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CHELSEA RECORD

YOUR HOMETOWN NEWSPAPER SINCE 1890

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THURSDAY, AUGUST 3, 2023

35 CENTS

CHELSEA CELEBRATES NATIONAL NIGHT OUT



CARY SHUMAN PHOTOS

Representing CAPIC at National Night Out are (front row) Keisha Brown, Christian Valentin, Demetres Holley, and Cary Havey; (back row), Gladys Valentin-Agneta, Executive Director Richelle Cromwell, and former Chelsea High basketball star Roy Valentin. See more photos on Page 5.



Shown above representing the Chelsea Police Department, Joe Stutto Jr., Carlos DelCompare, and John Maldonado man the grill. Shown to the right, at the FBI Boston Head-quarters table are 'Future Special Agents' Leanna Rodriguez and Emanuel Rodriguez.



FOUNDATIONAL SUCCESS

Josh Kraft continues to inspire people with his philanthropic efforts

By Sydney Ciano

Josh Kraft, president of the New England Patriots Foundation and son of team owner Robert Kraft and the late Myra Kraft, had it instilled in him from his youth to "always look out for the groups that are overlooked, the most marginalized groups... [and] create access and opportunities for them," and he has used this message throughout his career to bring communities together to accomplish projects.

At 23, Kraft started doing public housing outreach in South Boston, working to provide opportunities for students not doing well in school. He then launched a Boys & Girls Club in the basement of public housing in Chelsea, eventually transferring the Club to the Mary C. Burke Elementary School Complex and





Josh Kraft is the President of the New England Patriots Foundation.

then the old Chelsea High School. Then, because of Kraft leading a major fundraising campaign that included very generous contributions from the Kraft family, Gerald and Darlene Jordan and others, the Boys & Girls Club of Chelsea officially put itself on the map.

"During that time [at the high school], businesses, community folks, people who had grown up in Chelsea, all came together. We raised over \$11.5 million, and we built a new Club on Willow Street. It was just a great community effort," he said.

The Gerald and Darlene Jordan Boys & Girls Club, now located at 30 Willow St. in Chelsea, "became a prototype for Boys & Girls Club of America," according to Kraft.

In 1993, Kraft became

the founding Executive Director of the Jordan Boys & Girls Club in Chelsea, and remained in that role until 2008 when he became the President and CEO of the Boys & Girls Clubs of Boston, of which Chelsea is a member. He held that position until 2020.

The City of Chelsea recognized Kraft's outstanding leadership by naming a street in his honor: Josh Kraft Way.

"I loved what I was doing, I loved all [of] the neighborhoods in the city," Kraft reflected. "After my

See KRAFT Page 2

BOYS & GIRLS CLUBS OF BOSTO JOSH KRAMATTAPAN TEE

Josh Kraft, President of the New England Patriots Foundation, is pictured outside the Boys & Girls Clubs of Boston Josh Kraft Mattapan Teen Center with Club Director Rick Aggeler, and Janey Construction Management President, CEO Greg Janey.

Tuesday, Sept. 26. The General Election is Tuese Boys day, Nov. 7.

City, La Colaborativa, and TND partner on the MassHealth community enrollment campaign

By Adam Swift

The City of Chelsea, through the Department of Housing and Community Development and Senior Center, La Colaborativa, and the Neighborhood Developers (TND) are forging an innovative partnership to improve access to critical health insurance for residents of Chelsea, with a focus on assisting the most vulnerable households.

"Through the Mass-Health Community Enrollment Campaign, the Department has contracted with La Colaborativa and The Neighborhood Developers to establish a local initiative," stated Ana Sofia Amieva-Wang, Senior Project Manager with Housing and Community Development. "The main goals of the program are to make it easier for residents to access health insurance, as well as prevent residents enrolled in MassHealth from losing

coverage as the state reinitiates a renewal process."

Housing and Community Development Director Alex Train said the program will ensure all residents, regardless of economic means or immigration status, have equitable access to high quality healthcare.

"Due to the leadership of Chelsea City Council, our City Manager Ned Keefe, and partners at The Neighborhood Developers and La Colaborativa, the MassHealth Community Enrollment Campaign will provide a central hub for residents to receive multilingual assistance on all issues related to MassHealth insurance," said Train.

During the COVID-19 public health emergency (PHE), MassHealth members did not need to have their eligibility verified yearly in order to stay enrolled in MassHealth. Moreover, new residents

See MASSHEALTH Page 3

City hosting meeting on Forsyth pocket park

By Adam Swift

Work is scheduled to begin late this summer on a reconstructed Forsyth Open Space pocket park at the intersection of Lafayette/Franklin Avenue and Sturgis Street.

The city is hosting an on-site community meeting offering neighboring community members a chance to hear plans for the reconstruction of the open space.

The meeting is scheduled to take place on Wednesday, August 9 at 5:30 p.m. at Lafayette Avenue at Sturgis Street.

Earlier this spring, the City Council approved \$350,000 in Community Preservation Act funding

for the project.

The Forsyth Pocket
Park funding will be used
to convert an existing,
city-owned parcel into a
public park that will include a seating area, bike
rack, shade trees, and
green infrastructure. The
triangular parcel is located
uphill from Carter Heights
Apartments where Forsyth
Street becomes Sturgis
Street and extends to La-

The planned topics for the meeting include a review of the proposed construction schedule, including the approximate start date and project duration,

fayette Avenue.

See FORSYTH PARK Page 3

Nomination papers deadline is Tuesday, August 8

By Cary Shuman

Candidates for public office in the 2023 election have until Tuesday, Aug. 8 at 5 p.m. to submit their nomination papers to the City Clerk's office for certification by the Board of Registrars.

The 2023 Preliminary

It has not been deter-

Election in Chelsea is

residents had pulled nomination papers for the three at-large seats on the Chelsea City Council.
Following is the list of

mined whether there will

be a Preliminary Election

in any of the races for

council or school commit-

As of Wednesday, eight

residents who have pulled nomination papers:

See CANDIDATES Page 7

Kraft / CONTINUED FROM PAGE 1

family, it's the most important thing in my life."

With the Boys & Girls Club, his most notable highlights were the inclusion initiative, the comprehensive campaign that raised over \$132 million over a five-year period, the rebuilding of the club in South Boston (the Edgerley Family South Boston Club), and the construction of the Mattapan Teen Center at the former public library on Hazelton Street. The vibrant neighborhood youth facility was renamed the Josh Kraft Teen Center in another tribute to his positive, lasting effect on an entire community.

The Teen Center was an inspiring project, according to Kraft, and held its grand opening in November, 2014.

"When we opened [the Teen Center], Mayor Walsh, [the] police commissioner, local police from across the city, political leaders, people [who] lived in the neighborhood... philanthropists," all gathered for the grand opening. "It really showed the power of community."

The Boys & Girls Club of Boston had submitted a proposal to build a Teen Center and brought in local labor to help complete the project. A major contributor to the contracting was Gregory (Greg) Janey, founder of Janey Manage-Construction ment. In total, 70 percent of the workers were from Roxbury, Dorchester, and Mattapan with subcontractors coming from minority-owned and women-owned companies.

"[Kraft] walked in my office and sat with us at the table and talked together about... 'we,' what can 'we' do to make sure everyone's involved on this project," Janey recalled of the early beginnings of the

Janey said that working with Kraft was effortless and enjoyable, and that it was a simple decision to want to partake in creating a safe space for young community members.

He said, "How could you not give back to a

Leader of the Patriots

Foundation In taking on the leading

role as president of the Pa-

place like this?"



Josh Kraft stands outside the Josh Kraft Mattapan Teen Center, which was named in his honor to recognize his outstanding leadership as the founding executive director of the Jordan Boys and Girls Club in Chelsea and as president and CEO of the Boys & Girls Clubs of Boston.

triots Foundation, Kraft said that the Foundation gives him the opportunity to "work with some great community folks and [find] ways to make our community better, support those who are marginalized and most in need."

In 2008, the Foundation worked with the Federal Reserve in Boston, mortgage companies, and banks to hold a mortgage relief workshop for those losing their homes. At the workshop, people received counseling and learned how to get into better mortgages. It served as a great resource for those affected by the economic recession, which impacted everybody.

"The most powerful thing is, the lot for people with disabilities was the first lot to fill up," he said.

Having the opportunity to give back to the Greater Boston area did not stop there for Kraft, though. The Kraft Center for Community Health, an organization for which he serves as president, furthered his ability to provide basic needs to the community. He noted that one of the biggest initiatives was creating mobile vans to treat those with opioid addiction, providing them with resources and aftercare.

"Everybody access to... basic things like food, food banks, education, afterschool programs, and one of the most important things is health - good healthcare," Kraft said, adding that the organization acted as a vehicle to first-class healthcare for everyone.

Advocating for cancer screenings

Kraft has also taken



steps to advocate for medical cancer screening. In 2018, he was diagnosed with prostate cancer and found nearly two years later that his PSA (prostate-specific antigen) count was high again after having his prostate removed when the cancer was detected. He was re-treated with radiation and hormone therapy a second time.

"All people should get screened... screening is prevention," he said, remembering the common phrase, "An ounce of prevention is worth a pound

Will be teaching a course at Suffolk

Creating equal opportunities and accessibility to all is something he continues to emphasize throughout his career. In the Spring 2024 college semester, Kraft will be teaching a non-profit management course at Suffolk University.

Kraft, 56, graduated from Williams College in 1989 and was the recipient of the Bicentennial Medal from his alma mater. He continued his education at Harvard Graduate School of Education, completing his master's degree in education and social policy. This past May, he was the commencement speaker at Nichols College.

Alongside his course at Suffolk, Kraft also hopes to help students earn and complete non-profit internships.

Bringing a community together through sports

"My brothers and I have seen how important [philanthropy] was and how powerful it is for the community," said Kraft.

Being directly connected to such a large and influential sports culture in New England, Kraft discussed the special importance of sports in giving back to their communities one initiative at a time.

"When you're on the parade route [through Boston] you see everybody. It doesn't matter their socioeconomic status, who they love, what their religion is, everybody's celebrating... to have that power, sports teams can do so much for the community because it brings everyone together," Kraft said. "So, when a team takes the lead on an initiative, no matter what it is - fighting racism, LGBTQ+ rights, homelessness, food insecurity- usually it's going to inspire a lot of people because sports have that ability to unify."

Street rooming house upgrade seeking to replace the re-By Adam Swift tail area on the first floor and add six small apart-The Planning Board ment units. Costa noted that the ed approval of a major re-

Planning Board supports Hawthorne

unanimously recommendhabilitation project for an 18-unit Single Room Occupancy building at 165 Hawthorne St. at its regular meeting next week.

Rick Costa, the prospective owner of the building, will be back before the Zoning Board of Appeals later this month for final approvals of a special permit and variance for the project.

Currently, the building has 18 single-room occupancy units on the top floors with communal bathroom and kitchen spaces, and a retail produce shop occupies the front space.

Costa is seeking to renovate the 18 single room occupancies and lowering the number of those units to 12 by adding private bathrooms and small kitchen areas. He is also management of the building is currently less than ideal, with rooms rented daily or by the week and a transient population. He said he will make sure the rooms are of a higher caliber, and that there would be improved maintenance and management of the units.

"I believe it is a better use of the building," said Costa, who has renovated and upgraded several other rooming house properties in the city.

Costa noted that the city's community development department recently raised concerns about the displacement of current residents at the address. However, he said the building is currently operated more like a hotel, and that by the time construction begins, he does not expect there to be a

high occupancy rate in the building. Costa also noted that his management company might be able to provide some assistance to residents who have legitimate concerns about being

displaced. Costa said his property management company is located in Chelsea, and that he will offer security cameras, 24-hour maintenance service, and clean buildings. He said the building is currently being mismanaged and that there are issues with bedbugs, rodents, and other problems that are not immediately addressed.

"I like this project a great deal," said Planning Board member Mimi Ran-

Planning Board members did raise some questions about the design of the first floor, and requested that Costa work to make a more appealing entrance area on the ground floor with a new door and transom windows.

Public access advocates testify in support of guaranteed hybrid open meetings

Special to the Transcript

At a public hearing by the Joint Committee on State Administration and Regulatory Oversight, municipal leaders, disability advocates, and open government organizations are testifying in support of legislation that will guarantee greater access to open meetings by allowing members of the public to attend and participate in meetings in person or remotely.

Act to Mod-An Participation ernize Public Meetings (H.3040/S.2024), sponsored by Representative Denise Garlick and Senator Jason Lewis, seeks to undate the Massachusetts Open Meeting Law to guarantee hybrid meetings. As opposed to meetings conducted exclusively in person or exclusively online, hybrid meetings maximize civic engagement by allowing participants to choose the format that works best for them.

"I've been driving a motorized wheelchair since I was two years old, and it was during the pandemic that I attended my first legislative hearing - remotely," said Dianna Hu, chairperson of the Boston Center for Independent Living. "Hybrid meetings are the latest instance of universal design, enabling residents across the state to engage with our government in a new and empowering way. We must bring this curb cut 2.0 into its rightful place of permanence." "Hybrid access has be-

come an essential part of public life," said Geoff Foster, executive director of Common Cause Mas-

TOM DIGREGORIO • JOHN DIGREGORIO

sachusetts. "Having the option to attend meetings virtually has given many of our neighbors - particularly those with disabilities, caregiving responsibilities, or limited transportation - the ability to more easily participate in our democracy. We need to safeguard and expand this option for all members of our Commonwealth."

"Our 44 local Leagues of Women Voters across the state are deeply involved in the governments in their towns and cities. The League strongly supports this bill to assure that all residents can readily access and participate in the local government meetings that make so many major decisions about their lives," said Pattye Comfort, executive director, League of Women Voters of Massachu-

"Government participation and transparency is the cornerstone to a strong democracy," said Deirdre Cummings, MASS-PIRG's legislative director. "This bill provides for both, making government meetings more accessible and transparent."

"Hybrid meetings are the only way to maximize public access to government deliberations. We can no longer accept the exclusion of large segments of the population from the democratic process simply because inclusion has a price tag or because change is inconvenient," said Gavi Wolfe, legislative director of the ACLU of Massachusetts. "We can do better, and we know how. In fact, nearly half of all Massachusetts city councils and select

boards are already conducting hybrid meetings. The legislature should update the Open Meeting Law to guarantee hybrid meetings across the Commonwealth moving forward."

"A guiding principle of the disability justice movement is 'Nothing About Us Without Us," explained Barbara L'Italien, executive director of the Disability Law Center. "By focusing on inclusion and equity, and welcoming the participation of 11.5-percen of the population, our communities and our democracy will

only become stronger." This legislation will provide municipalities the time and money needed to establish hybrid open

meetings by:

- Creating a Municipal Hybrid Meeting Trust Fund and a grant program to help municipalities finance their modernization efforts.
- Prioritizing adoption by state agencies and elected municipal bodies.
- · Allowing economic hardship waivers for non-elected municipal bodies.
- Giving more than five years - until 2030 - to phase in universal compli-

The bill is backed by the ACLU of Massachusetts, Boston Center for Independent Living, Common Cause Massachusetts, Disability Law Center, League of Women Voters of Massachusetts, Massachusetts Newspaper Publishers Association, MASSPIRG, New England First Amendment Coalition, and New England Newspaper & Press Association.

HEAD MECHANIC PAUL FLORIO



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FRESH AND LOCAL

Food on a stick

By Penny & Ed Cherubino

The whole idea of food on a stick makes us smile. Perhaps that's because many of the foods presented on skewers, toothpicks, and sticks of all kinds are fun. This week we'll tell you about an array of savory foods you can serve on a stick, tips on making a few, and how to eat

Spain's tapa and pincho bars may be what comes to mind when you think of enjoying toothpicks full of excellent taste combinations. However, Japan has yakitori and kushikatsu. Greece has souvlaki, and Italy has spiedini. In Thailand, meat grilled on a skewer is street food. Take inspiration from any culture.

While regular toothpicks may be the traditional way to spear food in Spain, both by the cook and tapas eater, we suggest you invest in cocktail spears about 4 inches long to make the presentation more secure and easier to eat. Once you have these, don't overload them. The joy of many skewered foods is that you enjoy a perfectly balanced combination of flavors in one

Another idea we've adopted from Spain is putting a piece of bread under any combo with added olive oil or sauce. The bread makes delivering the tapa to your mouth neater and can then be used to dab up all the delicious liquid in the serving dish. Be sure to provide plenty of napkins.

Build a Pantry

When working with a few simple ingredients, buying the best you can find and using the fresh food that's in season is essential. At the same time, you can have a few treasures in your pantry for making quick snacks.

Excellent canned fish, especially anchovies, will help you make some of the most famous Spanish combinations. Pickled and preserved foods will add just the right note to cut through the fattiness of meat skewers. We love adding olives, pickled peppers, roasted red peppers, and pickled vegetables to our creations.

There are also times when you need something sweet to offset a strongly acidic ingredient. You can use preserves, dried fruit, or a fruit glaze for this purpose.

Cold Skewers

You can prepare many skewers ahead, which makes them perfect additions to a picnic, potluck, cocktail party, or shared meal. Consider making a mixture of popular food combinations that will please even timid eaters and add a few that will delight the more adventurous.

Skewer a local cherry tomato with a small mozzarella ball and a basil leaf for a Caprese salad tapa. Instead of a tray of antipasto, arrange skewers of salumi slices, cheese, olives, roasted peppers, or artichokes. Take your adventurous eaters to the

Basque country with the classic Gilda a pincho combining an anchovy, Manzanilla olive, and pickled pepper. Traditionally, this is a guindilla/ piparra pepper, but you could use peperoncino.

Hot Skewers

If you are making food on a stick to serve at home or grilling outside, you can make hot versions. Many traditional recipes include sausages cut into pieces. For simple tastes, Italian sausage and peppers with provolone cheese will work. The next level is Spanish Chorizo with Manchego and Morcilla (Spanish blood sausage) with potatoes and paprika for offal fans.

This way of serving food is perfect for occasions when it's easier for people to eat without utensils and when your guests have a wide range of food preferences. You can make vegan or vegetarian options. If you think of tapas bars where most customers stand around in groups sharing plates of tapa and sipping a beverage, you can see how the tradition of skewering the food came about.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.



Take your adventurous eaters to the Basque country with the classic Gilda, a pincho combining an anchovy, Manzanilla olive, and pickled pepper. (Photo by Iñigo De la Maza)

MASSPORT ANNOUNCES

Massachusetts

SCHEDULE FOR SUMMER RUNWAY **WORK AT BOSTON** LOGAN The

Port Authority (Massport) has announced the Runway 15R-33L Safety and Pavement Rehabilitation Project schedule for this summer. In collaboration with the Federal Aviation Administration (FAA), Massport will begin work on Runway 15R-33L in August, with construction planned for approximately 100 days.

Serving as the longest runway at Boston Logan, Runway 15R-33L is primarly used by the FAA during northwest winds, which are typically prevalent in winter and spring months, and is the preferred late-night over Boston Harbor runway for noise abatement purposes. Runway 15R-33L was last rehabilitated in 2012.

Beginning August 14, Runway 15R-33L will be closed to all aircraft arrivals and departures. Consistent with FAA requirements, the project will improve runway safety by enhancing the lighting and the surface conditions. Work will be done in several phases to include the following:

- Replacing pavement and improving runway and taxiway intersections;
- Upgrading electrical infrastructure;
- Converting runway lights to energy efficient LEDs.

In addition to the runway rehabilitation elements, FAA recommended safety improvements will be made to several taxiway intersections to reduce the potential risk of aircraft runway incursions and to enhance airfield safety overall.

News in Brief

This August date was determined based on close coordination with the FAA and airline stakeholders while being mindful of the Sumner Tunnel closure. During the first few weeks of the closure, pavement will be removed and electrical elements will be installed. The majority of the pavement installation will occur in September and October.

Comprehensive mitigation measures will be put in place to reduce construction noise and other impacts to the surrounding communities. Those measures include:

- Reducing noise from truck back-up alarms within OSHA guidelines and other regulations;
- Maximizing daytime work, particularly noise producing activities;
- Establishing airside haul routes that will maximize distance from neighboring homes, particularly at night;
- · Hauling waste and other materials during the day to the extent possible;
- Prohibiting trucks from using City of Boston streets to and from the air-All construction traf-
- fic will access the airport via Routes 90/93/1A and Coughlin Bypass Rd.; • Aiming all lighting
- used for night operations away from the communi-

MBTA REMINDS RIDERS OF **SERVICE CHANGES**

The MBTA is reminding riders of a 12-day service change on the Orange and Green Lines ending

August 9.

As previously announced, due to the continued demolition of the Government Center Garage by private developer HYM Construction Orange and Green Line service changes will take place in the downtown Boston area all day for 12

- Orange Line trains will bypass Haymarket Station. Orange Line riders should instead exit at North Station or State, less than a half-mile from Haymarket (or a four- to eight-minute walk), and travel to the Haymarket • Green Line service
- will be suspended between North Station and Government Center Station, with riders instead asked to walk above ground between these stations – Government Center, Haymarket, and North Station are each less than a half mile from each other (about a five- to 10-minute walk). The distance between Government Center to North Station is about three-quarters of a mile (about a 13-minute walk).
- · Riders are also reminded that Orange Line / Green Line connections can also be made via the Winter Street Concourse. which connects Park Street and Downtown Crossing Stations. Accessibility vans

will also be available for on-demand transportation - Orange and Green Line riders should ask MBTA personnel for assistance. For more info, please

visit mbta.com/alerts, or connect with the T on Twitter @MBTA and @ MBTA_CR, Facebook / TheMBTA, Instagram @ theMBTA, or TikTok @ thembta.

applying for MassHealth submitting their renewals, Program staff are fully were presumed to be eligible. As of April, Mass-Health has re-initiated the yearly renewal process and new applicants will have to undergo a complicated determination of eligibility process.

The Massachusetts Executive Office of Health and Human Services estimates that 50 percent of MassHealth members will be auto-renewed. The remaining 50 percent of members will be required to complete a manual renewal process to verify their eligibility and retain coverage. Based on these estimates, approximately 16,780 Chelsea residents will be required to complete a manual renewal.

To ensure residents do not lose coverage and have support navigating the complex renewal process, Housing and Community Development, La Colaborativa, and The Neighborhood Developers new program can help residents with completing renewal forms, collecting necessary documentation,

MassHealth / CONTINUED FROM PAGE 1

and verifying they are enrolled in the highest level of coverage they are eligible for. The program can also aid residents in completing initial applications for MassHealth, tracking application status, and related issues.

Prioritizing accessibility for residents that may be unavailable during normal MassHealth business hours, this resource can be accessed by visiting bilingual drop-in sessions, scheduling in-person appointment times, or seeking assistance over the phone. Services are available

during evenings and on weekends, hours when the MassHealth customer service line and other traditional assistance are unavailable.

Residents can schedule an appointment or request to speak with a program staff member specializing in MassHealth benefits, by calling the Neighborhood Developers' at (617) 370-5910 or by visiting one of the MassHealth walk-in sessions outlined below.

bilingual in English and Spanish and will provide interpretation services for residents who speak other languages.

Drop-in sessions for the program are listed below. No appointment is need-

MONDAYS

10 a.m. - 2 p.m. - La Colaborativa, 318 Broad-

way **TUESDAYS** 4 p.m.- 7 p.m. - TND-Connect, City Hall,

500 Broadway #102 **THURSDAYS**

4 p.m.- 7 p.m.- La Colaborativa, 318 Broadway **SATURDAYS**

August 5 and 19, September 2 and 16: 10 a.m. - 12:30 p.m.- TND-Connect, Chelsea Public Library Auditorium, 569 **Broadway**

Every Saturday: 10 a.m. - 2 p.m. - La Colaborativa, 318 Broadway. To schedule an appointment outside of these hours contact The Neighborhood Developers at (617)370-5910.

Forsyth Park / CONTINUED FROM PAGE 1

and a discussion of the plans for the pocket park rounding neighbors. The sequence of work opera-

There will also be a discussion of the staging of construction equipment, site security, and anticipated impacts to abutting spaces for the duration of the work.

City officials stated the meeting will also be an opportunity to open communications between abutters and the construction team, including introductions to the project construction team.

The project is related to the reconstruction of the historic Franklin Avenue staircase, and original

Give the Gift of

REVERE JOURNAL

space of about 25 feet by 15 feet.

Connecting Lafayette Street to Franklin Avenue, the aging staircase is frequently used by residents to access Cary Square and nearby bus service, according to Alex Train, the city's Director of Housing and Community Development. Addressing deteriorating concrete, poor lighting, and overgrown vegetation, along with the limited visibility and other issues raised by residents, the project saw the staircase fully redesigned, in consultation with sur-

called for setting aside a design comprises precast concrete stairs and landings, architectural hand railings, bollard lighting and a series of shrubs and trees to beautify the space

After a competitive procurement process, the Community Development hired Edward Paige & Sons as the site contractor.

Construction is now underway, with the contractor focused on demolishing the old staircase. performing site grading, installing underand ground electrical. The targeted completion date of the project is December 31, according to Train.

A year's subscription to

Real Estate Transfers

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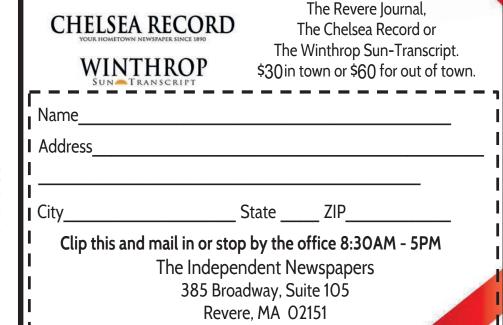
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Hometown News

Chelsea

RECORD PRESIDENT: Stephen Quigley

EDITOR IN CHIEF: Cary Shuman

MAKE THE MOST OF THE REST OF SUMMER

The days are becoming noticeably shorter and the sun is not as intense as it was just a few weeks ago. Combined with the cooler temperatures that arrived this week, the inevitability of the end of summer cannot be

On the bright side however, the Labor Day weekend is more than four weeks away, which means that there still is plenty of time to create memories with our friends and family members that will last a lifetime.

So our message is simple: Let's use these next few weeks to make the most of the Summer of 2023!

SINEAD O'CONNOR WAS A PROFILE IN COURAGE

When the late Sinead O'Connor tore up a picture of the Pope on Saturday Night Live after her acapella performance of Bob Marley's "War" in 1992, the full extent of the Catholic Church's complicity in facilitating widespread child-molestation was not fully known.

Here in the Boston area, the predations of the former

priest from Revere, James Porter, who molested hundreds of Boston-area children with the full knowledge of Church officials (who had simply reassigned him to different parishes where he continued to molest more and more children) had just come to light. Church officials assured their members that Porter

was just an aberration. But a decade later, when the Boston Globe Spotlight team unveiled the full picture of the Church's misdeeds and coverups, it became clear that Porter was just the tip of the iceberg, not only in Boston, but throughout the world.

Though O'Connor, who herself had been a victim of child abuse (though not by the church), destroyed her career with her outspokenness on that Saturday Night Libe appearance, the courage she displayed with that performance will far outlive her musical legacy.

WHY DESANTIS DOESN'T HAVE A PRAYER AGAINST **TRUMP**

For anyone who has even a passing interest in presidential politics right now, initially it may seem perplexing that Florida Governor Ron DeSantis is getting clobbered in the polls by former President Donald Trump.

While it may be true that DeSantis has shot himself in the foot time and time again with his views about any number of issues that are so far Right that even the most conservative Republicans are bewildered by what he says (the most recent example being his support for teaching Florida school children that slavery may have benefited slaves), the real reason why he is trailing Trump by double-digits -- and that margin is growing larger (even in Florida) -- is that DeSantis is nothing more than just another politician.

From the moment that he rode down that escalator in Trump Tower, the big allure of Donald Trump (for his base of supporters) is that he is anything but a typical politician. His campaign rallies and rambling speeches do not follow anything close to a traditional political

For his opponents, particularly DeSantis, trying to outthink or outwit Donald Trump is a fool's errand. Trump doesn't play by the rules, which not only has proven bad for the country-at-large (January 6), but also means that he is not constrained by the conventions of politics-as-usual. It's not so much that Trump is playing 3-dimensional chess, but that he flips over the board whenever he feels threatened.

In addition, DeSantis faces the conundrum that by accepting Trump's pretext that the 2020 election was stolen from him, he cannot claim that Trump is a loser. In short, he has swallowed Trump's bait -- hook, line, and sinker.

The bottom line is that to Trump voters, Ron DeSantis sounds just like any other politician on the campaign stump. There's nothing about him that is even remotely appealing to the GOP base (or anyone else, for that matter), not to mention that DeSantis has an intensely dislikable personality that makes him seem to be talking down to his audience.

Trump may be a con man -- but both he and his supporters know it and even embrace it.

As for DeSantis, he is as appealing a candidate as Joe Biden -- which is the biggest insult you can toss at any GOP politician.

Your opinions, please

The Chelsea Record welcomes letters to the editor.

Our mailing address is

385 Broadway, Revere, MA 02151.

Letters may also be e-mailed to

editor@chelsearecord.com.

Letters must be signed.

We reserve the right to edit for length and content.

Forum

GUEST OP-ED

Seek medical truth, enjoy your life

By Dr. Glenn Mollette

Does your doctor make you feel good? Does he or she tell you what you want to hear just to make you happy? If so, you probably should look for another doctor.

No one enjoys leaving the doctor's office feeling bad. We don't want to hear, "You need to change your lifestyle." We don't want to hear, "You need to cut way back on your sugar intake." We enjoy our habits. Habits are hard to break. My wife's grandfather loved smoking. He wouldn't give it up even after numerous cancer surgeries. He died at age 65.

A friend died recently. She died from what is often called fatty liver disease. Six months before she died, she told me she was terminal. She said, "I guess I drank too much alcohol throughout my lifetime." She went on to tell me that her family doctor two years prior had said her issue wasn't severe and that she didn't have to worry." She was very displeased with her doctor's passive attitude about her condition that would soon take her life.

Another friend of mine was diagnosed with prostate cancer. His doctor's approach to his condition was that, "They would watch it. When it became worse, they would do something about the cancer." They watched it and they watched it kill my friend. Within a year it was out of control and had spread outside his prostate. The doctor's relaxed attitude about a serious situation did not go well for my friend.

Many doctors want to make you to feel good. Of course, we don't want a doctor whose goal is to make us feel bad. Typically, they don't want to lose you as a patient. Still, they should diplomatically tell you what you may not want to hear.

Keep in mind the doctor ordinarily knows more than we do. However, you do know how you feel. Be aware of your family history. In this information age you have to do some self-study. There is a lot of information on-line about most conditions you are facing. You have to research thoroughly though because often you can find whatever response you want on the Internet. Ask your doctor questions about your research. Tell him or her that you want to make good choices. Be willing to travel to another town if your doctor refers you or seek out someone who might be able to provide the care you need.

have to rake personal responsibility for our health and do the best we can do. Even when we do everything, we can think of to do, these bodies are subject to disease and death. Richard Thousand is

The bottom line is we

with the Taussig Cancer Center at Cleveland Clinic. He was recently talking to me about the many medical advances made in recent years and noted more are on the way. He then said something I had only heard my dad say many times, "Glenn, we aren't going to get out of this world alive. From the moment we are born, there is something that is trying to kill us. Eventually, it's going to happen."

The bottom line is do the best we can with the information we have. Be diligent. Be thorough. Seek the truth from your Finally, enjoy doctor. your life, we all only get

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch, and various other publishing imprints; a national columnist - American Issues and Common Sense opinions, analysis, stories, and features appear each week in over 500 newspapers, websites and blogs across the United States.

GUEST OP-ED

Why I run in Chelsea: Katherine (Kati) Cabral for School Committee, At-Large

By Katherine Cabral

My name is Katherine (Kati) Cabral and I am a life-long resident of Chelsea, a Black Latina, educator, graduate of Chelsea Public Schools (CPS), and currently serve as your Vice Chair on the Chelsea School Committee. This November 7, I am running to continue to represent our community At-Large on the committee.

My School Committee journey began as a Chelsea high school senior when I was nominated by my school principal to serve as the Student Representative on the Committee. As the only Student Representative, I had the opportunity to lift up the voices of my peers to ensure that the members on the Committee understood the impact of their policies on the everyday lives of students like me.

This experience made me determined to return after college to the community that invested in me, and served as a 7th & 8th grade science teacher in Chelsea. I served as a role model for the next generation of Chelsea graduates that shared a similar lived experience



School Committee Vice Chair, and candidate for re-election, Katherine Cabral.

while navigating a school system where very few educators looked like me. While in the classroom, I recognized that there were larger systemic barriers across Massachusetts that impeded the recruitment and retention of educators of color that could have the same impact in the classroom.

This propelled me to write my first op-ed titled "Where are the teachers of colors?" and be called to leadership by my community to represent District 5 on the School Committee. Since then I've become Vice-Chair of the School Committee to ensure that

we meet our vision to know every student by name, strength and story. The last few years have brought its challenges, from revising Chelsea High's attendance e-policy to reflect the needs of students and families, ensuring there are sufficient mental health counselors, battling chronic absenteeism, and retaining educators of color. Through co-facilitation of meetings, I have advocated for an equitable budget with a focus on mental health, inclusive curriculum, and innovative ideas to retain a diverse workforce.

My experience as a fe-long resident, a Black Latina educator, and a CPS graduate is why I continue to serve Chelsea Public Schools. Together we can equip students that are most impacted by systems and structures with the skills necessary to be life-long learners, active citizens and changemakers within the decision-making process. I look forward to earning your vote and support this November 7. For more information, visit www. votekaticabral.com.

SUBSCRIPTION INFORMATION

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CHELSEA POLICE HOLD NATIONAL NIGHT OUT CELEBRATION AT MARY O'MALLEY PARK



Anyi Mejia, with children, Zaid Mejia, 5, and Zoe Mejia, one month



Dr. Deborah Wayne and her canine companion, Nick.



Wentworth Institute of **Technology student Jaiden** Santos and Dr. Sarah Neville, candidate for Chelsea School Committee.



City Council President Leo Robinson, Supt. of Chelsea Schools Dr. Almi Abeyta, Police Chief Keith Houghton, School Committee Vice Chair Katherine Cabral, and District 8 Councilor Calvin Brown.



The Metro Credit Union table at Chelsea National Night Out, from left, Loru S. Piennette, Marissa Pepi, Rachel Allen, and Vice President Saritin Rizzuto.

Planning Board gives okay for gazebo at new La Colaborativa site

By Adam Swift

La Colaborativa will be able to move forward with building a gazebo at its new Survival Center at the corner of Sixth and Arlington Streets.

Last week, the Planning Board determined that the proposed change in the site plan replacing a shed with the gazebo was a minor change, and did not require a public hearing.

Philip White, the workforce development manager at La Colaborativa, said the gazebo will serve as a community space, as well as an area where people can rest and get some shade after standing in line for the food bank at the site. There will be no

loss of parking spaces on the property as a result of the change in the site plan.

Planning Board member Mimi Rancatore cast the lone dissenting vote on considering the gazebo as a minor change to the site

Rancatore noted that the La Colaborativa proposal is a large project, and that the space could be best utilized for other purposes.

However, several Planning Board members said they did not believe it was up to them to dictate how the space should be used.

La Colaborativa will be before the ZBA later this month for approval of its kitchen spaces.

The facility will have a community kitchen where

there will be educational programs about nutrition and healthy eating. There is also an entrepreneur kitchen with space for four small businesses or residents looking for their own commercial kitchen space to expand home businesses. White said there will be

a thorough training and vetting process for the use of the entrepreneur kitch-

The main building on the site will have space for administrative and emergency services, as well as the food bank.

Also on the property is a standalone workforce development office for training and educational programs, according to

Chelsea man arrested on machine gun conversion charges that, following a series

By Record Staff

A Chelsea man was ar-

rested on Thursday, July 27 in connection with illegally selling machine gun conversion devices.

Michael Williams, 49, was charged with one count of transferring or possessing a machine gun, according to the United States Attorney's Office in Massachusetts.

According the charging documents, in January, Williams agreed to sell several machine gun conversion devices and other firearm accessories to an undercover federal agent. It is alleged of communications, Williams met the undercover agent twice at a pre-arranged location. It is further alleged that on Jan. 12, Williams sold the first machine gun conversion device to the undercover agent and the following day, on Jan. 13, Williams sold two additional machine conversion devices

to the undercover agent. The charge of unlawful transferring or possession of a machine gun provides for a sentence of up to

10 years in prison, up to

three years of supervised

release and a fine of up

to \$250,000. Sentences

are imposed by a federal district court judge based upon the U.S. Sentencing Guidelines and statutes which govern the determination of a sentence in a criminal case. Acting United States

Attorney Joshua S. Levy; Christopher DiMenna, Acting Special Agent in Charge of the Federal Bureau of Investigation, Boston Division; and Chelsea Police Chief Keith Houghton made the announcement of the arrest on Friday, July 28. Assistant U.S. Attorney John T. Dawley of the Organized Crime & Gang Unit is

prosecuting the case.

Cary Shuman Photos

The Chelsea Police Department held its National Night Out 2023 celebration at Mary O'Malley Park on Admiral's Hill Tuesday.

Families enjoyed meet-

ing Chelsea police officers and participating in educational and fun activities related to public safety. There was also food and musical entertainment.

The goal of the national event is to enhance the relationship between neigh-

bors and law enforcement while creating a true sense of community.

As is well known, police officers and firefighters are shining examples of people who are true heroes in everyday life.



Sandra Ventura, with Isaac, Milan, and Alex Daniel. See next weeks issue for more coverage of the event.



State Rep. Judith Garcia, District 8 Councilor Calvin Brown, and School Committee Vice Chair Katherine Cabral.



Representing Chelsea's pizza palace, The Brown Jug, are Mikey Matrinko, Wiame Matrinko, Mike Matrinko, and Cheryl

Are You Having Trouble Controlling the Way You Eat?

Food Addicts in Recovery Anonymous Weekly meetings are free and available for anyone suffering from food addiction, food obsession, overeating, under-eating or bulimia.

19 Park Street.

Darlene D. 857-654-5494

/ Evelyn C.617-240-2447

ANDOVER-Saturday 8:00 – 9:30 am Christ Church, 33 Central St., Sharon H. 617-515-7292 / Lauren S. 415-690-9401

ARLINGTON

Tuesday 9:30 - 11:00 am

Church, 300 Massachusetts Ave. Vera V. 617-308-7740 / Kelly M. 781-572-0109

CHELSEA

WEST ROXBURY Tuesday 7:00 - 8:30 pm Wednesday 7:00 - 9:30 nm **VA Hospital West Roxbury**

There are no dues or weigh-ins.

Calvary United Methodist Chelsea Police Station,

Tricia H. 781-325-3626 / George M. 781-752-9157 Saturday 8:15 - 9:45 am VA Hospital West Roxbury, 1400 VFW Parkway, Tricia H. 781-325-3626 / Courtney T. 617-610-2367

For more information about FA, speak with a local member or visit our website: www.foodaddicts.org

ABOUT FOOD ADDICTS IN RECOVERY ANONYMOUS: Food Addicts in Recovery Anonymous is a tax-exempt, non-profit Twelve Step program based on the principles of Alcoholics Anonymous (AA) that helps people of all ages who have issues with body image and/or food. There are no dues or fees for members. Anyone, from any walk of life, who seeks recovery from problems with food, is welcome.



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Start Time: 10AM EST

Saturday, August 12, 2023

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SCENES FROM THE INTERNATIONAL SAND SCULPTURE FESTIVAL ON REVERE BEACH

Derek Kouyoumjian photos

The Revere Beach Sand Sculpture Festival was held this weekend. The theme for this year was the celebration of 90 years of Kong. The sched-

uled events were delayed by Saturday night's rainstorm, which also diminished the sculptures but the people still came to see the work and enjoy the summer tradition.



Cristian Arias with Abby.



Kim Rice and Gene Hannigan.



Franco and Linda Pasqual.





Driscoll Produce was giving samples of their fruit to a grateful gathering of sand sculpture fans.



Simba hangs out with his humans, Danny, Louisa, Maria, and David at the Sam Adams Beer Garden.



Lala and Weezy Colaire of Backdoor Tires relax at the Sam Adams Beer Garden.



Scott Devine and Brenda White relax at the Sam Adams Beer Garden.



Ian, Gautham, and Aparna relax at the Sam Adams Beer Garden.



Jose and Sara with their four-legged friend Chloe.



cole D'Amato.





Revere Beach Blvd was packed with people enjoying the mellow summer day.



Ashley Qualls with daughter Harper and son Carter.



Maria Costa has her ice cream cone and Frozen doll.



Groove Experience.



Groove Experience.



Azlann Loman enjoys the perch on her dad Orlando to get a better look at the sand sculptures.



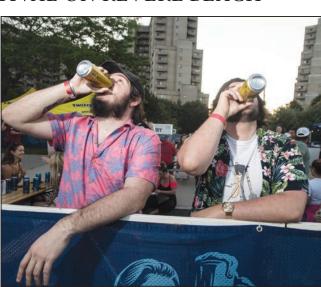


ture Festival.

SCENES FROM THE INTERNATIONAL SAND SCULPTURE FESTIVAL ON REVERE BEACH







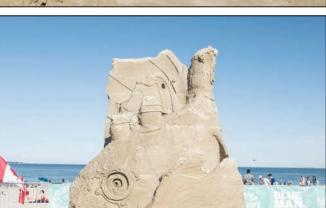
Justin Cox and Simone Tavino throw back some beverages at the Sam Adams Beer Garden.







Mariah Mansur gets a perch on her dad Samy for a better view of the goings on.





Tony Denson the singer for LPE Groove Experience rocks out to their cover of Proud Mary.







Revere Beach Blvd was packed with people enjoying the mellow summer day.







The Spider Wheel was back and drew many visitors to be spun in its web of ferris wheel fun.

Covas

Candidate list / CONTINUED FROM PAGE 1 **COUNCILOR-AT-LARGE** Alexis Balcarcel Kelly Chaney Garcia Roberto Andres Jimenez-Rivera *Leo Robinson Adriel Adonis Rodriguez Yamir G. Rodriguez Olivia Anne Walsh

DISTRICT COUNCILOR ONE *Todd B. Taylor

Devra Sari Zabot

DISTRICT COUNCILOR TWO

Constantinos Boussios *Melinda M. Vega

*Norieliz D. DeJesus

COUNCILOR THREE

DISTRICT

COUNCILOR FOUR

DISTRICT

COUNCILOR EIGHT *Calvin T. Brown

SCHOOL

Tanairi Garcia

guez

Marnie MacAlpine

Adriel Adonis Rodri-

DISTRICT

DISTICT

*Giovanni A. Recupero

DISTRICT

DISTRICT

COUNCILOR SEVEN

Gerrit D. De Young

Manuel Teshe

COUNCILOR SIX

Enio A. Lopez Perez

COUNCILOR FIVE

Lisa A. Santagate

COMMITTEE

Katherine Cabral

AT-LARGE

DISTIRCT ONE *Shawn P. O'Regan

DISTRICT TWO Michael Byron Lopez II Sarah Elizabeth Neville

DISTRICT THREE

Jonathan Daniel Gomez-Pereira *Naomi E. Zabot

DISTRICT FOUR Mayra Balderas

Zaida V. Ismatul

DISTRICT FIVE

Caraballo

Claryangeliz

*Ana E. Hernandez

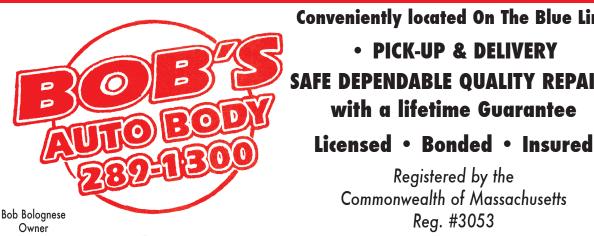
DISTRICT SIX

DISTRICT SEVEN Lucia Henriquez Loren Alexander Sokol Celeste Yvette Williams

DISTRICT EIGHT *Yessenia L. Alfaro

* Denotes a candidate for re-election

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COHEN LEVINE FLORENCE ESTATES RESIDENTS VISIT REVERE BEACH

Cary Shuman Photos

The Cohen Florence Levine Estates assisted living residents, ranging in age from 83 to 104, visited Revere Beach July 19 for a day of fun, sunshine, and even some sing-a-

The group would like to thank Charlie Collins of the DCR for his hospitality and kindness during the visit to the nation's first public beach.



Director Kristen Donnelly, residents Virginia Fiske (who is 104 years old) and Leona San-Severino, and Activities Director Shellie Honohan.



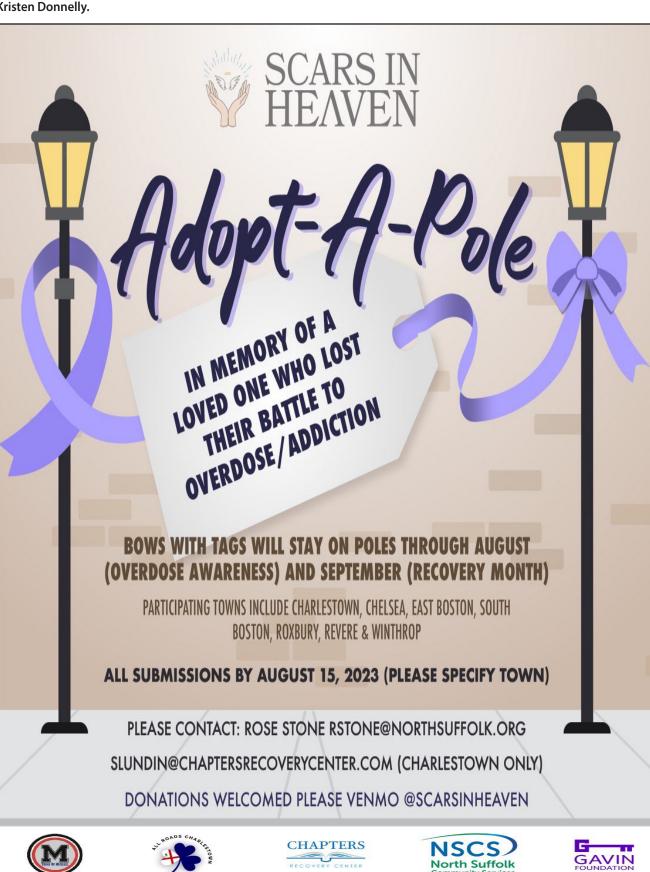
Residents of Cohen Florence Levine Estates, an outstanding assisted living facility located on Admiral's Hill, are pictured during their visit to Revere Beach. A great time was had by all. There's nothing like summer in New England.



Former Revere city councilor Rita Singer, who has a bridge named after her on Revere Beach Parkway, is pictured enjoying a day at Revere Beach with Executive Director Kristen Donnelly.



Happy to be on the beach with their fellow residents of the Cohen Florence Levine Estates are Diane Weinstein, Charlie Kanter, and Leona SanSeverino.



OBITUARIES

Andres Pineda

63-years-old

At 63 years of age, Andres Pineda, a resident of Somerville for the past 15 years and formerly of Chelsea, passed away at the Mass. General Hospital in Boston on July 25. Born and raised in San-

tiago de la Frontera, El Salvador he was a beloved son of Hortencia Cea and the late Jose Domingo Pineda. Andres settled in Chel-

sea as a young man and worked as a landscaper and property caretaker. He enjoyed playing pool and time exercising at the He is survived by his

mother Hortencia Cea of Chelsea and 11 brothers and sisters. He is also survived by numerous nieces, nephews, extended family members and friends. Funeral arrangements



were by the Welsh Funeral Home, 718 Broadway, Chelsea. Services concluded with interment at Oaklawn Cemetery in Roslindale.

Arrangements given to the care and direction of the Welsh Funeral Home. For online guest book or to send expressions of sympathy, please visit; www.Welsh-FH.com.



and provide early fault de-

MBTA Board awards contract to New Flyer of America Inc. for purchase of battery electric buses

Special to the Record

The MBTA Board of Directors awarded a \$119 million contract to New Flyer of America Inc. for the production and delivery of 80 new, low-floor, 40-foot battery electric buses (BEBs). This vehicle contract award includes an initial base order of 48 conventional BEBs and 32 BEBs with streetside boarding capability. This contract also provides the MBTA options to purchase up to an additional 380 BEBs.

"This contract demonstrates the T's commitment toward reducing its emissions and is another step toward reaching our climate goals," said MBTA General Manager and CEO Philip Eng. "In addition to reducing the Authority's greenhouse gas emissions, these 40foot battery electric buses have many amenities to enhance our riders' experience, like flip-up seats, accessibility features, and dual-sided passenger information screens. I would like to thank the MBTA Board of Directors for approving this contract award, our Vehicle Engineering and Vehicle Procurement teams for their hard work on this project, our Bus Modernization team for their diligent work in supporting the T's fleet and facilities transition to BEBs, and our Finance team for their work in securing federal funding for this procurement last summer."

The MBTA is committed to social equity, sustainability, and energy conservation. Supporting the Commonwealth's Net Zero emissions targets, the BEBs purchased under this procurement will reduce transportation emissions, which will result in better air quality within MBTA communities. The procurement, which is part of the Authority's fleet replacement plan, positions the MBTA to meet the 2022 Massachusetts Climate Law mandate, which requires the T to purchase zero-emission buses only after 2029 and fully electrify its fleet by 2040. The 40-foot New Flyer

tures, including the ability

to monitor the BEB high

voltage battery systems

GAVIN

total amount awarded today to BEBs will have a range of 120 miles and feature industry-leading safety fea-

please visit mbta.com, or connect with the T on Twit-

tection. Other features include an enhanced security barrier for bus operators and ADA accommodations that meet or exceed federal requirements. Street-side capability is also an important feature that allows the BEBs to service the Harvard busway. The streetside boarding BEBs also include an additional accessibility ramp located at the rear street-side door. The contract award includes options for advanced driver safety assistance systems and on-board LCD passenger information screens. The BEBs will replace the MBTA's aging 2008-2009 New Flyer Emissions

> fleet and the retired 2004 Neoplan Electric Trolley Bus (ETB) fleet. The contract awarded today will result in the delivery of 10 pre-production buses (five conventional BEBs and five street-side boarding BEBs) next summer. The delivery schedule will then be coordinated with targeted openings of the upgraded North Cambridge bus facility anticipated in 2025 and the upcoming new Quincy bus facility anticipated in 2026. With a design that is 100-percent complete, the renovated and modernized North Cambridge facility will be outfitted with stateof-the-art battery electric bus chargers and a control system to accommodate 32 BEBs. The new Quincy facility will provide inside storage and maintenance bays to accommodate up to 120 BEBs in a new, all-indoor, modern garage. Funding for this BEB procurement comes in part from an unprecedented

Controlled Diesel (ECD)

tisan Infrastructure Law's Federal Transit Administration Low- and No-Emission grant program. This award was the largest in the nation for this grant cycle (tied with the Metropolitan Transportation Authority) and provides a significant boost to the T's aggressive transition toward an entirely zero-emission fleet of over 1,100 buses by 2040.

\$116 million federal grant

that the MBTA received in

FY22 through the Bipar-

New Flyer of America Inc. is \$119,087,982. For more information,

contract

ter @MBTA and @MBTA_ CR, Facebook /TheMBTA, Instagram @theMBTA, or TikTok @thembta.

Kathleen McEneny

June 26, 1951 - July 20, 2023

(Manchur) Katheen McEneny passed away on Thursday, July 20 after living courageously with pulmonary illness for several years.

She was 72 years of

Born and raised in Chelsea, she was the beloved daughter and stepdaughter of the late Stanley Manchur, the late Claire (Barca) Sledzinski and William Sledzinski.

Kathleen attended St. Rose Parochial and St. Rose High School. She trained as a flight attendant and began her career as a flight attendant/stewardess with Pan Am Airlines and later continued with Delta Airlines.

Kathleen just retired from the airlines last year.

Kathleen lived a lifetime full of traveling with her beloved companion, Gordon Burgess.

She enjoyed downhill skiing, dancing and playing board games, gardening around her home growing fresh vegetables, spending holidays with family, and traveling around world learning about many cultures and historic facts.

Kathleen is survived by her beloved companion, Gordon Burgess.

She was the dear sister of Joanne B. Manchur and her companion, Alice Beamer of Brockton



and the late Lawrence L. Riddell, Sr., survived by his wife, Linda Riddell of Rowley; cherished aunt of Lawrence L. Riddell, Jr., his wife Karen and their son Owen of Wakefield and Brenda Riddell and her husband, Ken Goodrich of Rowley. She is also survived by numerous cousins, extended family members and friends.

Relatives and friends are most kindly invited to attend a Memorial Mass honoring Kathleen's life at St. Anthony of Padua Church, 250 Revere St., Revere on Saturday, August 12 at 11 a.m. In lieu of flowers, donations in Kathleen's name may be made to the American Lung Assoc., 480 Totten Pond Road, Waltham, MA 02451 https://action.lung. org/site/Donation.

For online guest book or to send expressions of sympathy, pleasevisit: www.WelshFH.com.



Maria Julia Montes vda de Lopez

Abril 19, 1943 - Julio 31, 2023

A los 80 años, María falleció el lunes 31 de julio en las manos amorosas de su señor y Salvador.

Nacida y criada en Apastepéque, El Salvador, fue una de los 4 hijos de Sara Montes y Pablo Hernández. Su madre falleció cuando María tenía solo 7 años, y asumió el manto de madre de sus hermanos menores.

María estaba casada con Rosalio López y se dedicó al hogar y la familia y crió a 13 hijos. María era apasionada por el hogar y la

Llegó a los Estados Unidos desde El Salvador y fue residente de Revere durante los últimos 20 años. Le gustaba cultivar flores en su casa.

Ella era una católica devota y feligresa de la Iglesia de San José en Lynn, donde era muy activa en la vida parroquial, también era un miembro dinámico del Grupo de Oración de Sanación en su tierra natal de El Salvador. Se mantuvo activa con ese grupo incluso después de mudarse a Revere. Viajó a menudo a El Salvador y se propuso llevar bienes y pagadores a los menos afortunados. Estaba entusiasmada por compartir su fe y amor por su Señor y Salvador, Jesucristo, con personas de todas las edades. Hablar ansiosamente con adultos y niños pequeños ofreciendo orientación espiritual y de oración. Ella era una apasionada

defensora de sus comuni-

OBITUARIES

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dades tanto aquí como en El Salvador. Cuando visitaba El Salvador, siempre traía necesidades y ayuda financiera a aquellos que veía menos afortunados que ella. Su generosidad era una cualidad por la que su familia y amigos la recordaban con cariño.

sus padres, una hermana, un hijo y su esposo Rosalio en 2008. Le sobreviven amorosamente sus 12 hijos restantes, más de 50 nietos y más de 5 bisni-

Los familiares y amigos están amablemente invitados a asistir a las horas de visita en la funeraria Welsh, 718 Broadway, Chelsea el viernes 4 de agosto de 4:00 p.m. a 8:00 p.m.. María será colocada para descansar en su tierra ancestral en El Salvador.

Arrangements given to the care and direction of the Welsh Funeral Home.

For online guest book or to send expressions of sympathy, please visit; www.WelshFH.com.



OBITUARIES

Mary Ann Spinney

November 11, 1946 - July 27, 2023

Mary Ann (Lachnicki) Spinney, 76, of Lowell St, Peabody, passed away on Thursday, July 27 at home from her battle with cancer.

Born and raised in Chelsea, Mary Ann was a beloved daughter of the late Evelyn (Orchard) Morabito and Anthony Lach-Mary Ann was mar-

ried to Ernest D. Spinney for 28 years and together raised their five children. She was passionately

devoted to home and family, and Mary Ann had the love of being a foster mother to many. She enjoyed decorating

her home inside and out

for the holidays, especially decorating for Halloween, which was her favorite holiday. She loved gardening, doing many arts and crafts, spending time

with her grandchildren and great-grandchildren, and she dearly loved her animals, Benny, and Brat. Mary Ann was pre-de-

ceased by her beloved husband, Ernest D. Spinney in 1995.

She leaves their five children: Evelyn M. Anzalone and her husband, Mark of Malden, Ernest D. Spinney of Peabody, Eldred C. Spinney of Revere, Raneay L. Koand her husband, Richard and Joseph Spinney, all of Peabody. Mary Ann was the cherished grandmother of Eldred Spinney of Chelsea, the late Ernest Spinney, Mark Anzalone of Malden, Katelyn Spinney Malden, Corey Spinney of Lowell, Samantha Pena of Peabody, Michael Anzalone of Malden, Cecilia Spinney of New Hampshire, Savanah Spinney



New Hampshire, Selena Mendes of Everett, Maddison Anzalone of Malden, Zoe Kobus of Peabody, Alan Sheehan and Aliana Sheehan of Revere, Joseph Spinney Jr. of Concord, and Abriella Spinney of Concord. She was the adored

great-grandmother of sevgreat-grandchildren, and the dear sister of the late John Morabito, Deborah Hendricks Revere, the Linda Morabito, Richard Morabito of Maine, Donna Egan of Florida, and Dominic Morabito of Lynn. She is also survived by several nieces, nephews, extended family

Her Funeral will be conducted from Welsh Funeral Home, 718 Broadway, Chelsea today, Thursday, August 3 , at 10 a.m. Services will conclude with interment at Holy Cross Cemetery,

Should friends desire, Boston, MA 02114.

Arrangements neral Home.

For online guest book or to send expressions of sympathy, please visit; www.WelshFH.com.

Maria Julia Montes

April 19, 1943 - July 31, 2023

At 80 years, Maria Julia Montes vda de Lopez passed away on Monday, July 31 into the loving hands of her

María falleció antes que stepéque, El Salvador, she was one of four vchildren of Sara Montes and Pablo Hernandez. Her mother passed when Maria was only seven years old, and she assumed the mantle of mother to her younger siblings.

Maria was married to Rosalio Lopez and was passionately devoted to home and family and raised 13 children.

from El Salvador and was a resident of Revere for the past 20 years. She enjoyed gardening and growing flowers around her home.

sus Christ with people of all ages. Eagerly talking

and spiritual guidance.

She was a passionate

with adults and young children offering prayerful



members and friends.

Malden.

contributions in Mary Ann's name may be made to the MGH Cancer Research Institute, 125 Nashua St., Suite 540,

given to the care and direction of the Welsh Fu-



vda de Lopez

lord and Savior.

Born and raised in Apa-

She came to the US She was a devoted Cath-

olic and parishioner of St. Joseph's Church in Lynn where she was very active in parish life, she was also an dynamic member of the Healing Prayer Group in her homeland of El Salvador. She stayed active with that group even after she moved to Revere. She traveled often to El Salvador and made it her goal to bring goods and payers to those less fortunate. She was enthusiastic about sharing her faith and love of her Lord and Savior, Je-

sympathy, please visit;



supporter of her communities both here and in El Salvador.

When visiting El Salvador, she would always bring necessities and financial aid to those she saw as less fortunate than herself. Her selfness giving was a quality she is fondly remembered for by family and friends.

Maria was predeceased by her parents, a sister, a son and her husband, Rosalio in 2008. She is lovingly survived by her 12 remaining children, 50 plus grandchildren and five plus great-grandchil-Relatives and friends

are most kindly invited to attend visiting hours the Welsh Funeral Home, 718 Broadway, Chelsea on Friday, August 4, from 4 to 8 p.m. Maria will be placed to

rest in her ancestral homeland in El Salvador. Arrangements

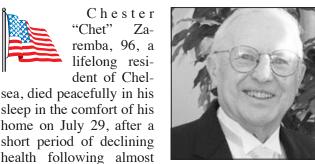
given to the care and direction of the Welsh Funeral Home. For online guest book

or to send expressions of

www.WelshFH.com Welsh Funeral Home **Burial and Cremation Service**

Chester A. Zaremba

August 26, 1926 - July 29, 2023



a century of strength and

resilience. He spent his

final evening celebrating

his beloved wife's 97th

birthday together with his

In addition to Annie

(McInnis), his wife of

nearly 67 years, he is sur-

vived by his four loving

daughters, Anne Fischer

and her husband Martin of

Ellicott City, MD; Susan

Moore and her husband,

John of Peabody; Jane Sz-

arythe and her husband,

Richard "Turk" of Chel-

sea and Nancy Dawson

and her husband, Jay of

Ipswich. He was a loving

Grandfather "Dziadzie" to

Bethany, Brycen and his

wife, Jen and Kallie Fisch-

er, Shauna Moore, Luke

Szarythe, Amanda Szary-

the Goel and her husband,

Anurag; Emma, Abigail

and Jack Dawson and

proud great-grandfather

of Rowan Fischer (and her

many nieces and neph-

ews. He was preceded in

death by his siblings: Vera

Barys, Lucille Owocki,

Agnes Pretti, Edward Za-

remba, Stanley Zaremba

Chet was born on Au-

gust 26, 1926 in Chelsea to

the late Waclaw Zaremba

and Marianna (Lukasiak.)

He attended St. Stanislaus

Elementary School and

graduated from Boston

was drafted into the Army

and was proud to serve

his country during WWII

while stationed in Japan

and the Korean Con-

flict. He was honorably

discharged in 1952 and

went on to attend Went-

worth Institute on the

G.I. Bill. He worked as a

draftsman for 35 years at

Bethlehem Steel and the

Charlestown/Portsmouth

Navy Yards, specializing

in nuclear submarines. He

was the recipient of many

drafting awards and was

recognized for his innova-

tive and efficient designs.

Stanislaus Church and

Our Lady of Grace Parish,

Chet was very active in

his faith, traveling on pil-

grimages to Japan, Korea,

As a parishioner of St.

After graduation, he

Trade High School.

and Thaddeus Zaremba.

He is also survived by

soon-to-be sister).

China, Poland, and Israel. He was a lifetime member and past officer of the Polish American Veterans, Post 13, Chelsea. He enjoyed vacationing with family in Aruba and especially at his summer home on Cape Cod. Chet was an animal lover (some would say animal whisperer) and was rarely without a pet by his side. He enjoyed cooking and was known for his heritage dishes, including cabbage soup and golumpki. He was an avid Boston sports fan and enjoyed attending and discussing the latest games with his grandsons.

Chet's deepest passions were his faith and family. He loved God and modeled prayerfulness. He took pleasure in keeping up with the details, activities, and achievements of each family member and was immensely proud of all of them. He leaves behind a legacy of loyalty and love and will be greatly missed by many.

Relatives and friends are most kindly invited to attend visiting hours at the Welsh Funeral Home, 718 Broadway, Chelsea today, Thursday, August 3 from 5 to 8 p.m. His funeral will begin

from the Welsh Funeral Home on Friday, August 4 at 9 a.m. immediately followed by a Funeral Mass at Our Lady of Grace Church, 59 Nichols Street, Chelsea at 10 a.m. Services will conclude with interment at Woodlawn Cemetery, Everett. If desired, contributions in Chester's name may be made to NEADS World Class Service Dogs (NEADS, Inc. P.O. Box 1100, Princeton, MA 01541 or online by

donate. Arrangements given to the care and direction of the Welsh Fu-

visiting www.neads.org/

For online guest book or to send expressions of sympathy, please visit; www.WelshFH.com.

neral Home.

Welsh Funeral Home **Burial and Cremation Service**

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From the NFPA

Mitigating fire and electrical hazards related to record- breaking heat

Special to the Record

With extreme temperatures breaking records around the world, scientists predict that 2023 could be the hottest year on record. As a series of heat waves continue to blanket large portions of the U.S., residents are ac-

tively looking for more information on what they can do to beat the heat

In response, the National Fire Protection Association® (NFPA®) is distributing resources to support the media's coverage of extreme weather, including action steps and tip

sheets that can help residents stay fire-safe when using portable air conditioners, fans, and other cooling devices in warmer weather.

"As temperatures continue to increase across the country and more people turn to portable air conditioners and fans at

home to cool off, these devices are often running at the same time we're plugging in computers, kitchen appliances, and other devices, and for more hours a day than usual, which can present a fire hazard," said Lorraine Carli, vice president of Outreach and Advocacy at NFPA. "By

learning the proper way to plug in appliances and safeguard electrical outlets in the home, people can take simple steps to greatly reduce fire, electrical, and associated hazards."

NFPA offers these best practices for staying fire-

safe during extreme heat:

• Plug only heat-producing appliance (such as a coffee maker, toaster, space heater, etc.) into a receptacle outlet at

a time. Plug major appliances (refrigerators, dryers,

See NFPA Page 11

washers, stoves, air condi-

LEGAL NOTICES

LEGAL NOTICE



CHELSEA

DEPARTMENT OF PUBLIC WORKS NOTICE OF **PUBLIC HEARING** The Department of Public Works will conduct 2 **Public Hearings on Tues**day, August 22, 2023 at 6:15pm & 6:30pm at City Hall 3rd Floor in the DPW Conference room. Proposed Work and Purpose: Petition of

#1 Verizon: Washington Ave. (Meeting time -6:15pm) Place one (1) pole, P.30/19A on the east-

Verizon for the following

petitions:

erly side of Washington Avenue approximately sixty-five (65) feet northeasterly of existing pole, P.30/19. #2 Verizon: Marginal St.

(Meeting time - 6:30pm) Relocate one (1) pole, P.70/24, on the northerly side of Marginal Street approximately 25' southeasterly for its' current location. Place one (1) new pole,

P.70/24A, on the northerly side of Marginal Street approximately 183' northwesterly of existing pole, P.70/25. The public is invited to attend. Cate Fox Lent

Commissioner

8/3/23 8/10/23

LEGAL NOTICE



CITY OF **CHELSEA** INVITATION FOR BIDS ON-CALL **PLUMBING SERVICES**

The City of Chelsea is seeking sealed bids to provide all labor, tools, equipment, transportation and supervision necessary to accomplish all plumbing installation. repair and replacement services at all Chelsea Public Buildings. Specifications and contract documents will be available on or after Thursday, August 3, 2023 at the Office of the Chief Procurement Officer, City Hall, Room 204,

Chelsea, Massachusetts. Bid documents can be downloaded at https:// www.chelseama.gov/departments/purchasing/ current_bids__ solicitations.php. Bids must be sealed and clearly marked "On-Call Plumbing Services" and submitted to the Office of the Chief Procurement Officer, City Hall, Room 204, Chelsea, Massachusetts no later than 11:00 AM, Thursday, August 17, 2023.

Each bid must be accompanied by a certified check, issued by a responsible bank or trust company. Or a bid bond duly executed by the bidder as principal and having as surety thereon a surety company approved by the City, all in

the amount of 5% of the

bid payable to the "City of Chelsea."

The City of Chelsea reserves the right to accept any bid, to reject and/ or all bids and to waive minor irregularities and/ or formalities as it deems to be in the best interest of the City. In accordance with our Minority Business Enter-

prise Plan, we are inviting all qualified women and minority business firms to respond. The City of Chelsea is an Equal Opportunity Employer. This invitation for bid is

in accordance with M.G.L. Chapter 149. Dragica Ivanis **Chief Procurement Officer**

8/3/23

LEGAL NOTICE

NOTICE TO CONTRACTORS -CLASSIFIED LEGAL **ADVERTISEMENT** MASSACHUSETTS **EXECUTIVE OFFICE** FOR ADMINISTRATION AND FINANCE

DIVISION OF CAPITAL **ASSET MANAGEMENT &** MAINTENANCE **Electronic Bids submitted**

in the format furnished by the Division of Capital Asset Management & Maintenance (DCAMM) and clearly identified as a bid will be received through DCAMM's E-Bid Room at www.bidexpress. com/businesses/10279/ home no later than the date and time specified and will forthwith be publicly opened remotely by DCAMM Bid Room per-

sonnel and read aloud

over a conference call line. Persons interested in accessing the remote bid opening can do so by using the following phone number: Audio Conferencing Dial-In Number (617)-315-0704, Meeting Number 2333 916 4237#. If prompted for attendee ID, please

press #. General Bids at 2:00 PM: September 7, 2023 Every General Bidder must be certified by DCAMM for the category of work listed below and for no less than the bid price plus all add alternates of this project, if applicable. The Category of Work is: Electrical

MMP-1 **Electrical Equipment** Preventive Maintenance Contract, Massachusetts Information Technology Center. Chelsea, MA

Mass. State Project No.

E.C.C: \$1,663,784 This project is scheduled for 1,825 calendar days to substantial completion with three (3) one-year option terms. Scope: Provide preventive maintenance as specified to maintain daily operations and conduct all legally required and all regularly planned preventive and predictive services, but not limited to, all regular inspection. testing, and preventive maintenance of all Elec-

all times. A Pre-Bid/Site Visit will be held on August 10, 2023 @ 10:00 AM at Massachusetts Information Technology Center,

trical Equipment in order

operating conditions and

optimum safety levels at

to maintain optimum

200 Arlington Street, Chelsea, MA. Bring valid ID and meet in the Lobby. Minimum rates of wages

to be paid on the project have been determined by the Commissioner of the Department of Labor Standards. These rates are incorporated into the bid documents. Bid documents for this

project may be accessed or downloaded at no cost to potential bidders exclusively through DCAMM's E-Bid Room https://www.bidexpress. com/businesses/10279/ home, A hard copy set can be made available for viewing in DCAMM's Bid Room located at One Ashburton Place, 15th Floor, Boston, MA during normal business hours by appointment only by

contacting DCAMM's Bid

Room. In order to access bid documents and submit bids through DCAMM's E-Bid Room potential bidders must first be verified by DCAMM's Bid Room and then register with the E-Bid Room vendor. Instructions on the processes can be found on DCAMM's website www. mass.gov/dcamm/bids or contact DCAMM's Bid Room at (617) 727-4003 or bidroom.dcamm@ mass.gov.

COMMISSIONER 8/3/23

LEGAL NOTICE

Carol W. Gladstone



CITY OF CHELSEA INVITATION FOR BIDS **ASPHALT** TOP MIX & WINTER MIX

The City of Chelsea, Massachusetts, through its Chief Procurement Officer, is seeking sealed bids for all labor and materials for "Asphalt Top Mix & Winter Mix". Invitation for Bids will be available on or after August 3, 2023 by contacting Dragica Ivanis, Chief Procurement Officer at divanis@chelseama. gov or by visiting the City's website at https:// www.chelseama.gov/departments/purchasing/ current_bids___solicitations.php. Bids must be sealed and clearly marked "Asphalt Top Mix & Winter Mix)"

and submitted to the Office of the Chief Procurement Officer no later than 11:00AM on Thursday, August 24, 2023. Each bid must be accompanied by a certified check, issued by a responsible bank or trust company. Or a bid bond duly executed by the bidder as principal and having as surety thereon a surety company approved by the City, all in the amount of 5% of the bid payable to the "City

of Chelsea." The City of Chelsea reserves the right to accept any proposal, to reject any or all proposals and to waive minor irregularities and/or formalities as it deems to be in the best interest of the City. In accordance with our Minority Business Enter-

prise Plan, we are invit-

ing all qualified women partments/purchasing/ and minority business current_bids_ firms to respond. The City of Chelsea is an Equal Opportunity Employer. This Invitation for Bids is

in accordance with M.G.L. Chapter 30, 39M. Dragica Ivanis Chief Procurement Officer

8/3/23

LEGAL NOTICE



CHELSEA INVITATION FOR BIDS **REBID** - Inspections,

Operations & Maintenance (O&M), and Ordinary and Emergency Repairs on the Admirals Hill Water Pumping Station and the Carter Street Drainage Pumping

Station The City of Chelsea. Massachusetts, through its Chief Procurement Officer, is seeking sealed bids for all labor and materials for "Rebid-Inspections. Operations & Maintenance (O&M), and Ordinary and Emergency Repairs on the Admirals Hill Water Pumping Station and the Carter Street Drainage Pumping Station". Invitation for Bids will be available on or after August 3, 2023 by con-

tacting Dragica Ivanis,

Chief Procurement Officer

at divanis@chelseama.

City's website at https://

www.chelseama.gov/de-

BRET

gov or by visiting the

tations.php. Bids must be sealed and clearly marked "Rebid-In-

spections, Operations & Maintenance (0&M), and Ordinary and Emergency Repairs on the Admirals Hill Water Pumping Station and the Carter Street Drainage Pumping Station" and submitted to the Office of the Chief Procurement Officer no later than 10:00AM on Thursday, August 17,

Each bid must be accompanied by a certified check, issued by a responsible bank or trust company. Or a bid bond duly executed by the bidder as principal and having as surety thereon a surety company approved by the City, all in the amount of 5% of the bid payable to the "City of Chelsea.

The City of Chelsea reserves the right to accept any proposal, to reject any or all proposals and to waive minor irregularities and/or formalities as it deems to be in the best interest of the City. In accordance with our Minority Business Enterprise Plan, we are inviting all qualified women and minority business firms to respond. The City of Chelsea is an Equal Opportunity Employer. This Invitation for Bids is in accordance with M.G.L. Chapter 30, 39M.

Dragica Ivanis

Chief Procurement Officer

• Revere • Everett • Winthrop • Lynn • East Boston • Chelsea • Charlestown

8/3/23

Independent Newspaper Group

Chair

LEGAL NOTICE



CHELSEA CONSERVATION COM-MISSION

In accordance with the Massachusetts Wetland Protection Act, the Chelsea Conservation Commission will hold a Public Hearing on: Tuesday, August 15, 2023, 6:00 PM via Zoom video conferto review the Notice of

Intent submitted by Cor-

nelius Martin, Mahoney Marine Terminal LLC c/o Eastern Mineral Salt Company, Inc. for the repair of 44-foot section of timber bulkhead of solid wharf by reinforcing face with clean stone at 37 Marginal Street. All interested parties wishing to provide a public comment or to join the meeting must communicate with John DePriest at idepriest@ chelseama.gov. Name and address must be included in order to be read during the Public Speaking section of the meeting and email address in order to join the meeting.

A copy of the Notice is available for review in the Department of Permitting and Land Use Planning, Rm 106, City Hall, during City Hall business hours. Per Order Stephen Sarikas

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MBTA to release RFQ for 3-5 year \$120 million renewable energy contract, continues leadership in clean transportation

The MBTA Board of Directors approved the release of a Request for Qualifications (RFQ) for an up-to-\$120 million wholesale renewable electricity supply contract, upgrading the T's commitment to renewable energy and continuing its leadership in clean transportation. The MBTA is also further supporting the Commonwealth's climate change goals and meeting Clean Energy Standard requirements by recommending that 30-percent of its power be supplied by Massachusetts solar and wind Renewable En-

ergy Certificates (RECs). "This critical procurement in fully renewable energy, further highlighted by our recommendation to purchase 30-percent Massachusetts Renewable Energy Credits, underscores the T's commitment to electricity produced from renewable energy sources while being fiscally responsible, understanding our energy needs will continue to grow in the future," said MBTA General Manager and CEO Phillip

Eng. "We're looking forward to receiving responses to this RFQ, and I thank the dedicated members of our Sustainability and Finance teams for working so diligently to build out this procurement."

"I applaud the MBTA's commitment to renewable energy and its efforts to make clean transporta-tion a reality," said Massachusetts Secretary of Energy and Environmental Affairs Rebecca Tepper. "This procurement is an important part of our whole-of-government approach to combatting the climate crisis. I'm grateful for the collaboration we have across agencies to achieve our ambitious climate goals and deliver clean transportation to the people of Massachusetts."

To meet the transportation needs of the region, the MBTA uses many forms of energy and seeks to reduce our carbon footprint and our impact on the environment whenever possible.

Currently, the MBTA is the second largest transportation entity and the fourth largest U.S. government entity powered by renewable energy as well as the 50th largest purchaser of renewable energy overall in the country. As a leader in clean transportation initiatives, this energy procurement upgrades the T's commitment to renewables since its last energy contract in 2021.

MBTA current-The uses approximately 360,000 megawatt hours (MWh) of electricity annually, making the T the largest electricity consumer in the Commonwealth. The MBTA procures its electricity supply in advance at a fixed price because it makes smart fiscal sense, providing the T with budget stability and predictability in an energy market that can frequently fluctuate. Alongside much of the Commonwealth and the country as more services convert away from carbon-emitting avenues, the T's electricity usage is also projected to increase as the MBTA transitions to battery-electric buses, electrified commuter rail

vehicles, and more.

the Commonwealth's largest electricity consumer, the MBTA is committed to utilizing 100-percent renewable energy sources. The MB-TA's proposed electricity procurement includes both the purchase of fixedprice electricity and provisions for the purchase of RECs. RECs certify that electricity has been purchased from a renewable power source, such as wind or solar, with each certificate equivalent to the generation of 1 MWh of electricity.

The winning bid in response to the upcoming RFQ will be in place beginning January 1, 2024, for a three-to-five-year period. Responses to the RFQ may include fixedprice electricity blocks, RECs only, or a combination of the two.

mendations for the upcoming 2023 procurement include a mix of renewable energy sources - 70-percent hydropower from Maine Class II RECs

The MBTA's recom-

and 30-percent solar and wind from Massachusetts Class I RECs. The purchase of these Mas-

sachusetts Class I RECs would help the T support the Commonwealth's climate change goals and meet Clean Energy Standard requirements. The T's previous 2021 energy contracts were a major achievement in offsetting its carbon footprint, though these contracts provided 100-percent renewable energy sources through hydropower from Maine Class II RECs only.

In order for the purchase of power contract to be in place by December 31, the MBTA will issue a Request for Qualifications (RFQ) on August 4 with responses due August 21 The official purchase will take place on September 13 with a transaction agreement finalized and signed with the winning bidder on September 13.

For more information please visit mbta.com/ sustainability, or connect with the T on Twitter @ MBTA and @MBTA_CR. Facebook /TheMBTA, Instagram @theMBTA, or TikTok @thembta.

FOOD FOR THOUGHT

The sweet life: Apple pie

By Elizabeth Umbro Cavallaro The quintessential apple pie served on Thanksgiving Day originated in England in the fourteenth century. It spread into Europe and was brought to America by the Swedes and the Dutch. The British called this pie the casserole with a pastry lid." It was made with raisins, pears and figs, and contained no sugar. At this period in time, sugar was very expensive. The crust was hard and inedible and was only created to hold the apple mixture together.

Pertaining to your health, the apples are the only ingredient in this pie that are nutritious. This fruit contains lots of fiber with vitamin C. Not to

worry about the calories because the pecan pie will do much more damage to your waistline. This indulgence contains lots of sug-

have a pie plate in the kitchen because my mother did not bake. I requested one. Wednesday night was 'dish night' at the movies. For all of you baby-boomers who do not know what I am talking about, you would go to the movies and make a set of dishes. Most of the dishes were 10 cents and the large servings dishes with the creamer and the sugar bowl was 25 cents. You bought one dish each week whether you liked the movie or not; not the best china but was good enough for us. In those days, we enjoyed Bette Davis, Joan Crawford and Barbara Stanwyck. This was when movies were movies. The ladies always left the movie in tears; such great movies. All the neighborhood housewives would have the father stay home while they enjoyed their movie night. There was no such thing as a baby-sitter. They saw their movie and got their dish. The whole neighborhood had the same set of dinnerware. They did not go for coffee or a drink after the movie; they were expect-

the movie. Wow, how things have changed! Today brides are registered in the finer stores with a one setting of china priced at three or four hundred dollars. Again, I repeat myself, how things have changed! In later years, the table conversation goes back to where the dishes came from. We never had cloth napkins at the dinner table. We never knew the difference. My mother cherished a lace tablecloth which she received as a wedding present. I still have that tablecloth; it is one hundred years old and one of the most vivid memories of my life. It covered our kitchen table on a holiday. It has aged a bit and has

According to chefs

around the world, the best

ed to be home right after

licaffairs@nfpa.org.

ar, syrup, nuts, and butter. Today, our pastry crust is most delicious with a deep buttery and flaky texture. According to Americans the vote is in that apple pie is the most delicious of all desserts. Another vote is the contest of which is better cake or pie; the winner hands down is pie. I agree. Most cakes are dry and need whipped cream or ice cream. Apple pie wins the prize every time. The simplicity of this dessert ends on a high note. Our apple pie became part of the American culinary repertoire.

Years ago we did not



NFPA / CONTINUED FROM PAGE 10 tioners, microwave ovens,

etc.) directly into a wall receptacle outlet. Extension cords and plug strips should not be used. • Check electrical cords

to make sure they are not running across doorways or under carpets. Extension cords are intended only for temporary use. Have a qualified electrician add more receptacle outlets in your home to reduce the use of extension cords.

• Turn off lights when you are not in the room. Unplug appliances when

not in use. Carli notes that residents should call a qualified electrician or landlord when encountering the following warning signs

in a house or apartment:

• Frequent problems with blowing fuses or tripping circuit breakers. • A tingling feeling

when touching an electrical appliance. · Discolored or warm

wall outlets.

• A burning or rubbery smell coming from an appliance.

 Flickering or dimming • Sparks from an outlet.

In case of an electrical power outage due to a storm, it is important to also understand how to safely use a portable generator.

For more information or to schedule an interview, please visit nfpa.org become very fragile. Today I have about ten sets

of tablecloths with napkins to match. Things ceror contact NFPA's public tainly have changed. affairs department at pubpies come from Germany with their strawberry pie, from Korea with their tomato pie, from Mexico with their lemon pie, from Australia with their French silk pie and from England with their shepard's pie. Of course, America has its famous apple pie.

In retrospect, I made my first apple pie that was not a success. The crust was very tough and the apples were mushy. I realized that the dough must be very cold when rolled out and not to cut the apples so small. I needed some refined techniques As I became more confident, my third pie had all the bells and whistles. I learned that the dough must be chilled along with the rolling pin for about 30 minutes. The trick here is three little words: cold, cold, cold. Flour your surface and your rolling pin. Roll the dough from the middle out and lay in the pie plate. The apples should be chunky. I have spent the best

moments of my life making pies. Once you have claimed victory, you will be master in the kitchen. My daughters learned and they pull perfect apple pies out of the oven every

APPLE PIE Five or six macintosh

Three tablespoons of

One half cup of white

One half cup of brown

One heaping tablespoon

DOUGH FOR TWO CRUST PIE

of flour

Two and a half cups of

Two and a half sticks of butter or margarine

Pinch of salt

Six tablespoons of ice

Mix, roll in two balls and refrigerate for 30 min-

utes. Set oven at 400F. Peel apples and cut in chunks. In large bowl add

ingredients. Flour your surface and roll out one crust a little bigger than your pie plate, lay in plate. Fold apple mixture in, roll out top crust and lay over pie. Crimp pie crust edge. Mix one egg yolk with a touch of water and brush over pie. Make slits with sharp knife. Lay on cookie sheet for spills. Bake for one hour. You will be so proud of yourself. Don t forget the ice cream!

Elizabeth was and raised in East Boston; now resides in Lynnfield.



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BUCKLEY APARTMENTS TENANTS COUNCIL HOLDS BARBECUE LUNCHEON

Cary Shuman photos

The Buckley Apartments Tenants Council, under the leadership of President Joe Pandolfo, held a barbecue luncheon July 26 for the residents of the well-known apartment building located at

14 Bloomingdale St.

The guests enjoyed free hot dogs, hamburgers, sausages, and other summertime treats along with

musical entertainment by DJ George Athas.

Paul Nowicki, executive director of the Chelsea Housing Authority, led a delegation of officials from the agency in attendance.

Ricky Velez, technical director for Chelsea Community Cable Television, recorded the event for future broadcast on the station.



Emergency Management Supervisor Paul Koolloian grills the hot dogs and sausages at the Buckley Tenants Council Barbecue.



The Chelsea Housing Authority had a strong delegation in attendance at the barbecue luncheon. Front row, are Alexandra Jimenez, Diane Goodrich, Iris Perez-Feliciano, and Carmen Ortega. Back row are Buckley Tenants Council President Joe Pandolfo, CHA Deputy Director Arnaldo Velasquez, CHA Executive Director Paul Nowicki, Matt Frank, Ana Chirinos, and Dira Barbosa.



DJ George Athas provided the musical entertainment at the barbecue luncheon.



Roberto Tobalino of Mystic Valley Elder Services and Chelsea City Council President Leo Robinson prepare the hot dogs and hamburgers at the food table during the barbecue.



Emergency Management Director Steve Staffier and Emergency Management Supervisor Paul Koolloian, leaders of the culinary operations at the barbecue.



Enjoying the barbecue are Deborah Feliciano, Freddy Feliciano, and Pamela Finnegan.



Michelle Dwyer and Bob Gaff, former outstanding camper at Camp Robie, the youth sports camp at the Chelsea YMCA.



From left, City Council President Leo Robinson, Chelsea Chamber of Commerce Administrative Assistant Carolina Bonilla, Chamber of Commerce Executive Director Jennifer Hassell, Chelsea Chamber of Commerce Office Manager Karim Perez, Chelsea Elder Services Director Tracy Nowicki, Chelsea Housing Authority Executive Director Paul Nowicki, and Jamie Santos of Chelsea Community Cable Television.

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Former Chelsea High sports star Connie Grungo (back row, left) and friends, including Barbara DeSimone, and (front row) Pat Page, Licensing Commission Chairperson Marnie

