Tejada, Jacqueline Kristen Tejada, and Michael Anthony Tejada. He was the dear nephew of Alda Velez, Margarita Calixto and Normanda Gonzalez, all of Chelsea, Julio Cesar Camacho and his wife, Amparo, Arnold Camacho and his wife, Aida, Jose Camacho and his wife, Anna, all of Colombia and the late Javier and Anselmo Camacho. He was the beloved cousin of Luis Tejada, Maria Victoria Tejada, Luz Patrie and her husband, Scott, Jonathan Alicea, Norma Alicea, Joanne Rivera, Nayade Toro, Adriana Mercado, Katherine Gonzalez, and their children; Amber, Josh, Kaden, Devon, Justin, Diego, Lorenzo, Amanda, Camilla, Ashley, Sophia, Sebastian and Angelys. He is also survived by many extended family members and friends.

Should friends desire, contributions in Henry's name may be made to Cape Coral Animal Shelter, 325 SW 2nd Ave., Cape Coral, FL 33991

For directions or to send expressions of sympathy, please visit www.Welsh-FH.com.



Carmen Felix

December 19, 1927 - June 24, 2024

Relatives and friends are most kindly invited to a visitation for Carmen Felix today, Thursday morning from 9:30 to 11 a.m. in the Welsh Funeral Home, 718 Broadway, Chelsea. The visitation will be immediately followed by a Funeral Service in the funeral home at 11 a.m.. Services will conclude with interment at Holy Cross Cemetery, Malden.

At 96 years of age, Carmen passed away after a brief illness on Monday, June 24, in the peaceful surroundings of her home with her loving and caring family at her side.

Carmen was one of nine children of the late Eladia Diaz and Alfonso Anaya. She was born and raised in Arroyo, Puerto Rico where she attended local schools. She settled in the Bronx as a young lady and was married to Efrain Felix. Together they raised five children. She came to Chelsea in 1977 with her young family and has been a resident of Chelsea for the past 47 years.

Carmen was passionately devoted to home and family, raising her children and welcoming the arrival of her grandchildren, great and great-great-grandchildren. She very much en-



joyed her home life, cooking and spending time with her family. In her spare time, she enjoyed being entertained by watching TV from cartoons to game shows with Steve Harvey and listening to her favorite singer, Kenny Rogers.

In addition to her parents, Carmen was also predeceased by her husband, Efrain Felix and several of her siblings. She is lovingly survived by her children: Maribel Lamboy of Revere, Roberto Felix of Revere, Andy Felix of Everett, Efrain, Jr. of Springfield, and Jorge Felix, Sr. of Chelsea. She was dear sister of Luis Anaya of Chelsea, the cherished grandmother of 13, great-grandmother of 28, and adoring great-great-grandmother of two.

For directions or to send expressions of sympathy, please visit www.Welsh-FH.com.



DIDOMENICO INVITED TO SPEAK AT SPECIAL EDUCATION CONFERENCE

Senator Sal DiDomenico and his Chief of Staff, Christie Getto Young, recently spoke at the 2024 Statewide Special Education Conference at Holy Cross College in Worcester. Senator DiDomenico spoke to hundreds of educators about how they can best advocate for more special education support in the State House.

DiDomenico's speech featured past achievements like his successful advocacy for historic education and special education funding in the Student Opportunity Act, as well as permanent funding for Universal School Meals. He also covered effective strategies for supporting specific bills or programs with legislators and why educators are uniquely positioned to be strong advocates.

"My wife is a special education teacher and having met with many children benefiting from special education in my district, I know how crucial these educators are for our students," said Senator DiDomenico, Assistant Majority Leader of the Massachusetts Senate. "It was an honor and a privilege to speak with special

educators about how they can support legislative efforts to increase funding for special education programs. I want to thank all of the teachers and organizers for inviting me and planning this fantastic event."

The Special Education conference was hosted by the Massachusetts Administrators for Special Education. This professional organization represents administrators of special education throughout the Commonwealth.

COMEDY SHOW SET FOR JUNE 29 AT KUSHALA SIP AND TAPAS BAR

Devra Zabot, creative producer for Clark Ave. Creative, invites residents to attend a comedy night show on Saturday, June 29 at Kushala Sip and Tapas Bar, 140 Pearl St.

"This year we are raising money for Youth Elemento and Chelsea Black Community, two Chelsea organizations that provide programs supporting LHBTQ+ youth and youth mental health," said Zabot.

Real Zepeda Tequila, a Boston-based business, has become the newest sponsor of the comedy show.

Tickets to the event will include the show and an appetizer.

Chelsea's Professional Service Directory

Delia J. Connors
June 26, 2017 - June 26, 2024

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PLEASE RECYCLE THIS NEWSPAPER

CITY PAWS

By land or by sea

By Penny & Ed Cherubino

As you plan your summer fun, remember that many services and transportation options are pet-friendly. Day trips, weekends away, more extended vacations, and a meal on a patio can often include your dog. There are also some options for traveling with cats.

Tours

A recent social media post brought this topic to mind. The couple visited Boston with their dog and raved about how dog-friendly the city was. They were happy they could bring the pup on a tour of the Freedom Trail. It makes sense since that popular route happens in public spaces. The tour site mentions that "Dogs are not permitted in the historic burying grounds or the historic sites' buildings."

Ferries

These visitors and their

dog also took a harbor tour. We know that Bay State Cruise Company is one we have enjoyed with Poppy. They say, "Yes, we love dogs and they are allowed aboard at no additional charge. They are required, however, to have a leash."

You'll find that ferry services, used by residents to reach their homes, are the most pet-friendly. These include the Provincetown Ferries, The Nantucket and Martha's Vineyard Steamship Authority, Casco Bay Lines in Portland, Maine, and the Block Island Ferry in Rhode Island.

Check the specific regulations for any boat you plan to take. Each may have particular rules. For example, The Casco Bay Line charges for dogs unless they are service dogs or in a carrier.

These services generally ask that you keep your animal on a leash or in a

carrier. Pets are often not allowed in food service areas. In many instances, they may not sit on passenger seats or at dining tables. All ask that the animal be well-behaved and not bother other passengers or their animals.

We add two pieces of advice if you bring your dog on a dock or ferry. For safety, the animal should wear a well-fitting life-jacket and always be on a leash. The ferry services have life jackets for humans but not for animals. Sadly, we know of a dog that drowned at our yacht club because it could not get back onto the dock after diving into the water.

MBTA and Amtrak

The MBTA is a bit pet-friendly. They say, "Service animals are allowed on the T at all times. Non-service dogs are not allowed on the T during peak hours: 7 AM -10 AM and 4 PM - 7 PM on weekdays."



A lifejacket is essential if you bring a dog onto a dock or a boat. We also recommend a leash to help get a dog back to safety once in the water. (Photo by Ariana Kaminski)

Amtrak says you may bring a small dog or cat (up to 20 lbs including carrier) aboard some lines for a fee of \$29 or \$39. Check the Amtrak site for specifics.

Patio Dining with Dogs

For years, we were able to dine with our dogs in Provincetown. Now, many other municipalities have set up restaurant systems to allow legal dining with dogs on patios. We

hope this trend continues and widens.

As with all the exceptions to the old rules that once said, "PETS NOT ALLOWED," it's up to those of us who advocate to spend our recreational time with our animals to give the haters no arguments to use against us.

We love it when we walk away from a "dogs allowed" patio and have other patrons say, "We

didn't know you had a dog with you." We protect the gradual loosening of municipal rules with good behavior and with support for the political friends of our right to enjoy time with our pets in public spaces.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

LEGAL NOTICES

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court Probate and Family Court

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L.C. 190B, §5-304

Docket No. SU24P0850GD Suffolk Probate and Family Court 24 New Chardon Street Boston, MA 02114 (617) 788-8300

In the matter of: Audrey George Of: Chelsea, MA RESPONDENT Alleged Incapacitated Person To the named Respondent and all other interested persons, a petition has been filed by Massachusetts General Hospital of Boston, MA in the above captioned matter alleging that Audrey George is in need of a Guardian and requesting that Velma J. B. Rinse of Hyde Park, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority. You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 07/18/2024. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date. IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: June 20, 2024 Stephanie L. Everett Register of Probate

06/27/24

LEGAL NOTICE



NOTICE OF INTENT TO REQUEST RELEASE OF FUNDS

June 24, 2024 City of Chelsea Department of Housing and Community Development 500 Broadway Room 101 Chelsea, MA 02150 617-466-4180

On or about July 12, 2024 the City of Chelsea will submit a request to the Massachusetts Executive Office of Housing and Livable Communities (HLC), and HUD and Treasury for the release of Community Development Block Grant funds under Title I of the Housing and Community Development Act of 1974, and State and Local Fiscal Recovery Funds under the American Rescue Plan Act (ARPA) of 2021, as amended, to undertake a project known as Community Room Heating/Cooling Upgrades for the purpose of upgrading the heating/cooling systems in two Chelsea Housing Authority residential, multi-family community rooms, funding sources include CDBG FFY20 and FFY21 award in the amount of \$237,559.30 and ARPA award of \$110,000 for a total budget of \$347,559.30, for the project located at 14 Bloomingdale and 260 Clark Ave., Chelsea, MA 02150. The activities proposed are categorically excluded under HUD regulations at 24 CFR Part 58 from National Environmental Policy Act (NEPA) requirements. An Environmental Review Record (ERR) that documents the environmental determinations for this project is on file at the City of Chelsea, 500 Broadway, Department of Housing and Community Development, Chelsea, MA 02150 and may be examined or copied Mondays, Wednesdays, and Thursdays 8 A.M. to 4 P.M., Tuesdays 8 A.M. to 7 P.M., and Fridays 8 A.M. to 12 P.M. PUBLIC COMMENTS Any individual, group, or agency may submit written comments on the ERR to the City of Chelsea, John DePriest, Director of Permitting and Land Use Planning. All comments received by July 12, 2024 will be considered by the Director of Permitting and Land Use Planning prior to authorizing submission of a request for release of funds. ENVIRONMENTAL CERTIFICATION The City of Chelsea certifies to HLC, HUD and Treasury that John DePriest in his capacity as Director of Permitting and Land Use Planning consents to accept the jurisdiction of the Federal Courts if an action is brought

6/27/24

to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. HLC, and Treasury's approval of the certification satisfies its responsibilities under NEPA and related laws and authorities and allows the City of Chelsea to use Program funds. OBJECTIONS TO RELEASE OF FUNDS HLC, HUD and Treasury will accept objections to its release of fund and the City of Chelsea's certification for a period of fifteen days following the anticipated submission date or its actual receipt of the request (whichever is later) only if they are on one of the following bases: (a) the certification was not executed by the Certifying Officer of the City of Chelsea; (b) the City of Chelsea has omitted a step or failed to make a decision or finding required by HUD regulations at 24 CFR part 58; (c) the grant recipient or other participants in the development process have committed funds, incurred costs or undertaken activities not authorized by 24 CFR Part 58 before approval of a release of funds by HLC and Treasury; or (d) another Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objections must be prepared and submitted in accordance with the required procedures (24 CFR Part 58, Sec. 58.76) and shall be addressed to HLC at 100 Cambridge St., Ste. 300, Boston, MA 02114 and HUD at 10 Causeway Street, 3rd Floor, Boston, MA 02222. Potential objectors should contact HLC and HUD to verify the actual last day of the objection period. John DePriest, Director of Permitting and Land Use Planning

proximately 120 employees. Scope of Work Community Action Programs Inter-City, Inc. (CAPIC) is seeking proposals from contractors to perform residential insulation, general heat waste, blower door testing and air sealing, as well as, electric and roofing measures for low-income residents of the following communities; Arlington, Belmont, Cambridge, Chelsea, Everett, Lexington, Malden, Medford, Revere, Somerville, Stoneham, Wakefield, Watertown, Waltham, Winchester, Winthrop and Woburn. Closing Day & Time Bid packages may be picked up at CAPIC's Main Office located at 100 Everett Avenue, Unit 14, Chelsea, MA or will be sent upon request. RETURN PROPOSAL TO: Community Action Programs Inter-City, Inc. Attn: Richelle Cromwell, Executive Director 100 Everett Avenue, Unit 14 Chelsea, MA 02150 Bids must be received at the CAPIC's Main Office, 100 Everett Ave, Unit 14, Chelsea, MA 02150, no later than August 9th, 2024. For further information, please contact Johana Santos, Energy Efficiency Director, (617) 884-6130, ext. 1062. All proposals are subject to price negotiation. TAXES CAPIC is exempt from Federal Excise and State Sales tax; therefore, tax must not be included in the proposal price. RESERVATION OF RIGHTS CAPIC reserves the right to accept any proposal or alternative proposal proposed in whole or in part, to reject any or all proposals or alternatives proposals in whole or in part and to waive irregularity and/or informalities in any proposal and to make the award in any manner deemed in the best interest of CAPIC. CAPIC reserves the right not to consider any proposal which it determines to be unresponsive and deficient in any of the information requested within the RFP. CAPIC reserves the right to determine whether the scope of the project will be implemented entirely as described in the RFP, a portion of the scope, or that a revised scope be implemented. CAPIC appreciates your time and effort in preparing this proposal. Please note that all proposals must be received at the designated location by the above referenced deadline. Proposals received after the deadline will not be considered for the award of the contract, and will be considered void and unacceptable. The submission of proposal constitutes acceptance of the terms and conditions of the request for proposals. Small and minority firms are encouraged to apply. The advertisement is subject in all respects to the terms and conditions of the request for proposals. CAPIC, Inc. is an Equal Opportunity Employer/Affirmative Action Agency

6/27/24

LEGAL NOTICE



Community Action Programs Inter-City, Inc., (CAPIC) Request for Proposals for Weatherization Program Organizational Overview

Community Action Programs Inter-City, Inc. (CAPIC) seeks the services of a professional contractor to provide weatherization energy-related services to low-income residents in communities served by the Agency. CAPIC is a private, non-profit corporation chartered in 1967 and designated to identify and eradicate the root causes of poverty in Chelsea, Revere and Winthrop. CAPIC has been designated by the State and Federal Government as a Community Action Agency and currently employs ap-

6/19/24, 6/20/24, 6/27/24, 6/28/24, 7/3/24 R,C,W

LEGAL NOTICE



NOTICE OF HEARING Case No. 2024-16

Notice is hereby given in accordance with the Massachusetts Zoning Act, Chapter 40A that a Regular Meeting of the Chelsea Zoning Board of Appeals will be held on: Tuesday, July 9, 2024 Chelsea City Hall - 500 Broadway - City Council Chambers, 3rd Floor 6:00 p.m.

With reference to the application of: 469 Washington Avenue LLC J Hector Prieto For Special Permit and Variance seeking approval for the subdivision of the below-referenced property into 3 lots and construction of a two family dwelling on proposed sub-divided Lot B with a vacant space located on Lot C, with an existing one family dwelling to be converted into a two family residence at Lot A. Lot A fails to meet the minimum requirements for off-street parking, lot size, frontage and usable open space. Lot B fails to meet the minimum requirements for lot size, frontage, rear yard setback, and off-street parking at the premises known as: 469 Washington Avenue

A copy of the application and petition is available for review at: City Clerk's Office during normal business hours: Monday, Wednesday and Thursday 8 a.m. to 4 p.m. - Tuesday, 8 a.m. - 7 p.m. - Friday, 8 a.m. to noon 6/20/24, 6/27/24

6/20/24, 6/27/24

LEGAL NOTICE



NOTICE OF HEARING Case No. 2024-17

Notice is hereby given in accordance with the Massachusetts Zoning Act, Chapter 40A that a Regular Meeting of the Chelsea Zoning Board of Appeals will be held on: Tuesday, July 9, 2024 Chelsea City Hall - 500 Broadway - City Council Chambers, 3rd Floor 6:00 p.m.

With reference to the application of: Rafael Serrano For Special Permit approval for the conversion of a two family residential structure into a three family residential structure that does not meet the requirement for minimum lot area at the premises known as: 53 Heard Street A copy of the application and petition is available for

review at: City Clerk's Office during normal business hours: Monday, Wednesday and Thursday 8 a.m. to 4 p.m. - Tuesday, 8 a.m. - 7 p.m. - Friday, 8 a.m. to noon 6/20/24, 6/27/24

LEGAL NOTICE



NOTICE OF HEARING Case No. 2024-13

Notice is hereby given in accordance with the Massachusetts Zoning Act, Chapter 40A that a Regular Meeting of the Chelsea Zoning Board of Appeals will be held on: Tuesday, July 9, 2024 Chelsea City Hall - 500 Broadway - City Council Chambers, 3rd Floor 6:00 p.m.

With reference to the application of: James Christopher For a Special Permit and Variances seeking approval to demolish the existing garage and construct a two-family dwelling that does not meet the minimum requirements for lot size, front yard setback, rear yard setback, combined side yard setback, and a shared driveway, at the premises known as: 57 Palmer Street

A copy of the application and petition is available for review at: City Clerk's Office during normal business hours: Monday, Wednesday and Thursday 8 a.m. to 4 p.m. - Tuesday, 8 a.m. - 7 p.m. - Friday, 8 a.m. to noon 6/20/24, 6/27/24

6/20/24, 6/27/24

LEGAL NOTICE



Commonwealth of Massachusetts The Trial Court Probate and Family Court

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L.C. 190B, §5-304 Docket No. SU24P1208GD Suffolk Probate and Family Court 24 New Chardon Street Boston, MA 02114 (617) 788-8300 In the matter of: Danna E. DeLeon Of: Chelsea, MA RESPONDENT Alleged Incapacitated Person To the named Respondent and all other interested persons, a petition has been filed by Blanca Cordon of Chelsea, MA in the above captioned matter alleging that Danna E. DeLeon is in need of a Guardian and requesting that Blanca Cordon of Chelsea, MA (or

some other suitable person) be appointed as Guardian to serve Without Surety on the bond. The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority. You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 07/16/2024. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date. IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: June 12, 2024 Stephanie L. Everett Register of Probate

06/27/24

LEGAL NOTICE



Re: Kushala Sip Coffee House 140 Pearl Street Chelsea, MA

Chelsea Licensing Commission, July 11, 2024 Notice is hereby given that a public hearing will be held by the Chelsea Licensing Commission on Thursday, July 11, 2024 at 6:00 p.m. at the City Council Chambers, 500 Broadway, Chelsea, MA. For an Amusement & Entertainment License application for a Jukebox and Use of amplification to Tori Chelsea Food, LLC d/b/a Tori Japan at 255 Vale Street, Chelsea MA. Please be advised that you must notify, via Certified Return Receipt mail, all abutters to the licensed premise. CHELSEA LICENSING COMMISSION Naomi Libran Licensing Administrator 6/20/24, 6/27/24

LEGAL NOTICE



CHELSEA CONSERVATION COMMISSION

In accordance with the Massachusetts Wetland Protection Act, the Chelsea Conservation Commission will hold a Public Hearing on:

Wednesday, July 17, 2024, 6:00 PM via Zoom video conference to review the Notice of Intent submitted by Emily Granoff, City of Chelsea, to construct a storm surge barrier, an underground storm surge control facility, nature-based approaches, and associated wetland and public access improvements along the Island End River at 12 Justin Drive, 100 Justin Drive, 145 Market Street, 147 Market Street, 305 Commandants Way, 357 Beacham Street, and 359 Beacham Street. All interested parties wishing to provide a public comment or to join the meeting must communicate with John DePriest at jdepriest@chelseama.gov. Name and address must be included in order to be read during the Public Speaking section of the meeting and email address in order to join the meeting. A copy of the Notice is available for review in the Department of Permitting and Land Use Planning, Rm 106, City Hall, during City Hall business hours. Per Order Stephen Sarikas Chair

6/27/24

LEGAL NOTICE



Re: Tori Chelsea Food LLC d/b/a Tori Japan 255 Vale Street Chelsea, MA

Chelsea Licensing Commission, July 11, 2024 Notice is hereby given that a public hearing will be held by the Chelsea Licensing Commission on Thursday, July 11, 2024 at 6:00 p.m. at the City Council Chambers, 500 Broadway, Chelsea, MA. For an Amusement & Entertainment License application for a Jukebox and Use of amplification to Tori Chelsea Food, LLC d/b/a Tori Japan at 255 Vale Street, Chelsea MA. Please be advised that you must notify, via Certified Return Receipt mail, all abutters to the licensed premise. CHELSEA LICENSING COMMISSION Naomi Libran Licensing Administrator 6/20/24, 6/27/24

How to Keep Dogs Safe This Summer

Special to the Times-Free Press

Hot Weather Tips from the Animal Legal Defense Fund

As summer approaches and temperatures rise, so does the danger of dogs dying in hot cars, left to overheat by negligent owners.

Even on a day when it's 70 degrees outside, the temperature inside a car can hit 90 degrees in just 10 minutes. On a hot day, the temperature inside a closed car can shoot as high as 116 degrees in the same amount of time.

What can you do to keep dogs safe this summer? The Animal Legal Defense Fund, the nation's preeminent legal advocacy organization for animals, has some tips.

1. Never leave a dog in a hot car.

Leaving an animal in a car for any amount of time is dangerous. Cracking a window doesn't eliminate the risk of heatstroke or death, and in some states negligent owners can face up to one year imprisonment.

If you have your dog with you:

- Plan to visit ani-

mal-friendly restaurants and shops.

- Bring a friend who can stay with your dog while you run into a store.

- Leave your dog at home where he is safe and comfortable in the air conditioning.

2. If you see an animal in distress, call 911.

Calling 911 is the first step to saving that animal's life. Most states allow a public safety officer to break into the car and rescue an animal if his life is threatened.

3. Know your rights.

Social media posts have circulated across the country urging people to break a window if they see a dog trapped inside a hot car, but you should know your local laws.

- Only 12 states — Arizona, California, Colorado, Indiana, Kansas, Massachusetts, Wisconsin, Florida, Ohio, Vermont, Oregon, and Tennessee — allow "good Samaritans" to break a car window to save an animal.

- Almost all of those states require "good Samaritans" to contact law enforcement before breaking into the car.

- In 14 states, only pub-

lic officials such as law enforcement and humane officers can legally break into a car to rescue an animal (Delaware, Illinois, Maine, Maryland, Minnesota, Nevada, New Hampshire, New York, North Carolina, North Dakota, Rhode Island, South Dakota, Virginia, and Washington).

- In New Jersey and West Virginia, although it is illegal to confine an animal in a hot car, no one has the statutory authority to break into a vehicle to save the animal, not even law enforcement.

4. Let people know it's not okay to leave an animal unattended in a car.

If you see someone leave their animal in a parked car, consider politely approaching them and letting them know that even if it's a pleasant day outside, the temperature inside the car can skyrocket fast. The Animal Legal Defense Fund has created a printable flyer you can download at aldf.org/hot-cars.

For more information on keeping dogs safe this summer visit aldf.org/hot-cars.

FRESH AND LOCAL

Budget balancers

By Penny & Ed Cherubino

As with so many things that impact our physical health and mental well-being, feeding yourself and your household is a question of balance. The chief cook and supply sergeant has to fit shopping and preparing meals into their daily schedule.

A healthy approach to this work is to consider all the budgets impacted by the tasks and decide which is most important to balance on a given day. Yes, this balance is more than dollars and cents. We also have time budgets, energy budgets, and even what we call a happiness budget.

There are days when our energy levels are low, and cooking seems daunting. In such instances, ordering take-out can be a flexible solution that fits our overall budget balancing. Dining out might not align with our time or spending budget, but it can be a valid option to consider, adding to our happiness budget.

On the other hand, Penny finds cooking meditative and relaxing. She enjoys the creativity of adapting recipes, practicing her knife skills, and presenting a nice meal. It is a happy choice if she has the time to enjoy making food.

Tips for Time Balance

You may already have some tricks for achieving the right amount of time for food preparation on a busy week. For example, you may have a week-end tradition of cooking a larger meal to have leftovers for the week ahead. You can also do extra food prep on days off and fill your freezer with items like stocks, sauces, or meal starters to give you a head start on busy days.

A quick stop to shop on the way home to switch your dinner plans could save time if you grab just what you need to make a meal. In addition, you can stock your freezer and pantry with healthy, minimally processed meals you can microwave when everything is running late.

Tips for Energy Balance

Flexibility is the key to balancing your energy budget. Yes, there may be days when you know that your physical activity or stress levels will drain your energy bank. Then, you can pick up a favorite takeout that will boost your happiness while saving time and energy.

However, you may often feel exhausted because you didn't get enough sleep, or unexpected stress and anxiety have taken their toll, so you must be kind to yourself and

change your meal plan.

Happiness Counts, too!

We love dining out and try to schedule at least one meal a week at a favorite restaurant.

With our food writing experience, we can splurge on this treat by making budget-friendly meals at home. We love soups, curries, stir-fries, and salads, which are inexpensive and often make great leftovers.

Balancing your various budgets is very much a matter of trade-offs; you are the only one who can decide what is worth it and what isn't. You may wish you could dine out every night. Doing that can cause stress over money worries or health issues since we all know that too much restaurant food can harm our health.

Try to use the old 80/20 rule as you make these budget decisions. Most of the time, you should do what is best for each of these budgets 80% of the time and give yourself a break 20% of the time. It is all a matter of balancing good sense with the moment's most essential needs.

Do you have a question or topic for Fresh & Local? Email Penny@BostonZest.com with your suggestion.



This quick and healthy pantry meal used frozen brown rice and peas, a pouch of coconut chickpea curry, and sous-vided chicken thighs from Trader Joe's.

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Maintenance Mechanic

JOB SUMMARY

Maintenance Mechanic work involves the performance of semi-routine and diversified duties in connection with repairs to and maintenance of buildings and grounds requiring many skills found at the journeyman level, such as: carpentry repairs, plumbing repairs, electrical and painting work, but not to the extent that a licensed trade person would be required. The candidate is expected to have knowledge in repairing such items as: plumbing/heating valves, pipes and controls, electrical switches, stoves and refrigerators; windows, doors and cabinetry, mechanical equipment (e.g. snow blowers, lawn mowers, etc.), and in carrying out a full set of maintenance duties, may be required to work under hazardous and adverse conditions such as: sleet, snow, heat, cold dust and dirt.

SUPERVISION RECEIVED

The candidate receives general supervision from the Maintenance Supervisor, who reviews work to be done and inspects work upon completion for workmanship, neatness, timeliness and appearance.

PRINCIPAL DUTIES

1. Independently performs a wide range of building and grounds repairs and maintenance functions, calling for physical exertion frequently.
2. Repairs plumbing fixtures and pipes, such as: toilets, showers, sinks, drains, valves, and controls.
3. Repairs burner controls, switches, and wiring on electric and gas ranges, and performs minor repairs on refrigerators.
4. Repairs or replaces electrical switches, outlets, lighting fixtures, smoke detectors, etc.
5. Repairs and/or installs windows, doors, locksets, flooring, cabinets, countertops, etc.
6. Maintains and makes minor repairs on mechanical equipment, such as snow blowers, mowers, plows and other pieces generally used by the maintenance dept.
7. Check condition of boiler rooms, and makes repairs to boilers, water tanks, pumps and valves; maintains condition of boiler rooms in satisfactory condition.
8. Orders materials, supplies and equipment for own purposes and for jobs performed, and may lift heavy objects into place.
9. Inspects apartments for maintenance work to be done, usually as a result of a tenant request for a work order or an apartment vacancy.
10. Must have knowledge of and skill in using a wide range of hand and power tools such as: drills, hammers, electrical testers, drain cleaning equipment, saws, et al.
11. Performs other related duties of the class, as required.

KNOWLEDGE, SKILLS AND ABILITIES

1. Working knowledge of and skill in plumbing, electrical work, heating, carpentry, painting and mechanical equipment, but not to the extent required by a licensed tradesperson.
2. Ability to perform complicated building maintenance tasks of varying difficulty independently.
3. Knowledge of tools and methods to be used in a wide range of building maintenance work.
4. Knowledge of occupational hazards and safety measures.
5. Ability to direct the work of others, such as: laborers and aides.
6. Ability to understand and carry out oral and written instructions.
7. Ability to maintain acceptable working relationships with co-workers.
8. Ability to work in hazardous and adverse conditions, such as: sleet, snow, heat, cold, dust and dirt, as well as cramped quarters and high places.
9. Ability to lift heavy objects into and out of trucks, or other carriers.

RESPONSIBILITIES

1. Work in a professional and courteous manner within a service environment.
2. Performs inspections of mechanical equipment
3. Perform preventive maintenance procedures.
4. Repair or replace mechanical, plumbing, electrical power and lighting, alarms, heating and appliance systems or parts of systems, including the sub-components of mechanical equipment.
5. Document information required maintaining records on preventive maintenance programs, repairs, installations, and stock utilization and working orders.
6. Be proficient with hand tools, power tools, measuring & testing equipment.
7. Report to work in emergency conditions, and periodically is assigned to be on call overnight, weekends or holidays.
8. When necessary, works under adverse conditions, operates snow removal equipment/shovels snow and lifts heavy objects.
9. Perform all other related duties that may be assigned.

QUALIFICATIONS/EXPERIENCE

High school graduate with at least one year vocational/technical education or equivalent training/experience in the building, and maintenance trades. Possess a valid class III driver's license.

Pay Rate: \$39.00 per hour (Consistent with MA Department of Labor Standards)
Job Type: Full time, 40 hours per week
Bargaining Unit: Fireman and Oilers SEIU Local 3 Benefits:
• Starting 2 weeks vacation 3 weeks sick
• Pension
• 12 paid holidays 2 floating holidays
• Employer pays a percentage of dental insurance
• Long Term Disability, life Insurance, 457B Deferred Compensation Plans, FSA Plan and Colonial Insurance Policies available
Position open until filled

Interested applicants must submit a letter or interest and resume to the Director of Maintenance and Modernization James Krasco at 51 Exeter Street or to jkrasco@chelseaha.com

La Colaborativa secures statewide Excellence in Advocacy Award from MA Nonprofit Network

Special to the Record

La Colaborativa, the preeminent nonprofit organization dedicated to empowering the Latinx and immigrant community in the Commonwealth, is pleased to announce it has been awarded the 2024 Nonprofit Excellence in Advocacy Award by the Massachusetts Nonprofit Network (“MNN”), the sole organization focused on strengthening the nonprofit sector across the Commonwealth.

“We’re thrilled to be selected for the prestigious 2024 Nonprofit Excellence Award by the Massachusetts Nonprofit Network, a testament to the selfless efforts of our team at La Colaborativa” announced Executive Director Gladys Vega. “Despite this recognition, it’s critical that we renew our collective efforts to achieve economic and environmental justice for communities of color, especially in an era of increasing economic instability, a

broken immigration system, and intensifying climate change.”

A fearless, unrelenting advocate, committed to spurring a just, prosperous future, La Colaborativa uplifts, empowers, and celebrates our Latinx and immigrant communities by delivering holistic, culturally effective wrap-around services, advancing equitable public policy solutions, and cultivating the next generation of leaders of color. Annually, MNN bestows the Nonprofit Excellence Awards to six nonprofit organizations that exemplify innovation, creativity, and ingenuity, recognizing organizations that further the nonprofit sector at a statewide and national level.

Accentuating the notable achievements of La Colaborativa over the last year, the award is emblematic of the varying, yet artfully coordinated local, state, and federal advocacy efforts to address social determinants of health, unlock economic opportu-

nity, and prevent the displacement of Latinx and immigrant residents. This includes significant statewide policy initiatives, such as leading the advancement of the HOMES Act and securing ARPA-H, while

ensuring community members gain access to healthcare, affordable housing, and healthy neighborhood environments through innovative local initiatives.

A leading community based organization, La Colaborativa’s impact is made possible through the generosity of its donors, who wish to attain a world of greater equity, compassion, and justice. From combatting homelessness and hunger to developing a truly equitable economy with good jobs, your support is vital to realizing a better future for our community. Please consider contributing directly to La Colaborativa by visiting <https://secure.actblue.com/donate/la-colaborativa>.



Last week, La Colaborativa was awarded the Excellence in Advocacy Award by the Massachusetts Nonprofit Network. The Nonprofit Excellence Awards are presented to six nonprofit organizations and employees that exemplify the most innovative, creative, and effective work being done throughout the Commonwealth. Additionally, Gladys Vega was nominated and voted into the Board of MNN.

BIGGIO RECEIVES PUBLIC SERVICE AWARD



Founder of the “Wounded Warriors Motorcycle Ride” Andrew Biggio accepted the Grand Lodge “Public Service Award” given by Mass Grand Lodge Order Sons & Daughters of Italy in America (OSDIA) Social Justice Commission. Andrew is seen here with Social Justice Commission Chair State Rep. Jeffrey Turco and Winthrop Mixed Lodge OSDIA #2057 President Agnes Nobile. Andrew continues his work with wounded veterans.

Fourth phase of Garden Cemetery renovations to begin soon

By Adam Swift

The fourth phase of renovations to the Garden Cemetery are slated to get underway this summer, and once completed, the cemetery will once again be open to the public.

“Over the past five years, the city council has invested over \$3 million to improve the cemetery,” stated City Manager Fidel Maltez. “Our Department of Housing & Community Development will begin Phase 4 of these renovations this summer. Once this phase is completed, the Garden Cemetery will be open to the public.”

The fourth phase of the renovations have a projected cost of just over \$627,000 and are being paid for with capital improvement funds.

The city is bidding out

the work for the phase, which will include major path completion, installation of additional shade trees, 200 monument repairs, plot boundary wall resets, interior retaining wall repairs, solar downlight flagpole luminaries, and repair of the stone dust pathway.

Past repairs to the Garden Cemetery included the landscaping and refurbishing of paths at the Soldier’s Lot and the refurbishment of the Shawmut Street gates and archway in the first phase.

The second phase consisted of improvements to the perimeter walls as well as tree plantings and monument repair. The third phase included rehabilitation of crypts in the central area and staircase repairs and improvements.

While the cemetery will

open to the public with the completion of the fourth phase, there is the potential for future phases of renovations funded through \$600,000 in the FY25 Capital Improvement Plan.

That potential work includes the Shawmut sidewalk restoration, 100 additional monument restorations, the installation of regimental flagpoles, genus/species signs for trees, and canon rehabilitation for historical preservation purposes, according to Maltez.

“We appreciate the Council’s support during the renovation efforts of this critical city effort,” stated Maltez. “In addition to this capital work, we will focus on prompt mowing of the Garden Cemetery going forward.”

It's that time of year!

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